



## 2023 FALL ATHLETICS REPORT:

### HASTINGS HIGH SCHOOL

Grade 9-12 Enrollment: 1406 (1421 in 2022, 1449 in 2021)



#### **I. MSHSL Athletics Offered (8)**

**Fall Boys:** Cross Country, Football, Soccer

**Fall Girls:** Cross Country, Soccer, Swimming, Tennis, Volleyball

#### **II. PARTICIPATION Rate**

Boys Participants – 185, Girls Participants – 181

(+5 boys, +/- 0 girls compared to last year)

Total Participants for MSHSL Athletics/Fall Only:

**361 unduplicated students** (361 last year, 372 = 3-year average)

#### **III. PROGRAM SCORECARD SUMMARY**

Scorecards measure our core values & success rate, inform postseason dialogue with head coaches, & influence goals.

**Participation:** Average total participation 90%, 9<sup>th</sup> grade 72% of target rates. Retention rate 82%. Multi-sport rate 53%. (Benchmark target is 80% for retention, 50% for multi-sport rates.)  
Average L3Y: total participation 91% 9<sup>th</sup> grade participation 87%, retention 79%, multi-sport 55%.

**Academics:** Average program GPA for athlete's grades 10-12 at all levels was 3.50. HHS all-student average is 2.81 (Benchmark is 3.75.) Average L3Y: 3.46

**Culture:** Average program student-athlete survey rate was 85%. (Benchmark is 80%.) Average L3Y: 89%  
85+% of student-athletes report they improved their skills, developed friendships, their coach cares about them as a person & defines success by more than W/L, and they are proud to be a part of their team.

**Competition:** Combined overall head-to-head season record was 20-21-2 in MEC (49% WP) & 34-61-3 overall (36%).  
Compared L2Y Average: head-to-head season was 23-17-2 in MEC (56% WP) & 34-55-4 overall (39%).

#### **IV. ACHIEVEMENTS, ACCOMPLISHMENTS, AWARDS**

##### **State Meet Participants (13):**

Linnea Ronning (10)- *Cross Country*, Claire Keller (12), Brooklyn Keller (10), Reese Keller (10) – *Girls Tennis*, Chloe Aarness (9) - *diving*, Lauren Jenkins (12), Ashtyn Stewart (12), Clara Birken (12), Josey Larson (11), Lila Salzman (9)  
Emma Dehlmoew (8) - *swim relays*, Sophia Kovalenko (9) - *relays+swim 100 Fly*, Kira Aarness (11) - *relays+swim 200 IM*

**Team Academic Award (3.5+ Silver, 3.75+ Gold):** \* technically incomplete as some sports don't report until winter.

**Silver:** Football      **Gold:** Boys Cross Country, Girls Cross-Country, Girls Tennis, Volleyball

##### **Individual Academic All-State Awards (8):**

Linnea Ronning (10) - *cross country*, Brooke Jelley (12), Claire Keller (12), Ruby Rotty (12), Mikayla Schuster (12) - *girls tennis*, Emma Bakker (12), Eva Greene (12), Jolie Pettit (12), Haylei Regenscheid (12) - *volleyball*

##### **Performance Records, MEC Place, Section Place:**

- Four sports finished in the top 3 in the MEC; boys cross-country, girls cross-country, girls soccer, girls swim/dive.
- Girls soccer finished 2nd place in the MEC, the highest spot a girls soccer team has ever finished since the inception of the sport at HHS, and has happened only three other times (1982, 1997, 2020)
- Girls soccer hosted a home section playoff game for only the 2nd time in 25 years.
- Claire Keller (12) was named MEC Girls Tennis Player of the Year
- Chloe Aarness (9) was Section 3AA Champion in Diving and the Section Diver of the Year.

#### **IV. ITEMS TO NOTE**

- Over 200 athletes and coaches from ten different sports contributed over 410 combined service hours to multiple organizations and events throughout the fall. Partners included the Hastings Rotary, Pleasant Hill Library, City of Hastings, Downtown Business Association, Hastings Middle School & Gobblegait 2023.
- HHS hosted 117 different home games on 38 different dates over ten weeks between August 21-October 27.
- Each HHS fall sport had a "partner" program that they supported directly. Football/soccer, cross country/girls swim, volleyball/girls' tennis each showed up for each other to cheer, rally, and support their cross-sport peers.
- All sports continued athlete "Why We Play" activities and team character lessons for all sports at all levels.
- Head Wrestling Coach Tim Haneberg was presented by A.D. Trent Hanson and recognized at the MSHSL Region 1AA Annual Awards in October, for his leadership of the 2023 Class AAA State Championship Wrestling team.
- Kurt Graumann (ISD 200 Maintenance/Grounds) was publicly recognized at the final home football game of the year at Todd Field for his 25 years of service to the school district and specifically our outdoor athletic facilities.