

## Shawwna Rule

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**From:** Rodney Norris  
**Sent:** Thursday, August 28, 2025 8:35 AM  
**To:** Todd Hellrigel  
**Cc:** Shawwna Rule; Brad Welch  
**Subject:** HS Volleyball Volunteer

Dr. Hellrigel,

I would like to recommend Cheyenne Byrd as the HS VB Volunteer for this season.


*Rodney L. Norris*

Assistant Principal / Athletic Director

Midwest Central High School

MS Cross Country Coach  
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