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November 6, 2025

# **AMERICAN INDIAN & ALASKA NATIVE**



NOVEMBER 2025

# **Upcoming Dates**

- 11/7: 9 Week Progress Grades
- 11/8: XC State Championships
- 11/11: No School Veterans Day
- 11/12: Parent Advisory Council Meeting, Fall Sports Banquet

- 11/14:
- 11/15:
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- 11/17: TSI day of practice for willier sports
- 11/19: Winter Sports Parent Night
- 11/20: Picture retakes
- 11/21 and 11/24: Finals for Trimester 1

# Thank youto our Veterans, Zaugg and Overstreet!







Lunch Menu



A variety of fresh fruits and vegetables are available daily on our offering bar. All of our breads and pastas are whole wheat or whole grain. GF options are available.

Fat free and 1% milks are offered daily. Whole grain cereals are an option for breakfast.

"This institute is an equal opportunity provider."

### Student Life

Neah Kah Nie High School Student Council attended the 2 day OASC Fall Leadership conference in Seaside, Oregon. Students engaged in workshops and networking activities with other councils from all over the state. Our media team (Brady Douma, Ruby Hucek Marteeny, and Ansel Albrechtsen) were invited to present to other students about their new media project- the 'Neah Kah Nie News'. We are very grateful to the Mudd Nick Foundation for funding this experience for our student leaders!







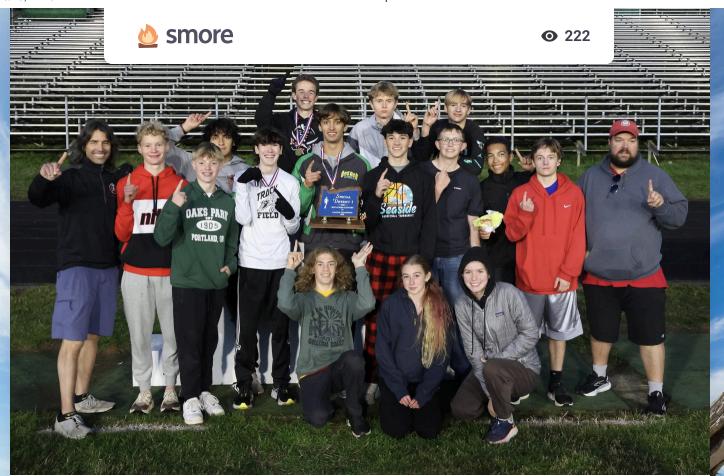




Ms. Wortel's photography students presenting at CAFE Summit in Hillsboro last Friday about their Portrait Project. Their presentation shared narratives about what equity and inclusion truly mean in our small, rural Oregon town. They spoke candidly about the challenges of limited resources, feeling isolated due to our unique backgrounds, and the moments when a teacher's simple act of acknowledgment made them feel seen. Great job to Starla Rootlieb, Ellie Conner, Acacia Christenson, and Maleena Anderson for representing us well!



Cross Country is headed to State Saturday!



Rotary Student of the Month-Karsten Johansen





Congratulations to Karsten Johansen for being recognized as Neah-Kah-Nie High School's Rotary Student of the Month! Karsten's Service Above Self shines through his dedication to supporting fellow students on the NKN Robotics Team, embodying the spirit of mentorship and helpfulness. Karsten is a central figure whose commitment reflects the very best of our Robotics team and the Rotary core values of service, fellowship, diversity, integrity, and leadership. Congratulations Karsten and Go Pirates!

# In Honor of Native American/Alaska Native Indigenous People's Month

The Meaning Behind "Memaloose"

If you've spent time along Tillamook Bay, you may recognize the name *Memaloose* — as in the Memaloose Boat Launch on the way toward Cape Meares. The word *memaloose* comes from the Chinook Wawa (Chinook trade language) term *memalust*, meaning "to die." This name appears



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Along our coast, this word reflects a deep cultural landscape shaped by generations of Indigenous peoples. The Cape Meares area, for instance, sits within the ancestral homelands of the Tillamook people, the southernmost Salish-speaking peoples whose descendants are part of the Clatsop tribe and the

Confederated Tribes of Grand Ronde. Salish peoples, including the Tillamook, are known to have practiced tree burials — placing canoes containing the bodies and belongings of loved ones in specially prepared trees, high above the ground.

One such tree, often called the "Octopus Tree," is a large, multi-limbed Sitka spruce estimated to be 200–300 years old. While it's unclear whether this specific tree was used for burials, it stands near areas known to have been part of these sacred practices.

Today, names like *Memaloose* remind us that our landscapes hold layers of meaning — histories of care, ceremony, and connection that long predate modern markers. These places are not mysteries; they are monuments.

At Neah-Kah-Nie High School, we honor the history of the land we currently occupy and recognize those who came before us. Happy Indigenous People's Month.

Our community offers many programs to support families in need. Please take a moment to review this resource guide to learn about local services available to you and your loved ones. Scan the QR code or visit <a href="https://bit.ly/3XfwOlh">https://bit.ly/3XfwOlh</a>



# COMMUNITY RESOURCE GUIDE



Scan the QR code or visit https://bit.ly/3XfwOlh to see all the community resources available in Tillamook County.

Shelter, Housing, Food Assistance, Utility Assistance, & More

















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#### SIGN UP IN THE LIBRARY BEFORE DECEMBER $1^{ST}$ !

This is for students interested in exploring many of the fiction genres in the library!



Genres students can read in to qualify for the challenge: Classics, Historical Fiction, Romance, Realistic Fiction, Novels in Verse, Horror, Mystery, Humor, Sports, Adventure, Science Fiction, Dystopia, Supernatural, Animal Fiction, Fantasy, and Graphic Novels.

This challenge is also for students who like non-fiction!



There are four specific non-fiction genres that also qualify for this challenge: 001-499- Social Science and Languages, 500-699- Sciences, 700-899- Arts and Literature, and 900-999 - History.

### **Timeline for the Challenge**

Sign up in the library today!

Read 8 books in different genres by March 9<sup>th</sup>.

Go on the field trip to Powell's on Saturday April 25<sup>th</sup>.



Read 4 books in different genres by December 1<sup>st</sup>.

Read 10 books in different genres by April 20<sup>th</sup>.

Sign up in the library today!

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Focus on books in our school library!

The majority (at least 6) of the books should be checked out from our library so that Ms. Harmon and Ms. Fowler can view your reading history. Series books only count for one genre...



While we love that you are reading a series! Good for you! We really want you to read lots of different books - so all the books in a series count for one of your genre reads.

You don't need to read every single genre.



There are many genres to choose from - you will only need to read from 10 of the 20 genre options in our library.



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#### AL SITES

#### enior Lunches

36050 10th Street Nehalem, OR 97131 503-368-5612

Every Tuesday and Thursday 11:30AM - 12:30PM

#### Meals for Seniors, Inc

275 S. Pacific St. Rockaway, OR 97136 503-317-8967

Every Monday, Wednesday, and Friday: Arrive by 11:30AM

#### First Christian Church The Dining Room

2203 Fourth Street Tillamook, OR 97141 503-842-6213

**Every Tuesday and Thursday** 4PM - 5PM

#### Come to the Table

2610 First Street Tillamook, OR 97141 Every Wednesday

4:30PM - 5:30PM

# 3808 12th Street

Tillamook, OR 97141 503-815-3880

Every Monday: 2PM - 6PM

### Nestucca Pass It On Ministries

24425 Bunn Creek Road Beaver, OR 97108

503-398-5508

Every Tuesday: 10AM - 12PM Every Thursday: 4PM - 6PM

#### Hebo Food Pantry

31350 Highway 101 S. Hebo, OR 97122 503-392-3585

Last Saturday Of Month 12PM - 2PM

#### South County Food Pantry

35305 Brooten Road Pacific City, OR 97135 503-392-3972

**Every Other Tuesday** Call For Dates: 12:30PM - 6PM

# BECAUSE NO ONE PORQUE NADIE DEBERÍA PASAR HAMBRE

OREGON

FOOD BANK

**Tillamook County Services** 

Oregon Food Bank

Tillamook County Services

Warehouse: 1760 Wilson River Loop,

Tillamook, OR 97141 Mailing: PO Box 1344, Tillamook, OR 97141

oregonfoodbank.org

503-842-3154

Tillamook County Services is an equal opportunity provider

OREGON

FOOD BANK

Tillamook County Services

Oregon Food Bank

Tillamook County Services

Almacen: 1760 Wilson River Loop,

Tillamook, OR 97141 Correo: PO Box 1344, Tillamook, OR 97141

oregonfoodbank.org

503-842-3154

BECAUSE NO ONE SHOULD BE HUNGRY PORQUE NADIE DEBERÍA PASAR HAMBRE

### **DESPENSAS DE ALIMENTOS**

### Community Service

36050 10th Street

Nehalem, OR 97131

503-368-5612

Every Monday, Friday, Saturday

10AM - 2PM

Every Wednesday: 2PM - 6PM

North County Food Bank

278 Rowe Street

Wheeler, OR 97147

503-368-7724

Every Tuesday: 12PM - 3PM

God's Lighthouse

103 Eighth Street

Garibaldi, OR 97118

503-322-3501

Two Fridays Per Month

Call For Dates: 10AM - 12PM

Seventh Day Adventist

**Community Services** 

2710 First Street

Tillamook, OR 97141

503-842-4794

**Every Tuesday and Thursday** 

10AM - 2PM

36050 10th Street Nehalem, OR 97131 503-368-5612

Todos los lunes, viernes, sábado 10 a.m. - 2 p.m. Cada miércoles: 2 - 6 p.m.

#### **North County Food Bank**

278 Rowe Street Wheeler, OR 97147 503-368-7724

Cada martes: 12 - 3 p.m.

#### God's Lighthouse

103 Eighth Street

Garibaldi, OR 97118 503-322-3501

Dos viernes al mes.

Llame para saber las fechas:

10 a.m. - 12 p.m.

#### Seventh Day Adventist **Community Services**

2710 First Street Tillamook, OR 97141 503-842-4794

Todos los martes y jueves de 10 a.m. - 2 p.m.

#### Despensa de alimentos de Tillamook

3808 12th Street Tillamook, OR 97141 503-815-3880

#### Cada lunes: 2 - 6 p.m.

Nestucca Pass It On Ministries 24425 Bunn Creek Road Beaver, OR 97108 503-398-5508

Todos los martes: 10 a.m. - 12 p.m. Todos los jueves: 4 - 6 p.m.

#### Despensa de alimentos Hebo

31350 Highway 101 S. Hebo, OR 97122 503-392-3585

Último sábado del mes 12 - 2 p.m.

#### Despensa de alimentos del sur del condado

35305 Brooten Road Pacific City, OR 97135 503-392-3972

Cada tercer martes Llame para saber las fechas: 12:30 - 6 p.m.

#### SITIOS DE COMIDA **PREPARADA**

### Nehalem Senior Lunches

36050 10th Street Nehalem, OR 97131 503-368-5612

Todos los martes y jueves de 11:30 a.m. - 12:30 p.m.

#### Meals for Seniors, Inc

275 S. Pacific St. Rockaway, OR 97136 503-317-8967

Todos los lunes, miércoles y viernes: Llegar a las 11:30 a.m.

#### First Christian Church The Dining Room

2203 Fourth Street Tillamook, OR 97141 503-842-6213

Todos los martes y jueves de 4 p.m. a 5 p.m.

#### Venga a la mesa

2610 First Street Tillamook, OR 97141 Todos los miércoles de 4:30 p.m. - 5:30 p.m.

### es un proveedor que ofrece igualdad de oportunidades

Tillamook County Services

Attendance Matters!

### Attendo



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Every month, the FIS will be recognizing the class with the highest rate of Regular Attenders. Regular attenders are the students who have a 90% or above attendance rate. Congratulations to the Sophomore class for winning the month of October with a 75% of students attending 90% or more of the time.



• Freshman: 67% (down by 8% from September)

• Sophomores: 75% (down by 2% from September)

• Juniors: 73% (down by 8% from September)

• Seniors: 68% (stable)



**Overall Regular Attender Rate: 71% (down by 4%)** 

### Finals Schedule-Trimester 1

#### Friday, November 21 (Periods 1, 3, and 5)

Time	Minutes	What
8:45-9:45	60 min	Time & Opportunity/Finals Make-ups
9:45-10:00	15 min	Breakfast
10:00- 11:20	80 min	1st Period Final
11:30-12:50	80 min	3rd Period Final
12:50-1:20	30 min	Lunch
1:25- 2:40	75 min	5th Period Final
2:45- 3:45	60 min	Opera to Go in Lower Gym- students go to Advisory

#### Monday, November 24 (Periods 4 and 6)

Time	Minutes	What
8:45-9:45	60 min	Time & Opportunity/Finals Make-ups
9:45-10:00	15 min	Breakfast
10:00- 11:20	80 min	4th Period Final
11:30-12:50	80 min	6th Period Final
12:50-1:30	40 min	Lunch
1:35- 4:00	145 min	Time & Opportunity/Finals Make-ups

#### IMPORTANT INFORMATION FOR STUDENTS AND FAMILIES

- . Bus runs will remain unchanged: one run in the AM and one in the PM
- No students leave class early; TAs stay in class
- If a student finishes early, they will need to stay in class until the bell rings.
- Those who ride a bus will need to go into a teacher's classroom until the buses arrive.



# **Tutoring Information**

Mr. Lehr offers after school tutoring every Thursday from 4-6. Signups are in the main office!

# Community Events and Resources









### 2026 Rockaway Writers Rendezvous

#### **OPEN Class Writing Contest**

Contest open to post high school adults, and 7-12th grade students not entering the Tillamook County Student contest.

Submission period: December 1, 2025 - February 15, 2026 at 5 pm

Individual authors may submit a single unpublished work in ONE of the categories below:

1. Poetry, 2. Fiction, 3. Non-Fiction, 4. Journalism, 5. Music Lyrics, 6. Art Submission

Our judges will evaluate your work with attention to organization, development, voice, and the conventions and craft of writing.

#### See RWR Website for submission Information: www.rbwriters.com

#### Document details:

- Maximum 1,500 words
- · Poetry: Please submit additional PDF document showing your desired formatting.

Please Note: NCAM board members, contest judges, and immediate family are not eligible to enter.

ENTRY FEE - \$20 (non-refundable) Payments may be made through our website, which also accepts your credit

PRIZES – Reading at RWR event; Published in RWR Anthology; RWR website, etc. Honorable mentions may be selected at the discretion of the judges. No cash awards. Finalists will be notified by March 31, 2025. Awards announced at the RWR event. Winners will be invited to read their winning works. PLEASE NOTE: ALL winning entries may be published in the RWR Anthology and RWR website, social media sites and other partners websites and social media.



2026 Rockaway Writers Rendezvous, April 24, 25, and 26.





### From the Health Room

Hi families!

Now is a gr



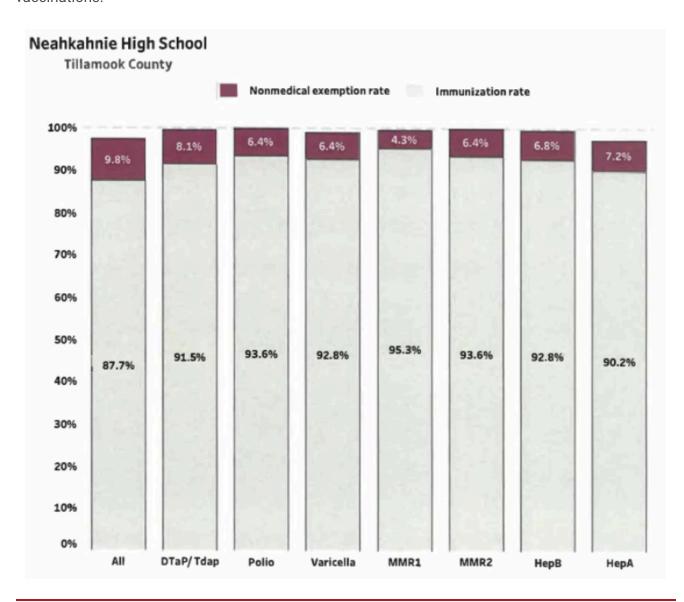
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e up to

date. You may receive a notice from the school if our records indicate missing vaccinations.

The state of Oregon does allow medical and non-medical exemptions with the correct forms and educational viewings. Visit <u>Oregon Immunizations</u> for more information.

With the rise of communicable diseases such as whooping cough and measles, it is important to note that if your child is exempt from vaccines (unvaccinated) and active cases of communicable diseases occur in school, local public health authorities may temporarily exclude exposed unvaccinated students from school during active outbreaks. Keeping students in school is a priority for all of us. Speak to your healthcare provider about the best options for your student regarding vaccinations.



# Land Acknowledgement

We recogni surrounding



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their lands to the US Government. Some moved to nearby Indian Reservations becoming a part of those communities and many never moved from their homelands. Today, citizens and descendants of each of these groups continue to live and thrive in the area.

We honor the leadership and resilience of the Indigenous Tillamook peoples, including **Chief Ilga Adams, Chief Kilchis, Clara Pearson, and from more contemporary times, Joe Scoville,** who have shaped and strengthened their communities through generations.

There is much to learn from their enduring Indigenous wisdom about living in good relations with the land and with one another. We must never forget the history of the land we inhabit, the stories of its first peoples, and the profound contributions of the original inhabitants of Tillamook Bay.

### **Christy Hartford**

Principal | Neah-Kah-Nie High School

Contact



Communicate quickly and effectively with interactive newsletters.

Smore empowers educators to connect with their community, streamline school communications, and increase engagement.

Create a newsletter

