

MENTAL HEALTH ADVISORY COMMITTEE  
AGENDA  
VIRTUALLY VIA ZOOM  
[MHAC ZOOM INFORMATION](#)  
**Meeting ID: 823 6620 8699**

**January 20, 2022**  
**6:00 PM**

1. Call to Order: Meeting called to order 6:04 PM 1: Heidi 2: Libby

Present: Natalie Moser, Erin Parcell, Jenn Peatross, Libby Keenan, Heidi (Mendez) Denning, Lindsay Young, Kurt Scholler, Jade Corse, Mark Foster, Mori Rothorn, Liz Allen, Jim McEvoy, Danielle Lopez, Gina Zerka, Klaudia Burton, Josh Robertson

2. Approval of Meeting Agenda

3. Approval of Minutes

a. [December 16, 2021 minutes](#) 1: Jade 2: Mark

4. Public Comment

The students have expressed anxiety about the transmission of covid and concerns/fears for returning to online learning. The students would benefit from having a safe space to utilize and practice coping skills. Students completed a sudo survey on social media regarding in person vs online school. Results 50/50.

5. Update from Lindsay Young, District Wellness Leader

- Lindsay has begun to make referrals to CEICM: truancy program and will follow upon outcomes. She has also begun to accumulate a list for Lansing area mental

health providers to include availability and insurance accepted.

- Kurt and Lindsay continue to partner in facilitating mindfulness.
- The application for the Trails program high school has been approved and will also include the middle school. Lindsay will provide updates on the implementation and transition from the second program to the Trails program for the middle school.
- Staff member Mrs. Poke and students have created a mental health club. Lindsay is willing to partner with the group for additional support.
- Lindsay expressed staff concerns for time constraints and balance. The staff would benefit from additional support and guidance. Suggestions to highlight what staff has utilized and MHAC to offer additional resources for mindfulness. Resources may be displayed in excel periodically throughout the week.
- Staff have requested information/training on identification of signs and symptoms of mental health. Mental health first aid

#### 6. Introduction of Klaudia Burton, Director of Equity and Social Justice

#### 7. Review of US Surgeon General's Report Pages: Protecting Youth Mental Health – pages 19-20

Discussed the 8 domains and he needs/wants for the district.

- Training
- #3 linked to #5
- increase social worker staffing/ Mental health providers through use of 31 N grant and partnership

#### 8. Announcements

Next Full Committee Meeting: February 17, 2022; 6:00 – 7:30 pm via Zoom

#### 9. Adjournment

The meeting adjourned at 7:30 pm