

Nutrition Service Update

May 2012



Food Service Program Results

April was a good month for participation in the Food Service program. We were right a budget for breakfast and lunch meal programs. Snacks continue to be well above budget as we have picked up two additional after school programs. We have seen increased attendance through our joint advertising efforts with the Boys and Girls Club resulting in increased participation. Catering continues to be strong in April with 17 events and 41 more through the end of the school year.

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Upcoming Events

Illinois Valley High School ECMC Dinner — May 14th

Valedictorian Luncheon — May 17th

Grants Pass National Little League Hit-A-Thon— May 19th

Free Design, Dinner and Desserts Night — May 18th and 19th

Free Design, Desserts Night— May 20th, 25th and 22nd

Breakfast with the Principal, Madrona Elementary — May 22nd

Illinois Valley Beach BBQ — May 23th



Lift-Off!
Our
Nutritional
Ambassador

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Summer Food Service Program

Learning does not end when school let's out, neither does a child's need for good nutrition. The Summer Food Service Program operated by the Three Rivers School District provides nutritious meals and snacks to all children within the Three Rivers and Grants Pass School District areas at no cost. This helps children in low-income areas get the nutrition they need to learn, play and grow, throughout the summer months when they are out of school. Last year we were able to provide over 39,000 meals within Josephine County. We are looking for additional site opportunities that can host breakfast and lunch meal service. We are also partnering with each of our High School Athletic programs to provide meals at each sport camp or practice. Meal will be served from June 18th through August 24th at (currently enrolled) 19 sites.



Produce of the Month

May's produce of the month is Strawberries. Strawberries ranked 27th best among U.S. foods. In addition, when only fruits were considered, strawberries came out 4th among all fruits (behind blackberries, cranberries, and raspberries). Given their amazing combination of phytonutrients--including anthocyanins, ellagitannins, flavonols, terpenoids, and phenolic acids--it's not surprising to find increasing research interest in the anti-inflammatory properties of strawberries. We are working with Fort Vannoy Farms to purchase Strawberries but their crops won't be ready to harvest until the end of May.



Staff Birthdays

May

Janet Schenhoff—Fruitdale Elementary
Gretchen York — Lincoln Savage Middle School
Raquel Anderson — Lorna Byrne Middle School
Caren Kelly — North Valley High School
Jacqueline Samuelson — North Valley High School
Jeff Brazille — Food Service Warehouse

HAPPY BIRTHDAY!!!



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Farm to Market

Farm to Market was held at Jerome Prairie Elementary on May 2nd. All students, staff and parents were invited to visit our carnival-like promotion in the gymnasium for a 10 minute presentation at each of the featured booths including the Oregon Dairy Princess, Whole Grains, Oregon Agriculture, Farmer's Produce Stand, 5-9 a Day and Farm Animals. Each booth presented for 12 minutes. All invitees were treated to lunch in the cafeteria which showcased an A to Z salad bar and a build-your-own sandwich station. The program provided the opportunity to teach students about healthy eating choices. Information was shared about where food comes from, how it is grown and its nutritional facts. Our partnership with the Future Farmers Association program at Illinois Valley High School provided us with many different farm animals for all to see as a centerpiece to our production. I would like to personally thank the FFA program for coming and presenting as this creates quite a "buzz" for all.

