



Information Item

Date: October 20, 2025

Division: Learning & Teaching, Student Services

Subject: School Health Advisory Council (SHAC) Annual Report

Background Information:

- Title 2, Chapter 26, § 28.004 of the Texas Education Code (TEC) requires school districts to establish a School Health Advisory Council (SHAC) to assist the district in ensuring that local community values are reflected in the district's health education instruction.
- The annual update provides a report on activities of the SHAC in the 2024-25 school year and plans for the 25-26 school year.
- Council membership includes community members throughout the five high school feeder patterns from the following professions: physicians, nurses, mental health, occupational therapy, chiropractors, marketing, sales, real estate, informational technology, college professor and parent volunteers. District members included representatives from Campus Leadership, Health and PE, Counseling and Social Work, Special Education, Health Services, Learning and Teaching and Child Nutrition. Courtney Houghton served as chairman with LISD co-chairs, Trish Cuckler and Melanie Vincelette.
- Below are the topics addressed by the Council in 2024-25 school year:

The committee focused on researching technology screen time and the effects of screen time on elementary and middle school aged students. Recommendations were developed for PK-Kinder, 1st-2nd grade, 3rd-5th grade and middle school. Recommendations are centered around focused learning, body placement, frequency of breaks and family partnerships.

Topics being addressed during the 2025-26 school year:

The required components of SHAC and how the district utilizes these to support the health and well-being of our students.

- Health education and health promotion for staff
- Legislative updates related to SHAC tenets
- Healthy school environment- safety update
- Counseling & support update

Administrative Consideration:

- SHAC Members for the 2025-26 school year will be presented as an Action Item on the October 20, 2025 agenda.