**Students AR 5131.61(a)** 

### STUDENT ATHLETE DRUG AND ALCOHOL VIOLATIONS/TESTING

### **Covered Students and Athletics**

All students at the high school level participating in the enumerated District sponsored extra-curricular activities are subject to student drug testing:

- Cross Country
- Swimming
- Volleyball
- Wrestling
- Boys Basketball
- Girls Basketball
- Cheerleading
- Baseball
- Softball
- Academic Decathlon
- Drumline

### Consent

Students must sign the Craig City School District Activities Agreement prior to participation in practices or competitions.

### **Selection for Testing**

### 1. Pre-activity Testing.

At the option of the District, all students involved in District sponsored student activities may be tested at the beginning of the activity.

### 2. Random Testing.

Random drug testing will be conducted monthly during the season for each activity. Approximately 20% of the students participating in covered activities will be tested each month. Students shall be selected for testing by lottery drawing or other random means from a pool of all students participating in covered activities at the time of the drawing. The contracted provider shall take all reasonable steps to assure the integrity, confidentiality and random nature of the selection process.

### 3. Concurrent Seasons.

Students who are involved in multiple, overlapping athletic activities shall be subject to pre-activity testing only for the first of the overlapping sports. If there is a period of time between seasons, that student shall again be subject to pre-activity testing.

### 4. Students on Multiple Rosters

Students participating in sports with concurrent seasons shall appear on rosters for each activity. If a student is randomly selected to be tested in two or more activities, one test shall be conducted.

### **Scope of Testing**

Urine drug testing will be performed for the following: alcohol, amphetamines, barbiturates, benzodiazepines, cocaine, methadone, opiates, PCP, PPX, and THC. Students shall not be tested for the existence of any physical condition other than the presence of alcohol or the listed drugs and/or drug intoxication.

#### **TESTING PROTOCOL**

#### General

The District will schedule all testing. The District shall designate a certain area in the high school and middle school buildings as the collection site. Contracted personnel will conduct tests.

### **Testing Procedure**

Students to be tested shall present verification of their identities to the test administrator, if they are not personally known to the test administrator. In the absence of such verification the student's accompanying supervisor may identify the student.

Students providing urine specimens shall be asked to remove any jackets or coats and to wash and dry their hands prior to collection of the specimen. Students must leave their purses, packs, wallets and similar items outside the collection site. These procedures must be completed in the presence of the test administrator.

The student shall then be directed to a private area for production of a urine specimen. All students providing urine samples shall be given the option of doing so alone in an individual stall with the door closed. The student's selected test kit shall be opened in full view of the student. The test will be conducted with the least intrusiveness possible while ensuring accuracy of the results.

After urine specimen production, the student must present the specimen to the test administrator prior to washing his/her hands or flushing the toilet. The specimen shall remain in the student's visual field while the test administrator conducts the following procedures. The test administrator shall measure the specimen and record its temperature. If the screening yields a negative result, the specimen will be discarded.

If the urine specimen screening yields an inconclusive or presumptively positive result, the specimen shall be sealed for transmission to a testing laboratory for confirmatory testing. The student shall be requested to initial and date a form identifying the specimen.

If a student is unable to produce a urine specimen at the time for testing, the student will remain in the presence of a school designee and provided water until such time as the student can produce a specimen.

### **Confirmatory Testing - Medications**

The testing laboratory shall conduct confirmatory testing using gas chromatography/mass spectrometry (GC/MS) techniques. Tests for substances shall not be considered positive unless the substance to be tested is present at a level equal to or greater than the cutoff level established by the United States Department of Health and Human Services for that substance. All positive GC/MS test results shall be reviewed by a licensed physician or osteopath. The physician or osteopath shall contact the student within 48 hours of receiving a confirmatory positive test/result from the laboratory and offer an opportunity to discuss the test results. Students

who believe the results are due to medication shall provide verification of prescriptions or other relevant medical information to the medical review officer, if they wish to challenge the results on that basis. Test results that the physician or osteopath concludes are caused by medicine prescribed for the student or by the legal use of any substance shall be reported as negative.

### **Request for Retest**

The student may request a retest of the original sample within 72 hours after notification of the final test result. Requests must be submitted to the testing laboratory. The student will be required to pay the associated costs of retest in advance but will be reimbursed if the result of the retest is negative.

#### **Violations**

The following constitute violations for purposes of imposing consequences on students pursuant to these regulations:

- 1. Positive test results;
- 2. Refusal to take a drug test, unjustified delay in reporting for testing, or unjustified failure to produce a specimen for screening;
- 3. Violation of testing protocols by student;
- 4. Manipulating, altering, or attempting to alter or manipulate the integrity of a specimen or the validity of the collection and testing process.

Positive test results will lead to consequences under both these regulations and the Alaska Student Activities Association's rules, where applicable, as provided below.

The violations described in points 2 through 4 will lead to consequences only under these regulations.

# **Notification of Testing**

At the beginning of an athletic season the building principal will issue a letter to parents notifying them of the drug testing policy. This letter will state that the District will not inform parents of the initial results of any drug test. In the case of a positive test result, the District will contact parents only after receipt of confirmatory test results.

### **Confidentiality**

The District will limit disclosure of information acquired through drug testing to the student, the parent of a minor or dependent student, the test administrator, laboratory and medical review personnel, and district officials with a need to know, typically including the student's coach, principal, any counselor assisting the student in connection with intervention or rehabilitation services, and any school official considering the student's appeal of consequences imposed for a violation of these regulations. The information reported to ASAA shall be restricted to the information required by ASAA for reporting violations of ASAA TAD policy. Test results and other personal and confidential information regarding student acquired as a result of the testing process shall not otherwise be released without the student's or minor student's parent's written consent, except where such disclosure is required by law.

## CONSEQUENCES OF VIOLATION

### Effect of Positive Initial Screening

In the event of a positive initial screening test, a student may continue to participate in a covered activity pending receipt of the results of confirmatory testing unless, in the judgment of the principal, there is reason to believe that continued participation would present an unreasonable risk of harm to the student, other persons or property.

### First Violation

- TAD notification as required.
- Suspension from participation in all District-sponsored extra-curricular competitions for 30 calendar days.
- Completion of a Substance Abuse Assessment and recommended treatment (at student expense).
- Return to practice only after submission a negative test (at that student expense) and has completion of the mandated period of suspension.

### Second Violation

- TAD notification as required.
- Suspension from participation in all District-sponsored student extra-curricular competitions for 60 calendar days
- Completion of a Substance Abuse Assessment and recommended treatment (at student expense)
- Return to practice only after submission a negative test (at that student expense) and has completion of the mandated period of suspension.

### Third (and subsequent) Violation

- TAD notification as required.
- Suspension from participation in all District-sponsored extra-curricular competitions for 1 calendar year
- Completion of a Substance Abuse Assessment and recommended treatment (at student expense)
- Return to practice only after submission a negative test (at that student expense) and has completion of the mandated period of suspension.

### **Payment Responsibilities**

The student or the student's parents shall be responsible for arranging and paying the cost of any post violation re-entry testing, drug assistance programs or drug assessments and compliance with drug assessment recommendations including recommended treatment.

# **Non-Punitive Nature of Policy**

Except as provided above, students shall not be excluded from participation in activities, penalized academically or otherwise disciplined in response to a positive result from a violation under this regulation.

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