



# Community Education

*Engaging People; Enriching Lives!*

## *Aquatics Program*

**Positive Happenings – February, 2016**

### **Youth Stroke Technique & Endurance Swim Clinic – Ages 8-15**

The pre-competitive youth stroke development program is in its 5<sup>th</sup> consecutive successful year. Recognizing the need to provide children interested in becoming competitive swimmers a way to refine their strokes and build their stamina, Tracy Angelo started the program and ran it energetically for 5 years. She and a number of assistant coaches/teachers created a positive environment for young swimmers. Every practice, Tracy and her assistants made sure to give every single swimmer one-on-one attention. They also interacted regularly with all the parents. This fostered a community atmosphere that families kept coming back to. Justin Bonnett took over the program two years ago, vowing to maintain the positive environment that Tracy Angelo created. He has also continued the tradition of ending each session—fall, winter, and spring—with a bleacher-packing swim meet. Over the years, many of the swimmers in the program have gone on to compete in high school. Junior high swimmers on the high school team often come back to the program in the off season. The pre-competitive youth stroke development program has brought to our community a club-quality swim program for kids who want to go beyond swim lessons.



### **Youth Swimming Opportunities**

This past summer we offered two Water Safety Aid Courses to student's ages 13-16. This course is for students interested in working at an aquatics facility as an aid to a Water Safety Instructor. The course is designed to teach the kids knowledge of how to assist in swim lessons, how to effectively communicate with students in our community lessons, and leadership skills. Once the student completes the course they are required to volunteer practice teach at the pool for one 10-hour session. This added volunteer opportunity helps the students gain confidence and feel successful in their aiding.

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***Offering Swim Programs for All Ages!***