

### Activities Director/Dean of Students Report

August 20th, 2025

### **News/Notes**

• The 2025-26 Activities season is upon us! All Fall activities have started practices with a full week and a half under their belts and competitions are just around the corner.

# **Athletics Updates**

### Tennis

• The Tennis team has already had two contests this season, a 4-team Tournament against Duluth Marshall, Mora, Pierz in Mora and another Triangular vs Pequot Lakes & Perham on our Home Courts. As a team they have gone 1-4 but have been competitive in all the contests. Tori Oehrlein has started the year 4-1 at #1 Singles, Emma Silgen is 3-2 at #2 Singles as is Nellie Fitzpatrick at #3 Singles.

### Volleyball

 Our Volleyball team competed at a Scrimmage this past week in Esko against mostly Section opponents and in Mora at a Great River Conference Scrimmage. While official records were not kept, they played in short matches and got to see many Section and all of the Conference opponents this year. Coach Ernst was very impressed with how his team competed and is very excited for their first official match of the year this Friday, August 22th in the Galovich Gym vs Moose Lake/Willow River.

### **Football**

• It's been a very productive start to the season for the Football team. They have only been able to practice against each other but the Coaching Staff has seen a lot of improvement due to the Summer Speed, Strength & Conditioning program many of the athletes participated in. They will be able to test themselves this Saturday August 23rd against many different teams at a Scrimmage in Pillager. Their first game is on the road at Aitkin on Thursday, August 28th.

### **Cross Country**

• The Cross Country team has been hard at work running the paved trails our area provides. They have run a few hard workouts to prepare for their first Meet next Monday, August 26th in Staples at the Vintage Golf Club.

## **Upcoming Events**

- The next time our teams will compete at Home in August are following:
  - Friday, August 22nd: Volleyball vs Moose Lake/Willow River, 7pm
  - Monday, August 25th: Tennis vs Park Rapids, 11am
  - Tuesday, August 26th: Tennis vs Parkers Prairie, 11am
  - o Thursday, August 28th: Tennis vs Cloquet, 10am

### \*Please see the second page for Fall 2025 Activity Registration Numbers.

Respectfully submitted,

Cley Twigg

Activities Director/Dean of Students





# **2025** Fall Athletic Registration Numbers

- as of August 20th, 2025
- 2024 numbers reflect as of August 21st, 2024.

# **CROSS COUNTRY**

• **2025:** 27 (4% increase)

• **2024**: 26

### **FOOTBALL**

• 2025: 34 (23% decrease)

• **2024**: 44

### JUNIOR HIGH FOOTBALL

• **2025:** 30 (7% increase)

• **2024**: 28

# **TENNIS**

• **2025**: 13 (19% decrease)

• **2024**: 16

### **VOLLEYBALL**

• **2025:** 35 (16% increase)

• **2024:** 30

# JUNIOR HIGH VOLLEYBALL

• 2025: 14 (44% decrease)

• **2024**: 25

# **OVERALL:**

• **2025:** 153 (9% decrease)

• **2024**: 169

