

I want to inform the Crockett County Consolidated Common School District Board of Trustees that the National School Lunch Program requires annual revisions to the lunch prices, and the prices increases are calculated by the federal "Price Adjustment Calculator."

The price increases will not affect free or reduced lunch students. It will impact students who pay for their meals and adult meal prices.

We received this email from Mrs. France Brown the National School Lunch Specialist at Region 15:

From: Frances Brown [<mailto:frances.brown@netxv.net>]

Sent: Wednesday, May 08, 2013 2:30 PM

To: ludy. vargas

Subject: RE: meal prices

1. You are required to go up at least \$0.10 until you reach the value of the Free Meal--**\$2.59 this year.**
2. Adult Meals should be \$3.05 this year. Probably for next year, they will need to be \$3.10. We won't know until July.
3. Student and Adult Breakfasts should be **\$1.85 this year.** That will probably go up in July.

Based on this I am recommending the following prices for the 2013-2014 school year:

Ozona Elementary School:

Breakfast – Free for all elementary students

Lunch from \$2.10 to **\$2.20** = + \$.10

Ozona Middle and High Schools:

Breakfast – from \$1.10 to \$1.20 = + \$.10

Lunch – from \$2.25 to **\$2.35** = + \$.10

Adults:

Breakfast from \$1.50 to \$1.60 = + \$.10

Lunch from \$3.00 to \$3.10 = + \$.10

Please note that in time students who pay will need to be at \$2.59 for Lunch and \$1.85 for Breakfast. By raising these prices a little bit each year the district will eventually reach the value of the free meal according to the National School Lunch Program guidelines. Some may ask what will happen if the district does not reach the value of the free meal? The answer is that the district will lose National School Lunch Program funding.

I also want to inform you that the Healthy, Hunger-Free Kids Act of 2010 has started and will continue to have a significant effect on the types of foods being served in Ozona schools next year. Changes to food include an emphasis on whole grains in place of refined and enriched grains. This will increase costs slightly for bread, pizza dough, tortillas, etc. The whole grains will also create a different taste in most foods. Ludy and her staff have already started using more whole grains where possible in our cafeterias and we have added a full-time cafeteria worker. The new law requires 51% whole grain content in half of the breads used in 2012-13. Beginning on July 1, 2014, all bread products must have a majority of whole grain content.

In addition, more fruits and vegetables will be heading to the breakfast and lunch plates of school children. Although Texas was ahead of the rest of the nation in increasing fruits and vegetables, the new regulation adds new categories and requirements at lunch for red/orange vegetables, dark green vegetables and legumes. Breakfast will see big changes too with a larger amount of fruit required, beginning in the 2014-15 school year.

Other changes dictate that the required size of meat servings be more age specific than before. Calories in the school menu will be counted and must stay within minimum and maximum levels. Lower sodium levels will also be phased in over a period of ten years.