

## Use of Restrictive Procedure – Physical Holding

Student

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_ Date of Incident: \_\_\_\_\_

**Directions:** Complete this form whenever a physical hold used. All students must be monitored by an adult at all times. End the intervention when the threat of harm ends and staff determine that the student can safely return to the classroom or activity. A debriefing meeting must be held within two (2) days and a Staff Debriefing Meeting form completed.

Staff involved: \_\_\_\_\_  
\_\_\_\_\_

Signature of person completing this form: \_\_\_\_\_

Description of incident that led to physical holding:

[Expanding Text Box](#)

Time physical hold began: \_\_\_\_\_ Ended: \_\_\_\_\_ Total time: \_\_\_\_\_

Description of physical holding and the student's behavior and physical status:

[Expanding Text Box](#)

- Intervention was to protect student or others from physical injury:  Yes  No
- Intervention was used to prevent serious property damage:  Yes  No
- Did staff directly observe the child during the physical hold:  Yes  No
- Did the physical holding end when the threat of harm ended and staff determined that the student could safely return to the classroom or activity:  Yes  No
- Positive and least restrictive interventions tried before use of restrictive procedure:
  - Redirection  Verbal or non-verbal feedback
  - Correction  Safe place to relax/regroup (voluntary)
  - Brief supervised removal to another location for purposes of engaging in activities and discussion related to behavior
  - Other: [Text box](#)
- Description why a less restrictive intervention failed or was determined to be inappropriate or impractical:

[Expanding Text Box](#)

**Parent Notification:** Parents must be notified the same day a restrictive procedure is used. A written or electronic notice must be sent home within two (2) days if unable to notify on the same day.

Parent: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

Notified by: \_\_\_\_\_

Parent Comments:

[Expanding Text Box](#)