

Action Item E.2.d.

Bids for Milk, Juice, Bread and Ice Cream

Background: The school cafeteria is required to bid all food and supply items each year. Mineola ISD is a member of the Region VII purchasing cooperative. We purchase all food items and supplies through them with the exception of milk, juice, bread and ice cream. For the past three years, Region VII has bid some of the items. We have continued to bid these items to compare prices.

Recommendation: This agenda item is to meet competitive bidding laws of the State of Texas as well as securing the best contract for the school district.

Sample Motion:

"I move the approval of Borden Dairy Co. for milk and juice, Flowers Baking Co. for bread, and Blue Bell for ice cream for the 2013-2014 school year.



May 30, 2013

Mr. William Bjork
Business Manager
Mineola Independent School District
1000 West Loop
Mineola, Texas 75773

Dear Mr. Bjork;

Thank you for the invitation to bid on your dairy products for the 2013-2014 school year.
The enclosed bid has been submitted for your consideration.

Should we be the fortunate bidder, we will strive to deserve your business.

Sincerely,

Ray Gibson
General Sales Manager
Borden Dairy Company of Texas, LLC

RG:bp
enclosures

Mineola Independent School District

1000 West Loop
Mineola, Texas 75773

William Bjork
Telephone: (903) 569-2448
Director of Business Affairs
Fax: (903) 569-5155

BID REQUEST

Milk and Juice Items:

<i>Description</i>	<i>Unit Size</i>	<i>FIRM Bid Price</i>
Fat-Free milk unflavored	1/2 pint	<u>.2318</u>
Fat-Free milk flavored	1/2 pint	<u>.2318</u>
Low-Fat milk unflavored	1/2 pint	<u>.2318</u>
Orange juice	4 ounces	<u>.1425</u>
Apple juice	4 ounces	<u>.1425</u>
Grape juice	4 ounces	<u>.1525</u>

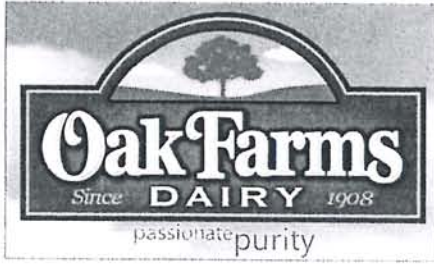
Bread Items:

Whole Wheat Sandwich Bread 20 oz	1 1/2 pounds	<u>No Bid</u>
Whole Wheat Hot Dog Buns 13 oz	8 count	<u>No Bid</u>
Whole Wheat Hamburger Buns 15 oz	8 count	<u>No Bid</u>
Whole Wheat English Muffins 12 oz	1 1/2 pounds	<u>No Bid</u>
Whole Wheat Tortilla 8"	10 count	<u>No Bid</u>
Whole Grain Sandwich Bread	20 oz	<u>No Bid</u>
Whole Grain Hot Dog Bun 6"	8 count	<u>No Bid</u>
Whole Grain Hamburger Bun 4"	30 count	<u>No Bid</u>

Ice Cream Items:

Ice Cream Cups, assorted	3 ounces per dozen	<u>No Bid</u>
Ice Cream Bars, assorted	3 ounces per dozen	<u>No Bid</u>
Fruit Freeze Bars, assorted	2.75 ounces per dozen	<u>No Bid</u>
Ice Cream Sandwiches, assorted	3.75 ounces per dozen	<u>No Bid</u>
Ice Cream Novelty Cones	4 ounces per dozen	<u>No Bid</u>

High School and Middle School Snack Bars request a freezer.



June 3, 2013

William Bjork
Business Manager
Mineola I. S. D.
100 West Loop
Mineola, Texas 75773

Dear Mr. Bjork,

Thank you for the opportunity to bid on your dairy needs for the 2013-2014 school year. If Oak Farms is awarded the bid we will continue to offer the same excellent service and products that you have come to expect from Oak Farms Dairy. The firm bid is firm for the entire school year. These prices are based on the June 2013 Federal Milk Order.

Sincerely,
Eric Eves


Sales Manager
Oak Farms Dairy
5145 Interstate Drive
Shreveport, LA 71109
318-603-8129 Office
903-5200382 Cell

Mineola Independent School District

1000 West Loop
Mineola, Texas 75773

William Bjork
Telephone: (903) 569-2448
Director of Business Affairs
Fax: (903) 569-5155

BID REQUEST

Milk and Juice Items:

<i>Description</i>	<i>Unit Size</i>	<i>Bid Price</i>
Fat-Free milk unflavored	1/2 pint	<u>.2415</u>
Fat-Free milk flavored	1/2 pint	<u>.2415</u>
Low-Fat milk unflavored	1/2 pint	<u>.2415</u>
Orange juice	4 ounces	<u>.1495</u>
Apple juice	4 ounces	<u>.1495</u>
Grape juice	4 ounces	<u>.1595</u>

Bread Items:

Whole Wheat Sandwich Bread 20 oz	1 1/2 pounds	<u>No Bid</u>
Whole Wheat Hot Dog Buns 13 oz	8 count	<u>No Bid</u>
Whole Wheat Hamburger Buns 15 oz	8 count	<u>No Bid</u>
Whole Wheat English Muffins 12 oz	1 1/2 pounds	<u>No Bid</u>
Whole Wheat Tortilla 8"	10 count	<u>No Bid</u>
Whole Grain Sandwich Bread	20 oz	<u>No Bid</u>
Whole Grain Hot Dog Bun 6"	8 count	<u>No Bid</u>
Whole Grain Hamburger Bun 4"	30 count	<u>No Bid</u>

Ice Cream Items:

Ice Cream Cups, assorted	3 ounces per dozen	<u>No Bid</u>
Ice Cream Bars, assorted	3 ounces per dozen	<u>No Bid</u>
Fruit Freeze Bars, assorted	2.75 ounces per dozen	<u>No Bid</u>
Ice Cream Sandwiches, assorted	3.75 ounces per dozen	<u>No Bid</u>
Ice Cream Novelty Cones	4 ounces per dozen	<u>No Bid</u>

High School and Middle School Snack Bars request a freezer.



Blue Bell Creameries, L.P.
East Texas Branch
3800 S. Eastman Road
Longview, Texas 75602-9803
www.bluebell.com
(903) 757-5731

May 20, 2013
Business Office
Mineola Independent School District
1000 W. Loop
Mineola, Texas 75773

Dear Mr. Bjork:

Attached is our bid to supply ice cream for the Mineola, TX ISD for the 2013-2014 school year.

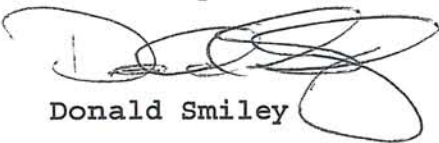
The list includes what we think is the finest of frozen snacks in the state. These items include CN-labeled, holiday and special occasion cups, and premium frozen snacks. All are unexcelled in quality and taste.

Please note the size of our bars, the fact that they are all packaged in sealed wrappers, and that our company manufactures every item listed in our modern plants.

Additionally, we offer good, reliable service by our driver salesmen and sales support staff.

We will appreciate your consideration and look forward to doing business with you.

Sincerely,


Donald Smiley

Mineola Independent School District

1000 West Loop
Mineola, Texas 75773

William Bjork
Telephone: (903) 569-2448
Director of Business Affairs
Fax: (903) 569-5155

BID REQUEST

Milk and Juice Items:

<i>Description</i>	<i>Unit Size</i>	<i>Bid Price</i>
Fat-Free milk unflavored	1/2 pint	_____
Fat-Free milk flavored	1/2 pint	_____
Low-Fat milk unflavored	1/2 pint	_____
Orange juice	4 ounces	_____
Apple juice	4 ounces	_____
Grape juice	4 ounces	_____

Bread Items:

Whole Wheat Sandwich Bread 20 oz	1 1/2 pounds	_____
Whole Wheat Hot Dog Buns 13 oz	8 count	_____
Whole Wheat Hamburger Buns 15 oz	8 count	_____
Whole Wheat English Muffins 12 oz	1 1/2 pounds	_____
Whole Wheat Tortilla 8"	10 count	_____
Whole Grain Sandwich Bread	20 oz	_____
Whole Grain Hot Dog Bun 6"	8 count	_____
Whole Grain Hamburger Bun 4"	30 count	_____

Ice Cream Items:

Ice Cream Cups, assorted	3 ounces per dozen	<u>\$3.18</u>
Ice Cream Bars, assorted	3 ounces per dozen	<u>\$3.12</u>
Fruit Freeze Bars, assorted	2.75 ounces per dozen	NA
Ice Cream Sandwiches, assorted	3.75 ounces per dozen	<u>\$3.84</u>
Ice Cream Novelty Cones	4 ounces per dozen	<u>\$4.11</u>

High School and Middle School Snack Bars request a freezer.

BLUE BELL CREAMERIES, L.P.

Frozen Snacks

2013 - 2014 School Year

Date: May 20, 2013

School: Mineola ISD

<u>Inv. #</u>	<u>MINI ITEMS (Take Home Paks)</u>	<u>Per TH Pak</u>
450	24 Pak Mini Rainbow Juice Bars -- 1.25 fl. oz.	\$3.71
439	24 Pak Mini Sandwiches -- 2.3 fl. oz.	\$4.63
360	12 Pak Mini Country Cones -- 1.75 fl. oz.	\$2.81
	<u>BULK (single serve) SNACKS</u>	<u>Per Dozen</u>
	<u>Fruit Bars:</u>	
199	Strawberry Fruit Bar (all natural) -- 2.5 fl. oz.	\$3.21
214	Lime Fruit Bar (all natural) -- 2.5 fl. oz.	\$3.21
215	Peach Fruit Bar (all natural) -- 2.5 fl. oz.	\$3.21
	<u>Certified ½ cup juice bar for menu:</u>	
227	Grape Freeze Juice Bar (PAS)* -- 2.0 fl. oz.	\$2.82
229	Cherry Freeze Juice Bar (PAS)* -- 2.0 fl. oz.	\$2.82
340	Strawberry Banana Bar (PAS)* -- 2.25 fl. oz.	\$3.18
221	Sour Pop - Green Apple (PAS)* -- 2.5 fl.oz.	\$3.18
	<u>Certified ¼ cup juice bar for menu:</u>	
114	Strawberry Banana Bar (PAS)* -- 2.25 fl. oz. (while supply lasts)	\$2.52
218	Dream Bar (PAS)* -- 2.75 fl. oz.	\$3.18
188	Rainbow Freeze Bar (PAS)* -- 3.75 fl. oz.	\$3.18
	<u>CUPS:</u>	
456	Ice Cream (Vanilla, Chocolate, Strawberry) -- 3.0 fl. oz	\$3.18
168	Lowfat Ice Cream (Vanilla, Chocolate, Strawberry) -- 3.0 fl. oz	\$3.18
461	No Sugar Added (Vanilla) -- 3.0 fl. oz	\$3.18
457	Sherbet (Orange, Lime or Rainbow) -- 3.0 fl. oz	\$3.18
473	Frozen Yogurt (Chocolate or Strawberry) -- 3.0 fl. oz.	NA
122	Ice Cream (Homemade Vanilla) 3.0 fl. oz.	\$4.53
	<u>Special Cups</u>	
465	LF Cookies 'n Cream Sundae-- 3.0 fl. oz.	\$3.27
467	LF Cherry Sundae -- 3.0 fl. oz.	\$3.27
463	LF All American -- 3.0 fl. oz.	\$3.27
471	LF Spring Twist-- 3.0 fl. oz.	\$3.27
112	LF Fiesta Sundae -- 3.0 fl. oz.	\$3.27
470	LF Chocolate Sundae-- 3.0 fl. oz.	\$3.27
459	LF Autumn Twist-- 3.0 fl. oz.	\$3.27
469	LF Strawberry Sundae-- 3.0 fl. oz.	\$3.27
	<u>Other Bulk (single serve) Snack Items</u>	
211	Mini Krunch Bar -- 1.5 fl. oz.	\$2.31
105	Fudgy Bar (fat free) -- 2.0 fl. oz.	\$2.67
107	Coconut Bar -- 3.0 fl. oz.	NA
216	Cotton Candy Bar -- 2.5 fl. oz.	\$2.88
207	Chocolate Fudge Bar -- 3.0 fl. oz.	\$3.12
204	Banana Fudge Bar -- 3.0 fl. oz.	\$3.12
135	Grizzly Bar -- 3.25 fl. oz.	\$3.27

BLUE BELL CREAMERIES, L.P.

Frozen Snacks

2013 - 2014 School Year

(continued)

<u>Inv. #</u>		<u>Per Dozen</u>
128	Lowfat Vanilla Ice Cream Sandwich-- 3.0 fl. oz.	<u>\$3.57</u>
132	Lowfat Cookies 'n Cream Ice Cream Sandwich -- 3.0 fl. oz.	<u>\$3.57</u>
151	Vanilla Ice Cream Sandwich, -- 3.75 fl. oz.	<u>\$3.84</u>
165	Cookies 'n Cream Sandwich -- 3.75 fl. oz.,	<u>\$3.84</u>
144	Neapolitan Sandwich -- 3.75 fl. oz.	<u>\$3.84</u>
172	Double Vanilla Sandwich, -- 3.75 fl. oz.	<u>\$3.84</u>
209	Mooo Bar -- 3.0 fl. oz	<u>\$3.84</u>
121	Krunch Bar -- 3.25 fl. oz.	<u>\$3.84</u>
108	Great Divide Bar -- 2.75 fl. oz.	<u>\$3.84</u>
198	Cookie Cone -- 3.0 fl. oz.	<u>NA</u>
139	Rainbow Pop Up -- 2.75 fl. oz.	<u>\$4.02</u>
182	Nutzo Cone -- 4.0 fl. oz.	<u>\$4.11</u>
100	Cookie Cone -- 4.0 fl. oz.	<u>\$4.11</u>
213	Lowfat Cookie Cone -- 3.6 fl. oz.	<u>\$4.11</u>
160	Fudge Blast -- 4.0 fl. oz..	<u>NA</u>
171	Fudge Bombstik -- 4.5 fl. oz.**	<u>NA</u>
162	Strawberry Shortcake Bar -- 3.0 fl. oz.	<u>\$4.89</u>
186	Chocolate Éclair Bar -- 3.0 fl. oz.	<u>\$4.89</u>
102	Country Cone (Vanilla) -- 4.5 fl. oz.**	<u>NA</u>
115	Country Cone (Cookies 'n Cream) -- 4.5 fl. oz.**	<u>NA</u>
156	Almond Bar -- 2.75 fl. oz.	<u>\$7.17</u>
196	Country Cookie (Chocolate Chip) -- 5.25 fl. oz.**	<u>NA</u>
201	Snickers -- 2.0 fl. oz.	<u>\$9.36</u>
219	Snickers -- 3.13 fl. oz.	<u>\$14.07</u>
	<u>SLICES</u>	
966	Ice Cream Stick Slices (Vanilla) -- 4.0 fl. oz.	<u>\$3.57</u>
	<u>HALF PINTS, PINTS & THREE GALLONS</u>	<u>Per Carton</u>
607	Half Pint (Ice Cream)**	<u>NA</u>
925	Pint**	<u>NA</u>
535	3 Gallon Container - Ice Cream	<u>\$23.49</u>
570	3 Gallon Container - Sherbet	<u>\$18.66</u>

* Depending on the product, these items are supported by a Blue Bell Product Analysis Sheet (PAS) stating it provides the equivalent of either 1/2 cup or 1/4 cup single -strength juice. We certify these items for CN

** not for sale in Texas public schools

ESCALATOR CLAUSE: These prices are subject to change, either up or down, when the cost of ingredients affect manufacturing costs 6¢ or more per dozen.

NOTE: Half credit is given on merchandise damaged due to freezer failure or due to poor refrigeration equipment. No credit will be allowed on merchandise damaged in a natural disaster or due to consistent freezer failure. Nor is credit allowed for weather related losses.

30 dozen minimum order required for delivery

Blue Bell will provide freezers as they deem necessary



Blue Bell Creameries, L.P.

ADDENDUM 1
ADDITIONAL MENU ITEMS

You may wish to add the following certified juice products supported by a Blue Bell Product Analysis Sheet and the other listed products to your school lunch program for the 2013-2014 school year. All certified juice products meet child nutrition requirements by providing the equivalent of either a 1/2 cup or 1/4 cup single-strength fruit juice.

Many school districts have increased their school lunch participation by enhancing their menus with the the following products.

<u>Certified 1/2 cup juice items for menu:</u>	<u>Case Pack</u>	<u>Per Doz.</u>	<u>Case Price</u>
Cherry or Grape Freeze Bar (PAS)* 2.0 fl. oz.	<u>5 doz.</u>	<u>\$2.82</u>	<u>\$14.10</u>
Sour Pop - Green Apple (PAS)* 2.5 fl. oz.	<u>4 doz.</u>	<u>\$3.18</u>	<u>\$12.72</u>

<u>Certified 1/4 cup juice items for menu:</u>	<u>Case Pack</u>	<u>Per Doz.</u>	<u>Case Price</u>
Dream Bar (PAS)* 2.75 fl. oz.	<u>3 doz.</u>	<u>\$3.18</u>	<u>\$9.54</u>
Strawberry Banana Bar (PAS)* 2.25 fl. oz.	<u>3 doz.</u>	<u>\$2.52</u>	<u>\$7.56</u>
Rainbow Freeze Bar (PAS)* 3.75 fl. oz.	<u>3 doz.</u>	<u>\$3.18</u>	<u>\$9.54</u>

* Depending on the product, these items are supported by a Blue Bell Product Analysis Sheet (PAS) stating that the item provides the equivalent of either 1/2 cup cup or 1/4 cup single-strength juice.

<u>Additional Menu items:</u>	<u>Case Pack</u>	<u>Per Unit</u>	<u>Case Price</u>
Mini Rainbows (1.25 fl. oz.)	<u>6 (24-Pak)</u>	<u>\$3.71</u>	<u>\$22.26</u>
Mini Sandwiches (2.3 fl. oz.)	<u>7 (24-Pak)</u>	<u>\$4.63</u>	<u>\$32.41</u>
Mini Country Cones (1.75 fl. oz.)	<u>8 (12-Pak)</u>	<u>\$2.81</u>	<u>\$22.48</u>

	<u>Case Pack</u>	<u>Per Doz.</u>	<u>Case Price</u>
Mini Krunch Bars (1.5 fl. oz.)	<u>6 doz.</u>	<u>\$2.31</u>	<u>\$13.86</u>
Fudgy Bar (2.0 fl. oz. fat free)	<u>5 doz.</u>	<u>\$2.67</u>	<u>\$13.35</u>
Lowfat Vanilla Ice Cream Sandwich (3.0 fl. oz.)	<u>2 doz.</u>	<u>\$3.57</u>	<u>\$7.14</u>
Lowfat Cookies 'n Cream Ice Cream Sandwich (3.0 fl. oz.)	<u>2 doz.</u>	<u>\$3.57</u>	<u>\$7.14</u>
Lowfat Cookie Cone (3.6 fl. oz.)	<u>2 doz.</u>	<u>\$4.11</u>	<u>\$8.22</u>



Blue Bell Creameries, L.P.

ADDENDUM 2
SPECIAL PRODUCTS

For the 2013-2014 school year, Blue Bell will offer the following products that specifically target holidays and special occasions. Many school districts have found them to be an exciting and unique addition to their lunch program.

<u>Occasion</u>	<u>Product</u>	<u>Case Pack</u>	<u>Price Per Doz.</u>	<u>Case Price</u>
Available Anytime	Lowfat Cookies 'n Cream Sundae Cup - 3 fl. oz.	3 doz.	\$3.27	\$9.81
Halloween	Lowfat Chocolate Sundae Cup - 3 fl. oz.	3 doz.	\$3.27	\$9.81
Thanksgiving	Lowfat Autumn Twist Cup - 3 fl. oz.	3 doz.	\$3.27	\$9.81
Christmas	Lowfat Strawberry Sundae Cup - 3 fl. oz.	3 doz.	\$3.27	\$9.81
Valentine's Day	Lowfat Cherry Sundae Cup - 3 fl. oz.	3 doz.	\$3.27	\$9.81
Easter or Spring Break	Lowfat Spring Twist Cup - 3 fl. oz.	3 doz.	\$3.27	\$9.81
Cinco De Mayo	Lowfat Fiesta Sundae Cup - 3 fl. oz.	3 doz.	\$3.27	\$9.81
Patriot's Day	Lowfat All American Cup - 3 fl. oz.	3 doz.	\$3.27	\$9.81
Veteran's Day	Lowfat All American Cup - 3 fl. oz.	3 doz.	\$3.27	\$9.81
President's Day	Lowfat All American Cup - 3 fl. oz.	3 doz.	\$3.27	\$9.81
Memorial Day	Lowfat All American Cup - 3 fl. oz.	3 doz.	\$3.27	\$9.81

Mineola Independent School District

1000 West Loop
Mineola, Texas 75773

William Bjork
Telephone: (903) 569-2448
Director of Business Affairs
Fax: (903) 569-5155

BID REQUEST

Milk and Juice Items:

<i>Description</i>	<i>Unit Size</i>	<i>Bid Price</i>
Fat-Free milk unflavored	1/2 pint	_____
Fat-Free milk flavored	1/2 pint	_____
Low-Fat milk unflavored	1/2 pint	_____
Orange juice	4 ounces	_____
Apple juice	4 ounces	_____
Grape juice	4 ounces	_____

Bread Items:

	1 1/4	
Whole Wheat Sandwich Bread 20 oz	X12 pounds	Flowers 100-2966-0 \$1.26
Whole Wheat Hot Dog Buns 13 oz	8 count	Nature's Own 102-2901-0 \$1.12
Whole Wheat Hamburger Buns 15 oz	8 count	Nature's Own 102-2267-0 \$1.12
Whole Wheat English Muffins 12 oz	X12 pounds 3/4	Nature's Own 102-2048-0 \$1.80 6 count
Whole Wheat Tortilla 8"	10 count	Mi Casa 129-2395-0 \$1.34
Whole Grain Sandwich Bread	20 oz	Flowers 100-1909-0 \$1.27
Whole Grain Hot Dog Bun 6"	8 count	Flowers 100-2574-0 \$1.12
Whole Grain Hamburger Bun 4"	30 count	Flowers 100-1912-0 \$3.68

Ice Cream Items:

Ice Cream Cups, assorted	3 ounces per dozen	_____
Ice Cream Bars, assorted	3 ounces per dozen	_____
Fruit Freeze Bars, assorted	2.75 ounces per dozen	_____
Ice Cream Sandwiches, assorted	3.75 ounces per dozen	_____
Ice Cream Novelty Cones	4 ounces per dozen	_____

High School and Middle School Snack Bars request a freezer.

*** Please see attached list of all Whole Wheat/ Whole Grain items also available & prices ***

Flowers Baking Co. of Tyler, LLC 2013-2014 Bid Prices and Whole Grain Nutritional Information

Material #	UPC #	QUINCE EQUIVALENT GRAIN % Fiber Calcium Iron Sodium Total Fat Total Crap Total Protein	Brand	Product Type	Description	Flowers Baking Co. of Tyler, LLC 2013-14 Bid Prices	Pick Size/Count	Weight in Oz	Slice/Ends	Serving Size	Calories	Total Fat	Saturated Fat	Total Protein	Total Fiber	Total Sugar	Total Sodium	Total Calcium	Total Iron									
Loaf Bread																												
10018800	7250-01957	1.00	Flowers	Loaf Bread	100% Whole Wheat Texas Toasts 1.2 oz slice 20 oz	\$ 1.29	1 loaf	20	16 + 2 ends	1 slice	80	1.5g	0g	0g	1g	0g	0mg	180mg	14g	2g	<1g	4g	0%	0%	0%	6%	6%	
10019090	70210-02519	0.75	Flowers	Loaf Bread	Whole Grain Soft White Sandwich Bread 20 OZ	\$ 1.27	1 loaf	20	20 + 2 ends	1 slice	70	1g	0g	0g	0g	0g	0mg	150mg	14g	1g	2g	3g	5g	0%	0%	0%	4%	4%
10026600	7250-01984	0.75	Flowers	Loaf Bread	100% Whole Wheat Sandwich Bread 20 oz	\$ 1.26	1 loaf	20	20 + 2 ends	1 slice	50	1g	0g	0g	0g	0g	0mg	115mg	10g	2g	1g	4g	0%	0%	0%	4%	2%	
10012400	7250-00319	1.25	Nature's Own	Loaf Bread	100% Whole Wheat With Honey Bread 18 oz	\$ 1.15	1 loaf	18	18 + 2 ends	2 Slices	110	1.5g	0g	0g	0.5g	0g	0mg	150mg	20g	3g	2g	5g	0%	0%	0%	8%	5%	
10016900	7250-00706	0.75	Nature's Own	Loaf Bread	Honey Wheat Bread 20 oz	\$ 1.44	1 loaf	20	20 + 2 ends	1 Slice	70	1g	0g	0g	0g	0g	0mg	132mg	13g	<1g	3g	0	0	0	0	4%	8%	
10019200	7250-00712	0.75	Nature's Own	Loaf Bread	100% Whole Wheat Bread 20oz	\$ 1.20	1 loaf	20	20 + 2 ends	1 Slice	80	0.5g	0g	0g	0g	0g	0mg	110mg	11g	2g	<1g	4g	0%	0%	0%	6%	4%	
10016000	7250-00523	0.75	Nature's Own	Loaf Bread	100% Whole Grain Bread 20 oz	\$ 1.29	1 loaf	20	20 + 2 ends	1 slice	70	1.5g	0g	1g	0g	0g	0mg	115mg	13g	2g	2g	4g	0%	0%	0%	0%	4%	
10016810	7250-01767	0.75	Nature's Own	Loaf Bread	Whole Grain Sugar Free Bread 18 oz	\$ 1.29	1 loaf	18	18 + 2 ends	1 Slice	80	1g	0g	0g	0g	0g	0mg	110mg	11g	2g	2g	3g	5g	0%	0%	0%	2%	2%
10016590	7250-01102	1.25	Nature's Own	Loaf Bread	100% Whole Grain Specialty Bread 24 oz	\$ 1.69	1 loaf	24	14 + 2 ends	1 Slice	100	2g	0g	1g	0g	0g	0mg	150mg	19g	3g	3g	5g	0%	0%	0%	4%	8%	
10019650	7250-01476	1.25	Nature's Own	Loaf Bread	Honey Wheat Specialty Bread 24 oz	\$ 1.69	1 loaf	24	14 + 2 ends	1 Slice	100	1.0g	1.0g	0g	0g	0g	0mg	150 mg	15g	2g	3g	5g	0%	0%	0%	6%	8%	
10020050	7250-01478	1.25	Nature's Own	Loaf Bread	100% Whole Wheat Specialty Bread 24 oz	\$ 1.80	1 loaf	24	14 + 2 ends	1 Slice	100	1.5g	0g	0g	1g	0g	0mg	170mg	20g	3g	3g	5g	0%	0%	0%	4%	6%	
Buns & Sandwich Rolls																												
10019120	70210-01912	1.50	Flowers	Buns	30 ct 4" IND Whole Grain White HB Buns 70 OZ	\$ 3.68	30 ct pack	70	30	1 Bun	120	1.5g	0g	0g	0g	0g	0mg	340mg	22g	3g	4g	6g	0%	0%	0%	4%	15%	
10009400	70210-01532	3.00	Flowers	Hoagie Rolls	24 ct 100% Whole Wheat Hoagie Roll	\$ 4.37	24 ct pack	78	24	1 roll	210	3g	1g	1.5g	1g	0g	0mg	410mg	42g	6g	4g	9g	0%	0%	0%	6%	15%	
10009740	70210-00076	1.25	Flowers	Buns	8 ct 4" Whole Grain White Hot Dog Buns 12 OZ	\$ 1.12	8 ct pack	12	8	1 Bun	90	1g	0g	0.5g	0g	0g	0mg	280mg	17g	2g	3g	5g	0%	0%	0%	4%	10%	
10026600	70210-00857	2.25	Flowers	Buns	30 ct 4" Whole Grain White Hamburger Buns	\$ 3.55	30 ct pack	75	30	1 Bun	150	2g	0g	0g	0.5g	0g	0mg	290mg	29g	4g	3g	8g	0%	0%	0%	10%	10%	
10022870	7250-00398	1.50	Nature's Own	Buns	8 ct 4" 100% Whole Wheat Hamburger Buns 16 oz	\$ 1.12	8 ct pack	15	8	1 Bun	130	2g	0.5g	0g	1g	0g	0mg	290mg	24g	4g	2g	5g	0%	0%	0%	8%	4%	
10024270	7250-00692	1.00	Nature's Own	Sand, Rounds	8 ct 100% Whole Wheat Sandwich Rounds	\$ 1.19	8 ct pack	12	8	1 Roll	100	1.5g	0g	0g	0.5g	0g	0mg	200mg	20g	5g	3g	5g	0%	0%	0%	8%	4%	
10024290	7250-00691	1.25	Nature's Own	Sand, Rounds	8 ct Multigrain Sandwich Rounds	\$ 1.19	8 ct pack	12	8	1 Roll	100	1g	0g	0g	0.5g	0g	0mg	170mg	19g	4g	2g	4g	0%	0%	0%	4%	6%	
10024390	7250-00683	1.00	Nature's Own	Sand, Rounds	8 ct 100% Whole Grain Sandwich Rounds	\$ 1.10	8 ct pack	12	8	1 Roll	100	1g	0g	0g	0.5g	0g	0mg	200mg	20g	5g	3g	5g	0%	0%	0%	4%	6%	
10029010	7250-00466	1.25	Nature's Own	Buns	8 ct 4" 100% Whole Wheat Hot Dog Buns 13 oz	\$ 1.12	8 ct pack	13	8	1 Bun	110	1g	0g	0g	0.5g	0g	0mg	170mg	21g	3g	2g	5g	0%	0%	0%	4%	8%	
Breakfast Items, Dinner Rolls & Tortillas																												
10020400	7250-00376	1.50	Nature's Own	English Muffins	8 ct 100% Whole Wheat English Muffins 12 oz	\$ 1.80	6 ct pack	12	6	1 Muffin	120	1.5g	0g	0g	0.5g	0g	0mg	180mg	24g	3g	3g	5g	10%	0%	0%	10%	8%	
10023970	7250-04108	1.25	Nature's Own	Bagels	8 ct 100% Whole Wheat Thin Sliced Bagels 13 oz	\$ 1.48	8 ct pack	13	8	1 Bagel	110	1g	0g	0g	0.5g	0g	0mg	160mg	22g	3g	4g	4g	5g	15%	0%	0%	24%	6%
10023950	7250-00750	1.75	Micasa	Tortillas	10 ct 4" 100% Whole Wheat Tortillas	\$ 1.34	10 ct pack	18	10	1 tortilla	120	4g	1.5g	0g	1g	1g	0mg	300mg	21g	4g	<1g	4g	0%	0%	0%	15%	6%	