



# Positive Happenings

LINK: Life Skills - Independence - Networking - Knowledge

## Catching Up with LINK Participants

The LINK program serves adults with disabilities and focuses on offering opportunities that promote life skills, independence, networking and knowledge. During the 2017-2018 school year LINK offered 24 activities and averaged 10-12 participants at each activity. Activities included holiday parties, dinners at local restaurants, mini-golf, movie nights, game nights, arts & crafts and many more.

LINK staff members seek feedback from participants regarding what activities they'd like to participate in and then work to develop programming that provides social, recreational and educational experiences for adults with disabilities. We've learned that every event we offer needs to include two things - food and time to hang out with their friends!

Right: Photos of LINK participants showing off the prizes they won at Bingo!

### James

*"I like coming to LINK so I can hang out with my friends and have fun."  
James' favorite LINK activity is to watch movies with his friends.  
(top photo)*



### Brian

*"I like coming to LINK to socialize and make new friends." Brian's favorite LINK activities are making arts & crafts, going bowling and going out to eat.  
(no photo)*



### Joe

*"I like coming to LINK to see all of my friends and my favorite activity is pumpkin painting. Happy Halloween! (bottom photo)*

If you have any questions or would like more information about LINK, please contact:

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**Engaging people; enriching lives!**