

Wellness & Prevention

The Wellness & Prevention has been busy with the Blackfeet Tribal Health collaboration for the community and student resources. ie., healthy Relationships, drug and alcohol prevention, vaping prevention classes, tribal public Health interventions, medical health needs for the students and their families.

The High school clinic is up and running for the staff and students, the clinic takes walk-ins. Services that are provided is medical exams, Women's Health, Medication refills, labs and x-ray; a medical provider is available through telehealth.

I was able to work with Tribal Behavioral health and get students set up through telehealth, so far that has been successful, although we are looking for alternative ways to get the student to their telehealth appointment. ie. I have been working with the principals on students' needs and making sure referral are made.

The development assessment to track the wellness for school staff and students is complete, I also have been meeting with the tribal prevention programs to set up their availability for the upcoming Wellness Day. The wellness day will be different from the previous wellness days, The Wellness grant has ended, however funding for wellness days will be from another grant or the district.

Continue Insight classes has stated at the high school and middle school students.

I started beading classes with the BHA students, the beading class is also a way to teach coping skills, build relationships, there has been great progress with the students in the class, I have noticed better attendance, and the students are engaging a lot better.

Heidi and I have meet with Kellen every Monday to offer support and provide resources for the sports season and concessions

Continue looking for grant for Prevention and Wellness.

Upcoming events:

Any school dances

Collaboration with tribal programs and their activities.

Prom After Party

Wellness Day