

Summary: BOE Start Times Survey Data  
4/18/23

**1. In summary, what was most compelling from the research presented by Dr. Hoffman in regards to a later start time?**

Impacts on student learning, health and risk factors.  
Research seems to be a clear consensus for secondary students.

**2. Questions for Dr. Hoffman** (emailed to her for response)

**3. Questions for Superintendent**

Is it possible to follow Dr. Hoffman's recommendation by pushing everyone back and starting the k-6 students at 8:00 and the 7-12 students at 8:30? **No, that time span is not possible with two bus runs. We need 45-50 minutes between bus runs.**

How much would it cost to provide before school care for K-6 students IF families needed said care for an additional 45 minutes?

It would be helpful to know approximately how many times Fall and Spring athletes need to leave school early under the schedule, and how many more would need to leave early if we started later (hours lost per student per year under the two scenarios).

**Fall 80 kids miss for events, possibly 1x a week  
Cross Country and Boys Golf**

**Winter (Least impact)**

**Spring (Most impact) - away events start at 4pm  
2X a week, 80- 150 kids could miss  
Baseball, Softball, Girls Golf, Boys and Girls Track, Boy and Girls Lacrosse**

**Students leave mid 6th hour and miss about 30 minutes of class. Students would miss additional class time equal to the later start. (1 hour and 10 minutes of school if moved 40 minutes later from current time- end of 5th and all of 6th hour.)**

Participation in programs that are not under the OPS umbrella (e.g., Wilson Talent Center)--How many participants, how much time missed currently (if any), how much if start times moved later, how much if flipped. Info on this would be helpful.

Data from our neighboring districts. How many have changed start times and impacts of the change?

If we go with Dr. Hoffman's recommendation of starting everyone 30-minutes later AND flipping them, how does that impact our bus runs? Will we need to add routes?

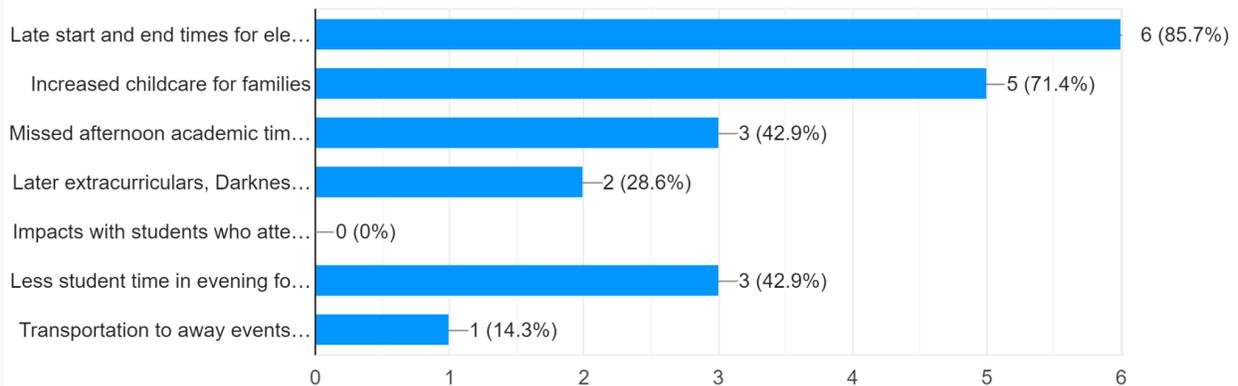
Could we change the bus boundaries for older kids and in turn narrow the bus turnaround times?

4. What are the demographics of students and families that may be disproportionately negatively impacted by our current practice or by a change in practice?

Economically disadvantaged, student athletes, families in need of childcare, single parent households, older students, working parents/guardians

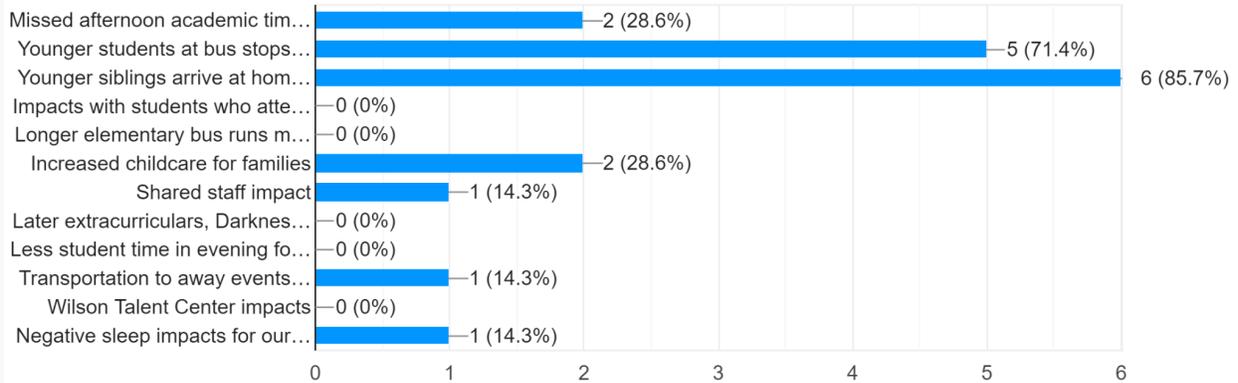
In reviewing model below, what the are the areas of district impact that are of most concern with a moving everyone to a later start time? (Choose no more than three)

7 responses



In reviewing the model below, what the are the areas of district impact that are of most concern with a flip flop of elementary and secondary start times? (Choose no more than three)

7 responses



8. What trends or data points were most impactful from our recent [community/staff survey](#)?

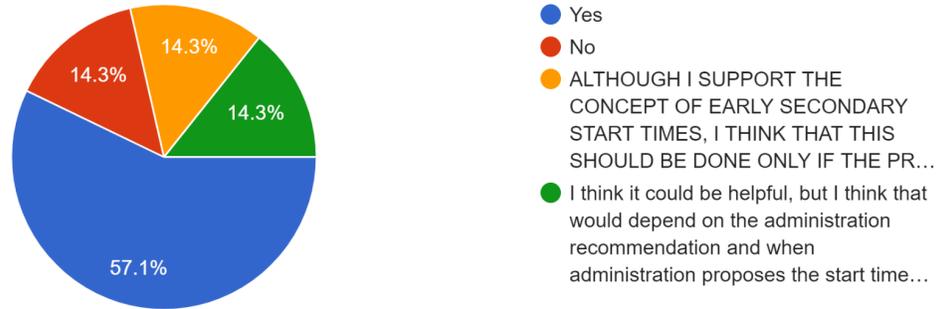
Move all later seemed to have more overall general support vs. flip flop  
 General support for change, very neutral weighted averages  
 Amount of time spent on homework, screens

9. What trends or data points were most impactful from our recent [student survey](#)?

No clear consensus on student data being positive or negative from BOE members  
 Not as strong support, to seem to support, to no clear data  
 Students seem to agree it will help with more sleep  
 Some noted students disliked flip flop of times  
 Other things that impact sleep time: homework, screen time, extracurricular activities

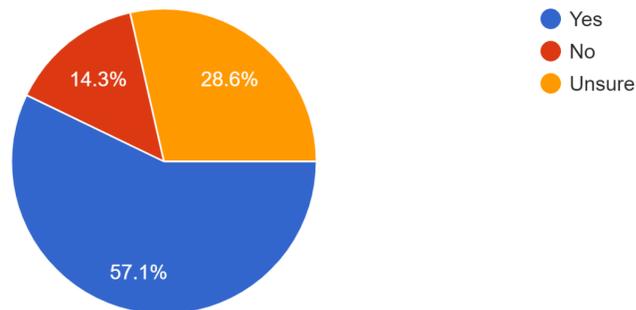
The Board has discussed prioritization of administrative initiatives so we can be more focused on our work and outcomes for students. Would an initi... before moving forward with start times decision?

7 responses



After consideration of all of these factors, at this time do you support a district wide start time change to occur for 23-24?

7 responses



Which model for start time change would you like administration to pursue?

7 responses



If you do not support a start time change at this time, briefly explain why.

District should establish priorities first and see where this falls before proceeding  
Support in concept, application must be done well and is different story  
If reasonable times can be found - support, if not not sure of support

### Superintendent Recommendation:

After consideration of the data from the surveys, and research:

- First establish district priorities and identify where a start change time lies
  - If identified as a top priority
  - Work a draft plan to phased in start time change
    - Move everyone later or hybrid to be determined
    - 30 min/10 min, or 25/15 min phase
    - Gather feedback to measure impact
    - Must be negotiated