STUDENT WELLNESS

Survey

2012 Fact Sheet

Oregon Health Authority is conducting the Student Wellness Survey in February and March 2012.

There are two state-wide adolescent health surveys conducted in Oregon—the Student Wellness Survey and the Oregon Healthy Teens Survey. The surveys are administered in alternate years. The Oregon Health Authority is conducting the Student Wellness Survey in February and March 2012. The next Oregon Healthy Teens Survey will take place in Spring 2013. Both surveys provide important data to fully understand and help the youth of Oregon. The surveys have some over-lapping questions, to better track behavior patterns over time, but a large portion of each survey is unique. That is why both surveys are important and schools and youth should, if able, participate in both surveys whenever possible.

What is the focus of the Student Wellness Survey?

The Student Wellness Survey was introduced in 2010 to assess school climate and the behavioral health of Oregon youth in grades six, eight and 11. School climate shows the degree to which students feel they belong, are valued and are physically and emotionally safe at school. The behavioral health focus assesses risk and protective factors that influence student success. There are two versions of the survey, one for middle schools and a slightly longer survey for high schools.

Grade	Grade	Topics on the Student Wellness Survey	
6 & 8	11	Topics on the Student Wenness Survey	
✓	✓	Student mobilityhow often youth move or change schools	
\checkmark	✓	Commitment to school including school performance, school attendance, and how	
		important they think school is for their future	
✓	✓	Opportunities for participation in class and other school activities	
✓	✓	Meaningful relationships with teachers, school staff and other students	
✓	✓	Witnessing or perpetrating harassment, bullying or fighting in the school environment Antisocial behavior such as carrying weapons, selling drugs, or being drunk at school Positive youth development Psychological stress, depression and suicide ideation	
✓	✓		
✓	✓		
✓	✓		
✓	✓	Problem gambling and substance use (primarily patterns of alcohol, tobacco and	
		marijuana use, accessibility, perceived risk of harm and parent attitudes about use)	
	✓	How youth get alcohol, tobacco and marijuana and lifetime use of illicit drugs	
	✓	Height, weight, body image and unhealthy eating behaviors	

Why should a district participate in the Student Wellness Survey?

- In 2010 most school districts participated (82 percent) providing a robust statistical comparison for schools, districts and counties.
- Results from this survey provide the backbone for data driven decisions. Many schools and communities use the results for planning purposes, to track student behavior changes, report outcomes for grants and to apply for funding for future prevention efforts.



Health

STUDENT WELLNESS

Survey

2012 Fact Sheet

Who can participate?

• All Oregon public, alternative, charter and private schools with students in grades six, eight and 11 are invited to participate at no charge to schools. Schools are encouraged to survey all eligible students, but large schools may opt to survey a sample of their youth.

What will the participating district and school receive?

Participating districts and schools that survey 20 or more students in a grade will receive an
electronic Student Wellness Survey report. Each report is organized into chapters that highlight
specific topics. Chapters provide: background information about the topic, summary data tables
and graphs. The appendices at the end of the report include data tables for each survey item, and
copies of the 2012 surveys.

When will the survey results be available?

- Confidential district- and school-level reports will be issued to School Superintendents in May 2012. The preliminary report provides all of the standard tables and graphs that are in the final report but will not yet contain the state-level comparisons.
- Final reports will be ready in August 2012. Data tables in the final reports include state and local results for all three grades. This makes it is easy to compare local results to those of the state and to see the differences among 6th, 8th and 11th grade students.

What is the cost of the surveys?

• All 6th, 8th and 11th grade students can be surveyed at no charge to schools. Public, private, charter and alternative schools are encouraged to participate.

How long are the surveys and how are they administered?

- It takes students 45 minutes or less to complete the Student Wellness Survey.
- School districts can choose to use the on-line survey or paper-and-pencil.

Are the participants anonymous?

• The survey is voluntary and individual survey responses are completely anonymous. Students are not asked to write their name or any identifying information on their survey.

How can I get more information?

• Contact: Geralyn Brennan

OHA, Addictions and Mental Health Division 503-947-2319

geralyn.brennan@state.or.us

 Additional information can be found on the Student Wellness Survey web site at: http://www.oregon.gov/OHA/addiction/student-wellness/index.shtml



-Health

Oregon Student Wellness Survey for Grades 6 & 8



- 1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- 3. All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply."
 Completely fill in the oval with a #2 pencil.

1. How old are you?	
10 years old	Would you say that in general your
11 years old	18 60 02 13 6
12 years old	7. emotional and mental health is
○13 years old	8. physical health is OOOO
○14 years old	
15 years old	9. Have you changed schools (including changing from
	elementary to mid lie and middle to high school) in the
2. What is your sex?	bast year?
Female	O Yes
○ Male	O No
3. In what grade are you?	10. H. w many times have you changed homes since
O6th · · · · · · · · · · · · · · · · · · ·	kind erga /ten?
O7th	Never
○8th	C 1 or 2 times
O9th	3 or 4 times
A.K.	○5 or 6 times
4. What is your race? (Please mark all that apply.)	○7 or more times
American Indian or Alaska Native	
OAsian	11. Putting them all together, what were your grades like
OBlack or African American	last year?
Native or Other Pacific Islander	Mostly A's
White	○ Mostly B's
×	
E American Historia and aking II aking 2	
5. Are you Hispanic or Latino/Latina?	
○Yes	
○No	12. During the LAST FOUR WEEKS how many whole days of
	school have you missed because you skipped or "cut"?
6. What is the language you use most often at home?	The property of the second of
Section and the section of the secti	○None
English	○1 day
Russian	○2 days
Spanish	○3 days
Vietnamese	○4 to 5 days
A tribal language	⊜6 to 10 days
○ Another language	○ 11 days or more

13. How do you like school?	During the past 30 days, on how	1 /2/2/3
Olilike school very much	many days did you	1 3 3 3 3 3 3
Ol like school	many days and you	18 6 8 8 8
OI neither like nor dislike school	25. not go to school because you felt you	moning a. A. a. a. a.
	be unsafe at school or on your way to	1 1 1 1 1
Ol dislike school		
Ol dislike school very much	from school?	
	26. carry a gun as a weapon on school p	
	27. carry a weapon (other than a gun) su	ch as
14. How important do you think the things you are	a knife or club on school property?	
14. How important do you think the things you are		
learning in school are going to be for your later life?		
OVery important		
Quite important		
Fairly important	During the past 12 months,	2 8 8 8 8 8 12
○ Slightly important	how many times	13/3/3/3/3/3/
ONot at all important	1	12/2/2012/2012/2012/2012
Criot at an important	28. were you in a physical fight?	
	29. were you in a physical fight	<u> </u>
	on school property?	0000000
135 135 1	30. did you bully someone (such as	
15. How often do you feel that the schoolwork	hitting, kicking, pushing, saying	
	mean things, spreading armors, or	
you are assigned is meaningful and important?	making sexual comments that	
16. Thinking back over the past school year, how	b there d them)?	
often did you try to do your best work in	21 ave you been spended from	
school?	scriool?	00000000
	22 nas someone the atched you with a	S S S S
	weapon such as a gun, knife, or club	
4 1	on scrop property?	
		<u> </u>
How much do you agree with	6	
How much do you agree with	2	
the following statements	36. During the past 12 months, has an	yone offered, sold, or
about school?	given you an illegal drug on schoo	I property?
10/0/0	- V-	
17. I have lots of chances to be part of class	O Yes	
discussions or activities.	O No	
18. There are lots of chances for students in my		950
school to get involved in sports, clubs, and other		
school activities outside of class.		
19. I respect most of my teachers.	Harassment can include	
20. My teachers notice when I am doing a good job		1 / / 69
and let me know about it.	threatening, bullying, name-calling	1 /2/2/2/
21. I can talk to my teachers openly and freely	or obscenities, offensive notes or	100 200 200
about my concerns.	graffiti, unwanted touching, and being	
22. In my school, teachers treat students with	pushed around or hit. In the last 30 day	S, HOW
	many times have you been harassed at	
respect. OOOC 23. Most students at my school help each other	on a school bus or going to and from sch	ool
ACCOUNT OF THE PARTY OF THE PAR	24 hanning of your roop or others origin	
when they are hurt or upset.		
24. In my school, students that work hard to get	35, because someone said you were gay	
good grades are picked on by other students.		
	36. because of who your friends are.	
	37, because of how you look (weight, clo	thes,
	acne, or other physical characteristic	
	38. because you received unwanted sex	ual
	comments or attention.	00000
	39. through e-mail, chat rooms, instant	
	messaging, Web sites, texting or pho	ne. Johnson
	40 for other reasons.	55555

Once or twice per week Once or twice per month	52. Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please check ALL the different types of
How often have you Once or twice per year Never	betting that you have done, if any, during the last 30 days:
41. seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus? 42. heard another student bully others by saying mean things, leasing or calling other students names in your school or on the school bus? 43. heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?	Ol did not gamble during the last 30 days Playing lottery tickets/Powerball/Megabucks Playing dice or coin flips Playing cards (poker, etc.) Betting on a sports team Betting on games of personal skill (bowling, video games, dares, etc.) Gambling on the Internet for free or with money Playing Bingo for money Other
During the past 30 days, how much of the time have you A good bit of the time have you A good bit of the time have of the time have you A good bit of the time have fine have you All of the time have you nervous person? 45. been a very nervous person? 46. felt calm and peaceful? 47. felt downhearled and blue? 48. felt so down in the dumps that nothing could cheer you up? 49. During the past 12 months, did you ever eel so sad repoless almost every day for two weeks or more if a row that you stopped doing some usual activities?	53. During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money? Yes 10 1 don't bet for money 54. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you a uld? Yes No 1 don't bet for money
Yes No	55. Have you ever lied to anyone about betting/gambling? 56. Have you ever bet/gambled more than you wanted to? 57. Have your parents ever talked to you about the risks of betting/gambling? 58. Have your teachers ever talked to you about the risks of betting/gambling?
51. During the past 12 months, how many times did you actually attempt suicide? O times 1 time 2 or 3 times 4 or 5 times 6 or more times	

[SERIAL]

The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor ("shots") such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

During the past 30 days, on how many days did you... 59. have at least one drink of alcohol? 60. have 5 or more drinks of alcohol in a row, that is, within a couple of hours? During the past 30 days, on how many days do you think most students in your school ... 61. had at least one drink of alcohol? (your best estimate) 62, had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)

63. During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

64. During the past 30 days, how many times did most students in your school ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

During the past 30 days; on how many days did you...

65. smoke cigarettes? 66. use other tobacco products?

67. During the past 30 days, how many times did you use marijuana?

- O0 times
- O1 or 2 times
- → 3 to 9 times
- 10 to 19 times
- 20 to 39 times
- O40 or more times

How old were you...

68, when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time? 69. when you first began drinking alcoholic beverages regularly, that is at least once or twice a month? 70. when you smoked a whole cigarette for the first time? 71. the first time you used lobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe? 72. when you tried marijuana for the first time?

How much do you think people risk ha ming themselve (physically or in other ways).

73. If they take on two drinks of an alcoholic beverage (beer, vine liquor) nearly every day? 74 when hey have five or more drinks of an alcoholic bev rage once or twice a week? 75. if they so wone or more packs of cigarettes hey try marijuana once or twice? they smoke marijuana once or twice a week?

If you wanted to get some, how easy would it be for you to...

78. get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)? 79. get some cigarettes? 80. get some marijuana? 81. get a drug like cocaine, LSD, or amphetamines?

During the past 30 days, on how many days did you...

82. sniff glue, breathe the contents of aerosol spray cans, or inhale any paints

83. use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?

84. Which of the following illicit drugs did you use during	How wrong do you think your	ot wrong at all
the past 30 days? Please mark all that apply.	parents feel it would be for	e bit wrong
the past 50 days? Flease mark an that apply.	you to	Wrong
OI did not use illicit drugs during the past 30 days	very w	rong
○ Manjuana	93. drink beer, wine, or liquor (for example, vodka,	48
Any form of cocaine including powder, crack or freebase	whiskey, or gin) regularly (at least once or	
○ Ecstasy (also called MDMA)	twice a month)?	
Heroin or other opiates or narcotics	94. smoke cigarettes?	0000
CLSD or other hailucinogens or psychedelics	95. smoke marijuana?	
Methamphetamines (also called speed, crystal, crank or ice)		
Steroid pills or shots without a doctor's prescription	How two are the following	
Control of the Contro	How true are the following	
	statements?	3. 4 0/3
	196	3 (3) (8) (8)
Don't know or can't sa	у	Ca Ca Ca Ca
During the past 12 months	96. I can do most things if I try.	
Yes	97. I can work out my problems.	0000
85. do you recall hearing, reading, or watching an	98. I volunteer to help others in my community.	0000
advertisement about prevention of substance	99. There is at least one teacher or other adult in	
abuse?		0000
86. have you had a special class about drugs or	100. My parents ask if I've gotten my homework	8
alcohol in school?		0000
87. have you talked with at least one of your parents	101. My parents would calent me if I skipped school	1. 0000
about the dangers of tobacco, alcohol, or drug use?	172. When I am not at home one of my parents	
By parents we mean your biological parents,	knows wite a I am and whom I am with.	0000
adoptive parents, stepparents, or adult guardians,	103. My family ar rules about alcohol and	
whether or not they live with you.	drug use.	0000
	1 (0	
	(V	
	egypter with the second of the	(8)
How wrong do you think it is	" Co	
for someone your age to		
Wrong		
Very wrong	Ψ	
88. have one or two drinks of an alcoholic		
beverage nearly every day?		
89. smoke one or more packs of cigarettes a day?	의 [
90. try marijuana or hashish once or twice?	의 [
91. use marijuana or hashish once a mon n or pare. OO		
92. How wrong do you believe most stude ts in your		
school think it is for someone their age		
one or two drinks of an alcoholic beverage		
nearly every day?	○ 	

Oregon Student Wellness Survey for Grade 11



1.	The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.	
2.	This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish	1.

3. All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.

Completely fill in the oval using a #2 penci	stion specifically asks you to "Please mark all that apply." I. The state of the
1. How old are you?	7. What is the language you use most often at home?
 14 years old 15 years old 16 years old 17 years old 18 years old 19 years old or older 	○ English ○ Russian ○ Spanish ○ Vietnamese ○ A tribal language ○ A other language
2. What is your sex?	100
○ Female ○ Male	S. emotional a mental health is 9. physical health s 9. physical health s
3. Which of the following best describes you?	
Heterosexual (straight) Gay or lesbian Bisexual I wonder/think I'm transgende Not sure	10. Ha re you changed schools (including changing from elementary to middle and middle to high school) in the past veloc? (2 'es No
4. In what grade are you?	11. How many times have you changed homes since
9th 10th 11th 12th Ungraded or other grade	kindergarten? Never 1 or 2 times 3 or 4 times 5 or 6 times 7 or more times
5. What is your race? (Please mark all that apply.)	
 American Indian or Alaska Native Asian Black or African American Native or Other Pacific Islander White 	12. Putting them all together, what were your grades like last year? OMostly A's Mostly B's Mostly C's Mostly D's
6. Are you Hispanic or Latino/Latina?	○ Mostly F's
○Yes ○No	

During the LAST FOUR WEEKS how many whole days school have you missed because you skipped or "cut"	During the past 30 days, on now
school have you missed because you skipped of cut	many days did you
None	12/2/2/2/2/
○1 day	26. not go to school because you felt you would
○2 days	be unsafe at school or on your way to or
○3 days	from school?
O4 to 5 days	27. carry a gun as a weapon on school property?
○6 to 10 days	28. carry a weapon (other than a gun) such as
○11 days or more	a knife or club on school property?
14. How do you like school?	KITTITIZA.
Ol like school very much	During the past 12 months,
Of like school	how many times
Ol neither like nor dislike school	12/12/12/12/12/12/12/12/12/12/12/12/12/1
Ol dislike school	29. were you in a physical fight?
OI dislike school very much	30. were you in a physical fight
Chalonica donesi sany masin	on school property?
	31. did you bully someone (such as
15. How important do you think the things you are	hitting, kicking, pushing, saying
learning in school are going to be for your later life?	meanings, spreading rumors, or
○Very important	making serval comments that
Quite important	
	h, e you been susper led from
Fairly important	
Slightly important	chool? OOOOOO
○Not at all important	
	weapon such is a nun, knife, or club
	on school property?
Part less of	34. have you been drunk or high at
1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	scho
16. How often do you feel that the school	
you are assigned is meaningful and inportant?	35 During the past 12 months, has anyone offered, sold, or
17. Thinking back over the past school now	giver you an illegal drug on school property?
often did you try to do your best work in	
school?	OYes OYes
4	Ó No
(2) (2)	Harassment can include
How much do you agree with	threatening, bullying, name-calling
the following statements about school?	or obscenities, offensive notes or
about school?	
180 180 180	graffiti, unwanted touching, and being pushed around or hit. In the last 30 days, how
to. Thave lots of chances to be part of class	many times have you been harassed at school,
discussions or activities.	on a school bus or going to and from school
19. There are lots of chances for students in my	
school to get involved in sports, clubs, and other	36. because of your race or ethnic origin.
school activities outside of class.	37. because someone said you were gay,
20. I respect most of my teachers.	lesbian, bisexual or transgender.
21. My teachers notice when I am doing a good Job	38. because of who your friends are.
and let me know about it.	
22. I can talk to my teachers openly and freely	acne, or other physical characteristics).
about my concerns.	
23. In my school, teachers treat students with	comments or attention.
respect. OOC 24. Most students at my school help each other	messaging, Web sites, texting or phone.
when they are hurt or upset.	42. for other reasons.
25. In my school, students that work hard to get	
good grades are picked on by other students.	

Every day	54. During the past 12 months, how many times did you
Once or twice per week	actually attempt suicide?
Once or twice per month	
How often have you Once or twice per year	0 times
Never	O1 time
	O2 or 3 times
43. seen another student bully others by hitting,	4 or 5 times
kicking, punching or otherwise hurting them	○6 or more times
in school or on the school bus?	
44. heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?	55. Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please mark ALL the different types of
45. heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?	betting that you have done, if any, during the last 30 days:
	○I did not gamble during the last 30 days
46. On an average coheal night hour many hours of alass	OPlaying lottery tickets/Powerball/Megabucks
46. On an average school night, how many hours of sleep	OPlaying dice or coin flips
do you get?	OPlaying cards (poker, etc.)
○4 or less	○Betting on a sports team
○5 hours	Betting on games of personal skill (bowling, video
○6 hours	games, dares, etc.)
O7 hours	Sambling on the Internet for free or with money
○8 hours	DI ying Bingo for money
O9 hours	O Other
○ 10 or more hours	
During the past 30 days, how much of the time have you	the amount you bet, or about what happens when you bet money? 7. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could? Yes No I don't bet for money 58. Have you ever lied to anyone about betting/gambling? 59. Have you ever bet/gambled more than you wanted to? 60. Have your parents ever talked to you about the risks of betting/gambling?

69. During the past 30 days, from which of the following The next questions ask about drinking alcohol. This includes sources did you get the alcohol you drank? drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor ("shots") such as rum, gin, Please mark all that apply. vodka, or whiskey. For these questions, drinking alcohol does Ol did not drink alcohol during the past 30 days not include drinking a few sips of wine for religious purposes. OAt a party OFriends under 21 62. During your life, on how many days have you had at OFriends 21 or older least one drink of alcohol? OA brother or sister O0 days OA parent O1 or 2 days OA store or gas station ○3 to 9 days OLiquor store OBar night club or restaurant O10 to 19 days Took it from home without permission ○20 to 39 days OBy asking a stranger to buy it for me ○40 to 99 days ○ 100 or more days OI got it some other way 70. In the last 12 months, which of the following have you experienced? Please mark all that apply. During the past 30 days, on how many days did you... OI did not drink alcohol in the last 12 months Missad school or class because of drinking alcohol 63. have at least one drink of alcohol? 64. have 5 or more drinks of alcohol in a Cotton sick to my stomach because of drinking alcohol row, that is, within a couple of hours? No been able to remember what happened while I was rinking alcohol During the past 30 days, on how many Later regretted something I did while drinking alcohol days do you think most students in your Worried that drank alconol too much or too often school... 65: had at least one drink of alcohol? During the past 30 days, (your best estimate) how many times did you... 66. had 5 or more drinks of alcohol in a ... row, that is, within a couple of hours? cle driven by a parent or (your best estimate) other dult who had been drinking alcohol? ide a vehicle driven by a teenager 67. Think of your four best friends (the friends you feel who had been drinking alcohol? closest to). In the past 12 months, how many of your besta drive a car or other vehicle when you had friends have tried beer, wine, or hard liquor (for example been drinking alcohol? vodka, whiskey or gin)? During the past 30 days, how many times ONone of my friends did most students in your school... O1 of my friends 74. ride in a vehicle driven by a parent or other O2 of my friends adult who had been drinking alcohol? 3 of my friends 75. ride in a vehicle driven by a teenager who 4 of my friends had been drinking alcohol? 76. drive a car or other vehicle when they had 68. During the past 30 days, what type of alcohol did you been drinking alcohol? usually drink? Select only one response. Ol did not drink alcohol during the past 30 days Ol do not have a usual type During the past 30 days, on Beer how many days did you... OFlavored beverages (such as Smirnoff, Bacardi Silver, Hard Lemonade, Joose and Sparks) OWine coolers (such as Bartles & Jaymes or Seagrams) 77. smoke cigarettes? 78. use other tobacco products? **OWine**

OLiquor (such as vodka, rum, scotch, bourbon or whiskey)

O Some other type

79. smoke tobacco in a "Hookah," also

known as a water pipe?

80. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply.	How old were you
Ol did not get tobacco during the past 30 days	83. when you had more
A store or gas station	than a sip or two of beer,
Friends 18 or older	wine, or hard liquor (for
Was to the state of the state o	example, vodka, whiskey,
○ Friends under 18	
○ Took from home without permission	or gin) for the first time?
○ A family member	
○ The Internet	drinking alcoholic beverages regularly, that is at least
○ Some other source	
e v	once or twice a month?
81. During the past 30 days, how many times did you	85. when you smoked a whole
use marijuana?	cigarette for the first time?
	86. the first time you used
0 times	tobacco products other than
1 or 2 times	cigarettes such as snuff,
3 to 9 times	chewing tobacco, and
○ 10 to 19 times	smoking tobacco from a
○ 20 to 39 times	pipe? 00000000
○ 40 or more times	87 vne you tried marijuana for the first time?
82. During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply. OI did not use marijuana during the past 30 days A public event such as a concert or sporting event A party Friends 18.or-older Friends under 18 A tamily member A medical marijuana cardholds grov er I gave someone money to buy it for m I grow it I got it some other way	How much do you thin the people risk harming themselves (physically or in other ways) 88. If they take one or two drinks of an alcoholic have yee (beer, wine, liquor) nearly every day? 99. In they have five or more drinks of an alcoholic have yeen yeen yeen yeen yeen yeen yeen ye

	During the past 12 months
During your life,	No Yes
how many times have you	109. do you recall hearing, reading, or watching an
The the the the the	advertisement about prevention of substance
97. Used marijuana?	abuse?
98. Sniffed glue, breathed the contents of	110, have you had a special class about drugs or
aerosol spray cans, or inhaled any paints	alcohol in school?
or sprays to get high?	
99. Taken steroid pills or shots without a	about the dangers of tobacco, alcohol, or drug use?
doctor's prescription?	1004 1004
100. Taken a prescription drug without a	adoptive parents, stepparents, or adult guardians,
doctor's prescription, to get high?	
101. Used any form of cocaine, including	
powder, crack or freebase?	
102. Used ecstasy (also called MDMA)?	
103. Used heroin (also called smack, junk, or	112. Would you be more or less likely to want to work for an
China White)?	employer that tests its employees for drug or alcohol
104. Used methamphelamines (also called	use on a random basis?
speed, crystal, crank or ice)?	More likely
	O Less likely
	○Would make no difference
105. During your life, how many times have you used a	On the ow or can't say
needle to inject any illegal drug into your body?	A
O times	Not wrong at all
O1 time	How wrong do you think it is
O2 or more times	someone your age to Wrong
	Very wrong
A D	113. have one or two drinks of
	an a consic beverage nearly every day?
During the past 30 days, on	11 sm reune or more packs of cigareties a day?
how many days did you	115 ma a or hashish once or twice?
106. sniff glue, breathe the contents of	1 5. use parijuana or hashish once a month
aerosol spray cans, or inhale any	or bore?
paints or sprays to get high?	How wrong do you believe most students in
107. use a prescription drug (such as	your school think it is for someone their age to
OxyContin, Percocet, Vicodin,	have one or two drinks of an alcoholic
codeine, Adderall, Ritalin, or Xanax)	beverage nearly every day?
without a doctor's orders?	
108. Which of the following illicit drugs did you use during	How wrong do you think your Not wrong at all
the past 30 days? Please mark all that apply.	parents feel it would be for A little bit wrong
	Voluto Wrong
○ I did not use illicit drugs during the past 30 days	Very wrong
○ Marijuana	118. drink beer, wine, or liquor (for example, vodka,
Any form of cocaine including powder, crack or freebase	whiskey, or gin) regularly (at least once or
○Ecstasy (also called MDMA)	twice a month)?
Heroin or other opiates or narcotics	119. smoke cigarettes?
OLSD or other hallucinogens or psychedelics	120. smoke marijuana?
Methamphetamines (also called speed, crystal, crank or ice)	
Steroid pills or shots without a doctor's prescription	
	1

How true are the following statements?

126/2	(1888)
W.	
121. I can do most things if I try.	0000
122. I can work out my problems.	0000
123. I volunteer to help others in my community.	0000
124. There is at least one teacher or other adult in my school that really cares about me.	0000
125. My parents ask if I've gotten my homework done.	0000
126. My parents would catch me if I skipped school.	0000
127. When I am not at home, one of my parents knows where I am and whom I am with.	0000
128. My family has clear rules about alcohol and drug use.	0000
129. How would most students in your school respond to this statement: "My family has clear rules about alcohol and drug use."	0000
order raide about area and area area.	

130. How tall are you without your shoes on? Directions: Write your height in the shaded blank boxes Fill in the matching circle below each number.

He	ight
Feet	Inches
4	10
3	· •
•	1
(3)	2
1	3
0	PLE
EXA	PE
J.	(1)
EL	0
	®
	9
	1

ſ	He	ight	1
1	Feet		
			L.
-	3	0	-
J	1000		
g	(5)	P CON	
1	0	3	
		4	
		(5)	
		6	4
		The same of	
		(3)	P
-		(3)	1
-		(10	
L			

131. How much do you weigh without your shoes on? Directions: Write your weight in the shaded blank boxes. Fill in the matching circle below each number.

1	Neigh	t
F	ound	S
0	9	5
•	0	1
1	1	.0
2	(2)	12
3	MA	3
00	- (a)	3
®	(3)	
(3)	(£)	(6)
0	0	0
1	3	(B)
3	•	1

١	Neigh	t
F	ound	S
137		1136
0	0	0
1	①	①
2	2	2
3	3	3
4	4	4
(5)	3	(5)
(6)	6	(b)
7	0	7
(3)	8	3
9	9	3

132 How do you describe your weight?

- en underweight
- Slightly underweight
- About the right leight
- Slightly overweight
- OVery overweight

133.	Which	of the	following	are you	trying t	o do
. 1	about	our w	following a eight?			

- Sain weight
- Stay the same weight
- I am not trying to do anything about my weight

During the past 30 days, did you...

- 134. Go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?
- 135. Take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)
- 136. Vomit or take laxatives to lose weight or to keep from gaining weight?