School Board Meeting: February 27, 2012

Subject: Wellness Pilot Program

Policy #452

Presenter: Gary Kawlewski & Moreen Martell

SUGGESTED SCHOOL BOARD ACTION:

Board action is required for the final reading of a policy.

DESCRIPTION:

Resource Training and Solutions and Blue Cross Blue Shield have partnered together to offer a pilot wellness program that rewards people for taking a 15-20 minute on-line health assessment in year 1 and an on-line health assessment plus a biometric screening in year 2 to assess potential health risks that they may encounter. Employees who participate will receive an assessment report with recommendations for changes based on health factors determined through the assessment. An individual's participation in the pilot program is voluntary. The employer will receive an aggregate report of health risks; however, the report will contain no personally identifiable information.

To finalize participation in the pilot wellness program, the School Board is required to approve: (separate motions)

- 1. Policy 452 Wellness Pilot Program (Final Reading)
- 2. Letter of Agreement for Wellness Alliance Services
- 3. MOUs with the following collective bargaining units who have elected to allow members to voluntarily participate:
 - a. Administrators
 - b. Office Personnel
 - c. Custodians
 - d. Food Service

We are currently working with the following groups on an MOU to participate in the Wellness Pilot Program:

- a. Teachers
- b. Education Support Professionals (ESPs)

Final Reading of a New Policy (Board Action Required)

The following new policy is being presented to the School Board for final reading:

- Policy #452 Wellness Pilot Program
 - X District policy only

Note: Since the first reading of Policy 452, Section 2., regarding eligibility for the incentive has been amended to include the spouse of an employee who is also employed in the district. In addition, the date to complete the health risk assessment has been extended from March 29th to March 30th.