

Beeville ISD
School Health Advisory Council Meeting
Friday, April 4, 2014
Minutes

The last SHAC meeting for the 2013-14 school year was held Friday, April 4, 2014 from 12:00 pm to 1:00 pm. Those in attendance were Denise Fenner BISD RN, Adriana McKinnon of Women's Shelter of South Texas, Debra Velasco of Texas Health Steps STAR / STAR + Plus, Janine Zander parent, Jeff Atkinson Food Service Director, Samantha Farwell American Heart Association guest speaker, and Cindy Clendennen Co-chair.

Items on the agenda included:

School Wellness Policy Evaluation / School and Community Actions for Nutrition (SCAN) Survey

results- Cindy Clendennen gave the results of the SCAN survey which includes 6 areas. Those areas and scores include:

Wellness Policy- 10 of 15 points
School Environment- 14 of 27 points
Student Education Programs- 14.65 of 24 points
Professional Development Programs- 2.66 of 12 points
Parent Involvement- 2 of 9 points
Community Partnerships- 3.33 of 9 points
Overall total- 46.64 of 96 points

All school districts are required to evaluate the School Wellness Policy, however, the SCAN Survey covers various areas to assist schools in creating nutritionally related goals and/or objectives. This self-assessment tool is designed to provide members of the school community with an easy and effective method for monitoring and evaluating progress in nutrition-related areas of the school district that will positively assist children in improving food behaviors and promote health. The SHAC was pleased with results of this survey in that they felt the district was moving in a positive direction. Improvements can be made in the 2014-15 school year with the implementation of relatively simple activities.

Specific information on the BISD Wellness Policy reflects positive results. There were five areas assessed with results including:

A wellness policy that meets federal requirements is in place- Response: The district has a wellness policy meeting all federal and state requirements, including a plan for monitoring. 2 of 3 points
A wellness policy coordinator is designated- Response: A district wellness policy coordinator is designated and is coordinating policy implementation. 2 of 3 points
A wellness policy advisory committee is in place- Response: A district wellness policy committee is in place. 2 of 3 points
A process evaluation system for monitoring the implementation of the wellness policy is in place- Response: A process evaluation system to track success in the implementation of the wellness policy is in place at the district level. 2 of 3 points
Priority/target student nutrition-related health needs/issues are identified- Designated school staff have

identified priority student nutrition-related health needs and plan for addressing these need. 2 of 3 points

Review Food Allergy Policy- Students At Risk of Anaphylaxis- After review of information provided by the school nurses, it was determined the current policy is adequate for BISD students and staff. There were no food allergy episodes this school year. Staff is aware of the needs of students on campuses.

Other- Samantha Farwell of the American Heart Association was guest speaker. She spoke of activities students in BISD participate in and shared ideas of activities that are available to students and staff. She spoke highly of students at FMC and their participation in *Jump Rope for Heart*, sponsored by Julie Maupin, FMC PE teacher. The SHAC received the presentation well and appreciated hand-outs given them about healthy lifestyles.

Without further discussion, the meeting adjourned at approximately 1:00 pm.

Submitted by Cindy Clendennen, Co-chair