

# NAVARRO INDEPENDENT SCHOOL DISTRICT

**Subject:** **Navarro ISD School Health Advisory Committee Update - May 2026**

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**Date:** May 18, 2026

**Administrator Responsible/Position:** Wendy McMullen, Chief Academic Officer

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**A. Purpose of Agenda Item:**

- Information Only                       Action Needed                       Receive Input

**B. Authority for This Action:**

- Local Policy                       Law or Rule                       N/A

**C. Priority, Goal, or Need Addressed:**

- Strategic Plan                       District/Campus Improvement Plan                       Other

**Priorities**

- Priority 1:** Recruiting, Hiring, Coaching, and Retaining High Quality Teachers and Staff to Support Student Outcomes.
- Priority 2:** Maximizing Academic Performance.
- Priority 3:** Maximizing Co-Curricular and Extra-Curricular Opportunities, Performance, and Engagement.
- Priority 4:** Planning, Preparing, and Maintaining Facilities and Environments for Learning.
- Priority 5:** Obtaining and Maintaining Top Rated District Recognition

**Board Goals for 2023-2028**

- Goal 1\*:** The percent of 3rd grade students that score meets grade level or above on STAAR Reading will increase from 49% to 60% by June 2024, 65% for 2024-2025, 70% for 2025-2026, 75% for 2026-2027, 80% for 2027-2028. **(HB3 Required Goal)**
- Goal 2\*:** Increased overall student performance in mathematics to 85% Meets Standard by 2028. The percent of 3rd grade students that score meets grade level or above on STAAR Math will increase from 53% to 65% by June 2024, 70% for 2024-2025, 75% for 2025-2026, 80% for 2026-2027, 85% for 2027-2028. **(HB3 Required Goal)**
- Goal 3\*:**The percentage of graduates that meet the criteria for CCMR will increase from 72% to 88% by August 2024 and increase to 95% by 2028. **(HB3 Required Goal)**

**D.**

**Summary:**

**Navarro ISD’s School Health Advisory Committee (SHAC) continues to support the district’s commitment to student health and wellness by providing guidance and recommendations aligned to state requirements. Throughout the year, SHAC reviewed and discussed key areas including health education curriculum, physical activity, nutrition standards,**

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mental health supports, and student safety initiatives. The committee collaborated with district staff to ensure that instructional materials and programs meet state guidelines and reflect the needs of Navarro ISD students. SHAC also supported efforts to promote healthy habits, increase awareness of mental health resources, and encourage family and community engagement in wellness initiatives. As part of its annual responsibilities, SHAC has reviewed and, where applicable, recommended updates to district practices and resources to enhance student well-being. Navarro ISD remains committed to fostering a safe and healthy learning environment, and SHAC will continue to play an important role in supporting the overall health and success of all students.

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**Background Information:** The School Health Advisory Committee (SHAC) in Navarro ISD is a state-required advisory group established to support the district in promoting student health and wellness. In accordance with Texas Education Code, SHAC is composed primarily of parents, along with community members and district staff, who work collaboratively to provide recommendations on health-related policies and programs. The committee focuses on key areas such as health education, physical activity, nutrition, mental health, and overall student well-being. SHAC serves in an advisory capacity to the district and school board, ensuring that decisions impacting student health reflect both state requirements and the values of the Navarro ISD community.

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**E. Comments Received:**

LT

DEIC

Other - SHAC

All agenda items are reviewed by the Superintendent's Leadership Team.

**F. Administrative Recommendation:**

This informational item is provided to keep the Board apprised of the annual progress and activities of the School Health Advisory Committee (SHAC) in Navarro ISD. This report summarizes committee work, key focus areas, and ongoing efforts to support student health and wellness in alignment with state requirements and district priorities. No action is required at this time.

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**G. Fiscal Impact and Cost:**

Budget

Bond

**Amount:** Approved/budgeted as part of 25/26 NISD budget

Grant/Special

Funds

Other

**H. Exhibits:** School Health Advisory Committee Annual Update Slideshow and Report

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**I. Action: No action is required at this time. This presentation is intended to meet the requirement for the annual School Health Advisory Committee report.**

Motion by: \_\_\_\_\_

Second by: \_\_\_\_\_

FOR: J. Frederick, D. Gilliam, L. Gosch, D. Reinhard, M. Sartain, C. Scheib, B. Stephenson

AGAINST: J. Frederick, D. Gilliam, L. Gosch, D. Reinhard, M. Sartain, C. Scheib, B. Stephenson

ABSTAIN: J. Frederick, D. Gilliam, L. Gosch, D. Reinhard, M. Sartain, C. Scheib, B. Stephenson

MOTION CARRIED/DENIED/POSTPONED