

COUGAR NATION NEWS

February 2026

What We Learned

As we close out the semester and move into February, we take time to reflect, reset, and refocus. January's theme of Refocus reminded students to finish strong, set new goals, and recommit to learning while living out our core values of Respect, Excellence, and Determination.

Attendance continues to be a major focus, and students have stepped up! Our Beat the Bell challenge—no tardies all month—has motivated students to start each day on time, with Taco Bell as a fun reward. As we head into February, be on the lookout for a new attendance challenge tied to our next monthly theme.

Winter sports are in full swing, showcasing the determination of our student-athletes both in competition and in the classroom. A special shout-out to our choir students, who represented our school with excellence while performing at the University of Oregon men's basketball game—an unforgettable experience and a point of Cougar pride.

We also want to thank families for attending Academic and Mental Health Family Night. The conversations were impactful, the support was meaningful, and the steak dinner was a crowd favorite. Looking ahead to February, our theme of Cougar Connections will emphasize relationships, belonging, and respect as we continue building a strong, connected school community grounded in Living RED.



Congratulations to Mr. Dwaine, one of our science teachers. He has been recognized as a top 50 teachers in the state of Oregon! We are proud of you!