# The Nehalem Nugget

DECEMBER 2021

Be Safe . . . Be Responsible



#### **Important Dates**

- Picture Retake Day Wednesday, December 8, 2021
- NO School Friday, December 10, 2020 Grade Day
- Board Meeting Monday, December 13, 2021 6:30 p.m.
- Report cards will come home with your child on Thursday, December 16th.
- NO School Winter Break December 18, 2021 January 2, 2022

#### FROM MRS. WOIKA

Hi families!

- Students are all eating outside in the covered play area every day. Please make sure they have a good coat as it can be chilly and damp. If your child needs a coat, please call the Family Resource Coordinator, Heaven Hartford at 503-355-3639.
- Teachers that have sharing will send a note home specifically requesting the kinds of items to share. All other toys are NOT to be brought to school. Please check those backpacks to make sure all toys stay at home. This included fidget toys.
- We won't be having a traditional holiday music concert at school this year, but be watching for information about the recorded concert that Mr. Simpson is putting together for our students.
- Grade 4/5 has been swimming weekly during trimester 1. All grade 2/3 students start school swim after winter break. All students need to have a swim suit and towel. If families need help with this, please contact our Family Resource Coordinator, Heaven Hartford at 503-355-3639. We'll send out more information to 2/3 families about school swim in a couple of weeks.





#### Picture Retakes

Picture Retakes will be on Wednesday, December 8, 2021, from 12:00 to 2:00 p.m. Here's another chance if students were absent, didn't order a packet or if they enrolled after the first picture day. For retakes — be sure to return the student's original portrait packet. To purchase new portraits, the office will send an order envelope home with those who



were absent on 10/27/21 or if they enrolled after the first photo day. Extra envelopes are in the office.

#### **GRADE DAY**

Grade Day will be on Friday, 12/10/2021. Report cards will be sent home with children on Thursday, December 16th. We encourage families to review the report cards with their child(ren). Families are encouraged to contact their student's teacher if they have any questions regarding the report card.

#### New COVID quarantine guidelines

We met with Tillamook County Public Health today to review some of the updates being released by OHA/ODE. NKN School district will work with our local public health to how to implement these changes the state is authorizing for schools.

#### When your Child Needs to Stay Home

A chart to let you know when a child needs to stay home and when they can return for certain illnesses.



#### MISS JENNIFER

Greetings NES Families,

I hope you all found rest and comfort during the Thanksgiving break! In November we added a third tool to our list of innate tools we have within ourselves to help us with emotional regulation, skills for learning, social responsibility and problem solving, "Using our words tool" reminds us to use our words in the right, way at the right time, for the right reason, to others AND yourself. Remembering to use our words in a way that will be helpful instead of hurtful is aids in the ability to problem solve with others when there is a conflict. It is also a great reminder to speak to ourselves (self talk) in a way that we would speak to a friend - with kindness and empathy. We revisited



Kelso's Choices and learned the difference between a small problem (one students can solve themselves) and a big problem (where we need an adult we trust to help.)

In December we will be focusing on skills needed for learning.: Listening, focus, respect, empathy, positive self talk to name a few. As the year progresses,

Mindfulness will continue to be incorporated into our SEL lessons this year. Practicing mindfulness is a great way to train our brains to regain focus and calm as we continue to navigate through the pandemic. I encourage you to practice this with your students at home. The more they practice the more automatic the mindfulness response becomes. MindYeti is a great resource for PreK - 3rd grade. It was created by the Committee for Children who is the creator of Second Step, one of the SEL curriculum used at NES. Waterford.org is another great resource for kids and mindfulness as well. Additionally, The Child Mind Institute is a great resource in learning more about supporting your children's mental health.

If you have any questions or concerns about your student feel free to contact me. You can also fill out a <u>counseling form</u> / <u>espanol</u> to request a meeting.

#### IDENTIFYING STUDENTS WITH SPECIAL NEEDS

Districts are responsible to locate, evaluate, and serve children with special needs including-\*Children with disabilities (birth to 21): Special Education Director, Stacey Dills @ 503-355-3556.

\*Children who speak a second language or those who live in a home where a second language is spoken. (kindergarten to 12th grade)

ELL Coordinator, Meagan Mower, @503-355-3658.

\*Children who are talented and gifted. (kindergarten to 12th grade)

If you know any child who may need special services (this includes private and home school children), or if you have questions about what services can be provided, please contact the school office.



## ROCKAWAY LIONS TAKING WINTER BREAK FOOD BASKET APPLICATIONS

Each year the Rockaway Lions Club provides Winter Break food baskets for families in our community who are in need of holiday assistance. Requests to receive a food basket are available in the school office. Stop by the office for one or call and ask that one be sent home with your child. The completed request needs to be **mailed** and received (in Rockaway) no later than **SUNDAY**, **December 5th**. The Lions will deny your request if you are already scheduled to receive Thanksgiving assistance through another organization. If you have any questions, call Ron with the Lions Club @ 503-355-2778 or 208-305-8886.





#### NCRD

#### **NCRD Youth Center**

After School program hours are 2:30PM-5:00PM, Monday- Friday. Reservations are required. We will pick up your child(ren) and provide enriching after school activities and a healthy snack! Monday Madness hours are 7:00AM-9:00AM. Reservations are required. We will walk your child to NES on district late-start Mondays.

On **no-school days** we are open from 7:00AM-5:00PM. Reservations are required.

NCRD Youth Center will be closed December 24th and 31st.

Sign up at the Welcome Center for full day care on no school days. The phone number for the Welcome Center is 971-308-0300.

Youth Center will be OPEN December 10th from 7am-\*2:30pm\* (note that we are closing early on this date).

Youth Center will be OPEN December 20th-23rd, and 27th-30th from 7am-5pm. Winter break full day care special activities may include: swimming, kid fitness/meditation classes, holiday crafts, holiday baking, movies in the Performing Arts Center, and a special visit from Nehalem Bay Fire Rescue.

While your child is with us we will provide nutritious morning and afternoon snacks as well as enrichment activities (outdoor play/walks, gym time, crafts, music, science, etc.)- all while following strict health and safety guidelines.

The cost is \$20/ full day or \$10/half day, \$5/day for Before School, and \$5/day for our afterschool program. Reserve your child's spot, we are unable to accept drop-ins at this time.

Scholarship applications are available upon request.

Scholarships for students are funded through the Friends of NCRD, who support families in need through various fundraisers throughout the year.

#### -Youth Sports -

NCRD is currently hiring for a Youth and Adult sports coordinator. For more information please visit www.ncrd.org or visit the NCRD Welcome Center.

Follow us on Facebook for updates on Youth Sports. www.facebook.com/ncrd.org

### **NKN District Job Openings**

Click button to access and apply for open positions. The school district is also in need of qualified substitutes in all areas. See below for ESS link to become a substitute.





Nehalem	Garibaldi	High School	Middle School	District
Assistant Grade School Secretary / Instructional Assistant		Family and Consumer Science Teacher	Drama Instructor	Spanish Language Family Resource Coordinator
		World Language Teacher		After School/Saturday Tutor
		Special Education Instructional Assistant (2 positions)		
		Varsity Softball Coach		
		Business Technology Teacher		







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