

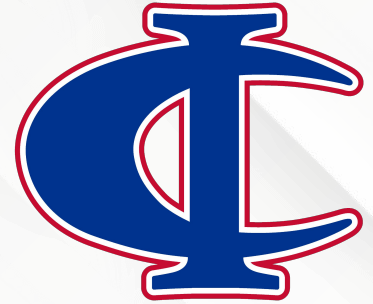


CAMBRIDGE-ISANTI SCHOOLS

EVERY STUDENT. EVERY DAY.

**Cambridge Intermediate,
Isanti Intermediate &
C-I STEAM School**

Better Lunch, Better Learning:
Creating Calm and Connection in
the Cafeteria



Strategic Plan Connection



WE WILL

**ENSURE STUDENT
ACADEMIC GROWTH
& SUCCESS**



WE WILL

**FOSTER POSITIVE
PERSONAL
RELATIONSHIPS**



WE WILL

**PARTNER TO SUPPORT
THE GROWTH OF THE
SCHOOL DISTRICT**



WE WILL

**IMPROVE THE MENTAL
HEALTH & WELL-BEING OF
ALL STUDENTS & STAFF**

3.4 Expand opportunities for students to participate in school-based activities that build social connections.

Catalyst Approach

The Catalyst Approach is a comprehensive professional development program for educators that focuses on space management and school culture.

Focus: It equips educators with practical, connection-focused strategies to improve classroom behavior, manage their energy, and foster positive student-teacher relationships.

Goals: The approach seeks to teach skills that disrupt confusion and frustration, ensuring an inclusive and effective educational environment.

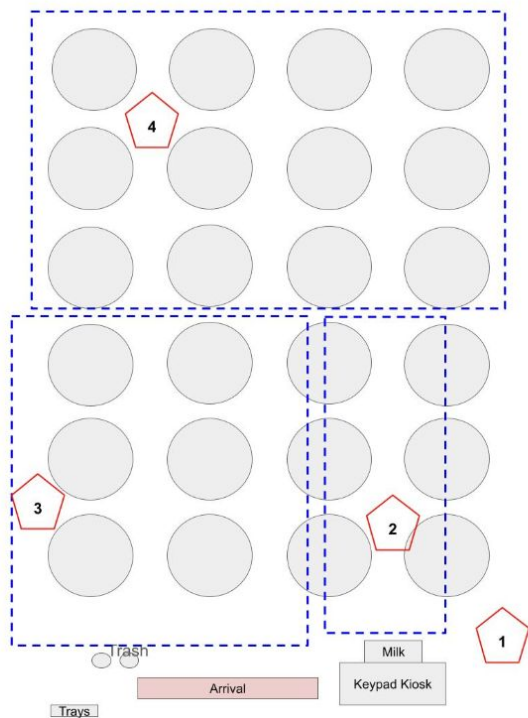


Catalyst Approach Training for Lunch Supervisors

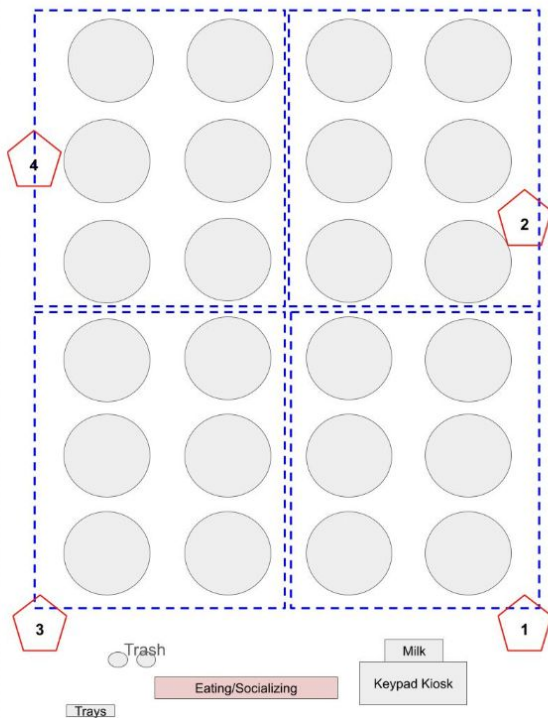
All lunch supervisors (K-12) attended training in August that outlined cafeteria systems and strategies helps to ensure students have a nutritious meal to fuel their body and mind in a safe, low-stress, efficient, and enjoyable space

- Provided background on regulation
- Common structures that clarify and create calm
 - Zones for adults
 - Routines for entering, getting lunch, cleaning up, and exiting
 - More visuals → Less verbals

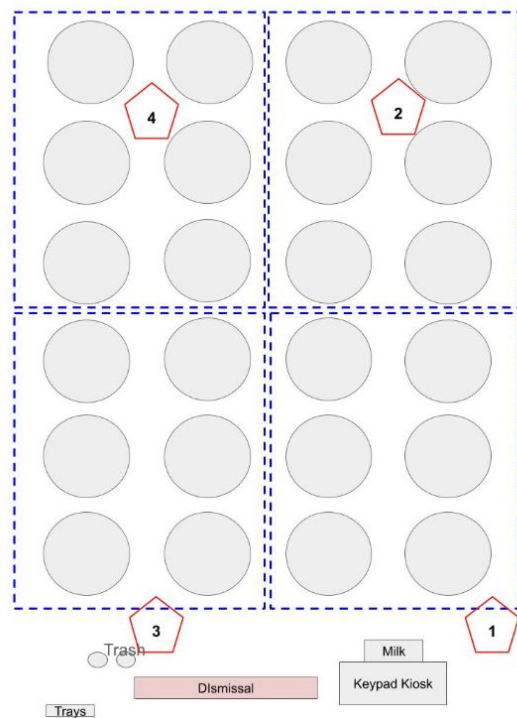




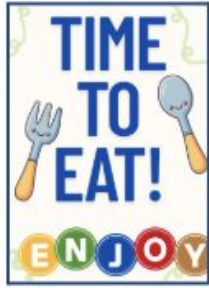
Arrival



Eating/Socializing



Dismissal



This sign is displayed at arrival and stays up for the majority of the lunch period.



This sign is displayed when there is 5 minutes left of the lunch period.



This sign is displayed when it is time for dismissal - 1 minute left of lunch.

Strategic Plan Connection



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4. We will broaden community partnerships to maximize resources, support the growth of the school district, and provide opportunities for students.

Grant Opportunities Funded Cafeteria Bins



Both CIS & IIS/STEAM received grant funds to purchase items for cafeteria bins. This partnership has been important in supporting our continued PBIS efforts.



Cafeteria Bins in Action



I show **BLUEJACKET** Pride
with the Lunch Bins.

Honesty	Respect	Responsibility	Self -Discipline	Compassion
Be fair when using the materials	Use the items for their intended purpose	Put all the lunch bin materials away at the end of lunch	Use a quiet voice and calm body	Use materials nicely so others can use them
			My Calm Body I can sit in my seat. I can have a quiet mouth. I can have calm and quiet hands. I can have my feet on the ground. 	

Expectations were shared with students before bins were first used at lunch.

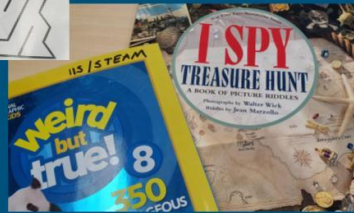


What's in the Cafeteria Bins?



Activity
Sheets &
Mazes

Books



Decks of Cards

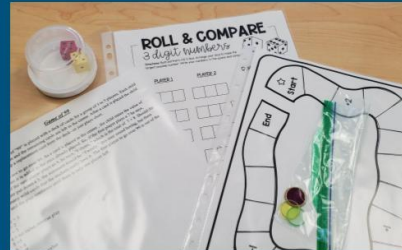
- Top-It
- 99
- Golf
- Crazy 8's

Covered Paper

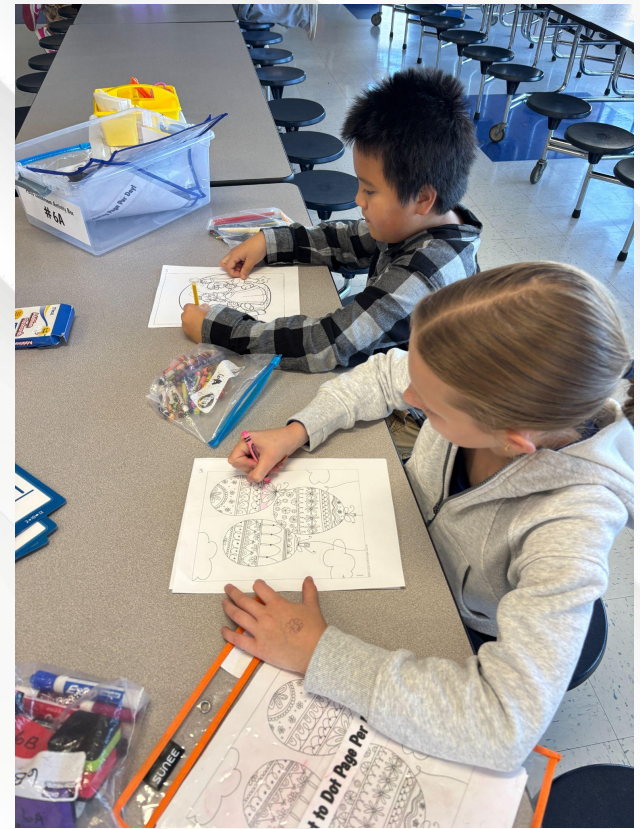
- Tic Tac Toe
- Scratch paper
- Drawing



Card Games &
Board Games



Cafeteria Bins in Action





Thank you for listening!

What questions do you have?





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