



OCTOBER 2017

Illinois Valley High School
Tanner Smith, Principal

Cougar News

"Our Mission is to provide a safe and stimulating learning community for all students."

"Our Vision is to empower individuals to reach their greatest potential as productive citizens and lifelong learners."

Dates To Remember:

10/4/17 - FAFSA
10/6/17 - Day of Service
10/7/17 - ACT Testing
10/7/17 - SAT Test
10/9/17 - Homecoming & Pink Week
10/10/17 - Mathletes
10/11/17 - PSAT Testing
10/11/17 - Field Night/BonFire/
Powder Puff Game
10/12/17 - Parade
10/13/17 - Homecoming Game
10/28/17 - ACT Testing

Cougar Nation,

What happened to September? We are already into the second month of school and it has just flown by. Our students at IVHS have gotten off to a great start.

Thank you to all the folks who showed up for our first annual Red and White Night! We put a different spin on open house and had over 400 people show up! I applaud all of the families that took time to come and meet teachers, staff, and coaches at IVHS. I have no doubt that community involvement is a key to the overall success of a High School and we have an awesome community!

As the year is progressing please make sure to have conversations with your student about academics and attendance. Checking ParentVUE and having your student show you how they can use StudentVUE for grades is an easy way to stay on top of things.

IVHS has some phenomenal staff members who are here to help your student. We have a student advocate, a graduation coach, and a number of staff who stay after school Monday through Thursday for Homework Help House. We also have an activity bus that can bus those students home.

Our fall sports teams are off to a great start! Please make sure to come out and support our student athletes.

Homecoming Week at IVHS is October, 9th – 13th. We have a special Community Field Night on Wednesday October 11th. At 6 p.m. we invite all of our community to join us for a Bonfire, Glow in the Dark Golf, an Eating Competition, and other fun activities. We will be joined by some local food trucks and businesses who will have food for sale. We do this in an effort to bring back that community spirit and pride that our town has, but has seemed to become a bit dormant in recent years.

We are excited that the year has gotten off to such a great start and look forward to what October holds for Cougar Nation.

Tanner Smith

Principal

Go Cougars!!!



PICTURE RETAKES

OCTOBER 17, 2017

Illinois Valley High School ~ 625 E. River Street ~ Cave Junction, OR 97523

Phone: 541.592.2116 ~ Fax 541.592.4853

www.threerivers.k12.or.us



***Community
'Shout-Out'***

IVHS Cougar Nation
would like to thank

***Cave Junction
~ SUBWAY ~***

for their continued
support of
Illinois Valley High School

CELEBRATING Student Success
Principal's Student of the Month

SEPTEMBER

Alejandro Robles

Senior



Savannah Vogel

Sophomore



WHAT IS 'REMIND'

REMIND is a free communication platform built for teachers.

REMIND allows teachers to safely communicate with students & parents about important classroom information and school activities.

Participants sign up as a student or parent and choose to receive messages by text, email, or in our app.

We know that privacy and security are important issues when dealing with teacher-to-student and teacher-to-parent communication. We have worked hand in hand with administrators and teachers to design key product features based on those concerns.



Illinois Valley High School
Bruce Reece, Athletic Director
Heather Merrill, Athletic Secretary

"The way you do anything is the way you do everything."

Welcome back to school and the fall of 2017 athletic season.
We are underway and going strong. The fall programs are doing well.



Cross Country has seven participants and have gone to several meets. They are improving each day. The team has a new coach, Lucas Korber. He is one of our new math teachers. He has been a head Cross Country Coach for 16 years. We are very fortunate to have landed him as a staff member. His knowledge in the classroom alone has made our school better already. We look forward to him growing this program and hopefully he will become a part of our track coaching staff.



Volleyball also has a new head coach, Jesse Tree. He was an assistant for the program in the past and is working hard to grow the program. The team is off to a 5-9 start and 1-3 in league. Our league is extremely tough and the team has been competitive in most of their matches.



Girls Soccer returns their head coach Dick Matti. The team is doing a good job as they are 1-1 in league and 3-3 overall. The team consists of 13 players and that means they have to be in very good shape as they do not have many substitutes. The experience of the returning players has become a real attribute to the team as they are the leaders of the team. The new comers are great additions to this team.



Boys Soccer has a new coach as well, Neigel Hruska. Dustin Henderson is his assistant and he brings playing experience along with a passion for winning. They have taken this program over and the team has responded very well. The team is 5-1 and in second place in their special district. They are working well together and are very fun to watch.

Football is off to a good start this year. They are 3-2 with one more non league game to go. League starts on October 13th, hosting St. Mary's in their homecoming game. The team has molded together and finds themselves in new territory. They are looking forward to league play.



****Please note that game dates, times, and locations are subject to change, check the school website calendar for updated athletic schedules****



Cougar Athletics

"The way you do anything is the way you do everything."

Illinois Valley High School
Bruce Reece, Athletic Director
Heather Merrill, Athletic Secretary

Athletes: All athletic sport sign-ups are online this year!! Go to: <https://illinoisvalley-ar.rschooltoday.com>

Make sure any fines and fees are paid.

Date	Activity	Time	Versus	Location
10/02/2017	Soccer: Boys Varsity Game	4:00pm	Cascade Christian	US Cellular Field
10/02/2017	Soccer: Girls Varsity Game	4:30pm	Cascade Christian	Illinois Valley High School
10/03/2017	Volleyball: Girls JV Game	5:00pm	Lakeview	Lakeview High School
10/03/2017	Volleyball: Girls Varsity Game	6:15pm	Lakeview	Lakeview High School
10/04/2017	Soccer: Boys Varsity Game	4:30pm	St. Mary's	US Cellular Field
10/04/2017	Soccer: Girls Varsity Game	4:30pm	Lakeview	Lakeview High School
10/05/2017	Volleyball: Girls JV Game	5:00pm	Cascade Christian	Illinois Valley High School
10/05/2017	Volleyball: Girls Varsity Game	6:15pm	Cascade Christian	Illinois Valley High School
10/06/2017	Football: Boys Varsity Game	7:00pm	Lost River	Lost River High School
10/07/2017	Speech/Debate: Varsity Invitational	TBD	Marshfield	Marshfield High School
10/07/2017	Cross Country: Varsity Invitational	10:00am	Hidden Valley	Hidden Valley High School
10/07/2017	Soccer: Girls Varsity Game	12:00pm	Cascade Christian	Cascade Christian High School
10/10/2017	Volleyball: Girls JV Game	5:00pm	Rogue River	Illinois Valley High School
10/10/2017	Volleyball: Girls Varsity Game	6:15pm	Rogue River	Illinois Valley High School
10/11/2017	Cross Country: Varsity Invitational	TBD	Crater	Crater High School
10/11/2017	Soccer: Boys Varsity Game	4:30pm	Cascade Christian	Illinois Valley High School
10/12/2017	Volleyball: Girls JV Game	5:00pm	St. Mary's	St. Mary's High School
10/12/2017	Volleyball: Girls Varsity Game	6:15pm	St. Mary's	St. Mary's High School
10/13/2017	Football: Boys Varsity Game	7:00pm	St. Mary's	Illinois Valley High School
10/14/2017	Soccer: Boys Varsity Game	TBD	Rogue River	Rogue River High School
10/14/2017	Soccer: Girls Varsity Game	TBD	Rogue River	Rogue River High School
10/16/2017	Soccer: Boys Varsity Game	4:00pm	Milo Academy	Milo Academy
10/16/2017	Football: Boys JV Game	5:00pm	St. Mary's	St. Mary's High School
10/18/2017	Soccer: Boys Varsity Game	4:30pm	Lakeview	Lakeview High School
10/18/2017	Soccer: Girls Varsity Game	4:30pm	St. Mary's	Illinois Valley High School
10/19/2017	Cross Country: Varsity Invitational	TBD	Ashland	Ashland High School
10/20/2017	Football: Boys Varsity Game	7:00pm	Lakeview	Lakeview High School
10/21/2017	Soccer: Boys Varsity Game	10:00am	Canyonville Christian	Canyonville Christian High School
10/21/2017	Soccer: Girls Varsity Game	1:00pm	Lakeview	Illinois Valley High School
10/23/2017	Football: Boys JV Game	4:00pm	Lakeview	Illinois Valley High School
10/24/2017	Soccer: Girls Varsity Game	3:30pm	South Umpqua	South Umpqua High School
10/26/2017	Cross Country: Varsity District Regionals	12:00pm	St. Mary's	Valley of the Rogue State Park
10/27/2017	Football: Boys Varsity Game	7:00pm	Cascade Christian	Cascade Christian High School
10/30/2017	Football: Boys JV Game	5:00pm	Cascade Christian	Illinois Valley High School

"Eligibility for Practice or Games"

*Athletes MUST be in class for 1/2 of the academic day in order to practice or play.
Half a day equals 3.5 periods. This does not include lunch time or breaks.*



Illinois Valley High School 21st Century Enrichment After School Programs

The following classes have been provided by a grant through the **21st Century Learning Center**. Classes are open to *I.V. High School students, Lorna Byrne Middle School Students, Home Schooled students at the level of 9th-12th grades, and students enrolled in a registered GED program*. Parents and relatives of any of these eligible students are also welcome to participate

All after school classes begin at 3:30 PM and end at 5:30 PM

Meal is provided for all after school classes.

Mondays

- ◆ 3D Art
- ◆ Advanced Cooking
- ◆ Board Games
- ◆ Homework Help (Gray)

Tuesdays

- ◆ Pep Band
- ◆ Homework Help (Wright)
- ◆

Wednesdays

- ◆ Beginners Cooking
- ◆ Art
- ◆ 3D Printing
- ◆ Homework Help (Glinski)

Thursdays

- ◆ SMILE
- ◆ *Pep Band*
- ◆ *Homework Help (Wright)*

Before School Homework Help And Weight Room

Mondays—Thursday
Room 5 and Weight room
7:00—7:30 AM

All classes are held at Illinois Valley High School, 625 E. River Street, Cave Junction, OR 97523
Coordinator: **Sara Creek**, (sara.creek@threerivers.k12.or.us), And **Sara Parker**, (sara.parker@threerivers.k12.or.us)

For more information, send an email or call, 541-592-2116.



Illinois Valley High School 21st Century Enrichment After School Programs Description of Classes

Beginners Cooking with Annie Come and learn different techniques of cooking and how to make several different dishes from appetizers, sides, main dishes as well as deserts for the whole family.

Board Games: A wide variety of games, from MAGIC to Scrabble. A great way to get to know your fellow students.

Art : Come on down and learn some new art techniques. This class is designed to be a fun new creative way to learn.

3D Printing: Learn how to design and print out images in three dimensional form.

3D Art: Turning old School art into 3 D images .

Pep Band: Encouraging exciting new ways to rally IVHS athletes, students and our community through music al instruments. Open for grades 6-12

Advanced Cooking with Annie: Open for students who have been in healthy cooking for at least six months. Be ready for challenging and exciting ways to cook.

3D Printing: Advanced computer and technological tools to turn fantasy into reality (Computer Generated Drafting) C.A.D.

Weight Room: Open weight room test your strength show off your muscles. And encourage your friends to join. Open in the AM 7 to 7:30.

SMILE Club: Science, Math, Investigative Learning Experience.

Homework Help: Catch up on all your classes with our after school Homework Help. Monday through Thursday from 7 AM to 7:30 and 3:30 to 5:30 PM.

Battle of the Books: Are you someone who loves to read?? You're not alone because in this class you will be with other students reading and discussing and studying them for a competitive team contest against each other's teams by being asked questions about the books you have read. Answer the most correct and your team wins.

ATTENDANCE ...

If your student missed all or part of a school day, please call the school by the next morning to clear your student's absences. Dial 541-592-2116 and ask for the attendance office. You can also email Mrs. White to excuse or verify an absence or tardy at:

shelly.white@threerivers.k12.or.us

It is very important for you and your student to have these cleared. Students receive disciplinary referrals for un-cleared absences.

IVHS is a CLOSED CAMPUS ...

Students are not free to leave at breaks or lunch. If you want your student released for lunch, you will need to **physically come in to the office and sign your student out.**



CELL PHONES...

can be used before and after school, during lunch, and at breaks. Exceptions are, if it is allowed by a teacher. **Please call the office if you need to speak with your student.** Please do not call or text them during their classes.

ANY FOOD AND DRINK ...

brought to the office for a student will be delivered at break, lunch, or afternoon break.

We will not interrupt classes for these deliveries.

PARENTVUE AND STUDENTVUE

ParentVUE and StudentVUE are websites that offer secure, private access to school and student information, including assignments, grades, attendance, school calendar, and teacher contact details.

In ParentVUE, you can see the information for all of your students whether or not they attend IVHS, LBMS, or at Evergreen Elementary.

To create an account, navigate to:

www.threerivers.k12.or.us/parentportal

Please call the school first for your activation key.



Information for Parents



If your family lives in any of the following situations:

- In a shelter, motel, vehicle, or campground
- On the street
- In an abandoned building, trailer, or other inadequate accommodations, or
- Doubled up with friends or relatives because you cannot find or afford housing

Then, your preschool-aged and school-aged children have certain rights or protections under the McKinney-Vento Homeless Education Assistance Act.

Your children have the right to:

- Go to school, no matter where you live or how long you have lived there. They must be given access to the same public education, including preschool education, provided to other children.
- Continue in the school they attended before you became homeless or the school they last attended, if that is your choice and is feasible. If a school sends your child to a school other than the one you request, the school must provide you with a written explanation and offer you the right to appeal the decision.
- Receive transportation to the school they attended before your family became homeless or the school they last attended, if you or a guardian request such transportation.
- Attend a school and participate in school programs with children who are not homeless. Children cannot be separated from the regular school program because they are homeless.
- Enroll in school without giving a permanent address. Schools cannot require proof of residency that might prevent or delay school enrollment.
- Enroll and attend classes while the school arranges for the transfer of school and immunization records or any other documents required for enrollment.
- Enroll and attend classes in the school of your choice even while the school and you seek to resolve a dispute over enrolling your children.
- Receive the same special programs and services, if needed, as provided to all other children served in these programs.
- Receive transportation to school and to school programs.

When you move, you should do the following:

- Contact the school district's local liaison for homeless education (see phone number below) for help in enrolling your child in a new school or arranging for your child to continue in his or her former school. (Or, someone at a shelter, social services office, or the school can direct you to the person you need to contact.)
- Contact the school and provide any information you think will assist the teachers in helping your child adjust to new circumstances.
- Ask the local liaison for homeless education, the shelter provider, or a social worker for assistance with clothing and supplies, if needed.

Local Area Contacts:

Homeless Education Liaison
Phone: 541-862-3111, Ext. 5278

State Coordinator:

Oregon Department of Education
503-947-5781

If you need further assistance, call the
National Center for Homeless Education
at the toll-free Helpline number:

1-800-308-2145



Spanish version available on request at the school office.

High School YEARS

Working Together for Lifelong Success



Short Clips

Hard work vs. talent

Ever hear your teen say, "He's so smart, math is easy for him," or "She's lucky she's good at lacrosse"? Help your high schooler see that talent is only one piece of the puzzle—it's hard work that makes people soar. Encourage her to put in the time and effort to reach her own goals.

"Overnight" careers

If your teenager works best late at night or early in the morning, he could consider a career suited to night owls or early birds. Together, think of examples: police officer, truck driver, emergency room doctor or nurse, pilot, flight attendant, or pastry chef. Then, have him research the education needed for any that interest him.

Fall family outings

Invite your teen to look for activities your whole family can enjoy this season. She might suggest visiting a farm to pick pumpkins and take a hayride. Or maybe she'll want everyone to train for a "turkey trot" walk or run. You'll create nice memories and stay connected with your high schooler.

Worth quoting

"Be sure to put your feet in the right place, then stand firm." *Abraham Lincoln*

Just for fun



Q: How do you get a mouse to fly?

A: Buy it an airline ticket.

Doing your own work

A majority of students admit to cheating during high school—whether out of pressure to get good grades, a desire to fit in, or the fact that today's technology makes it easy. Use these tips to help your teen understand the value of doing his own work.



Deal with pressure

Ask your teenager, on a scale of 1–10, how much pressure he feels to earn high grades. Then, try to relieve any pressure on your side by explaining that you care more about his learning than his grades. If he's stressed about getting into college, be sure he knows that schools look at many factors—and that there are lots of good choices out there.

Have the courage to say no

Brainstorm how to respond if a friend asks for test answers or to copy an assignment. *Example:* "We could get in trouble. Let's study together so we'll both know the answers." Also, point out that he

shouldn't discuss test questions with a friend who will take the same exam later.

Be careful with technology

Help your teen see the difference between using technology as a tool and using it to cheat. He may be allowed to do basic calculations on his phone—but not use an app to solve complicated equations. Copying from online sources can be another problem. Suggest that he minimize the window while taking notes, then open it and compare the source with his notes to be sure they're accurate yet original. 🍷

Parent involvement, high school style

While your high schooler is the one responsible for working with teachers and staff, your participation is still important. Consider this advice.

■ **Attend school events.** Introduce yourself to her teachers, and find out how they prefer to be reached (email, phone call).

■ **Get to know your teen's school counselor.** The counselor is the contact point on everything from course and college planning to serious problems like drug use and mental health concerns.

■ **Check grades.** Online systems or teacher reports will alert you to missing assignments or low grades—as well as good marks that you can cheer. 🍷



Reading: The best vocabulary builder

Spot a teenager with a good vocabulary, and you've likely spotted a teenager who reads a lot. In fact, reading is the best way to build a strong speaking and writing vocabulary. Share these ideas.

Seek out variety. Books set in other places and time periods expose your teen to words she might not otherwise come across. Suggest a goal of reading a book set on every continent, or hang up a world map for marking locations she reads about. She might also read historical fiction to match topics she's studying.

Absorb meanings. Encourage your high schooler to learn new words as she reads. She could figure out definitions from the context or use a dictionary, an app, or an e-reader's



look-up feature. To make the words "stick," have her post them on sticky notes—and remove each one when she knows the word. Or she might jot them in a notepad.

Use new words.

The more your teen says and writes new words, the faster

they'll become part of her vocabulary. Notice when she says an interesting word, and even ask her what it means. Also, recommend that she incorporate the words into school papers, emails, or games like Scrabble or Words with Friends. 🍷

Attendance tips

Every class counts when it comes to school success. Here are three ways to make sure your high schooler keeps his attendance up all year long.



1. Help your teen stay healthy. Remind him to get enough sleep, wash his hands regularly, and eat plenty of fruits and vegetables.

2. Show him that school comes first. Schedule appointments for before or after class—or during lunch or study hall if necessary—and plan holiday travel for when school is closed.

3. Encourage your high schooler to be prompt. Make sure he gets out the door in time to attend all of first period. 🍷

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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Q & A

Learn to lead

Q I know both colleges and employers like applicants to have leadership experience. How can I help my son be a leader?

A Taking on leadership roles at home and in school will give your teenager skills to last a lifetime.

Ask your son to spearhead a family project. If you're planning a camping trip, he could select campsites, decide the best way to pack the car, and take charge in pitching your tent.

When your high schooler works in a small group in class, he can develop leadership skills, too. For example, he might help members compromise on a topic or presentation format. Finally, suggest that he consider seeking a formal leadership role. Depending on his interests, he could offer to chair a student government committee, run for vice president of a club, or be team manager of a sport. 🍷



Parent to Parent

A parent—not a friend

My daughter Emma recently missed her curfew by 45 minutes. Instead of apologizing, she said, "Oh, come on, Mom, don't punish me, I'll be your best friend!" Her response reminded me of something I've seen a lot of on Facebook: moms referring to their daughters as their best friends.

I told Emma I love her and enjoy her company, but my number one job is to be a parent. I pointed out she has a lot of friends—but none of

them are in charge of making sure she stays safe and learns to be responsible.

Emma wasn't happy when I moved her curfew up 45 minutes the next weekend. But on Sunday, we stopped for ice cream while running errands and had a nice conversation. Afterward, she surprised me by apologizing for missing curfew.

I hope Emma sees that we can hang out and have fun—but that she still needs a grown-up in charge. 🍷

