TO: Dr. Kent Mutchler

FROM: Dr. Adam Law

RE: Recommendation for Employee Assistance Program

DATE: March 14, 2016

On behalf of the District 304 Health Insurance Committee, I am recommending that the Northwestern Medicine Employee Assistance Program (EAP) be implemented in Geneva District 304 beginning with the 2016/17 school year.

An Employee Assistance Program is designed for early intervention with employees or their family members who need help addressing personal or work-related issues. An EAP focuses on short-term assistance through in-person counseling at no cost to the employee. Giving employees access to an EAP can increase employees' productivity and decrease employees' absenteeism, turnover, and stress.

While adding an EAP to District 304's resources had been explored in the past, it was not until recently that there was a viable local option. Northwestern Medicine offers an EAP through local hospitals including Delnor and Central DuPage, and it serves 11 other school districts including St. Charles 303 and Naperville 203. Members of the District Health Insurance Committee have met with Northwestern's EAP and believe that its program would fill a void in the wellness resources currently available to District 304 staff and their families.

District 304 has 900 staff members and the cost for the EAP is \$12 per employee, bringing the annual cost for the program to \$10,800. The EAP would be funded through interest allocation from the district's insurance cooperative, NIHIP. Essentially, these are funds from reserves that NIHIP accrues through interest on equity funds in the cooperative and gives back to its member districts on a per year basis. While these funds cannot be used for premium reductions, they can be used for funding wellness initiatives such as an EAP, making the addition of an EAP costneutral to the District 304 budget. The interest allocation statement from September indicates that Geneva 304 currently has \$172,796 from the NIHIP allocation, which would allow the district to sustain this program for many years to come.

Please let me know if you have any questions regarding this recommendation.