Spookinaapi (Good Health) Project

Project
- ➢ 5-year SAMHSA grant
- ➢ (3) Tier socio-cultural-ecological approach
- ➢ Target Areas
  - ▪ Under-Age Drinking
  - ▪ Marijuana use
  - ▪ Prescription pain Killers (Opioids)
  - ▪ Suicide
  - ▪ Family engagement
- ➢ Target population
  - ▪ Grades 2-12

Update on Goals

Goal 1. Provide Prevention education, activities and awareness for the schools and community.
Spookinaapi team made the initial introduction into the class rooms, met with the administrators to schedule time in the classrooms to introduce prevention strategies

Goal 2. Continue to serve caseload in each building and provide access to Mental Health services.
Spookinaapi team will continue serving their case load and provide Mental Health Services.

Goal 3. Establish a mentoring program for each building and target at-risk students.
The Spookinaapi team will develop a mentoring program in each building to target at-risk students.

Current Projects:
Each Spookinaapi Specialist developed a google class room for their students to provide prevention services, they also contracted their case load of tier 2 students through email and phone calls. Their activities include simple exercises, games they can do at home and curriculum pages sent to students in their google classroom.

The Spookinaapi coordinator and staff are registering and participating on prevention webinars. The coordinator is continuing entering data in the SPARS data base and started entering for year 2 to submit report to the SAMHSA GPO, participating in on-line zoom community meetings and google hang outs with staff. The Spokinaapi staff has implemented the drug and alcohol assessment to the Middle School and High School, the coordinator will be administering the assessment to the Heart Butte High School and Middle school. The assessment will be the Spookinaapi programs base line. Spookinaapi coordinator has providing training to the staff on screening process/contract tracing of Covid-19. Each specialist is providing Covid-19 prevention education.

<u>Spookinaapi Specialist</u>

BMS: Jennifer Elhers- Working remotely with the students, doing daily check-ins. Too Good for Drugs Curriculum is being implemented, there were 8 modules that are picked out, each module has 5-6 sessions that include activities, prevention education. Handing out Pikuni lodge camp in the boxes for the 15 students who are in group

BES: Kimberly Tatsey-McKay- Grades 2nd & 3rd
2nd Grade: Emotions- StoryBots Super Song Video & Getting to Know my Emotions Worksheet, Second Step Lesson 17 Problem Solving Part 1 & Lesson 17 Problem Solving Part 2.

3rd Grade: Emotions- StoryBots Super Song Video & Getting to Know my Emotions Worksheet, Second Step Lesson 19 Taking Responsibility & Lesson 20 Responding to Playground Exclusion, Second Step Lesson 17 Problem Solving Part 1 & Lesson 17 Problem Solving Part 2, Second Step Lesson 19 Solving Classroom Problems & Lesson 20 Solving Peer Exclusion Problems, participated in the MTSS (Multi-Tiered System of Supports) training with Browning Elementary Staff on 2/25/2021.

Napi: Tessa Wells- working remotely, Tessa set up google class room, she has been doing check-ins with students. Too Good for Drugs modules are being up loaded in google class room.

BHS-Daniella- Working Remotely, checking in with students. Too Good for Drugs are being uploaded in Google Classroom, Prevention education videos are being uploaded in google class room for the students. a 3-hour Insight Class was provided for students to reinstate their eligibility for sports. Information Dissemination on the google classrooms, GSA support group. Individual counseling. Handed out Camp in the boxes and participated in some of the activities.