

Spookinaapi (Good Health) Project

Project

- 5-year SAMHSA grant
- (3) Tier socio-cultural-ecological approach
- Target Areas
 - Under-Age Drinking
 - Marijuana use
 - Prescription pain Killers (Opioids)
 - Suicide
 - Family engagement
- Target population
 - Grades 2-12

Goals & Objectives for the program

Goal 1. Provide Prevention education, activities and awareness for the schools and community.

Goal 2. Continue to serve caseload in each building and provide access to Mental Health services.

Goal 3. Establish a mentoring program for each building and target at-risk students.

Current Projects

Cinnamon Crawford is located at the Buffalo Hide Academy as the Spookinaapi Director, she over sees the day-to day operation of the project, currently Cinnamon attended the Community that Care training and will be working closely with the Blackfeet Tribal health programs to better serve the youth and the community. Cinnamon also helps with the Covid-19 pandemic, she helps with rapid testing and contract tracing through the school the district. Contact information (406) 338-4380; email: cinnamonc@bps.k12.mt.us

Kiana McClure is located at the Browning High School as the Prevention Specialist. Currently Kiana is administering the drug and alcohol survey, she is providing prevention education from the Too Good for Drugs & Violence curriculum. Kiana has been working closely with the Blackfeet Law Enforcement to bring them on board as special guest, Police officers will be able to bring awareness of the dangers of using drugs and alcohol to grades 9-12. Kiana provides insight classes to students who are violation of using substances on school grounds. Kiana collaborates Blackfeet Native Connections Program and Blackfeet Manpower Teen Pregnancy program. Contact information (406) 338-2745; email: kianam@bps.k12.mt.us

Jennifer Elhers is located at the Browning Middle School as the Prevention Specialist Jennifer provides prevention education to all student's grades 6th, 7th and 8th grade. She also provides one-on-one counseling services to students referred by teachers, counselors, parents and or guardians. My weekly schedule consists of Monday and Tuesday provide one-on-one

counseling sessions and prepping lesson plans for the week. All day Wednesdays, Thursdays, and Fridays I attending each grade level PE/Health classroom providing prevention education to a total of 18 classes each week in order to reach all middle school students. The curriculum I am using is Too Good for Drugs which provides education on social and emotional competencies and reduces risk factors while building protective factors that affect students in that particular age group. Contact information (406) 338-2725; email jennifere@bps.k12.mt.us

Kimberly Tatsey- Mckay is located at Browning Elementary as the Prevention Specialist, Kimberly offers social skills classes for 2nd and 3rd grade the curriculum that is being used is the Second Step program. We are currently in Lesson 11 Introducing Emotion Management, learning about the brain and the term "Flip Your Lid" and watching the video "Why Do We Lose Control of Our Emotions?". In my one-on-one session we are currently working on an art project of what does our family look like. Contact Information (406) 338-2740; email kimberlyt@bps.k12.mt.us

Tessa Wells is located at Napi Elementary as the Prevention Specialist, she is providing prevention education and character development during specials. The lessons that are being implemented during specials are from a research-based curriculum called Too Good for Drugs. The purpose of the program is to educate students on the risks and effects of drug use on the developing brain and body. Understanding the physical consequences of drug use strengthens the decision making to remain drug free. Normative education methods effectively correct misconceptions impacted by the media. So far, students have learned about goal setting, decision making, identifying and managing emotions, effective communication, and peer-pressure refusal skills. The current lesson students are learning about is the Effects of Alcohol Use. Lessons are created to suit the need for grade and age appropriateness. Students are advised to keep lessons objective, making it a safe and comfortable learning environment. Aside from Specials, Mrs. Wells offers student support by providing a safe space to take 5, learn basic self-regulation and coping skills. All is applied to keep students feeling happy and healthy. Contact Information (406) 338-2735; email tessr@bps.k12.mt.us

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