### NORTHWOOD CHILDREN'S HOMES

Northwood's Main and West Campus are 24 hour residential treatment facilities. Northwood's provides intensive mental health services for children ages 5 to 17. The main campus houses 40 boys and girls. The west campus houses 48 boys and girls. Individuals are assigned to teams of 10-12 students. Students must have a clinical diagnosis. Students are referred by mental health professionals, county social workers, hospitals, child care providers or parents. Student's length of placement varies from a short term of 3 to 6 months to long terms up to 12 months. Students come from all over the state.

Northwood's Intensive Day Treatment programs are yearlong servicing students with behavioral, emotional, or learning problems. The Day Treatment Program allows students to receive education, counseling, behavior management, and family services daily while living at home. Students come from Duluth and surrounding areas.

Little Learner's Enrichment Center is located next to Northwood Main. This program services toddlers to preschoolers experiencing emotional, behavior, or learning problems. The Little Learners program follows an early childhood educational model.

Northwood Diagnostic and Assessment Center provides comprehensive evaluations, diagnoses, and family assessments for children ages 5-17. Students live in the diagnostic program for 35 days or less.

Therapeutic foster care program offers after care services to assist children and families after discharge from there other programs.

Northwood also has 6 CADI homes in Duluth. Each home has 4 students either male or female ages 6-21. These students receive education at one of two campus schools or local Duluth public schools or colleges.

Chester Creek Academy and Merritt Creek Academy are Northwood's two school programs. Chester Creek Academy is made up of students in grades K-12. There is one Kindergarten class with a teacher and six students. Elementary students are divided by grade with one teacher taking the lower grades (1-3) and the other the higher with grades (4-5). These classes are selfcontained. The teachers each teach their own groups the subjects of math, language arts, social studies, and science. Elementary students also receive instruction by specialists in the subjects of art, music, media, and physical education. Duluth curriculum and texts are used as well as

supplementary materials to enhance student learning. All teachers have smart boards. Students have access to a computer lab. Middle and high school students are divided into 5 groups and rotate as a group among 5 teachers. Middle and high school students receive daily instruction in the subjects of math, English, social studies, science, and life skills. also given the opportunity for credit recovery through the district's online A plus program. All seven teachers are licensed in the area of special education. Students receive physical education classes taught by a physical education teacher. All teachers work collaboratively with Northwood treatment staff and team leaders to enhance student success. Teachers and treatment staff meet daily to review student expectations and goals. Treatment staff is available within the school to provide emotional or behavioral support for students throughout the day. Teachers, team leaders, and administrators meet monthly to review programming and student needs. four special education paraprofessionals that also assist students within the classrooms with daily assignments and behavioral support. Some students receive educational services full or part time within the other Duluth public schools. Merritt Creek Academy is made up of students in grades 1-12. Both school programs are similar in makeup but Merritt Creek has more day treatment and elementary students than Chester Creek Academy. Merritt Creek Academy has four elementary classrooms with four Special Education teachers. Merritt Creek Academy has five secondary teachers. As like Chester, students rotate as groups to each teacher. Teachers each instruct in their areas of expertise. Students have access to a computer lab as well as chrome books. Credit recovery using District A plus program is available to students. Students have the opportunity to attend other Duluth schools full or part time.

Enrollment: This school year, Chester Creek Academy has enrolled 123 students.

Merritt Creek Academy has enrolled 128 students.

# ARROWHEAD JUVENILE CENTER/ARROWHEAD ACADEMY

Arrowhead Juvenile Center provides correctional services to the Arrowhead Region. The Arrowhead Region is comprised of the following counties: Carlton, Cook, Koochiching, Lake and St. Louis. The Center provides services to young people 18 years old and younger. The Center has a capacity of servicing 48 people. The students are divided into 4 groups based on their reasons for placement. Three groups are male only. One group is female. They have 24 designated placements for treatment and 25 placements for detention. Of the 24 treatment placements, 16 are reserved for long term placements. Length of stay varies depending upon why the student was admitted. Length of stay can be from 1 to over 90 days. Students are placed at Arrowhead Juvenile Center for violation of probation or by the court system. Daily, students attend therapy groups based on their individual needs. Students are provided educational opportunities as well. Some students work on obtaining their GED, others have attended a community college, or other Duluth Public School. The majority of students attend the Center's school.

Arrowhead Academy is the name of the school program. Students remain in their four treatment groups throughout the day within the educational program. There are 4 fulltime teachers at Arrowhead Academy. All teachers are licensed in the area of Special Education. Special educational services are continued for all students with current individual educational plans from their home schools. Home schools are notified as students are enrolled. All due process laws and regulations are adhered to. Teachers or students rotate on an hourly base. Teachers instruct in their area of expertise. Students receive daily instruction in the areas of: math, language arts, social studies, science, and life skills. Teachers all have access to smart boards, computers, and there is a computer lab for student use. Students are assessed using the STAR test to determine grade levels in the area of reading and math. Students continue to work toward meeting graduation requirements of their home school district. Some students do graduate from high school while attending Arrowhead Juvenile Center. School personnel work cooperatively with treatment staff to clearly understand each individual's needs. School staff meets daily with treatment team member to discuss how students are doing. School staff, treatment supervisors, and administrators meet weekly and bi-monthly to discuss programming.

Enrollment: This school year, 123 students have been enrolled.

Bethany Crisis Shelter provides 24 hour short termed emergency shelter care for children o-17 years of age and grades K-12. Youth are referred by county social services, the court system, and area law enforcement. A comprehensive assessment is completed by Lutheran Social Services to determine each individual's areas of strengths and needs. Family support and services are offered. Students remain attending their home schools whenever possible. For those students requiring other options education is provided.

Bethany School is a home bound program where students receive two hours of instruction daily. The teacher is a Duluth Public School teacher with a .3 position. The teacher is a special education licensed teacher. Students either complete homework from their home school or receive daily instruction in reading and math. Students have access to computers while at Bethany School. Students are able to continue their education also on line using the Duluth Public Schools A plus credit recovery program.

Enrollment: This school year, 58 students have been enrolled.

#### ESSENTIA HEALTH MILLER DWAN CHILD AND ADOLESCENT BEHAVIORAL HEALTH/LAKESIDE ACADEMY

Miller Dwan Child and Adolescent Behavior Health Program provide inpatient mental health services for youth ages K-12. Youth are divided into two groups adolescent and pre-adolescent. The adolescent group is comprised of youth in grades 7-12 and the pre-adolescent group is grades K-6. The group's size runs between 14-16 individuals. The pre-adolescent group is usually smaller. Youth may reside in the states of Minnesota, Wisconsin, and/or Michigan. Miller Dwan Child and Adolescent Behavior Health Service provide crisis programming. The crisis program is for those youth who are displaying violent, behavioral, suicidal, or homicidal tendencies. The placement is short termed from 5 to 7 days. Youth receive a comprehensive assessment. Daily, youth receive skill development through groups and education to allow them to go back home to live safely

Lakeside Academy is the school's name. The educational program consists of each group receiving two hours of instruction daily. The teacher is a Duluth Public School teacher with a full time position. The teacher is a special education licensed teacher. Students either complete homework from their home school or receive daily instruction in reading and math. Students are able to continue their education also on line using the Duluth Public Schools A plus credit recovery program. This school year, 289 students have been enrolled.

## ESSENTIA HEALTH AMBER WING/SUPERIOR ACADEMY

Amber Wing is an offsite partial hospitalization program providing intensive assessment and treatment to youth age's birth to 25 experiencing mental health or chemical dependency issues. Individuals are grouped according to clinical and developmental needs. The substance abuse program services youth ages 12-18. Individuals enter Amber Wing for 1 to 3 weeks. Amber Wing offers intensive outpatient therapy services for individual ages 18-25. Referrals to Amber Wing are made by parents, social workers, probation officers, doctors, therapists or any other providers. A discharge conference is held for every individual with school districts invited to ensure a smooth transition.

Superior Academy is the name of the school program within Amber There are two full time teachers at Amber Wing. receive two hours of classroom instruction daily. Students are encouraged to bring assignments from their home schools. are 5 different school groups: elementary students are in grades K-5, Middle group are students in grades 6-8, teens or high are students in grades 9-12. Currently there are two teen groups. There is also a chemical dependency group consisting of students The teachers currently share the middle aged 12-18. group. One teacher instructs the elementary and high group, while the other has the other high group and chemical dependency Teachers use Duluth public schools curriculum and textbooks. Students may also use the online program A plus. A variety of instructional strategies and techniques are used to keep students engaged by both teachers. Teachers work collaboratively with therapists and other Amber Wing staff to ensure students' needs are met. The teachers notify school districts of enrollments and discharges. Students with Individual Education Plans continue to receive services.

Enrollment: This school year, 215 students have been enrolled. Students come from Duluth and the surrounding area.

#### WOODLAND HILLS

Woodland Hills Residential Program addresses youth's behavioral, emotional, chemical and mental health needs. Woodland Hills service youth ages 12-17. Youth are referred from throughout the state of Minnesota. Out of state referrals are also considered. The average stay of an individual is 6 to 9 months.

Intensive Day Treatment is provided for local youth experiencing emotional, behavioral, and mental health issues. Youth attend school daily as well as receiving intensive group or individual therapy. Youth live at home and are transported daily to Woodland Hills Academy.

Chisholm 30 Program is a part of Woodland Hills. This program focuses on behavior management and accountability. Youth are placed through court and social services. Individuals attend for a period of 14 to 21 days or 20 to 30 days.

90/120 Program is another short term placement available to youth focusing on behavior management and/or chemical health issues.

Community Transition Program focusses on education, employment, and developing life skills in youth ages 16-18. Individuals work on earning a high school diploma or GED.

Woodland Hills Academy is the name of the school program. Students remain within their groups based on gender and needs. Within the residential program there are two female groups and the rest are male. All teachers are special education licensed with the exception of the health/physical education and a title one teacher. Students rotate to different teachers to receive instruction in the areas of math, English, social studies, science, health/physical education and basic skills. Students are assessed to determine grade levels in the areas of math and reading. Small group instruction is provided to students to strengthen skills in the areas of math or language arts.

Day treatment students are divided between two teachers by gender. Students rotate as a group between the two teachers. One teaches math and social studies and the other science and English. Both teach life skills to their own group. This group also receive Health/PE and basic skills instruction. Residential staff is in the classrooms hourly to provide emotional or behavioral support to students in crisis. All teachers and residential staff work cooperatively to enhance student support and success.

This school year 215 students have been enrolled.