

Activities Director Report December 12th, 2018

News/Notes:

- Congratulations to our Ranger Athletes of the Month for November: Marlee Zender (Volleyball, Dance) and Kyle Skeim (Football, Basketball). This award recognizes varsity student-athletes each month who have had great performances during competition and show great character. Athletes are nominated by their coaches.
- Congratulations to our ExCEL Award Nominees for this year, Logan Rasmussen and Emma Sanford.
 - ExCEL – Excellence in Community, Education and Leadership – is a unique recognition program designed exclusively for Minnesota high school juniors who are active in school activities, who show leadership qualities, and who work voluntarily in their community.
 - Every member school of the League is invited to nominate one girl and one boy for the ExCEL Award. Nominees must:
 - be a junior in high school
 - make satisfactory progress toward graduation
 - participate in a MSHSL fine arts and/or athletic activity
 - hold a leadership position(s) in their school
 - work voluntarily in their community
- On Dec. 12th, Mr. Matson and Mr. Wittrock took a group of 12 C-I students to NJPA in Staples for a student leadership training. The event was put together by the Mid-State Conference athletic directors with the goal of helping to build more student leaders within our programs. Over 80 students from six different schools were in attendance.

Athletics/Activities Updates:

- **Dance:** The Rangerette dance team is having another good year so far. Most recently they took 2nd place in JV and Varsity divisions at the Conference Kick Invite on Dec. 7th. C-I was the host site for this event. Their next competition is Dec. 14th in Frazee.
- **Boys Basketball:** Boys basketball won their first, and only game of the season so far to this point, 60-36 over Proctor on Dec. 4th. Their next games are Dec. 13th at Aitkin and Dec. 14th at Barnum.
- **Girls Basketball:** The girls' basketball game is 2-2 on the season. Their most recent game was a 53-42 loss to Pequot Lakes on Dec. 11th. They travel to Mesabi East on Dec. 14th for their next game.
- **Wrestling:** The C-I wrestling team recently swept a quadrangular meet on Dec. 6th in Proctor. They defeated Nashwauk-Keewatin/Greenway 45-18, Ogilvie 48-18, and Proctor/Hermantown 46-24. They will be competing at the Big Bear tournament in Cass Lake on Dec. 14th-15th.
- **Boys Hockey:** The Northern Lakes boys' hockey team is currently 0-4-1 on the season. We currently have 6 C-I boys who play on the JV and/or Varsity teams. Their next home game at the Hallett Center is Feb. 9th vs. Proctor.
- **Girls Hockey:** The Northern Lakes girls' hockey team is 4-4 on the season. We have 3 C-I girls who play on the team. Their next home game at the Hallett Center is Jan. 5th vs. North Shore.

Music Department Updates:

- The choir program recently held their Christmas concerts on December 9th. Mr. Olson and his students put on two fantastic performances that were enjoyed by all!
- The C-I Chamber Singers, C-I Senior High Jazz Band and C-I Junior High Jazz Band will be representing our music program at a few community performances during this holiday season. Keep an eye out for them around town!

Winter Athletics Participation Numbers (as of 12/12/2018)

	7 th -8 th Grade	[2017]	[2016]		9 th -12 th Grade	[2017]	[2016]		Total	[2017]	[2016]
Boys Basketball	24	20	21		22	23	20		46	43	41
Boys Hockey	---	---	---		6	12	9		6	12	9
Wrestling	3	6	5		16	27	14		19	33	19
Girls Basketball	21	15	24		24	17	14		45	32	38
Girls Hockey	---	---	---		3	4	5		3	4	5
Dance Team	12	10	10		21	25	23		33	35	33
Alpine Skiing	0	0	1		1	1	1		1	1	2
Gymnastics	0	2	1		3	1	2		3	3	3
TOTAL	60	53	62		96	111	88		156	163	150

**7th/8th grade hockey plays at the association level not governed by the school, so numbers are unknown.

Respectfully submitted,

Jared Matson
Activities Director/Dean of Students

Go C-I Go!!