



Unified Sports Update

Nye County School District
Special Education Support Services



What is Unified Sports?

Unified Sports is an inclusive sports program developed by Special Olympics that brings students with and without disabilities together on the same teams for training and competition.

Unified Sports promotes:

- Social Inclusion
- Friendship
- Understanding through shared athletic experiences

What is Unified Sports?

Models of Activities:

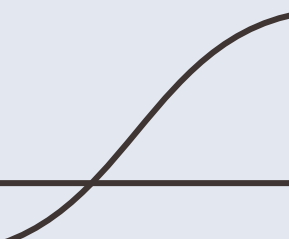
- Collaboration with Unified Sports
- One-Time Activity Ideas
- Free materials to support Gross Motor activities throughout the year, typically in PE class
- Support for a team activity
- Support for a yearly event

What is needed from the schools?

- Administration Approval
- Finding the staff to create and manage the activities
- Requests to Unified Sports for materials and/or curriculum



Actions from the SESS Office

1. Introduced the opportunity to schools
 2. Followed up for interest
 3. Connected the schools with Dominique
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Pahrump Area Elementary Schools Collaborative Efforts



Manse Elementary



J.G. Johnson Elementary



MT. CHARLESTON ELEMENTARY

WEEK 1: LESSON 1

FREEZE TAG (10 MIN.)

Equipment

Freeze Tag printable

Setup

Students should spread out throughout the space



- "Today we are going to play Freeze Tag! Two students will be 'it' and run around and tag people. If they touch you, you must freeze!"
- "Two students will be the unfreezers. If you are frozen, you must wait for the unfreezer to tag you and unfreeze you."
- "If you are tagging, make sure you tag them below the shoulder!"
- If this is a difficult concept for your class, use the Freeze Tag printable as a visual for who is "it." Have the "freezers" carry around the picture of the ice cubes so that students know that when they are tagged, they must freeze until someone with a fire visual tags them.

WEEK 1: LESSON 2

ANIMAL GAMES (5 MIN.)

Equipment

None needed

Setup

Students should spread out throughout the space



This time can be used to help you assess overall where you class is at and what the range of ability levels are. You can use this simple check in as a way to know how to adapt or modify lessons throughout the year.

- "Today we are going to pretend that we are part of a zoo."
- "There are lots of different animals that live in a zoo."
- "First, let's pretend that we are bears."
- "Crawl like a bear without letting your knees touch the ground."
- "Next, let's crab walk with your back towards the ground, feet and hands on the ground and hips lifted."
- "What other animals can we pretend to be?"
 - » Hop like a kangaroo
 - » Move like an elephant
 - » Gallop like a horse"



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WEEK 4: LESSON 1

BUILDERS AND BULLDOZERS (5 MIN.)

Equipment

- 10-20 cones

Setup

Place as many cones as you can around the space you are using. You can set this up ahead of time or have students help you set it up.



- "Today we will be playing builders and bulldozers."
- "Half of you will be builders and half of you will be bulldozers."
- Split the students into two groups.
- Designate one group to be builders and the other to be bulldozers.
- "If you are in the builder group your job is to build."
- "All of the cones around the room are already built because they are standing up the right way."
- "However, bulldozers like to knock things down and all the bulldozers will be knocking the cones over during this game."
- "Bulldozers, you can only knock a cone over with their hands, you may not kick it."
- "Bulldozers, you are trying to knock all the cones over in the room."
- "Builders, you are trying to pick all the cones up in the room."
- "When I say 'Bulldozers Go', Bulldozers will get a ten second head start to knock over cones."
- "When I say 'Builders Go', Builders will start picking up any cone that is knocked down."
- Let game go on for 5-10 minutes or until bulldozers or builders have them all knocked down or picked up.
- Have students help pick up all the cones at the end.



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Special
thanks to
**Susan
Toomer**
and the
**Gross
Motor
Team!**





Wednesdays April 30th, 2025



**Please join us for Rosemary Clarke's first annual
Unified Sports day event.**

- Teams will compete head to head and score points to win.
- Students will get to participate in 4 different events to help their team earn points.
- Watch as students learn that teamwork can make the impossible become possible.

Team

The Red Sea Lions

The White Axolotl

The Blue Prionace Sharks

The Black Deep Sea Angler



ROSEMARY CLARKE MIDDLE SCHOOL

Event Description

1. Art

-Location Zone 1, Students will get to create a Team poster. After all teams have created posters, Judges will score and declare a winner.

2. Beach ball volleyball

- Located in Zone 2, Students will be divided into teams and get to play beach ball volleyball. Teams will play in a bracket system and earn points.

3. Soccer goal shot

- Located in Zone 3, Teams will be placed into groups that will kick soccer balls into goals during a time limit while competing with other teams.

4. Relay races

- Located in Zone 4, Relay races will be around the two Basketball courts. Two teams will race against each other on different courts in a bracket system.

Groups	Event 1	Event 2	Event 3	Event 4
Group 1	art/relaxation	relay races	soccer dribble and shoot	volleyball
Group 2	volleyball	art/relaxation	relay races	soccer dribble and shoot
Group 3	soccer dribble and shoot	volleyball	art/relaxation	relay races
Group 4	relay races	soccer dribble and shoot	volleyball	art/relaxation

Groups will be made up of 25% of each color team to face each other in the events.



ROSEMARY CLARKE MIDDLE SCHOOL





ROSEMARY CLARKE MIDDLE SCHOOL

A special thanks to:

The Creative Genius of:

Dr. Winkvist
Mrs. Jennings
Mr. Cruz
Mr. Licon

To Amy Veloz for providing a wonderful article
and images for today's presentation.

[Click here to read the article.](#)

The event support of:

Several Paraprofessionals and Mrs.

DaJon - Supporting our students with
presence and encouragement

PE Teachers - Setting up the event
stations and making sure everything ran
smoothly

Travis and Troy - Setup and Breakdown

Tom and Jessa - Popping in

NCSO; Deputy Diaz and Captain Means -

Taking part in the event and showing
support for our students

All of the teachers - Supporting the
event and committing to inclusivity



**What's
Next?**