



UNITED INDEPENDENT SCHOOL DISTRICT INFORMATIONAL ITEM

TOPIC: Update on Campus Mental Health Services

SUBMITTED BY: Melissa C. Ramirez, Guidance and Counseling Director

APPROVED FOR TRANSMITTAL TO SCHOOL BOARD: _____

DATE ASSIGNED FOR BOARD CONSIDERATION: November 07, 2022

INFORMATIONAL REPORT:

Campus Mental Health Services:

TCHAT – Texas Child Health Access Through Telemedicine

Mental Health Presentations

SCAN – Serving Children and Adults in Need: Youth Mental Health Services & Pilot

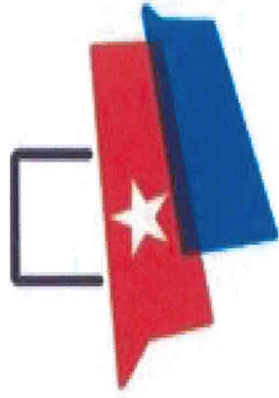
Licensed Professional Counselor Services as of October 2022



United ISD Guidance and Counseling

22-23 Mental Health Services
November 7, 2022

Melissa C. Ramirez, Director



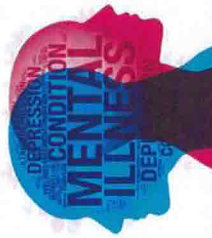
TCHATT

Texas Child Health Access
Through Telemedicine

- Texas Child Health Access Through Telemedicine (TCHATT) a statewide initiative created to address gaps in mental health care for children and adolescents in Texas.
- TCHATT provides schools with (1) access to mental health telemedicine services for at-risk students, and (2) mental health training and education for school personnel and families.
- All campuses at UISD have received training through UTRGV and are now receiving these services on site. Parents and students will receive counseling services on campus.

MENTAL HEALTH

PRESENTATION 2022-2023 SCHEDULE



| DATES | TOPIC | PRESENTER |
|------------|---|-----------------------------|
| 9/7/2022 | Stress Coping Skills: Toolbox | Dermay Coley |
| 9/28/2022 | Bullying | Dermay Coley |
| 10/12/2022 | Mental Health and Wellness | Dr. Torres and Dr. Longoria |
| 10/26/2022 | Conflict Resolution and how to manage emotions | Dermay Coley |
| 11/2/2022 | Managing Anxiety | Dermay Coley |
| 11/16/2022 | Stress Relief and Self-Care | Dermay Coley |
| 12/7/2022 | Anxiety and Depression in Children and Adolescents | Dr. Nardini |
| 1/23/2023 | ADHD | Dr. Torres and Dr. Longoria |
| 2/1/2023 | Understanding PTSD/Trauma | Dermay Coley |
| 3/1/2023 | Bereavement - Helping your School Community Manage Grief Families | Dermay Coley |

98
101
99
110
114

Bi-monthly
UISD Parenting
Sessions

TCHATT
Extension

All
presentations
are presented
by Mental
Health experts
from the UT
Health Rio
Grande Valley

Audience: FAMILY Language: ENGLISH Time: 9 am-10am For more Information: (956) 473-5248

Session link:
<https://us02web.zoom.us/j/87632177818?pwd=MnhSZGMxRWVhKQnNkcW40Ri9XUXhCQT09>

Department of Guidance and Counseling

WE ARE UNITED
INDEPENDENT SCHOOL DISTRICT

www.uisd.net

It is the policy of United ISD not to discriminate on the basis of race, color, national origin, sex, or handicap in its programs, services or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.

Serving Children and Adults in Need, Inc. (SCAN)

- All UISD counselors will be certified by December 2022, after completing an 8hr training.
- SCAN will pilot 2 UISD campuses through 10th grade.
- Upon completion of 6, 45 minute sessions, students will receive a certificate.



WHY teen MENTAL HEALTH FIRST AID?

teen Mental Health First Aid (tMHFA) teaches teens in grades 10-12, or ages 15-18, how to identify, understand and respond to signs of mental health and substance use challenges in their friends and peers.

49.5%

of adolescents ages 13-18 live with a mental disorder. More than 1 in 5 (22.2%) of them experience a severe impairment.

Source: National Institute of Mental Health

50%

of all mental illnesses begin by age 14, and 75% by the mid-20s.

Source: Archives of General Psychiatry***



Licensed Professional Counselors (LPCs - ESSER III)

| Service Provided | LBJHS Feeder | AHS Feeder | USHS Feeder | UHS Feeder | Total |
|--------------------------|--------------|------------|-------------|------------|-------|
| Students Direct Services | 94 | 80 | 96 | 109 | 379 |
| Parent Sessions | 22 | 23 | 45 | 59 | 149 |
| Counseling Sessions | 178 | 74 | 156 | 217 | 625 |
| Staff Support | 15 | 8 | 5 | 5 | 33 |
| Presentations | 16 | 2 | 20 | 1 | 39 |

As of October 2022