

Tomahawk Elementary School Board Report January 11, 2022

Upcoming events:

January 19 – Inservice Day – Dr. Hartwig will be here for the elementary staff to give further information on using the interventions contained within the B.E.S.T. screener to assist staff in meeting student needs.

New Reading program Update

We continue to work on our new reading program implementation in the 4K-3 classrooms with the assistance of Katie Rein and April Schofield from CESA 9. We are currently looking at the needs that were identified by each grade level team 4K-3 in December and how April can support those needs when she visits again at the end of January. April will visit our elementary January 27&28th.

Counseling with Mrs. Peissig

The Zones of Regulation

What are The Zones of Regulation? We have begun using the Zones of Regulation to teach self-regulation by labeling all the different ways we feel and states of alertness we experience. The Zones of Regulation is being used to teach students to become more aware of their emotions, improve controlling their emotions and impulses, manage their sensory needs, and improve their ability to problem solve conflicts.

There are four Zones of Regulation. The Blue Zone is used to describe low states of alertness, such as when one feels sad, tired, sick, or bored. The Green Zone is used to describe a calm state of alertness. A person may be described as happy, focused, content, or ready to learn when in the Green Zone. Being in the Green Zone will help students be successful in the classroom. The Yellow Zone is also used to describe a heightened state of alertness and elevated emotions; however, one has some control when they are in the Yellow Zone. A person may be experiencing stress, frustration, anxiety, excitement, silliness, the wiggles, or nervousness when in the Yellow Zone. The Red Zone is used to describe extremely heightened states of alertness and intense emotions. A person may be elated or experiencing anger, rage, explosive behavior, devastation, or terror when in the Red Zone. A person is described as “out of control” if in the Red Zone. The Zones of Regulation charts are being posted around our elementary school.

Parent/Teacher Conferences

Our spring conferences will occur in February. We will again offer both virtual and face to face conferences and our teachers will be scheduling these conferences with the families in the near future.