

SCHOOL HEALTH ADVISORY COUNCIL

**Aledo ISD
2018-2019**

PURPOSE AND REQUIREMENTS OF THE SCHOOL HEALTH ADVISORY COUNCIL

- From TEC 28.004[a]:

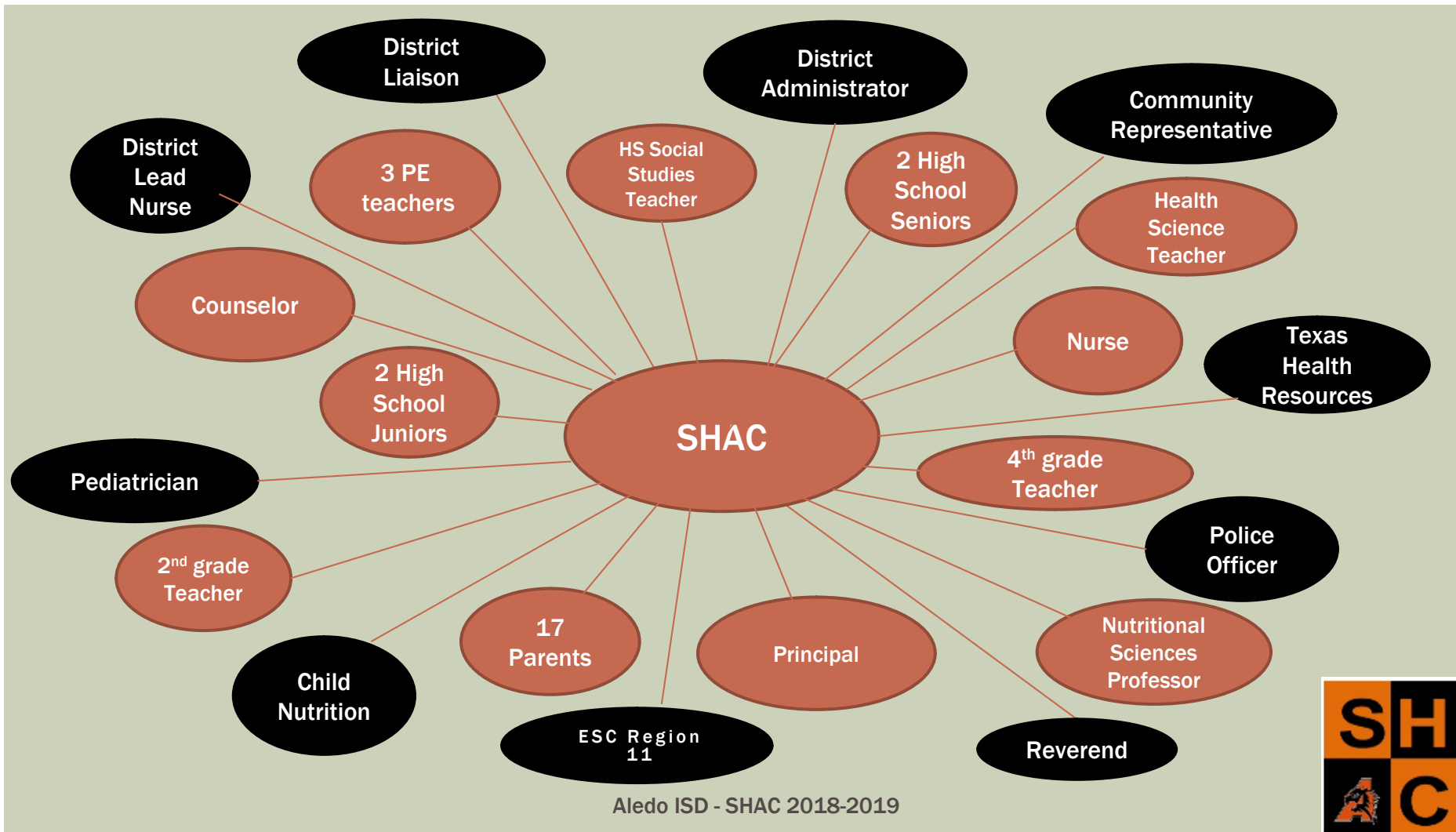
The purpose of the School Health Advisory Council (SHAC) is, *“...to assist the District in ensuring that local community values are reflected in the District’s health education instruction.”*

- From TEC 28.004[m]:

The School Health Advisory Council (SHAC) shall, at least annually *“...submit a report to the Board on the activities of the SHAC during the period between the date of the current report and the last prior report.”*



SHAC MEMBERSHIP



MEETING DATES

Full SHAC:

- October 1, 2018
- November 5, 2018
- January 28, 2019
- March 18, 2019
- April 29, 2019

Subcommittee on Physical Fitness:

- April 25, 2019



CULTURAL INCLUSIVENESS PLAN

- All competencies delivered in first semester
- School counselor lessons/activities
- Format for delivery included classroom lessons, videos, announcements with counselors and teachers
- Focus on plan elements, especially personal safety, understanding and appreciating differences, creating and cultivating relationships

SANDY HOOK PROMISE

- Multiple programs aimed at preventing gun violence
- *Start With Hello*
- SAVE the Promise club

Program was put to vote and approved 21-1

POSITIVE ACTION

- Middle school branch of already approved and utilized *TOO GOOD FOR DRUGS* curriculum
- Evidence-based and endorsed by U.S DoE
- 10-lesson program delivered to 7th / 8th grade students in PE classes
- 9-lesson program delivered 9th grade students in Health classes

Request was put to vote and approved 18-0

CHILD NUTRITION

- Patty Willhite, Child Nutrition Director, provided samples of food available through Child Nutrition department in Aledo ISD
- Members received information on Child Nutrition department including
 - laws that govern menus
 - promotional activities
 - safety procedures and training provided to Child Nutrition staff

VAPING

- Review of video *Vaping: More Dangerous Than You Think*
- Requested by high school health teachers for use in high school health courses
- **DISCUSSION**

Request was put to vote and approved 17-2

VAPING

- Review of video *Juuling and Vaping: What the Latest Research Shows*
- Follow-up to prior video preview
- More favorable than *Vaping: More Dangerous Than You Think*
- **DISCUSSION**

Request was put to vote and approved 16-0

RECOVERY RESOURCE COUNCIL

- Review of student presentation on vaping and e-cigarette prevention and awareness
- Delivery to all middle school students on April 1
- Large-group interactive presentations

Request was put to vote and approved 16-0

FITNESSGRAM REVIEW

- FitnessGram results
- Subcommittee review and suggested recommendations
- Full SHAC review and discussion
- Areas of concern identified

Request was put to vote and approved 16-0

WELLNESS POLICY

- The Goals and Objectives of the 2018-2019 Aledo ISD Wellness Policy were shared with members to review during the meeting
- Group work and discussion followed to review elements of the Aledo ISD Wellness Policy
- Concerns and/or suggestions to consider in the Wellness Policy for the 2019-2020 school year were collected and compiled



MEMBERSHIP PREVIEW FOR 2019-2020

- Member terms and projected vacancies on the SHAC for next school year were presented and discussed
- The process for determining and nominating for vacant positions was reviewed



MEMBERSHIP EXPERIENCES

- Callie Caldwell, Stuard Teacher Representative
- Jocelyn Karbo, ESC 11 Representative

QUESTIONS

