



Mid-Valley Special Education Cooperative

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MEMORANDUM

November 7, 2012

TO: Members of the MVSEC Executive Advisory Board

FROM: Carla Cumblad, Executive Director
Natalie Assell, Behavior Technical Assistant

RE: Shared Professional Development, Zones of Regulation

On October 5, 2012, MVSEC offered a shared professional development opportunity, *Zones of Regulation: A Concept to Foster Self-Regulation and Emotional Control* by Leah Kuypers, MA Ed, OTR/L, at Kaneland High School. This topic was selected as an outgrowth of the concerns in the classrooms regarding student behavior. 212 staff members attended the full-day presentation.

| D101 | D301 | D302 | D303 | D304 | MV | Total |
|------|------|------|------|------|----|-------|
| 11 | 0 | 21 | 7 | 77 | 96 | 212 |

The feedback from the session was positive and is attached to this memo. Follow-up activities are being planned for the rest of this school year.

Zones of Regulation
 October 5, 2012
 Presented by: Leah Kuypers, MA Ed., OTR/L

The best features of this activity were:

- Presentation was highly organized – some good visual examples.
- Learning about approaches (including Zones).
- Excellent personal examples.
- Emphasis that kids may know the words re: self-regulation but need help leaning th skills to self-regulate.
- Seeing video clips, good ideas for classroom teachers.
- Very applicable to my teaching situation, worthwhile information.

Suggestion for improvement:

- More how to info and less talk at the beginning of whys.
- Talking about specific diagnosis (ADD, ADHD, CADD, etc.)
- More interaction and discussion with audience.
- Lecture format not so desirable, more interaction, conversation would have been a good idea.
- Materials to walk away with to implement concepts.

Other comments and reactions I wish to offer:

- While useful for higher-functioning children, I'm not sure if much of the info is necessarily applicable to lower-functioning children.
- Referrals were made to videos but not shown at the time.
- Include what to do if kids don't use tools – some accountability?
- Enthusiastic speaker!

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|---|--|--|---|--|
| This activity increased my knowledge and skills in my areas of certification, endorsement or teaching assignment. | The relevance of this activity to ISBE teaching standards was clear. | It was clear that the activity was presented by persons with education and experience in the subject matter. | The material was presented in an organized, easily understood manner. | This activity included discussion, critique, or application of what was presented, observed, learned, or demonstrated. |
| 62% | 24% | 7% | 5% | 2% |