

# SUNRAY BOBCAT ATHLETICS—RELENTLESS EFFORT

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## February Board Report

We held our junior high basketball tournament Saturday Jan. 24, it was a success, with the booster club doing well in the concession stand. Our teams won 3 of the 4 championships. Our junior high basketball competed at Gruver junior high tournament on the last weekend of January, and did well there also. Girls basketball is wrapping up, with the end of district Tuesday Feb. 10. Playoff scenarios are still alive for the boys and girls teams. Those will all play out the next two weeks. Powerlifting has competed in two meets, most recently at Highland Park, and got 4th place, behind Plainview, Dalhart, and Borger.

Track is beginning, and on the boy's side we are running two-a-day workouts with the boys not in basketball. 7:00 AM and then after school. We are still able to use our athletic period for strength and conditioning workouts. Another change to track workouts this year is we are going to go to Dumas once a week to train with them. After we get all our track team together, and we have conditioned, we will use those workouts with Dumas as a dual meet and run our events. Track used to have every meet that ran prelims and finals. Now only our meet and regionals utilizes that format. So in order to get more race event experience, us and Dumas will work with each other. This should be a lot of fun for our kids!

For several years, I have known that we (all schools) have had a leadership problem amongst our kids. Also, I knew that something needed and had to be done to combat this problem. I have been learning, reading, studying, piquing other's minds, anything I can to help find a way to develop the leadership in our athletic program. We have started on the boy's side, what we are calling, a leadership committee. This group of kids was voted on by their peers in the program, validated by the coaching staff, and then the elects accepted their role in the committee. In all there are fourteen boys that will meet once per week with me at lunch. We are using a workbook designed to foster leadership development in athletes titled The Team Captain's Leadership Manual. We are in the beginning stages of this, but I am very excited at the possibilities this has on the kids' lives and futures, as well as our athletic program. The demographics of the group are very diverse: race, church affiliation, sports played, upbringing, socio-economic. I hope to report a stronger team, a stronger bond, and stronger men from this group. I know they will face many challenges, as we are already hitting roadblocks in the acceptance of the group. Nothing worthwhile was ever easy!

Thanks for all ya'll do and for your support!

Relentless,

Coach Hab