

Good Medicine Program update for February 2019:

- In the month of February, we held one Youth Mental Health First Aid training so far, but had to cancel due to low attendance. Indian Health Services requested the training on February 26, 2019, for their nursing staff.

Completed Trainings & Number of participants:

- ** October 8, 2018: 13 coaches/teachers
- ** October 19, 2018: 16 individuals students/college/students/staff/community members
- ** December 18-19, 2018: 20 CPS & Nurturing Center staff members
- ** January 15, 2019: 9 Senior Students and 1 teacher
- ** February 19, 2019: Cancelled

We now have a total of 59 individuals who completed the YMHFA training. Our grant requirement is 55, so we have already surpassed the targeted number and will continue to provide the trainings on the following dates.

Scheduled Future dates:

- ** February 26, 2019: Nurses at Indian Health Services
- ** March 19, 2019
- ** April 16, 2109
- ** May 8, 2019
- ** June 5, 2019
- ** August 21, 2019

- The following is our data from the Signs of Suicide BSAD (Brief Screener for Adolescent Depression) Screener for 6th to 12th grade students:

⇒ Total check-ins for 6-12grade: 168 (which resulted in referrals, QPR suicide assessments, safety plans, and/or behavioral health visit)
⇒ Yes, on question 4 (Do you seriously think about killing yourself?) totals: 46
⇒ Yes, on question 5 (Have you tried to kill yourself in the last year?) totals: 52
⇒ Yes, on "Are you currently being treated for depression" totals: 21
⇒ 3 or more yes (signs for potential depression), not including yes on question 4 or 5: 49
Attendance total for 6-12th grade: 754/991= 76% QPR 740/991= 75% SOS

Makeup Day: One day 2hr sessions per school and invite the Heart Butte Schools, gearing for the end of March or early April 2019.

- The Youth Mental Health Specialists have been working in their designated buildings providing various groups, individuals services, suicide interventions, and family connections.
- The GMP Director is working with Lester Johnson to write for the Garrett Lee Smith/Tribal Youth Suicide Prevention and Early Intervention Grant. If we are awarded the grant, we will need to start implementing the objectives and goals starting on June 30, 2019. We will also be hiring one to two new employees to provide supportive services to the Blackfeet Community College students.