

# FORT VANNOY TRIBE-UNE

We are a responsible and caring community of learners.

Kathie Hill, Principal

June 2013

## CALENDAR OF EVENTS

### JUNE 2013

3<sup>rd</sup>-7<sup>th</sup>- Silly Week—See attached flyer for fun info

4<sup>th</sup>-5<sup>th</sup> grade Hellgate Jetboat Trip 8:45 to 12:00 pm 

All School Bar-B-Que 

5<sup>th</sup>-5<sup>th</sup> Grade Movin' On Ceremony-Gym-12:00 pm

NVHS Graduation @ 7:00 pm 

6<sup>th</sup>- Band Concert 8:15- 8:40 am

5<sup>th</sup> Grade Talent Show 8:45- 10:00 am 

7<sup>th</sup>- All School Field Day -9:00- 11:00 am-Gym-Field 

Last Day of School for Students 

14<sup>th</sup>- Flag Day 

16<sup>th</sup>- Father's Day -Treat him like a KING 

18<sup>th</sup> First "Reading is a Riot" Summer Reading Program

@ Fort Vannoy Library—9:00 am to 12:00 pm 

21<sup>st</sup>- Summer Solstice Begins 

September 3<sup>rd</sup>- First Day of School 

## FROM THE DESK OF...

... Dave Holden, Kindergarten Teacher

Here are some things to remember for this season:

Sort out school stuff and enjoy reviewing what you've done.

Until we meet you again in the fall, spend extra time with your family.

Mix some practice with pleasure—keep a journal!

Make a list of things you want to do, and check it off as you go.

Educate yourself by reading.

Rest!

Take care and thank you for all your work this year!



## "READING IS A RIOT!"

### SUMMER READING PROGRAM

Mrs. Beirsto, our fantastic librarian, is well on her way in the planning of our

### Summer Reading Program

### "Reading is a Riot!"

For every student that visits the library, they will receive a ticket to place in a gift basket. At the end of the program a name will be drawn and that student will receive the gift basket. Carol Pock, our art specialist, will be doing a variety of craft projects from 10:00 am to 11:30 am.

### "Reading is a Riot"

The dates are:

Every Tuesday

June 18<sup>th</sup> through August 13<sup>th</sup>

9:00 am to 12:00 pm

Be sure to mark your calendar for these amazing reading/craft days!

## GIVE YOUR CHILD A HEAD START!

Head Start is a no cost program serving pregnant moms, children birth to five years old and their families. Applications are available at your child's school office. Head Start prepares children for success in school and throughout life.

Apply today at one of our offices

Jackson County  
1001 Beall Lane  
Central Point, Oregon  
541-734-5150

Josephine County  
223 SE "M" St  
Grants Pass, OR  
541-472-4851

OR

Apply on line: [www.SOCFC.org](http://www.SOCFC.org)

## FOOD FOR THOUGHT

Once again where has the year gone!

Thank you to all of the parents for keeping your child's lunch accounts up to date. As of June 3<sup>rd</sup>, charging lunches will no longer be an option. All accounts must be kept up to date pending the end of the school year. Please be sure to join us for our All School B-B-Que on June 4<sup>th</sup>.

Adults- \$3.25

Student - \$2.10 w/ milk

Non student- \$2.35 w/ milk

Below is the information for the



## Summer Food Service Program

Fruitdale Elementary 1560 Bill Baker Way Monday-Friday 8:00 am - 8:30 am 11:30 am - 12:00 pm	YMCA 1000 Redwood Ave Monday-Friday 12:00 pm - 12:30 pm
Hidden Valley High School 651 Murphy Creek Rd Monday-Friday 6/10/13 to 6/21/13 8:00 am - 8:30 am 11:30 am - 12:00 pm	River of Life Church 450 SW "J" St Tuesday- Friday 6/17/13 to 6/20/13 9:00 am - 9:30 am 12:00 pm - 12:30 pm
Food Service Warehouse 126 Ringuette Monday-Friday 8/12/13 to 8/16/13 8:00 am - 8:30 am	North Valley High School 6741 Monument Dr. Wednesday-Thursday 8/15/13 to 8/17/13 11:45 am to 12:15 pm

Thank you for a GREAT year! Mrs. Briggs, Kitchen Manager

## WHAT'S HAPPENING IN PTA



Fort Vannoy Kidzone nights continue through the summer. So mark your calendars for June 28<sup>th</sup>, July 26<sup>th</sup>, and August 23<sup>rd</sup>. The time is from 5:30-7:30pm. Cost is \$5.00 per child and they must wear socks. Anyone interested in chaperoning any of these dates please contact Andria Lenahan @ 541-476-0876.

Thank you to all the Fort Vannoy families and staff who made this years Bingo/Auction Night a great success! This would not have happened without all our dedicated volunteers! A special "THANK YOU" to our wonderful auctioneer Max Valle!

Congratulations to your new  
PTA President-- Jessica Shriver  
Serving alongside her are:  
Vice-President - Mary Edwards  
Secretary- Dawn Elzy  
Treasurer- Travis Knoll

Again, thank you to all students, parents, friends and Fort Vannoy staff that made this another successful year for the PTA. We could not have done any of our events without all our volunteers!

Thank you, Thank you!!

Enjoy your summer and we will see you in the fall!

## YEAR BOOKS LAST CHANCE!!!

Yearbooks will be given out to the students who have purchased them on Monday, June 3<sup>rd</sup>. If you would still like to purchase a yearbook, stop by the Fort Vannoy office and purchase one for the low price of \$13.00. Books will be sold on a first come basis. There are about 37 yearbooks left.

Please make checks payable to Fort Vannoy PTA. Any questions, please call, Nadyah Field at 541-479-8193

## CHANGE FOR CHANGE



Every penny counts in our  
Change for Change Challenge  
Spring Challenge-top 3 Classes

Mrs. Guthrie-\$ 48.24

Mr. Kriz-\$ 39.18

Mrs. Solomon-31.89

These classes will be having a fun Otter Pop party in their  
classroom.

End of the Year Total

**\$600.44**

**WOW!!!!!!**

Thank you one and all for all you do, Lisa Crume



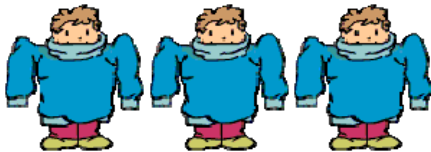
*SMALL CHANGE MAKES  
A BIG DIFFERENCE*

## Lost and Found

If you have lost it ☺ please come and  
find it!

Our Lost and Found cupboard runneth  
over. At this time of year the mornings are  
cool but then the sun starts to shine and off  
come those coats, sweaters and hoodies.

Please come to the gym and look  
through the items and find what's yours.  
At the end of the year all unclaimed items  
will be bagged up and given to a needy  
charity.



## SUMMER BAND AT FORT VANNOY

**Summer Band at Fort Vannoy! July 15 - August 1, 2013**

**Who, What, Why?** Summer band is open to all students entering 4th grade and up in fall 2013. It is a great opportunity for continuing students to keep their skills up over the summer, and for new students to get a jump start on their instruments before the school year starts. Students planning to start band in 6th grade next fall are especially encouraged to participate. Instruments that are taught include flute, clarinet, alto saxophone, trumpet, trombone, and percussion. Students must provide their own instrument.

**Available Classes:** Beginning Band is a class for students starting their first band instrument, students who have had a year of instruction on their current instrument but would like a review of the basics, or students who have had just one year of instruction on a band instrument who would like to learn a different instrument. Intermediate Band is a class for students who have had at least one year of instruction on their instrument, or students who have had at least two years of instruction and would like to learn a different instrument.

**Schedule and Fees:** Classes consist of a three week session beginning Monday, July 15 and ending Thursday, August 1. Classes are held Mondays through Thursdays.

Intermediate Band: M-Th 8:30 AM - 10:00 AM

Beginning Band: M-Th 10:15 AM - 11:45 AM

The fee for participation in one class is \$45. If a student wishes to participate in both classes, the fee is \$75. Also, two students from the same family may participate for \$75. A \$10 deposit per student per class is due by Friday, June 6. The remainder of fee is due on the first day of class. Checks may be payable to Dayna Hankins.

Additional information and a sign-up form will be coming home with 3rd, 4th, and 5th graders. If you have any questions, please contact Mrs. Hankins by leaving a message at school or emailing her at [fortvannoymusic@gmail.com](mailto:fortvannoymusic@gmail.com).



## 50 Year History with Fort Vannoy

In June of 1963 I “graduated” from Fort Vannoy as a 6<sup>th</sup> grader. Little did I realize that I would return one day to be the principal! Now, here I am, retiring from a 39 year career as an educator, once again moving on from Fort Vannoy School.

I have so many fond memories of those days as a sixth grader in Mrs. Edith Baker’s classroom. There were only 20 kids in the 6<sup>th</sup> grade; 10 boys and 10 girls. Not only was I new, but I was from southern California. Fitting in was a challenge. Since I had always been a tomboy, I was thrilled to get to wear pants to school. In fact, I loved wearing pants so much that the principal, Mr. Mahoney, made a rule that girls had to wear skirts on Wednesdays. I had one white pleated skirt that I liked, so I wore that every Wednesday. The other four days I wore one of two pair of Levis.

Fort Vannoy was just the main building at that time. The current kindergarten rooms had just been built and were the multi-purpose rooms. Monument Junior High (now Fleming Middle School) had just been built.

There were only about 100 students in Fort Vannoy. The cafeteria was where the current library is located. You can still see the hood in the ceiling that served to vent the kitchen cooking area. The 6<sup>th</sup> graders had the job of serving in the kitchen. That was a highly sought after job, because you got seconds on mashed

potatoes and gravy or the wonderful oatmeal chocolate chip bars that Mrs. Palmer baked.

The Columbus Day storm on October 12, 1962 was a big deal. I still recall sitting in the classroom and watching the huge oak trees on the hill crash down. We got to go home early. But, the bus could only make it as far as my stop on Summer Lane due to downed trees. Bud Holmes, our bus driver, had to turn around and go all the way back around to drop off the rest of the kids on Lower River Road.

We didn’t have a lot of equipment on the playground. We’d play football out front or hide in the creek bed and not come in when Mrs. Baker blew the whistle. I don’t remember a library, but I do remember Mrs. Baker reading Thor Heyerdahl’s Kon Tiki and reading to us about Sir Edmond Hillary climbing Mr. Everest.

My six years at Fort Vannoy as the principal have also been memorable. I was planning to retire about five years ago. Coming to Fort Vannoy rejuvenated me and I just kept working. I love the school, the staff, the kids and the parents. This year’s fifth grade class started Kindergarten the year I came to Fort Vannoy.

I’m looking forward to sleeping in, playing golf, and traveling. I want to see the fall leaves in New England.

## Helping the Children of Poverty Succeed in School

(Originally titled “How Poverty Affects Classroom Engagement”)

In this helpful article in *Educational Leadership*, author Eric Jensen lists seven reasons children from low-income households find it more difficult to be engaged in school – and what educators can do:

- **Health and nutrition** – “Overall, poor people are less likely to exercise, get proper diagnoses, receive appropriate and prompt medical attention, or be prescribed appropriate medications or interventions,” says Jensen. There are more untreated ear infections, greater exposure to lead, a higher incidence of asthma, and less nutritious food – all of which affects attention, reasoning, memory, learning, and behavior. **Action steps:** Make sure students get breakfast, recess, physical education, games, movement, drama, and yoga, all of which boost the level of oxygen and glucose in the brain and fuel learning. “Never withhold recess from students for a disciplinary issue,” says Jensen; “there are countless other ways to let them know they behaved inappropriately.”

- **Vocabulary** – Children from low-income homes hear 13 million total spoken words by age 4, compared to 46 million words heard by upper-income children. “This language difference is not subtle,” says Jensen; “it’s a mind-boggling, jaw-dropping cognitive chasm. A child’s vocabulary is part of the brain’s tool kit for learning, memory, and cognition. Words help children represent, manipulate, and reframe information.” **Action steps:** Vocabulary building must be a daily, relentless part of instruction, using multiple approaches to strengthen knowledge and understanding of well-chosen words.

- **Effort** – Unsophisticated educators often characterize poor children as “lazy,” but what they’re seeing is lost hope and incipient depression. “Students who show little or no effort are simply giving you feedback,” says Jensen. **Action steps:** “Effort can be taught, and strong teachers do this every day,” he says. Build relationships with students; introduce novelty, excitement, and competition into learning activities; make connections between the curriculum and students’ everyday lives; give more positive comments than negative; set high goals and motivate students to meet them; show them real-world success stories of adults who came from similar circumstances; and give daily feedback so students see that effort matters.

- **Hope and the growth mindset** – One characteristic of poverty is learned helplessness. Another is a negative, “fixed” view of intelligence. Both sap motivation to try hard in school. **Action steps:** “Teach students that their brains can change and grow, that they can even raise their IQs,” says Jensen. “Don’t use comforting phrases that imply that even though a student isn’t good at something, he or she has ‘other’ strengths.” In addition, provide feedback that is prompt, actionable, and task-specific,

spurring students to try hard.

- **Cognition** – “Commonly, low-SES children show cognitive problems, including short attention spans, high levels of distractibility, difficulty monitoring the quality of their work, and difficulty generating new solutions to problems,” says Jensen. These deficits may lead students to act out or shut down. **Action steps:** “Like effort, cognitive capacity is teachable,” he says. “Focus on the core academic skills that students need the most.” These include how to organize, study, take notes, prioritize, remember key ideas, problem-solve, process, and build working memory. “This will take tons of encouragement, positive feedback, and persistence.”

- **Relationships** – “When children’s early experiences are chaotic and one or both of the parents are absent, the developing brain often becomes insecure and stressed,” says Jensen. Stressed parents and caregivers are more often grumpy, and children can get twice as many reprimands as positive comments (compared to the 3:1 positive/negative ratio middle-class children typically receive). Poor parents are less likely to have the resources to deal with ADHD, dyslexia, or oppositional behavior. **Action steps:** Children from such homes need positive, caring adults in school – teachers and other staff members who get to know them well (family, hobbies, interests), are wise enough not to embarrass them in front of their peers, and teach them appropriate social and emotional responses – “When you think your teacher has overstepped his or her bounds, this is what you should say” and “This will keep you out of trouble with other adults.”

- **Distress** – Acute, chronic stress is toxic, and children living in poverty have more than their share. “Distress affects brain development, academic success, and social competence,” says Jensen. “It also impairs behaviors; reduces attention control; boosts impulsivity; and impairs working memory.” Common symptoms are in-your-face assertiveness or leave-me-alone passivity. “To the uninformed, the student may appear to be either out of control, showing an attitude, or lazy. But those behaviors are actually symptoms of stress disorders...” **Action steps:** If teachers address the real issue, the symptoms will diminish. Building strong relationships is the starting point. Getting students to articulate what is stressing them out is also helpful, as is teaching them coping skills – for example, an if-this-then-that strategy for solving problems. Making learning fun is key, as is giving students more control over learning – gradual release of responsibility – versus trying to control them. “Having a sense of control is the fundamental element that helps diminish the effects of chronic and acute stress,” says Jensen.

“How Poverty Affects Classroom Engagement” by Eric Jensen in *Educational Leadership*, May 2013 (Vol. 70, #8, p. 24-30), [www.ascd.org](http://www.ascd.org); Jensen can be reached at [info@jlcbrain.com](mailto:info@jlcbrain.com).