

THE HOWLER

Garibaldi Grade School | Newsletter



November 2024

We have made it through the first two months of school as well as Parent/Teacher Conferences -- time is flying by!

Howler wear is now available for purchase! We have added a zip-up hoodie which will be available in the online store front. Keep an eye out for flyers being sent home with students!

Important Upcoming Dates

Sun, November 3, Daylight Savings - *set clocks back one hour*

Monday, November 11, Veteran's Day, *No School*

Tuesday, November 12, School Board Meeting

Wednesday, November 20, Picture Retake Day

Tuesday, November 26, Grade Day, *No School*

Wed-Fri, November 27-29, Thanksgiving Holiday, *No School*



Picture RETAKE Day - Wednesday, November 20th

Reminder, we will have Lifetouch photographers here at school on Wednesday, November 20th. Pictures will be in the morning on that day. If your student was absent or you would like pictures retaken, we have late order forms in the office.

November Characteristic is Responsibility



Each month, GGS focuses on a personal characteristic and teaches it to our students. Our focus for the month of November is responsibility. Students who demonstrate being responsible are responsible for their actions and words. They clean up after themselves, keep trying and always try their best. They think before they act and consider the consequences.

At the end of the month we will be handing out three awards in each class, two for students who were demonstrating Being Responsible, and one Pride of the Pack award focused on perseverance. Please talk with your child(ren) around the conversations they are having at school on being responsible.



The Golden Brain Award!

The students have been learning all of the Tools and how to use them to manage their emotions and actions. It has been so exciting to see them be able to apply those skills in everyday situations. The Golden Brain award will be given out at our monthly assemblies to students who have been able to help themselves or others with our Toolbox Tools.

PE with Mrs. B!

During the month of October, we have been working on throwing and catching. Students are following guided cues to help use correct form. We've been playing lots of games that incorporate throwing and catching in an engaging way. Thank you to all students for being mindful about wearing appropriate footwear for PE!



What's next? We're going to be learning basic volleyball skills. Get ready to bump, set and spike!



Every Day Matters and We're Here to Help!

Students miss school for many reasons. Some are related to transportation or basic needs, and others are connected to emotional or academic challenges. No matter what the reason, it's important to address the root cause before a student falls behind. GGS wants your child to succeed and is focused on helping smooth the way to regular attendance.

If your child or a child you care about regularly misses school, you can find support. Share your challenges so the staff can help. Ashley Carr, our family resource coordinator, can help with

immediate needs like food or clothing, to more complex ones like counseling, medical, or housing. We have many resources and staff to help, you are not alone!

For the month of November Students with 90% and above attendance will receive hot cocoa! A great goal to work with your child on is if you student reaches at least 6 months of great attendance, they will be able to attend GGS's end of year attendance ice cream celebration!

Mark Your Calendars - GGS's Winter Concert!

Join us for GGS's Winter Concert on Dec 12th at 6pm. More information to come!

GGS's Book Fair will be the second week of December, 12/9/24-12/13/24

Keep an eye out for flyers and dates the book fair will be open.

Ms. H's Counseling Corner

This month my classroom social skills lessons have been focusing on using our Tools to be safe. The three Tools that we learned about this month include our Words Tool, Personal Space Tool, and Garbage Can Tool. By using Wise Wolf Way #2, we first determine the size of the problem, and then match our reaction to the size of the problem. We talked about how the small problems can trick our brain because of the strong emotions we might be feeling. This strong emotion makes small problems feel like a big problem. This is where we use our Breathing Tool to give us a 3 to 5 second pause to help us respond instead of react. Here are some questions that we used to help guide us when trying to figure out the size of our problem.



If you can answer yes to these questions you have a small problem:

- Can you solve the problem by yourself? Can you use your tools to fix the problem? Can you fix the problem in less than 5 minutes?

If you can answer yes to these questions you have a medium problem.

- Will it take some effort to fix this problem? Can you fix the problem by the end of the day or tomorrow? Do you need an adult to help you with an action plan?

If you can answer yes to these questions you have a big problem.

- Are you in danger or feeling terrible pain? Is anyone else in danger or feeling terrible pain? Does this problem scare you or make you feel uncomfortable?

Garbage Can Tool - "I let the little things go."

We have learned that we carry our imaginary garbage can with us and we can use it whenever we need to throw out small irritations. We don't need to react to the negative words and actions of others. We just put them in our garbage can and move on. However, some behaviors are not possible to walk away from and we need to get help from an adult when we have a big problem.



Personal Space Tool- "I have the right to my space and so do you." With the introduction of our personal space tool, we talked about understanding our body boundary and the importance of respecting others boundaries as well. Our personal space can change depending on who we are with and our location. If someone is too close we can let them know by using our Words Tool. We practiced several different ways to use our words to let people know they are in our space.

Words Tool - "I use the right words, in the right way, at the right time and for the right reason." We have been practicing using our words tool to "talk to our brain," and to talk to others in a strong respectful voice. By using this tool, we can use our positive self-talk to help us remain calm, and to let people know how we are feeling to help us solve our problems.

The monthly characteristic for **November** is Responsibility, and we will be focusing on three new Tools to help the students understand and put this into practice. Being responsible is the ability to make good choices, be dependable, and take accountability for our actions. It also means understanding how choices we make impact others, the world, and ourselves. With that in mind, students will learn more about our Empathy and Courage Tools, and with Thanksgiving quickly approaching, we will also work on our Please and Thank You Tool, to give thanks and show appreciation!



If you have any questions, please feel free to email me at cherieh@nknisd.org



Family Paint Night! - Thursday, November 21st

Join us on Thursday, November 21st at 5:30pm for a night of creativity and fun at GGS's Family Paint Night! Our own resident artist, Tami Waldron, will lead families on a lesson on painting a whimsical Thanksgiving turkey.

Cost will be \$10 per person participating. Keep an eye out for flyers and sign ups going home in the next couple weeks!

NKN School Board Meetings

Next Meeting is Tuesday, November 12, 6:30pm (*Veterans day holiday on Mon. Nov. 11*)

This is a monthly meeting of our school Board. Meeting takes place at our District Office or through Zoom. You can access this meeting through our district website (www.nknisd.org) under "School Board" and then "Board Meetings".



GGG's Jog-A-Thon

On Wednesday, November 13, 2024, GGS students will be participating in a jog-a-thon during PE class time. Students will have 20 minutes to jog/walk as many laps as they can around our school gym. Students are collecting pledges now - students have a chance to earn a classroom pizza party, classroom ice cream party or even be the Principal for a day!

Thank you for your support to make this a successful and fun fundraiser!



1st Place for classroom with the most money earned:

PIZZA PARTY!



2nd Place for classroom with next largest amount of money earned:

ICE CREAM PARTY!

SITKA CENTER FOR ART AND ECOLOGY

VOLUNTEERS NEEDED

Join us monthly in the classroom as Sitka's K-8 Create program brings hands-on art experiences to rural schools in Clatsop, Tillamook and Lincoln Counties.



PROGRAM HIGHLIGHTS

Serving 5,000 rural,
Title 1 students monthly

60 to 90-minute
lessons

Original curriculum
featuring living artists
and ecologists



Contact the school or sign up online:
<https://forms.gle/n76jztt5RUWUDVks8t>

✉ info@sitkacenter.org

☎ 541-994-5485

🌐 www.sitkacenter.org

Art Literacy Classes at GGS!

K-8 Create program at GGS is looking for volunteers to help support in classroom art lessons. If you are interested in helping in your student's class or any of our classes, reach out to the school office. We will help connect you with the instructor and upcoming times to volunteer.

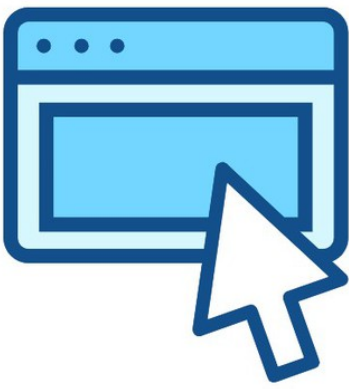
Sign up for FlashAlert!

Please remember as we move into the stormy weather months, you can receive flash alert messages from NKN School District updating you on any delays or closures.



To do this you go to <https://www.flashalert.net/>, *manage your messenger subscription*, and make sure you are signed up for Neah-Kah-Nie School District. We will also post information (as we can) to Facebook and the website, as long as we have access to the internet to do so.

GGs Information Online



How to Find GGS Information Online!

Besides our monthly Howler Newsletter, you can find school information online! Our district has an informative website at www.nknsd.org and Garibaldi Grade School has a page with all sorts of great information for our families. You can find this monthly newsletter, student handbook and even a parent page with information on busing, school lunches, wellness and more!

**WE ARE
HIRING**

- Join Our Team -

Open Positions:

- Substitutes - PT & FT
Instructional Assistants,
Teachers, Cafeteria
helper, Custodian.

Hired through ESS
apply today: www.ess.com

If you have any questions about positions, reach out to Mrs. Nugent or Lisa in the school office.







Be a Substitute at Garibaldi Grade School!

Sign up to be an Instructional Assistant (classified) or Teacher (certified) substitute at any of our schools. Neah-Kah-Nie School District has contracted with ESS for our substitute services. To become a substitute for the District please go to ESS.com, click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process. If you have questions about the application process, or becoming a substitute, please contact 866-208-7454 x1 or email: applicationswest@ess.com.

Neah-Kah-Nie Employment Opportunities

PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 Fever: temperature of 100.4°F (38°C) or greater	* Fever-free for 24 hours without taking fever-reducing medicine.
 New cough illness	* Symptoms improving for 24 hours (no cough or cough is well-controlled).
 New difficulty breathing	* Symptoms improving for 24 hours (breathing comfortably). <i>Urgent medical care may be needed.</i>
 Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	* Symptoms improving for 24 hours (no more than two bowel movements more than normal and no longer having accidents) OR with orders from doctor to school nurse.
 Vomiting: one or more episode that is unexplained	* Symptom-free for 24 hours OR with orders from doctor to school nurse.
 Headache with stiff neck and fever	* Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. <i>Urgent medical care may be needed.</i>
Skin rash or open sores	* Symptom free , which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
Red eyes with colored drainage	* Symptom-free , which means redness and drainage are gone OR with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	* After the school has orders from doctor or local public health authority to school nurse.
Acting differently without a reason: unusually sleepy, grumpy, or confused.	* Symptom-free , which means return to normal behavior OR with orders from doctor to school nurse.
Major health event, like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	* After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.



VACCINE CLINICS

PROTECT YOUR HEALTH

No appointment required!



NORTH COUNTY RECREATION DISTRICT

- Thursday 10/24 9am-12pm | 3pm-6pm



ROCKAWAY ST MARY'S BY THE SEA

- Wednesday 10/30 9am-11:30am



NESTUCCA K-8

- Wednesday 10/23 3:30-6:30pm
- Thursday 11/7 3:30-6:30pm



TILLAMOOK FAIRGROUNDS

- Monday 10/21 11am-6pm
- Tuesday 10/22 11am-6pm
- Monday 10/28 11am-6pm
- Tuesday 10/29 11am-6pm
- Monday 11/4 11am-6pm
- Tuesday 11/5 11am-7pm
- **Wednesday 11/6 11am-7pm***

*See below for special event

COVID-19
Ages 6 months+

Flu
Ages 6 months+

Pneumonia
Ages 50+

Spanish Clinic

NOVEMBER 6 | 11am-7pm

Our **November 6** clinic will have Spanish-focused resources, interpretation, and vaccination services. Everyone is welcome!



Most health insurance plans cover the cost of vaccines. If you do not have insurance, a sliding fee scale may be used. No one is turned away for the inability to pay. Vaccine age limit varies. COVID-19 and Flu vaccines may be administered in same day.



Pick 'N' Stick Clinic

With Donny Reynolds and Crew



3-week Session ~ \$60

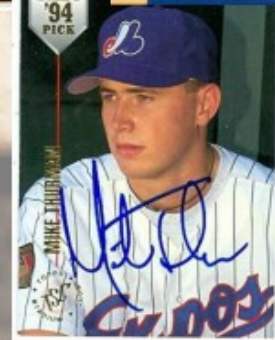
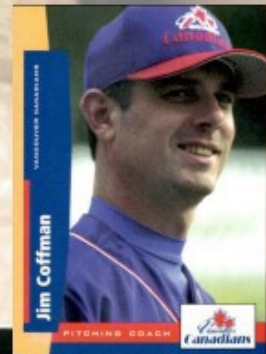
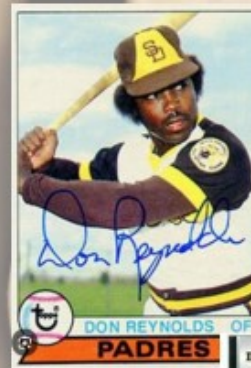
@ Neah-Kah-Nie High School

November 3rd 10th & 17th

3rd – 6th grade: 12-2pm

7th – 12th grade: 2-4pm

Space is limited... Fees due by 10/30



Contact Crystal Dietrich to Register: cry.rich11@gmail.com 503-877-8791

Rockaway Beach Interscholastic Baseball: PO Box 454 Rockaway Beach, OR 97136

NOVEMBER 2024

GARIBALDI GRADE SCHOOL

A variety of sandwiches are Available daily as an option For lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
				Pumpkin Bread 1 Breakfast For Lunch
Waffles 4 Cheesy Breadsticks w/ Marinara	Breakfast Sandwich 5 Chicken Soft Tacos	Strawberry Cream Cheese Bagel 6 Spaghetti	Yogurt & Graham Crackers 7 Tillamook Cheese Burger	Blueberry Muffin 8 Soup & Toasted Cheese Sandwich
11 VETERANS DAY NO SCHOOL	French Toast 12 Chicken Quesadilla	Breakfast Bars 13 Mac & Cheese	Pancake on a Stick 14 Sloppy Joe's	Breakfast Rounds 15 Chicken Nuggets
Sausage & English Muffin 18 Corn Dogs	Cinnamon Bagel 19 Burritos	Banana Bread 20 Lasagna	Strawberry Smoothies 21 Chicken Burger	Cinnamon Rolls 22 Pepperoni Pizza Sticks
Pancake Sausage Bites 25 Hamburger Gravy Over Mashed Potatoes	26 GRADE DAY NO SCHOOL	27 NO SCHOOL	28 HAPPY THANKSGIVING	29 NO SCHOOL

A variety of fresh fruits and vegetables are available daily on our offering bar. All of our bread items are whole wheat or whole grain. Gluten free options are available. Fat-free and 1% milks are offered daily. Whole grain cereals are an option at breakfast. Menu items are subject to change.

"This institute is an equal opportunity provider"



Garibaldi Grade School

Email: lisas@nknsd.org

Website: nknsd.org

Location: [604 Cypress Avenue, Garibaldi, OR, USA](https://www.google.com/maps/place/604+Cypress+Avenue,+Garibaldi,+OR,+USA)

Phone: [503-322-0311](tel:503-322-0311)



Garibaldi Grade School