

The Nehalem Nugget

FEBRUARY 2022

Be Safe . . . Be Respectful . . . Be Responsible



Important Dates/Reminders

- NO SCHOOL - Friday, February 4, 2022 - Professional Development Day
- Board Meeting - Monday, February 14, 2022
- NO SCHOOL - Monday, February 21, 2022 - President's Day Holiday
- Week of February 14 - 18th - Kindness Spirit Week

PRESCHOOL CHANGES TO CALENDER

These added no preschool days have been CANCELLED:

- February 3rd
- May 6th

READ A THON

Welcome Parents, Students and Friends to our fourth Read-a-thon! We are excited to announce that we will hold a Read-a-thon fundraiser again this year. Our Read-a-thon is a program that brings students together with family and friends to encourage reading and to build literacy skills.



The main focus of the Read-a-thon is for everyone to know we are committed to improving reading skills. To that end, the Read-a-thon promises to be a fun, exciting journey for all participants as they begin a personal Reading Adventure that challenges each reader to complete 10 reading sessions over our 2-week event.

Our Read-a-thon will start February 17, 2022

All of the donations received will help our school in many ways:

- **Thank for all of your support - 2019 \$940 , 2020 \$ 600 , 2021 \$870!**
- Supporting our commitment to literacy and daily reading.
- Purchasing student books to help celebrate our annual Read-Across-America Week book walk (each day, students' names are drawn for a chance to pick out a new book.)
- Purchasing student prizes for our PBIS treasure chest. Students have the chance every day to earn "Way to Go's" for being safe, respectful and responsible. The office then does a weekly drawing for a chance at choosing one item from our treasure chest.

You Can Register Now at [NES Read-a-thon 2021](#)

To sign up. You can do it all in a minute or two and really help us meet our financial needs. **How It Works:**

- Activate your account at the link above.
- Use the easy online tools to tell friends and family about our Read-A-Thon.
- Track and log at home reading sessions online.
- That's it!

Thanks so much,
Nehalem Elementary



MISS JENNIFER

Holy moly it's February! How did that happen?






We finished up the section of our Child Protection Unit, which talks about safe and unsafe touches. Near the end of the year we will do a brief review before summer.

In February we will be reviewing mindfulness and identifying feelings as well as exploring character traits: compassion, empathy, accepting differences and kindness. February 17th is National Random Acts of Kindness day. To celebrate, we will be having a kindness spirit week from the 14th through the 18th. Look for a flyer sent home with the specific dress up days!

Mindfulness will continue to be incorporated into our SEL lessons and school wide this year. Practicing mindfulness is a great way to train our brains to regain focus and calm as we continue to navigate through the pandemic.. I encourage you to practice this with your students at home. The more they practice the more automatic the mindfulness response becomes. [MindYeti](#) is a great resource for PreK - 3rd grade. It was created by the Committee for Children who is the creator of Second Step, one of the SEL curriculum used at NES. [Waterford.org](#) is another great resource for kids and mindfulness as well. Additionally, The [Child Mind Institute](#) is a great resource in learning more about supporting your children's mental health.

If you have any questions or concerns about your student feel free to contact me. You can also fill out a [counseling form espanol](#) to request a meeting.

Kindness Spirit Week February 14- 18, 2022

Monday 2/14	Tuesday 2/15	Wednesday 2/16	Thursday 2/17	Friday 2/18
<p>H- Help E-Everyone R-Respect O- Others</p>	<p>Peace, Love and Kindness Day</p>	<p>Wear Seagull Wednesday to show we are all part of a school family.</p>	<p>Kindness Lasts Forever</p>	<p>Dreaming of Kindness</p>
				
<p>Wear your favorite superhero shirt</p>	<p>Tie Dye Day</p>	<p>Wear something red and black or your school shirt</p>	<p>Dress like you are 100 years old.</p>	<p>Wear your Pajamas or comfy clothes</p>

NEHALEM ELEMENTARY WEEKEND BACK PACK PROGRAM

Filling the weekend food gap for local children in need

Over half of the children at Nehalem Elementary School qualify for free or reduced priced meals. Many of these children face hunger over weekends and school breaks. The Nehalem Elementary School Backpack Program is an ongoing volunteer-based organization that provides food for local hungry children at times when other resources are not available, such as weekends and holidays.

Volunteers provide the children who are enrolled in the program with a bag of food for the weekend. . These food resources will support the health, behavior, and achievement of every student that participates. The success in programs like this can be seen in positive changes in student attendance, behaviors, and grades.

If you think your child could benefit from this program, please ask the front office for an enrollment form!

To donate in any dollar amount please make checks payable to Nehalem Elementary School Backpack Program, P.O. Box 190 Nehalem, OR 97131 or drop checks off directly at the Nehalem Elementary School office.

Tillamook County Health Center

The federal site to order free quick (rapid) antigen home COVID-19 test is now live:

<https://www.covidtests.gov/> Super easy and quick to fill out- the tests will ship out late January. Every U.S. household is eligible for 4 free at-home COVID-19 tests. Need help? Contact OHA COVID-19 Support Hotline: 866-917-888

La página web federal para solicitar gratuitamente la prueba casera rápida de antígeno COVID-19 ya está en funcionamiento: <https://www.covidtests.gov/> Es muy fácil y rápido de rellenar; las pruebas se enviarán a finales de enero y son muy fáciles y rápidas de rellenar. Todos los hogares de Estados Unidos pueden optar a 4 pruebas COVID-19 gratuitas en casa. ¿Necesita ayuda? Póngase en contacto con la línea de ayuda de la OHA para la prueba COVID-19: 866-917-888




Active Parenting Class


Click the link for details on an active parenting class offered in Tillamook.

Current Openings				
Nehalem	Garibaldi	High School	Middle School	District
	Tutor	Special Education Instructional Assistant (3 positions)		Nurse Secretary
		22/23 High School Spanish Teacher		Spanish Language Family Resource Coordinator
		22/23 High School Advanced Math Teacher		After School/Saturday Tutor

**SUPPORT OUR
SCHOOLS!**
**Become an ESS
Substitute**



Every day counts.



←
**SCAN
ME TO
GET
STARTED!**

NCRD

NCRD Youth Center

Afterschool program hours are 2:30PM-5:00PM, Monday- Friday. Reservations are required. We will pick up your child(ren) and provide enriching after school activities and a healthy snack!

Monday Madness hours are 7:00AM-9:00AM. Reservations are required. We will walk your child to NES on district late-start Mondays. On no-school days we are open from 7:00AM-5:00PM. Reservations are required.

NCRD Youth Center will be closed February 21st in observance of President's Day Holiday. There is one non-school day this month on February 4th, NCRD Youth Center will be open and taking reservations, please contact Kiley at the Welcome Center to get on the list.

While your child is with us we will provide nutritious morning and afternoon snacks as well as enrichment activities(outdoor play/walks, gym time, crafts, music, science, etc.)- all while following strict health and safety guidelines. The cost is \$20/ full day or \$10/half day, \$5/day for Before School, and \$5/day for our afterschool program. Reserve your child's spot, we are unable to accept drop-ins at this time.

Scholarship applications are available upon request.

Scholarships for students are funded through the Friends of NCRD, who support families in need.

through various fundraisers throughout the year.

-Youth Sports -

We currently working on Basketball and are looking forward to providing more sports as soon as possible. Thank you for your patience and understanding.

-Special Event-

Kids night out February 11th. Parents plan your valentines date nights, don't worry about the kids they'll be having fun with us! 6-10pm. Pizza dinner, movie and an open gym! Cost is \$25. Ages 5-12. 25 spots available, reserve yours at the Welcome Center.

Follow us on Facebook for updates on Youth Sports. www.facebook.com/ncrd.org

NCRD/Nehalem Pool Swim Lesson Information Winter 2021

Friday Night Family Swim starts: JANUARY 7th 2022!!

*****Must have a RESERVATION TO PARTICIPATE*****

NCRD/Nehalem Pool

6:00pm---7:00pm

Call for **reservations: 1-855-444-6273 NCRD Aquatics #3**

e-mail: suedg@ncrdnehalem.org

Adult/Student combination passes for sale...\$18

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