

**BRISTOL PUBLIC SCHOOLS**  
**Bristol, Connecticut**

1/7/2026  
**(Meeting Date)**

**Information Item**  
 **Decision Item**

**AGENDA REPORTING FORM**

**TOPIC: SDE Primary Mental Health “BOOST” grant**

**BACKGROUND:** The FRCs at West Bristol, Greene-Hills, South Side offer BOOST to grade level students (K-3) who need a boost in confidence, social skills, assertiveness and overall school adjustment. The program offers one-on-one sessions for 20 to 30 minutes weekly utilizing an “expressive play” intervention facilitated by trained FRC staff. The program is offered in two cycles. Cycle 1 from Sept - Dec 2025, and another group of students identified for Cycle 2: Feb - May 2026. This program is monitored with specific outcome measures through SDE/National Children’s Institute and through an on-line data collection center called COMET.

**COST:** \$20,000      **FUNDING SOURCE:** SDE

**RECOMMENDATIONS/COMMENTS:**

**ATTACHMENTS:**

**TOPIC PRESENTER:** Sandra Godin

**CONTACT NUMBER:** 860-584-7822 x5

**SUPERINTENDENT:** Iris White  
Iris White

<b>Bristol Board of Education, Bristol CT</b>	
Presented at Board Meeting:	
Approved:	
Order Filed:	
Referred to:	