

BRISTOL PUBLIC SCHOOLS
Bristol, Connecticut

1/7/2026
(Meeting Date)

<input type="checkbox"/>	Information Item
<input checked="" type="checkbox"/>	Decision Item

AGENDA REPORTING FORM

TOPIC: SDE Primary Mental Health “BOOST” grant

BACKGROUND: The FRCs at West Bristol, Greene-Hills, South Side offer BOOST to grade level students (K-3) who need a boost in confidence, social skills, assertiveness and overall school adjustment. The program offers one-on-one sessions for 20 to 30 minutes weekly utilizing an “expressive play” intervention facilitated by trained FRC staff. The program is offered in two cycles. Cycle 1 from Sept - Dec 2025, and another group of students identified for Cycle 2: Feb - May 2026. This program is monitored with specific outcome measures through SDE/National Children’s Institute and through an on-line data collection center called COMET.

COST: \$20,000 **FUNDING SOURCE:** SDE

RECOMMENDATIONS/COMMENTS:

ATTACHMENTS:

TOPIC PRESENTER: [Sandra Godin](#)

CONTACT NUMBER: 860-584-7822 x5

SUPERINTENDENT: *Iris White*
Iris White

Bristol Board of Education, Bristol CT	
Presented at Board Meeting:	
Approved:	
Order Filed:	
Referred to:	