

Puberty: the Wonder Years

Grade
6



Goal: Promote appreciation and respect for the amazing changes experienced by self and others.

Lesson 6-7: Sexually Transmitted Infections

Deciding to Wait Model

- 1** What If...
(one possible choice)
- 2** Then this might happen...
(consequences, positive and negative)
- 3** Benefits of waiting...
(reasons not to make that choice)
- 4** Other Options...
(other ways to meet the goal)





Exit Ticket and Question Box

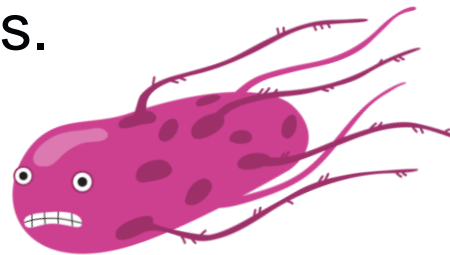
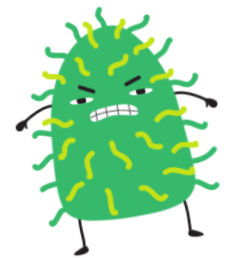


What questions did you have about the last lesson?

Lesson 6-7: Sexually Transmitted Infections

Today we will...

- ➔ Describe sexually transmitted infections (STIs) and how they are and are not transmitted.
- ➔ Describe signs and symptoms of STIs.
- ➔ Discuss current ways to prevent and treat STIs.



Terminology Changes

OLD

- Sexually Transmitted Diseases
- STDs

NEW

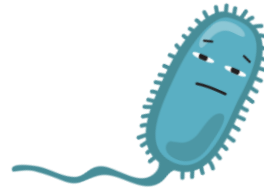
- Sexually Transmitted Infections
- STIs



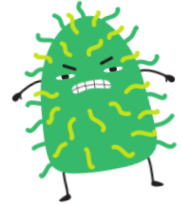
**All are
treatable.
Many are
curable.**

Common STIs

- ➔ Chlamydia
- ➔ Gonorrhea
- ➔ Syphilis



- ➔ HIV
- ➔ Genital Warts (HPV)



Herpes (HSV)

- ➔ Pubic lice
- ➔ Trichomoniasis



Scabies

Form Groups for Activity 1

Team Roles:

- ➔ The **LEADER** helps your group finish the task.
- ➔ The **RECORDER** writes down the group's ideas.
- ➔ The **SPOKESPERSON** shares your group's ideas with the class.

Worksheets are in the
Google Classroom

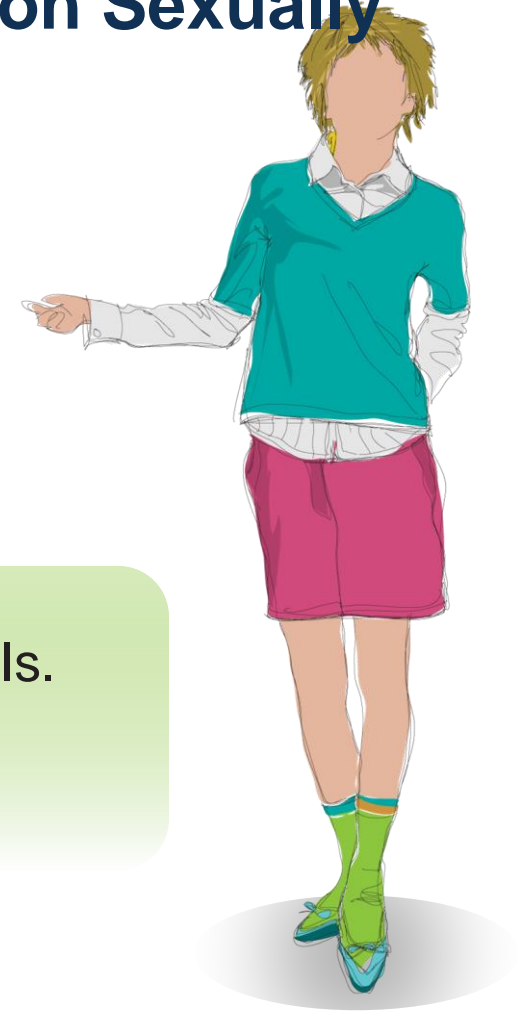




Waiting on approval for the Video on Sexually Transmitted Infections



During the video, listen for facts about STIs.



STI Facts – Activity 1

- 1 Your small group will record as many facts as possible for each item on the activity sheet.
- 2 The group with the most correct facts will win.
- 3 In five minutes, each group's spokesperson will share the group's ideas with the class.



5 mins



The most common symptom of STIs is...

NONE!

Get Tested:



Once a year if sexually active



Every 3-6 months if having unprotected sex





The Most Effective Way to Avoid STIs = Abstinence

➔ “Abstinence” means not doing something.

➔ Sexual abstinence means not having sex.

➔ It is also called:

- Delaying sex
- Waiting

➔ Choosing not to have sex

Abstinence from sex prevents pregnancy and STIs.

Let's Watch a Video, "What Is Abstinence?"



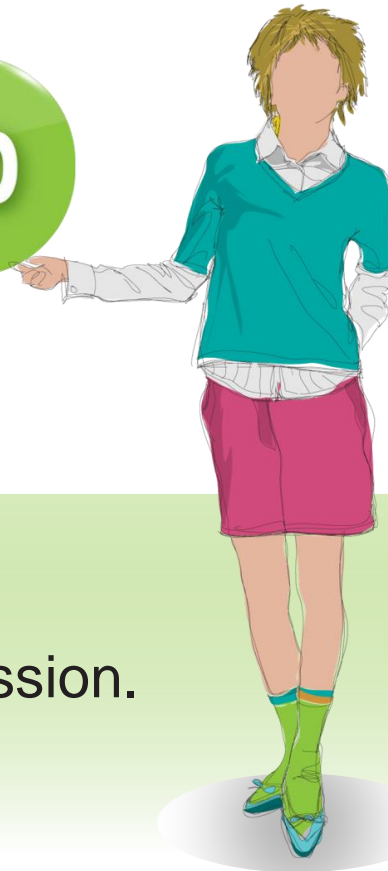
During the video, listen for the many reasons people abstain from sex.



Reasons People Abstain from Sex

- ➔ Focus on classes and education goals
- ➔ Get to know each other better before sex
- ➔ Avoid pregnancy
- ➔ Avoid STIs
- ➔ Proud they can say no
- ➔ Partner not willing
- ➔ Want to be in love first
- ➔ Feel like they are not ready or too young
- ➔ Haven't met the right person yet
- ➔ Want to avoid getting hurt
- ➔ Just don't want to

Let's Watch a Video, "HIV: How to Protect Yourself and Others"



During the video, listen for:

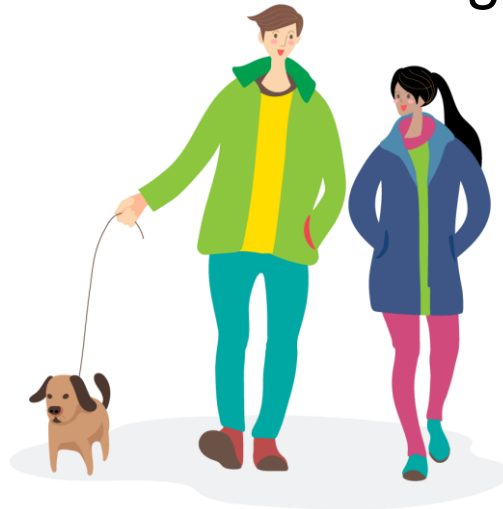


ways to prevention HIV transmission.

ways to treat HIV infection.

Ways to Prevent HIV Transmission

- ➔ Wait to have sex (anal, oral, vaginal).
- ➔ Use condoms or another latex barrier.
- ➔ Don't inject drugs or share needles.
- ➔ Get tested before deciding to have sex.



These strategies will help prevent all STIs.

Specific Prevention Strategies

HPV:

- ➔ HPV vaccination
- ➔ Recommended for children at ages 11-12.



HIV:

➔ Pre-Exposure Prophylactic (PrEP)



STIs Are Common

As many as **one in four** sexually active teens will have an STI.



Feelings about STIs

Afraid

Angry

Ashamed



**It's NOT
the end
of the
world!**

Embarrassed

Sad

Dirty

Guilty

Unlovable



Common STIs: Treatment Is Vital



Bacterial - Curable

- ➔ Chlamydia
- ➔ Gonorrhea
- ➔ Syphilis

Viral - Incurable

- ➔ HIV
- ➔ Genital Warts (HPV)
- ➔ Herpes (HSV)

All are treatable!

Parasitic - Curable



- ➔ Pubic lice
- ➔ Trichomoniasis
- ➔ Scabies





STI Treatments and Terms

Many safe and effective medications help people with HIV:

➔ **Antibiotics:**

These cure STIs caused by bacteria and some parasites

➔ **Antiviral drugs:**

These reduce the effects of herpes (HSV) and HIV.

Terms to know:



Partner notification



Reinfection



HIV Treatments and Terms

Many safe and effective medications help people with HIV:

➡ live healthy, long lives, and

➡ reduce the chances of passing HIV to others.

Terms to know:

- Treatment As Prevention (TasP)
- Antiretroviral Therapy (ART)
- Undetectable equals Untransmittable (U = U)



U = U | Undetectable = Untransmittable



STI Summary

Prevent infection.

Get tested.

Get treatment.



Lesson 6-7: Sexually Transmitted Infections

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- ➔ Discussed current ways to prevent and treat STIs.



Question Box

Open your devices.

Go to the Google Classroom for
this class

- Write down a question you have about today's lesson or
- Something you learned today.