

Todd Hellrigel

To: Rodney Norris
Subject: RE: HS VB recommendation

From: Rodney Norris <norris@midwestcentral.org>
Sent: Thursday, March 13, 2025 9:45 AM
To: Todd Hellrigel <toddh@midwestcentral.org>
Cc: Shawwna Rule <rule@midwestcentral.org>
Subject: HS VB recommendation

Dr. Hellrigel,

We are recommending Alyssa Watson as the Midwest Central High School Varsity Volleyball coach for the 2025-2026 season.

Rodney L. Norris

Assistant Principal / Athletic Director

Midwest Central High School

MS Cross Country Coach
910 S. Washington

Manito, IL 61546

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