

School Health Advisory Council (SHAC)

Annual Report, 2019-2020

Linda Rivero RN, Chair

Rosie Erives, Parent Co-Chair



"Students must be healthy to be educated and educated to be healthy."

Accomplishments/Recommendations

What we have done

- Reviewed district health curriculum.
- Implemented Campus Compliance Report and assessed and evaluated efficacy of Wellness Policy goals.
- Established SHAC Bylaws that define organizational structure.
- Review campus SHAC binders to document program compliance.

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TISD SHAC Annual Report, 2019-20



Accomplishments/Recommendations

What we have done

Continued evaluation of implemented health education programs/curriculum :

- Health Education/Nutrition
 1. *“Common Threads”* a hands-on cooking program
- Social, Emotional, Behavioral
 1. UMC Teen Center *”Self Esteem and Healthy Relationships”*
 2. Paso Del Norte Parenting Program *“Incredible Years”*
- Safe and healthy school environment
 1. Voices United *“CAP Child Abuse Prevention”*

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TISD SHAC Annual Report, 2019-20



Accomplishments/Recommendations

What we have done

Recommended new health education programs/curriculum options:

- Health Education/Prevention
 1. “Vaping Education”-EP Public Health
 2. “Tobacco Exposed”-EP Public Health
 3. El Paso Healthy Schools Coalition
- Social, Emotional, Behavioral
 1. “Power to Wait”
 2. “Worth the Wait”
- Sex Education and Reproductive Help
 1. Services from UMC Women/Teen Center in Fabens

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TISD SHAC Annual Report, 2019-20



2020-2021 SHAC Goals

What we intend to do

Nutrition:

- Support promotion of TISD Nutrition and Food Services.
- Reduce health disparities and childhood obesity by continued evaluation of the implemented cooking/nutrition education program.
- Review and assess efficacy of nutrition promotion and education goals in the Wellness Policy.

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2020-2021 SHAC Goals

What we intend to do

Sex Education and Reproductive Health:

- Support promotion of District sexual health education program

Physical Activity/Education:

- Support promotion of District PE and health programs.
- Review PE/Wellness indicators and results from HB 5 measures and determine any needed campus adjustments.

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2020-2021 SHAC Goals

What we intend to do

Social, Emotional and Behavioral Health:

Promote positive mental health and increase awareness of mental health and other support services among students and families by:

- Providing information on campus website, newsletters, and other outreach activities to increase parent access.
- Implementing the recommended prevention education programs.
- Promoting campaigns and events to increase student access and reduce stigma.

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Tornillo ISD SHAC Information

What do you need to know?

- ✓ Minutes and agendas for all meetings can be found at:

https://www.tisd.us/departments/wellness/shac-school_health_advisory_council

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