Annual Report on Physical Restraint and Seclusion

2015-2016

Incidents of physical restraint: 60

Incidents of seclusion: 33

Incidents with both restraint and seclusion: 20

Location of incidents:

Location	# Restraint	# Seclusion	
Behavior class	43	31	
Russell	10	0	
Sacramento	4	1	
Prescott	1	0	
MS	1	0	
HS	1	0	

Number of students restrained: 15; Number of students secluded: 10

Gender: 1 female and 14 male students restrained; 1 female and 9 male students secluded

Disability: 15 students with disabilities restrained; 10 students with a disability secluded

No English Learner students restrained or secluded

Economic Disadvantage: All students restrained or secluded

Race/ethnicity:

	# Restrained	# Secluded	
Black	7	6	
White	6	4	
Multi-Racial	2	1	

All but 4 incidents with trained staff, no injuries, no identified seclusion rooms

Attempts to de-escalate:

Redirection	Offer choices	Offer a break
Gave space	Gave time	Distraction
Reminders of calming strategies,	Offer alternate/	Suggest go to different
deep breathing	preferred activity	place

Offered preferred food choice	Soft voice	Encouragement	
Offer to call parents	Stopped talking	Ignored	
Changed adults	Blocked access to unsafe things	Picture cues	
Removed peers	First/then choice	Reviewed schedule	
Asked to stop	Offer drawing time, play a game	Offer sensory items	

Steps taken to reduce incidents: Develop or revise behavior support plan

	2011-2012	2012-2013	2013-2014	2014-2015	2015-2016
# of incidents	10	29	11	9	73
# of students	6	14	10	9	15