The Nehalem Nugget





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BE SAFE . . . BE RESPECTFUL . . . BE RESPONSIBLE

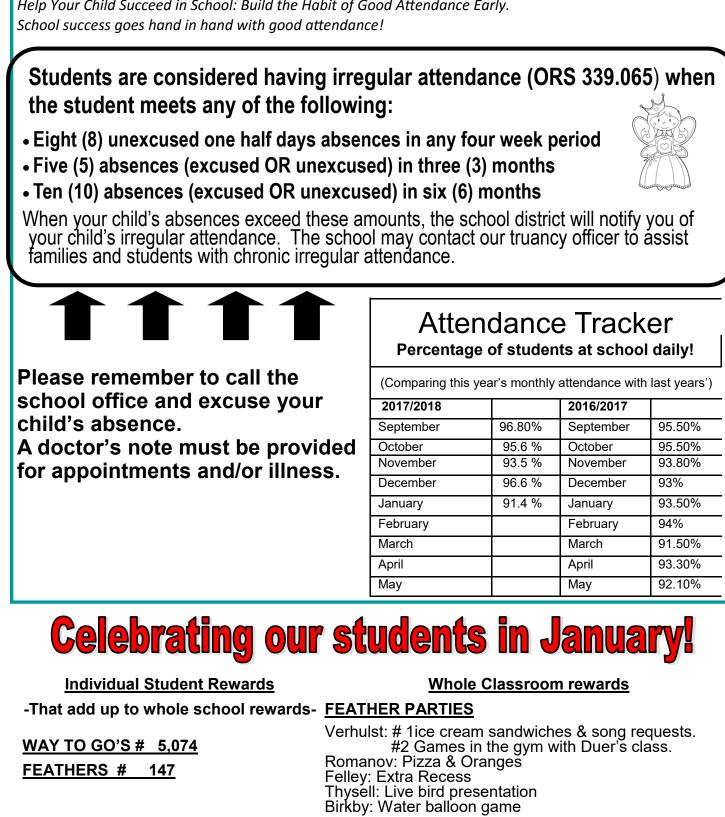
### **MONDAY LATE START** REMINDER STUDENT DROP OFF IS 8:50 AM (no earlier)

## LOST AND FOUND!

Parents - If you child is missing clothing? Lost and found is over flowing! Items are displayed in the gym for students and families to claim. Please take some time to view these items. Un-

## **NOTE FROM YOUR NES ATTENDANCE FAIRY**

Help Your Child Succeed in School: Build the Habit of Good Attendance Early.



#### Whole School Reward

School Wide making Valentines

Seagull to Celebrate

Bryan Zivonovic, Erin Welsh, Maleena Anderson, Brady Douma, Nico Jarvis, Jordynn Burch, Jack Bowen, Will Bowen, Chloe Ward, Broden Devore, Sam Goodenough, Nathaniel Tinnes, Maya Matthews and Gabby Sarkady

I NEED TO STAY HOME IF						
I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE AN EYE INFECTION	PERSISTENT COUGH	UNUSUAL FATIGUE
<b>E</b>	N L	00	00		X	
Temperature of 100.5 ° or higher.	Within the past 24 hours.	Within the past 24 hours.	Body rash with itching or fever.	Redness, itching and/or pus drain- ing from eye.	Difficulty breath- ing or serious sustained cough.	Irritability, Le- thargic and/or Sleepy/Drowsy.
I am ready to go back to school when I am						

### I am ready to go back to school when I am...

Fever free without	Free from	Free from	Free from rash,	Free from drain-	Symptom free or	Symptom free
the assistance of	vomiting for 24	diarrhea for 24	itching or fever. I	age and/or have	antibiotics for 24	for 24 hours.
medication for 24	hours.	hours.	have been evalu-	been evaluated	hours.	
hours (i.e. Tylenol,			ated by my doc-	by doctor if		
Motrin, Advil.			tor if needed.	needed.		
If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours and						

your health care provider has given permission for your child to return to school. We encourage you to seek medical attention when your child is sick and to follow your health care provider's recommendations about returning to school and other activities.

### Important Dates

<u>Thursday, 2/8/18</u> Valentine Social @ 5:30-7:00 p.m. <u>Monday, 2/12/18</u> School Board Meeting @ 6:30 p.m.

District Office <u>Tuesday, 2/13/18</u> Parent Council Meeting @ 6:30 p.m. in the cafeteria

Site Council Meeting @ 2:45 p.m. in the conference room

### Thursday, 2/15/18

Immunization Exclusion Day

Saturday, 2/17/18

### Pool-a-thon 9:00 am-1;00 pm

<u>Monday, 2/19/18</u> Presidents Day (NO SCHOOL) <u>2/26 through 3/2/18</u>

#### Read Across America week

### APPLY FOR FREE OR REDUCED PRICED SCHOOL MEALS ONLINE!

Have your families financial circumstances changed since the beginning of the year? Families can apply for meal benefits any time during the school year.

You can complete an application in just a few minutes. The program guides you through the application in just a few easy steps. **Apply for school meal benefits now at:** 

http://www.nknsd.org/parents/ online OR

#### https://district.ode.state.or.us/apps/frlapp/ default.aspx

All applications are reviewed by the appropriate sponsor / school district nutrition office for approval. Paper applications are still available; please contact your school office for details.

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Neah-Kah-Nie School District is pleased to offer two preschool classes for the 2018-19 school year. The preschool is located at the District Office in Rockaway Beach. All children who live in the school district boundaries and will be 4 years of age by September 1, 2018 are eligible.

> Days/Times: Monday - Friday AM Session 8:15-11:15 PM Session 11:15-2:15

Transportation will be provided to and from preschool to students living in the Nehalem Attendance Zone in the AM and to students living in the Garibaldi Attendance Zone in the PM.

The district is offering a sliding scale and payment plans to help families for whom the cost is a concern. No child will be turned away for lack of ability to pay.

To register or seek further information, contact Angie Douma (503)355-3508 or <u>angied@nknsd.org</u> Students are enrolled on a first come first serve basis and space is limited.

#### READ ACROSS AMERICA Nehalem Elementary School will be celebrating "Read Across America Week" 2/27-3/3/18 — EVERY DAY: Book Walk- 8:05 a.m. Flag Salute -All School Dr. Seuss Read To Self-After Book Walk until 8:20 a.m. BOOK DRESS UP DAY **OTHER FUN!** CORRELATION MON. 2/27 "FOX IN SOCKS" WEAR CRAZY SOCKS TUE. 2/28 "CAT IN THE HAT" WEAR RED AND WHITE WED. 3/1 "WACKY WACKY TWINS DAY DR. SEUSS BIRTHDAY CELEBRATION WEDNESDAY" (DESSERT DURING LUNCH) THUR. 3/2 "500 HATS OF BAR-WEAR A CRAZY THOLOMEW CUBBINS" HAT FRI. 3/3 "I'M NOT GOING TO PAJAMA DAY (WEAR "READ AROUND" - KIDS CHOOSE A CLASS-GET UP TODAY" CLEAN, APPROPRIATE ROOM TO VISIT TO HEAR A STORY. PAJAMAS) CAT IN THE HAT PANCAKES @ BREAKFAST AND OODLES OF NOODLES @ LUNCH lehalem Elementary News arent ounci ebruary 0 come join usi Thursdav ruarv 8th February 13th 5:30pm - 7pm 6:30pm - 7:30pm Nehalem Elementary Cafeteria NES Cafeteria The Valentines Cookie Social entine 10 On Feb 5<sup>th</sup> through Feb 9<sup>th</sup>, kids can Join the Parent Council volunteers, decorate a yummy cookie, make a valentine's card and visit with friends. purchase Valentine grams for friends and teachers! We will be selling every morning that week, in the gym, 30 minutes prior to the start of school. For as little as a quarter, or up to \$2.50, kids can purchase a Valentine treat for friends. Quanties are limited and they will be first come, first serve basis. Thank you Nehalem Bay Garden Club for awarding the school garden \$500! This money will allow Food Roots to work with our council volunteers to keep gardening a part of our children's learning at Nehalem Elementary. Some of the things kids get to do in the garden: plant and learn about native plants, make a worm bin and learn to commost and start veguies as seed-then grow and taste On Valentine's Day, grams are distributed to kids to take home. This fundraiser was a big hit last year! So, round up your loose change to send in with kids to have some fun and support the Parent Council fundraising efforts. compost, and start veggies as seed-then grow and taste the fresh veggies! Stay tuned for an upcoming work party date to prepare for spring in our school garden. Garden Committee members are Kristi Woika and Kate Romanov from NES, Rachel Petit and Julia Yost from Interested in volunteering to help with Valentine's Grams, please contact Erin Derr. Food Roots and Erin Derr from the Parent Council. Interested in donating time or joining the work parties? Art Moms is looking to work with the Hoffman Clay Contact Erin or Rachel. Studio in May 2018 on a project called "Endangered Did you know Smile.amazon.com earns money for the Nehalem Elementary Parent Council? Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the council just for logging in and shopping. Same products, same prices, same ordering and delivery, but instead earn money for the Parent Council. Please add *smile.ama-zon.com* as a must do for your shopping. Animals." The Hoffman Center will volunteer their time Art Moms as well as glaze and fire the kids' pieces. We are asking for community support for the funds for the materials. Checks can bewritten to NES with "art program" amazonsmile in the memo. Please mail to NES at 36300 8th St.Nehalem, OR 97131. Art moms is a group of parents, guest artists and volunteers, committed to keeping Art Alive for our youth! Thanks Art Moms! C.S The Parent Council has adopted Nehalem Bay State Park in partnership with SOLVE for local HOW CAN YOU HELP? beach clean- up! Join us Satauarday, March DME BE A PART OF THIS FUN 24th for our first clean up (time and location **GROUP EFFORT!** TBD). Teaching our families to respect and facebook: Nehalem ElementaryParent Council take care of our local beaches is a win-win for the whole community! Contact Erin or Jay Erin Derr, President March 24th Woika for more details. erin\_brown\_77@hotmail.com

### TWO WAYS TO SUPPORT THE MUDD NICK FOUNTATION

AMAZON SMILE REWARDS: go to smile.amazon.com and select The Mudd Nick Foundation.

How do I select a charitable organization to support when shopping on AmazonSmile? On your first visit to AmazonSmile (<u>smile.amazon.com</u>), you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. We will remember your selection, and then every eligible purchase you make at <u>smile.amazon.com</u> will result in a donation.

**FRED MEYER REWARDS**: Did you know that Fred Meyer Store has a community giving website that donates to selected non-profit community organizations? Well they do and you can now link your own rewards card to our own local "Mudd Nick Foundation".

Visit the website <u>https://www.fredmeyer.com/topic/community-rewards-4</u>, select the Mudd Nick Foundation and enter your card number; it's that easy!

Information about the FM Donation Program:

Every time you shop with your linked Rewards Card at Fred Meyer, you're helping your favorite nonprofit earn a donation. And the more supporters who link their Rewards Cards to a nonprofit, the more that non-profit could earn.

• Fred Meyer will award a total of \$650,000 each quarter to eligible participating organizations. The minimum quarterly payout is \$25 per organization. If an organization earns less than \$25 in a quarter, Fred Meyer will hold the amount until the donation exceeds \$25 or the end of the year, whichever is first.

YES! Rewards Customers still get the Rewards Points, Fuel Points and Rebates. Most purchases qualify for Community Rewards, see website for any exclusions.

### FOOD ROOTS GARDEN AT NEHALEM!

Throughout the spring, students will have opportunities to get their hands dirty in the school garden during lessons with Food Roots FoodCorps service member Julia Yost. But involvement doesn't have to end with the school day! The Nehalem Garden Committee will be hosting regular garden work parties until the end of the year - always kid friendly! For dates and more details, follow the Nehalem Elementary School Garden on Facebook. If you have any questions please contact Farm to School program coordinator Rachel Pettit at rachel@foodrootsnw.org

Seed to Supper is coming to Nehalem! Want to learn low-cost ways to build healthy soil, plan your growing space, choose your crops, care for your growing garden, and harvest your bounty? For more information or to register, head over to our website: <u>foodrootsnw.org/seedtosupper</u>

### NEHALEM ELEMENTARY WEEKEND BACK PACK PROGRAM

### Filling the weekend food gap for local children in need

Over half of the children at Nehalem Elementary School qualify for free or reduced priced meals. Many of these children face hunger over weekends and school breaks. The Nehalem Elementary School Backpack Program is a new volunteer-based organization that provides food for local hungry children at times when other resources are not available, such as weekends and holidays.

Every Friday, volunteers provide the children who are enrolled in the program with a bag of food for the weekend. All of the food is child-friendly, nutritious, small and light enough to carry in a backpack, shelf-stable, and easy to prepare, even without a stove. These food resources will support the health, behavior, and achievement of every student that participates. The success in programs like this can be seen in positive changes in student attendance, behaviors, and grades.

# If you think your child could benefit from this program, please ask the front office for an enrollment form!

To donate in any dollar amount please make checks payable to Nehalem Elementary School Backpack Program, P.O. Box 190 Nehalem, OR 97131 or drop checks off directly at the Nehalem Elementary School office. \$20 provides food for one child for one month, \$200 provides food for one child for one school year. For more information contact Program Coordinator Rose Hucek at 503-440-9686.

#### <u>Garibaldi Grade School has the same program at their school, for anyone interested in</u> <u>helping fund their program, call Terry Houchins at 503-322-0311</u>

We currently have about 30 students enrolled in the program and we are growing. 100% of all donations (food or cash) go directly toward feeding hungry kids in our community. If you are interested and able to donate food items, please see the list below.

Food Drop Sites			
Nehalem Elementary School office	N	CRD youth center	
For large donations in need of pick up	contact Ro	se at 503-440-9686	
Most commonly needed store-bought	<u>items:</u>		
*Canned pastas with sauce	Stews/Chili/Soups		Peanut butter/jam (individual servings)
Instant soups and pastas	Rolls, bagels, small baguettes		Juice boxes
Shelf stable milk items	Nuts Dried fruits		Pretzels/Crackers
**Apples/Oranges/Veggies			
*Please try to buy pop-tops as they are	easy for ch	ildren to open. Shelf-s	stable plastic containers preferred but cans are
			committed to having fresh fruits and vegeta-
bles in weekly packs. Fruit and vegetab	le donatior	is should be dropped	off at NES or call Rose for a pick up.

ok too. \*\*Please call if you want to donate vegetables or fruit. We are committed to having fresh fruits and vegetables in weekly packs. Fruit and vegetable donations should be dropped off at NES or call Rose for a pick up. Costco and Cash n' Carry are great places to go for bulk purchases. Single serving items are ideal when possible (peanut butter, jams, ranch dressing). Our volunteers can separate bulk items into smaller servings. If you want to get something special for the kids, please do! We will include treats or toiletries (toothbrushes, toothpaste, etc).

#### **COMMUNITY INFORMATION**

#### NCRD Youth Program:

• We have partnered with the Bay City Arts Center to participate in their black history month exhibit. The children have been working on art based around acceptance and kindness these last few weeks. Their art will be for sale by donation starting this Friday, February 2nd at their opening from 5 -7pm at the Bay City Arts Center.

• This week the children will be working on heart art to be displayed and also sold by donation for the Art for the Heart Community Celebration of the Heart exhibit here at NCRD sponsored by the Tillamook Regional Medical Center. The opening is February 11th from 1-3pm. There will be live music by Eric Sappington, heart healthy foods, art you can make, and more! Enjoy this free family event!

Happy Valentine's Day from all of us at the NCRD Youth Department! Enjoy a night out this Valentine's Day! We will have childcare from 5-8:30pm We will provide dinner and activities for the children. \$10 per child. Sign up at the NCRD Welcome Center. First come first serve basis NCRD Youth Sports

- Register for Basketball now thru 2/23!
- Season starts March 5th
- 2 practices per week
- Games on Saturdays starting March 24th
- \$40 fee (T-shirt Included)
- Questions? Want to register? Call 855-444-6273 or email Crystal Dietrich at <u>crys-</u> tald@ncrdnehalem.org

<u>NCRD/NEHALEM POOL Closed President's Day Holiday February 19, 2018.</u> <u>POOL-A-THON</u> FUNDRAISER....FEBRUARY 17, 2018 9:00AM----1:00PM. (Pool will be closed for public swim February 17, 2018...... <u>Pool-A-</u> <u>Thon</u> in Progress)!!

### SEE YOU ALL THERE!!

### SWIMMING POOL BUILT IN 1930.....SCHOOL SWIM BEGINS!!

It's Pool-a-thon time again and hard to believe it's our 28th annual fundraiser!

The proceeds from the NCRD Pool-a-thon support the NCRD/ Nehalem Elementary School Swim & Water Safety Awareness Program which has existed in some form since 1930!

At that time the school district was planning an addition to the school in Nehalem. The drowning of two local teenage boys prompted the community to ask the school district to add a natatorium. Even though it was during the great depression, there was overwhelming community support to teach every child how to swim to avoid future tragedies.

87 years later in this area surrounded by water & dominated by water related recreation, we continue to accomplish our mission of providing Swim Instruction & Water Safety to all Nehalem Elementary Students. The goal has been to offer a safe environment where the students can learn to swim, & be educated in water safety, while instilling the value of swimming as a lifetime skill and healthy recreational activity. The skills they learn in the pool could save their life or the life of another.

The NCRD School Swim Program reaches out to every Nehalem Elementary Student Kindergarten through fifth Grade. This also includes the NKN District #56 adaptive Swim Program.

Historically our community has accomplished something extraordinary in financially sponsoring students who are swimming laps for dollars during pool-a-thon.

By pledging money or making a donation to a student swimmer, you can help guarantee all the children will continue to benefit from this vital and historic program. We each can play an important role in maintaining our community's essential values, and your generous investment in the Swim Program will make a direct and immediate impact.

Participating kids will be canvassing throughout the community January 20th thru February 24th looking for sponsors who will pledge dollars for their swimming efforts.

### Pool-a-thon is February 17, 2018 9am—1pm

Donations can be mailed to: Pool-a-thon 2018 P.O. Box 207 Nehalem OR 97131 For more Information contact: Pool(855)444-6273 Sue Dindia-Gray 368-6238

### WEEK OF GIVING UPDATE

The Tillamook County Women's Resource Center would like thank our school for our generation of \$449.65 from the week of giving.

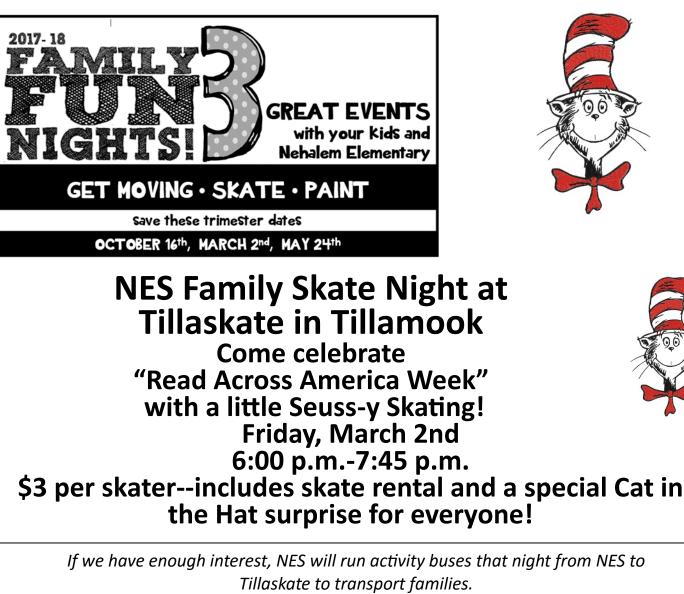
They wanted us to know that gifts of \$250 or more are matched by anonymous donors and this doubles the gift amount!

WAY TO GO Students, Parents and Staff!!!!

#### MEALS MADE AT HOME

In accordance with the guidelines of the health department, only foods prepared in an inspected kitchen may be brought to school. This requirement includes all shared foods, such as at school parties, events or activities. The Nehalem Nugget

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Departure/Arrival times for bus on 3/2/18:

NES: 5pm/8:50pm Wheeler at 101 & Gregory: 5:05pm/8:45pm Rockaway at Red Caboose: 5:20pm/8:30pm Arrive at Tillaskate at 6pm—Depart from Tillaskate at 8pm

Please send in the slip below to the office to reserve your spots for activity buses and/or skating by Wednesday, February 28th! Spots are not reserved until money is received. (cash/check only & payable to NES)

Yes, my family wants to go skating at Tillaskate! What a fun fami- ly night! \*\*(No unattended children please!)

Money must be received to reserve spots. Series we'll want to ride the activity bus. There the NES/Wheeler/Rockaway bus stop. (circle one). There will be of us skating that night at \$3 per person. Skater names are below.

□ No activity bus for us. There will be \_\_\_\_\_ of us skating that night at \$3 per person. Skater names are below. Parent name: Parent Phone#

### Paid Skaters' names: