

**DRAFT**

**San Carlos Apache Tribal Council  
Resolution**

**To Enter Into A Partnership with the Inter Tribal Council of Arizona, Inc. (ITCA) to Adapt and Evaluate the Effectiveness of an Internet-Based Human Immunodeficiency Virus (HIV) /Sexually Transmitted Infections (STI), and Teen Pregnancy Prevention Curriculum for American Indian/Alaska Native Middle School Youth Ages 12-14 Years**

**WHEREAS,** [San Carlos Apache Tribe recitals...]

**WHEREAS,** the Inter Tribal Council of Arizona (ITCA, Inc.), an organization of 20 Tribal governments in Arizona, provides the means for action on matters that affect a Tribe individually or collectively and responds to the needs of its tribal membership, including teen pregnancy and STI/HIV prevention needs, through the administration of programs; and

**WHEREAS,** the member Tribes of the ITCA, Inc. have the authority to act to further their collective interests as sovereign Tribal governments; and,

**WHEREAS,** the San Carlos Apache Tribe is a member of the Inter Tribal Council of Arizona, Inc.; and,

**WHEREAS,** the University of Texas developed a teen pregnancy and STI prevention curriculum called "It's Your Game...Keep it Real" (IYG) that was designed for urban youth in the State of Texas; and

**WHEREAS,** the curriculum was tested and determined to be an effective evidence-based program and there is an interest to adapt the curriculum for American Indian youth; and

**WHEREAS,** the University of Texas School of Public Health (UTSPH) received funding from the Centers of Disease and Control and Prevention (CDC) to adapt the IYG curriculum for American Indian youth and entered into a partnership with three regional tribal organizations, including the Inter Tribal Council of Arizona, Inc., to assist and test the effectiveness of the adapted IYG curriculum; and

**WHEREAS,** the study is a two phase study where in Phase II, the project will test the effectiveness of the adapted IYG youth by recruiting American Indian youth to participate in a randomized control trial over a 16-month period and complete a web-based survey at baseline, and 5 and 16 months; and

**WHEREAS,** the representatives from the San Carlos Apache Tribe Health Department has expressed interest to support the health research project;

**DRAFT**

**WHEREAS,** Should the San Carlos Apache Tribe support the partnership with ITCA to implement the project with their youth, the San Carlos Apache Tribe and their youth may to choose opt out of the study at anytime; and

**WHEREAS,** the ITCA acknowledges and agrees that in order to protect the privacy, security, and confidentiality of the youth participants of the study, the specific and direct identifying information gathered or acquired by ITCA in performance of the study shall be maintained as confidential and that ITCA shall remove all such personal identifying information before the information gathered by the ITCA is provided to UTSPH.

**NOW, THEREFORE, BE IT RESOLVED,** that the San Carlos Apache Tribe will support a health research project administered by the Inter Tribal Council of Arizona, Inc. entitled, "*Innovative Approaches to Preventing Teen Pregnancy Among American Indian Youth Project*" and will support the following activities:

- Have youth participants be randomized into either a sexual health program or a science educational program based on results of a baseline survey,
- Commitment to continue participation for the length of the project (2012-2015),
- Use school class time or after-school time to conduct project activities,
- Disseminate and collect parent consent and youth assent forms for participation in the project, and
- Identify and commit a site coordinator who will be responsible for project logistics.

**NOW THEREFORE BE IT FINALLY RESOLVED,** that the San Carlos Apache Tribe supports a partnership with ITCA, Inc. to carry out the project objectives.

#### **CERTIFICATION**

[San Carlos Apache Tribe certification language]

---

Terry Rambler, Chairman  
San Carlos Apache Tribe

**MODIFICATION**  
**TO THE**  
**RESEARCH SUBAWARD AGREEMENT**  
**BETWEEN**  
**INTER TRIBAL COUNCIL OF ARIZONA, INC.**  
**AND**  
**THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER OF HOUSTON**

The Modification includes the following addendum to the mutual agreement of both parties to this Research Subaward Agreement.

**The Data Transfer and Use Agreement**

This Data Transfer and Use Agreement ("Agreement") is entered into this <sup>29<sup>th</sup></sup> day of ~~April~~, 2011 ("Effective Date") by and between the Inter Tribal Council of Arizona, Inc. ("ITCA") whose address is 2214 North Central Ave. Suite 100, Phoenix, Arizona 85004, and the University of Texas Health Science Center at Houston, a member institution of The University of Texas System ("UTHSC"), whose address is 7000 Fannin, Suite 1006, Houston, Texas 77030.

**I. RECITALS**

A. Pursuant to the Research Subaward Agreement between UTHSC and ITCA, dated 4/29/11, "SIP 10-033: Innovative Approaches to Preventing Teen Pregnancy among Underserved Populations", ITCA will collaborate with UTHSC to conduct a 4-year study to adapt and evaluate the effectiveness of an Internet-based HIV/STI, and pregnancy prevention curriculum for American Indian/Alaska Native middle school aged youth ("the Study").

B. In furtherance of the Study, ITCA will, among other things, be required to collect certain types of information, including personal identifying information, from and pertaining to participating individual Tribal youth whom have been selected from ITCA member tribes for purposes of the Study.

C. UTHSC acknowledges and agrees that specific and direct identifying information gathered or acquired by ITCA in performance of the Study is sensitive information that shall remain protected from unwarranted or unnecessary disclosure or dissemination, including to UTHSC.

D. UTHSC further acknowledges and agrees that in order to protect the privacy, security, and confidentiality of the Tribal youth participants of the Study, the specific and direct identifying information gathered or acquired by ITCA in performance of the Study shall be

maintained as confidential to the maximum extent permitted by the Research Subaward Agreement and applicable law, and that ITCA shall remove all such personal identifying information before the aggregated information gathered by the ITCA is provided to UTHSC ("De-Identified Information").

E. UTHSC understands that information gathered by ITCA as part of the Study, including the De-Identified Information, may be subject to a separate research agreement with a tribal government where ITCA is responsible and liable for protecting the Tribe's identity and the identity of participating tribal members, including tribal affiliation and geographic location, who participated in the research activities.

F. Notwithstanding the foregoing, ITCA desires to disclose the De-Identified Information to UTHSC, and UTHSC wishes to receive such De-Identified Information and to share such De-Identified Information with the Centers for Disease Control and Prevention as required by the Study and pursuant to the protections set forth in this Agreement.

NOW, THEREFORE, in consideration of the mutual promises contained in this Agreement and for other good and valuable consideration, the delivery and sufficiency of which is acknowledged, the parties agree as follows:

## **II. DE-IDENTIFIED INFORMATION**

A. The following survey instruments make up the De-Identified Information - Years 1 and 2 for use and disclosure:

1. Pre-Adaption Usability Testing Instrument
  - a. Results from Usability Survey: Survey that provides feedback on computer-based program "It's Your Game: Keep It Real".
2. Post-Adaption Usability Testing Instrument
  - a. Results from Usability Survey: Survey that provides feedback on computer-based program "It's Your Game: Keep It Real".

B. The following survey instruments make up the De-Identified Information - Years 3 and 4 for use and disclosure:

1. Baseline Survey
  - a. Results of a baseline survey that collects information about American Indian youth sexual behaviors, socio-demographic characteristics, and youths' intentions, knowledge, self-efficacy, attitudes, and perceived norms related to sexual risk-taking behavior.
2. Five (5) and sixteen (16) month post intervention survey
  - a. Results of a 5 and 16 month post intervention survey that collects information about American Indian youth sexual behaviors, socio-demographic characteristics, and youths' intentions, knowledge, self-efficacy, attitudes, and perceived norms related to sexual risk-taking behavior.

## **III. USE AND DISCLOSURE OF DE-IDENTIFIED INFORMATION**

The ITCA and UTHSC agree that the use and disclosure of the De-Identified Information shall be governed as follows:

**A. Removal of Personal Identification Information.** The De-Identified Information delivered to UTHSC by ITCA from the Study shall have the following personal identification information removed: (a) the names of Study participants; (b) all postal address information; (c) telephone numbers; (d) fax numbers; (e) e-mail addresses; (f) social security numbers; (g) medical record numbers; (h) health plan beneficiary numbers; (i) account numbers; (j) certification/license number; (k) vehicle identifiers and serial numbers, including license numbers; (l) device identification numbers and serial numbers; (m) web universal resource locators (URL); (n) Internet protocol address numbers; (o) biometric identifiers, including finger and voiceprint; (p) full face photographic images in any comparable images; (q) tribal membership, including tribal membership identification number; (r) tribal affiliation(s); and the specific geographic location of Survey participants.

**B. Publications.** Any references to the population and geographic location of the Study participants in any publication, including but not limited to peer-reviewed journals, abstracts, or presentations, or the like, shall be generalized in nature and shall refer only to "American Indians in Arizona", without reference to any specific Reservation location(s), including any description of geographic location of Reservation location(s), or tribal affiliation(s).

**C. Additional Protections of De-Identified Information.** ITCA and UTHSC acknowledge that acquiring, reviewing or otherwise having access to De-Identified Information requires discretion and sensitivity and a commitment to not disclose the Information or use it for any improper purpose. Accordingly, UTHSC agrees to comply with the following additional conditions:

1. UTHSC will use and disclose the De-Identified Information solely for the purposes of the Study as described in the Research Subaward Agreement, dated 4/29/11 and as permitted or required by applicable law and this Agreement.

2. All persons employed by UTHSC or who receive or otherwise have access to the De-Identified Information shall be fully qualified to do so, and UTHSC shall ensure that its agents or subcontractors expressly agree to comply the same restrictions and conditions that apply to UTHSC pursuant to this Agreement.

3. UTHSC shall ensure that only the principal investigators are permitted to disclose the De-Identified Information to the Centers for Disease Control subject to this Agreement:

4. UTHSC shall establish, maintain, and use appropriate safeguards to protect De-Identified Information from disclosure or improper use in violation of this Agreement.

5. UTHSC shall promptly report to ITCA any use or disclosure of the De-Identified Information not permitted by this Agreement.

6. To the extent that UTHSC becomes aware of any identifying information related to the Tribal youth participants of the Survey, UTHSC shall not contact any individual or living relative who may be referenced in such identifying information regardless of whether such information was (by intention or error) contained in the De-Identified Information or other information provided to UTHSC by ITCA.

7. UTHSC shall comply with all Federal and State privacy, security, and confidentiality laws; and UTHSC shall not act or fail to act in a manner that would cause ITCA to be in violation of any applicable Federal, State or Tribal laws.

8. UTHSC shall collaborate with ITCA to plan and implement a methodology to transfer the data from ITCA to UTHSC in accordance with this agreement.

**IV. Term of Agreement.** The term of this Agreement shall be effective as of the Effective Date and shall remain in effect until the September 29, 2014.

**V. Termination for Cause.** If ITCA becomes aware of a material breach by UTHSC or its agents or contractors of its obligations pursuant to this Agreement, ITCA may: (i) directly cure, or require UTHSC to cure, the breach or end the violation; (ii) discontinue disclosure of the De-Identified Information and terminate this Agreement upon written notice to UTHSC; or (iii) report the violation to the Secretary of the Department of Health and Human Services or other applicable Federal department or agency having oversight over this matter.

**VI. Effect of Termination.** Upon the expiration or termination of this Agreement for any reason, UTHSC shall destroy or return all information in the De-Identified Information, if feasible. If not feasible, as mutually agreed to by the parties, UTHSC shall continue the protections provided in this agreement for as long as UTHSC shall hold any information of the De-Identified Information. This section shall survive the expiration of this Agreement for any reason.

**VII. Amendments.** This Agreement may not be amended without prior written approval of authorized officials of both parties to the Agreement.

**VIII. Interpretation.** This Agreement shall be interpreted to provide for compliance with all applicable provisions of law.


**IX. No Third Party Beneficiaries.** Nothing express or implied in this Agreement is intended to confer, nor shall anything in this Agreement confer, upon any person or entity other than the parties to this Agreement and their respective successors or assigns any rights, remedies, obligations, or liabilities whatsoever.

**X. Governing Law.** This Agreement will be governed by and interpreted in accordance with the laws of the State of Texas, without regard to conflict of laws principles.


**Provider:**  
Inter Tribal Council of Arizona, Inc.

**Recipient:**  
University of Texas Health Science  
Center at Houston

Signed by:

  
\_\_\_\_\_  
John H. Lewis,  
Executive Director

Signed by:

  
\_\_\_\_\_  
Jodi S. Ogden, MBA, CRA  
Executive Director  
Sponsored Projects Administration



# INTER TRIBAL COUNCIL of ARIZONA, INC.

April 5, 2010

**MEMBER TRIBES**

AK-CHIN INDIAN COMMUNITY  
COCOPAH TRIBE  
COLORADO RIVER INDIAN TRIBES  
FORT McDOWELL YAVAPAI NATION  
FORT MOJAVE TRIBE  
GILA RIVER INDIAN COMMUNITY  
HAVASUPAI TRIBE  
HOPI TRIBE  
HUALAPAI TRIBE  
KAIBAB-PAIUTE TRIBE  
PASCUA YACUI TRIBE  
PUEBLO OF ZUNI  
QUECHAN TRIBE  
SALT RIVER PIMA-MARICOPA  
INDIAN COMMUNITY  
SAN CARLOS APACHE TRIBE  
TOHONO O'ODHAM NATION  
TONTON APACHE TRIBE  
WHITE MOUNTAIN APACHE TRIBE  
YAVAPAI APACHE NATION  
YAVAPAI PRESCOTT INDIAN TRIBE

Whitney Houston, Grants Director  
The University of Texas Health Science Center at Houston  
Post Office Box 20036  
Houston, Texas 77225-0036

RE: Statement of Intent to Establish a Consortium Agreement with the University of Texas Health Science Center (UTHSC)

Dear Ms Houston:

This letter is to confirm that the Inter Tribal Council of Arizona, Inc. agrees to participate in the Special Interest Project (SIP) application to CDC entitled, "SIP 10-033: Innovative Approaches to Preventing Teen Pregnancy among Underserved Populations." (Drs. Shegog and Markham, UTHSC PIs). The Principal Investigator for the Inter Tribal Council of Arizona, Inc. is Mr. John R. Lewis, Executive Director, and Co-Principal Investigator, Gwenda Gorman, Director, Health Promotion Programs. The total costs for the Inter Tribal Council of Arizona, Inc. will be for \$247,090.00 for a Period of Performance from 9/30/2010 – 9/29/2014. This includes facilities and administrative indirect costs at 20.4%.

The appropriate programmatic and administrative personnel at the Inter Tribal Council of Arizona, Inc. will establish written inter-institutional agreements to ensure compliance with all pertinent federal regulations and policies in accordance with the *PHS Grants Policy Statement*, *PHS 398 Application for Public Health Service Grant*, and the *NIH Guidelines for Establishing and Operating Consortium Grants* and Tribal government health research policies and protocols.

Sincerely,

John R. Lewis  
Executive Director



## ABSTRACT

### SIP 10-033: Innovative Approaches to Preventing Teen Pregnancy among Underserved Populations

The **goal** of this 4 year Special Interest Project (SIP) is to adapt and evaluate the effectiveness of an Internet-based HIV/STI, and pregnancy prevention curriculum for American Indian/Alaska Native (AI/AN) middle school-aged youth (12-14 years). This curriculum will be adapted from a successful, Internet-accessible, prevention program, *It's Your Game...Keep it Real, (IYG)*. To capture the heterogeneous experience of AI/AN youth the AI/AN-IYG Internet-based program will be adapted and evaluated in 3 large, geographically dispersed AI/AN communities in Alaska, the Pacific Northwest (Oregon, Washington State, Idaho), and Arizona Plains.

There are **5 study aims**: 1) Among AI/AN youth, assess the availability of educational technology infrastructure, review existing evidence-based sexual health programs targeting AI/AN youth, test the usability of existing IYG activities, and develop adaptation design documents (*Months 1 – 12*). 2) Program and test the usability and feasibility of the adapted Internet-based *IYG* computer intervention for the AI/AN youth (*Months 12 – 24*). 3) Evaluate the effectiveness of the AI/AN-IYG *Internet-based* intervention relative to a *comparison condition*, on sexual behavior outcomes (proportion of youth initiating sexual intercourse, proportion that are sexually active, number of times youth engage in unprotected sex, number of youth' sexual partners) among 1200 middle school youth (*Months 25 – 48*). Youth will be recruited from middle school and Boys and Girls Clubs (n=400 youth from each region) and randomly assigned (by site) to each study arm. The **primary hypothesis** is that youth who receive 'AI/AN-IYG' will delay sexual activity relative to those who receive the comparison condition at 16 month follow-up. 4) Evaluate the effect of 'AI/AN-IYG' relative to a comparison condition on psychosocial variables (e.g., intentions, knowledge, self-efficacy, skills, attitudes, perceived norms related to sexual risk-taking behavior)(*Months 25 – 48*). Secondary hypotheses will also examine the effect of the intervention on the proportion of youth who are sexually active, number of times youth engage in unprotected sexual intercourse, and number of sexual partners. 5) Disseminate findings to the AI/AN communities, partners and scientific community, and, if found effective, provide ongoing access to the program to AI/AN communities across the United States (*Months 42 – 48 ongoing*).

The **collaboration** between the University of Texas PRC, Indian Health Service, Alaskan Native Tribal Health Consortium, Northwest Portland Area Indian Health Board, Intertribal Council of Arizona, Oregon State Health University (OHSU) PRC, Bureau of Indian Education, and Tribal Boys and Girls Clubs collectively provides extensive experience in developing and testing sexual health programs for middle-school aged youth and in conducting youth-based research in AI/AN communities.

This study is **significant** because it addresses the need for HIV/STI and pregnancy prevention intervention for AI/AN youth who represent an at-risk and underserved population. There are relatively few early adolescent interventions with evidence of effectiveness for middle-school age in this population, supporting the need for further research with this age group. It is **innovative** in HIV/STI, and pregnancy prevention for AI/AN youth because it will 1) further understanding of AI/AN youth sexual behaviors and factors affecting this, 2) further understanding of AI/AN youth technology usage, 3) provide an intervention addressing the unique needs of AI/AN youth while catering to the diversity of this population, 4) provide an Internet-based sexual health curriculum that represents a cost-effective, high-fidelity, readily accessible curriculum for widely dispersed AI/AN youth.



**THE UNIVERSITY of TEXAS**  
**HEALTH SCIENCE CENTER AT HOUSTON**

The Committee for the Protection of Human Subjects  
Office of Research Support Committees

6410 Fannin, Suite 1100  
Houston, TX 77030

Ross Shegog, PhD  
UT-H - SPH - Center Health Promotion & Prevention Research

**NOTICE OF APPROVAL TO BEGIN RESEARCH**

September 30, 2010

**HSC-SPH-10-0499 - SIP 10-033: Innovative Approaches to Preventing Teen Pregnancy among Underserved Populations**

**PROVISIONS:** IRB approval letters and stamped informed consent documents from other sites must be submitted to CPHS for review once obtained; Informed consent documents for Phase 1 study procedures must be submitted to CPHS for review and approval prior to use.

**NOTE:** If this study meets the federal registration requirements and this is an investigator-initiated study, or if the PI is the study sponsor or holds the IND/IDE applicable to this study, and no one else has registered this trial on the national registry, **you are required to register at <https://register.clinicaltrials.gov/> before enrollment or no later than 21 days after the first patient is enrolled.** For website access and further information visit <http://www.uth.tmc.edu/research/clinical/ctregistration.htm> or contact Gena Monroe at 713-500-7903.

**APPROVED:** At a Convened Meeting on 09/17/2010

**EXPIRATION DATE:** 8/31/2011

**CHAIRPERSON:** John C. Ribble, MD

Subject to any provisions noted above, you may now begin this research.

**CHANGES:** The principal investigator (PI) must receive approval from the CPHS before initiating any changes, including those required by the sponsor, which would affect human subjects, e.g. changes in methods or procedures, numbers or kinds of human subjects, or revisions to the informed consent document or procedures. The addition of co-investigators must also receive approval from the CPHS. **ALL PROTOCOL REVISIONS MUST BE SUBMITTED TO THE SPONSOR OF THE RESEARCH.**

**INFORMED CONSENT:** Informed consent must be obtained by the PI or designee(s), using the format and procedures approved by the CPHS. The PI is responsible to instruct the designee in the methods approved by the CPHS for the consent process. The individual obtaining informed consent must also sign the consent document. Please note that only copies of the stamped approved informed consent form can be used when obtaining consent.

**UNANTICIPATED RISK OR HARM, OR ADVERSE DRUG REACTIONS:** The PI will immediately inform the CPHS of any unanticipated problems involving risks to subjects or others, of any serious harm to subjects, and of any adverse drug reactions.

**RECORDS:** The PI will maintain adequate records, including signed consent documents if required, in a manner that ensures subject confidentiality.

## Innovative Approaches to Preventing Teen Pregnancy among Underserved Populations



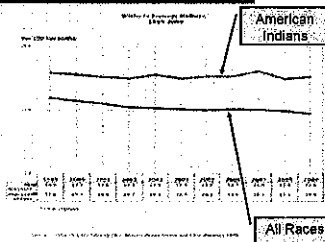
Inter Tribal Council of Arizona, Inc.

## Background

- Teen pregnancy and sexually transmitted infections (STIs) rates have significantly affected American Indian/Alaska Natives (AI/ANs) teens for the past several years

## American Indians (AI) Teen Pregnancy Rates

From 1999 – 2009, teen pregnancy rates among AI young women (ages 18 or less) have been higher compared to all races in Arizona



Source: Arizona Health Status and Vital Statistics, 2009

## Background

- The University of Texas developed an on-line teen pregnancy and STIs prevention curriculum geared for African American and Hispanic middle school youth
- The curriculum is called "It's Your Game... Keep It Real" (IYG)

## It's Your Game...Keep It Real



An Effective HIV/STI and Pregnancy Prevention Program For Middle School Youth

- Theory-based, multimedia program for 7<sup>th</sup> & 8<sup>th</sup> grade
- Computer-based
- 13, 50-minute lessons
- 2 randomized controlled trials
- Effective outcomes by follow-up at 9<sup>th</sup> grade
  - Delayed initiation of sexual intercourse
  - Reduced frequency of sex
  - Increased condom use
  - Positive impact on psychosocial variables

## It's Your Game...Keep It Real

- National Recognition and Awards
  - The Digital Media Award from the Public Health Education and Health Promotion section of the American Public Health Association (2010).
  - What Works 2010: Curriculum Based Programs That Help Prevent Teen Pregnancy. 2010. Washington, DC: The National Campaign to Prevent Teen and Unplanned Pregnancy.
  - Science Says #43: Effective and Promising Programs for Latino Youth. 2010. Washington, DC: The National Campaign to Prevent Teen and Unplanned Pregnancy.
  - Teenage Pregnancy Prevention: Replication of Evidence-Based Programs (Tier 1). 2010. DHHS, OAH.

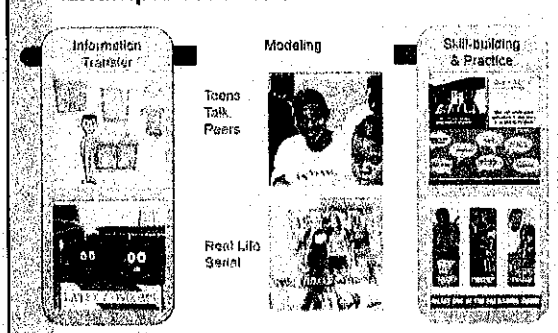
## Background (continued)

- The US Department of Health & Human Services (DHHS) recognizes IYG as an *effective evidence-based program*
- Programs that replicate *effective evidence-based programs* are eligible to receive DHHS grants (funding) to address teen pregnancy and HIV/AIDS/STIs
- Few teen pregnancy and HIV/AIDS/STI curricula tailored for AI/ANs are recognized as *effective evidence-based programs* by DHHS

## ITYG Tech: Lessons & Topics

#	Topics
1	Introduce IYG program; determine personal strengths
2	Characteristics of healthy and unhealthy friendships
3	Introduce "Select, Detect, Protect": identify personal rules & risky situations
4	Characteristics of clearly saying "no": Effective/ineffective refusal skills
5	Anatomy, physiology, and reproduction
6	Characteristics of health/unhealthy dating relationships; respecting others' rules
7	Sexual, emotional, physical consequences of sex; reasons to wait
8	Communication & negotiation skills practice; Internet communication & safety
9	Consequences of teen pregnancy
10	Consequences of STI/HIV & the importance of testing
11	Condom and contraception knowledge and skills
12	"Select, Detect, Protect" review; condom negotiations
13	Review of IYG; personalize reasons for not having sex

## Example Activities



## Background (Continued)

- Tribes have expressed interest to adapt the IYG curriculum for AI/ANs
- The University of Texas received funding from the Centers of Disease Control to adapt and test the IYG's effectiveness for AI/ANs
- ITCA, along with a consortium of Tribes in the Northwest and Alaska, have agreed to partner with University of Texas to adapt the IYG for AI/ANs

## Tribal Involvement


- Seeking approval of Tribes, through appropriate entity, to implement the program in a tribal community.
- Measure of effectiveness is determined through the collection of surveys of youth
- Seeking a tribal government representative to serve on the ITCA IYG Research Team


## Phase 1: IYG Adaptation

Year 1	Year 2
Build Community Relationships and Support	Adapt IYG for AI/AN youth
Recruit schools & BGCs	Video production with AI/AN youth
Review existing AI/AN youth programs and research	Pilot test IYG-AI/AN
Usability testing of IYG	Tribal review & approval of adapted IYG

## Adaptation

- Core components of the curriculum are not changed
  - Knowledge, and skill building activities
  - Medically accurate information
  - Age appropriate for middle school youth
- Peer Modeling Videos
- Characters
  - Persons of Wisdom
  - Cultural context and environment



- Core components of the curriculum are not changed
    - Knowledge, and skill building activities
    - Medically accurate information
    - Age appropriate for middle school youth
  - Peer Modeling Videos
  - Characters
    - Persons of Wisdom
    - Cultural context and environment
- 
- The logo for National Youth Leadership Education (NYLE) is located in the bottom right corner. It features the word "NATIONAL" in a small, bold, sans-serif font at the top. Below it, the word "YOUTH" is written in a large, stylized, outlined font. Underneath "YOUTH", the word "LEADERSHIP" is written in a smaller, bold, sans-serif font. At the very bottom, the word "EDUCATION" is written in a small, bold, sans-serif font. The entire logo is set against a dark, textured background.

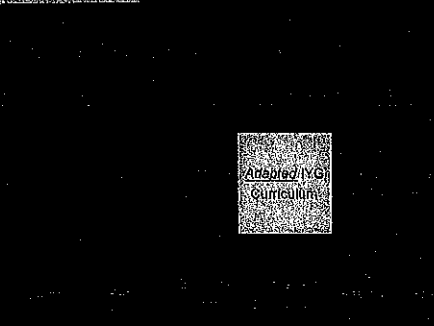


Year 3	Year 4
Recruit youth	Final analysis of study findings
Randomly assign sites to comparison & intervention groups	Share results with tribal and research communities
Efficacy Trial	Encourage widespread use across ALIAN community
Test new IYG for ALIAN youth	Explore partnerships with websites that are popular with ALIAN youth
Analyze results	

Image Source: <http://www.gandhi.org.uk/our-library/selection-against-integration-and-inequality>

Year 3	Year 4
Recruit youth	Final analysis of study findings
Randomly assign sites to comparison & intervention groups	Share results with tribal and research communities
Efficacy Trial: Test new IYV for AI/AN youth	Encourage widespread use across AI/AN communities
Analyze results	Explore partnerships with websites that are popular with AI/AN youth

Image Source: <http://www.gutenberg.org/files/67089/67089-h/67089-h.htm>

[illegible]

Andrew McG  
Curriculum

16

1. **Identify the problem.** The first step in the problem-solving process is to identify the problem. This involves recognizing the symptoms of the problem and determining the underlying cause. For example, if a company is experiencing a decline in sales, the problem might be identified as a decrease in customer demand.

2. **Analyze the problem.** Once the problem has been identified, the next step is to analyze it. This involves gathering data and information about the problem and its causes. For example, if the problem is a decrease in customer demand, the company might analyze market trends, customer feedback, and competitor activity.

3. **Generate solutions.** The third step in the problem-solving process is to generate solutions. This involves brainstorming ideas and evaluating them to determine which ones are most likely to be effective. For example, if the problem is a decrease in customer demand, the company might generate solutions such as offering discounts, improving customer service, or developing new products.

4. **Implement the solution.** Once a solution has been chosen, the next step is to implement it. This involves putting the solution into action and monitoring its progress. For example, if the solution is to offer discounts, the company might implement the discount and track sales to see if it has increased.

5. **Evaluate the results.** The final step in the problem-solving process is to evaluate the results. This involves assessing the effectiveness of the solution and determining whether it has solved the problem. For example, if the solution was to offer discounts, the company might evaluate sales data to see if sales have increased and if the discount was worth the cost.

19

## Phase 2, Years 3 & 4 - Data Collected

- Parent and Youth consent forms
  - Addresses Phone Numbers, Email addresses
- Will collect information about knowledge, attitudes and beliefs about sex and sexual behavior
- Data collected will answer the following questions:
  - Did adapted IYG reduce sexual initiation or sexual activity?
  - Did adapted IYG improve variables (intentions, knowledge, self-efficacy, attitudes, and perceived norms) related to sex
  - Did adapted IYG reduce levels of unprotected sexual intercourse and number of sexual partners?
  - Did adapted IYG reduce levels of other outcome variables (alcohol/drug use and having sex)

## Community Protections

- ITCA has an approved a Data Use and Sharing Agreement with University of Texas
  - All personal identifying information collected by ITCA will not be shared with University of Texas
  - Tribal affiliation or geographic location will not be shared with University of Texas
  - References to population or geographic location shall be referred to as "American Indians in the Arizona" in any publication or dissemination of results

## Community Protections (cont.)

- Intent is that data collected be anonymous
- Survey will be administered on-line
  - URL will not be shared with Univ. of Texas
- Data is owned by the Tribe
  - Will develop a data (survey) transfer protocol between ITCA and the Tribe
  - ITCA and UT can provide analysis of tribal specific data at Tribe's request at the conclusion of the research project

## Community Protections (cont.)

- Comply under University of Texas IRB
- ITCA will seek research approval through appropriate tribal entity and ensure compliance of use of data throughout the project
- ITCA has created an IYG Research Team to review and ensure project research compliance and data protection
  - Request that a tribal government representative serve on the IYG Research Team
- At the Tribes request, may submit approval through IHS IRB approval process

## Community Benefits

- Intervention or Control groups will gain knowledge and skills related to the curriculum provided
- Youth participants will receive monetary compensation
  - Amount depending on the activity
- Participating Tribe will receive monetary compensation
  - \$5,000/year

## Community Benefits (cont.)

- Reduce rates of teen pregnancy and STIs
- If determined that the adapted IYG curriculum is considered an **effective evidence-based program**,
  - Tribes have access to a curriculum
  - Would be able to tailor the curriculum to the community
  - Tribes may be eligible to seek federal/state funding to address teen pregnancy and HIV/AIDS/STIs using the adapted IYG curriculum

## Phase II – Tribal Activities

- Agreement to be randomized to either a sexual health program or a science educational program,
- Commitment to continue participation for the length of the project (2012-2015),
- Use school class time or after-school time to conduct project activities,
- Agreement to disseminate and collect parent consent and youth assent forms for participation in the project, and
- Identification of and commitment from a site coordinator who will be responsible for project logistics.

25

## ITCA Contacts

- Gwenda Gorman,
  - Health Program Director
  - [Gwenda.gorman@itcaonline.com](mailto:Gwenda.gorman@itcaonline.com)
- Travis L. Lane
  - Health Program Specialist
  - [Travis.lane@itcaonline.com](mailto:Travis.lane@itcaonline.com)
- (602) 258-4822 (main line)

26

# Any Questions?



27



## THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER - HOUSTON

**Project Title:** Innovative Approaches to Preventing Teen Pregnancy among Underserved Populations and Affordable Care Act Tribal Personal Responsibility Education Program for Teen Pregnancy Prevention

**Principal Investigator:** Ross Shegog

**Project ID:** HSC-SPH-10-0499

### EFFICACY TRIAL: YOUTH INFORMED ASSENT

#### INVITATION TO JOIN:

You are being invited to join in the research project named on the top of this form. We are inviting you to join this research because you are a Native American youth. Native Americans include any American Indian or Alaska Native people. This research study is designed to be helpful for Native American youth like you.

The Principal Investigator, or PI, is Ross Shegog of the University Of Texas Health Science Center (UTHSC), School of Public Health in Houston, Texas. The PI is the leader of the research study.

#### DESCRIPTION OF THE RESEARCH

##### THE PROJECT TEAM

This program is part of a research study that UTHSC is doing with the Inter Tribal Council of Arizona, Inc., the Alaska Native Tribal Health Consortium, the Northwest Portland Area Indian Health Board, the Centers for Disease Control and Prevention (CDC) and the Administration for Children and Families (ACF). CDC and ACF are paying for this study. This research study has been reviewed by the Committee for the Protection of Human Subjects (CPHS) of UTHSC. The project went through the proper tribal and/or Indian Health Service (IHS) area approval process.

##### PURPOSE

The purpose of the study is to find out how well a program works for Native American youth. The program is called *It's Your Game...Keep It Real (IYG)*. IYG teaches youth about sexual health. The program is designed to help students make better life choices. IYG teaches about dealing with peer pressure about drugs, alcohol and sex. Some students may already be or become sexually active. For those students, IYG teaches about avoiding pregnancy and getting diseases from sexual activity.

The study is being held in three US locations: Arizona, Alaska, and the Pacific Northwest. A total of 1,200 students are expected to join this study. Four-hundred (400) students will join at each location.

#### PROCEDURES

This project is divided into many parts. This part of the study is called an "Efficacy Trial."

##### TIME

You will be asked to join for a total of 24 months. All students will take the survey in four semesters. These will be Fall 2012, Spring 2013, Fall 2013, and Fall 2014.

Your part will happen in the usual hours of your program day. Each survey will last about 45-60 minutes. You will be allowed to leave class to do the study.

##### PLACE

This study will happen at your school or after-school program. If you move to another school or after-school program, you will be contacted at that school to take the survey. At each time, we will ask you for contact information so we can find you for the next survey.

##### STUDY GROUPS

There are two study groups in this research. One is called an "intervention group", and the other is a "comparison" one. Your school or after-school programs will be randomly put in one of these groups. During the study, you will use a computer with headphones to take the survey. They will give you privacy to answer study questions. They will also help to block outside noise.



**IRB NUMBER:** HSC-SPH-10-0499  
**IRB APPROVAL DATE:** 10/12/2012



## **Intervention Group**

If your school or after-school program is in the intervention group, you will use *IYG*. You will use *IYG* as part of your normal program. You will also complete an IYG survey four times. These will be completed over the next two years. The survey will ask about many questions. These questions will be about what you know, think, and feel. We will ask about dating, sex, pregnancy, and infections from sex. We will ask you what you know and your opinion about these topics.

## **Comparison Group**

If your school or after-school program is in the comparison group, you will not use *IYG*. You will use a science education program with a similar number of lessons to *IYG*. However, you will also do a survey four times. These will be done over the next two years. The survey will ask you several questions. These questions will be about what you know, think, and feel. We will ask your opinion about dating, sex, pregnancy, and infections from sex.

## **STUDY RESULTS**

Results from this study will be shared with you. These results will be posted on the study website.

## **CONFIDENTIALITY**

Any personal answers from you will be kept private as covered by law. Your answers will not include your name or any other private data. Documents about your answers will be labeled by a secret number. Personal data like the name of your tribe will **not** be linked to the study data. Your answers will be returned to UTHSC and locked in a filing cabinet. Study information will be put into a safe research library. This library is part of the UTHSC computer system.

You should know that staff of the CPHS, CDC and ACF may review the research records. This would happen only if they want to check on the study. If this happens, those staff will see your information. However, these staff cannot copy or keep these records with your data. Your name will not be used in any reports that may result from this study.

All answers that you give will be kept private. This is so because this study has been given a Certificate of Confidentiality. This means anything you tell us will not have to be given out to anyone, even if a court orders us to do so, unless you say it's okay. But under the law, we must report suspected cases of child abuse or if you tell us you are planning to cause serious harm to yourself or others."

## **COSTS OF JOINING THE PROJECT**

If you join the study, you will be given gift cards as a thank you. For taking the first and second survey, you will get a gift card for \$5.00 per survey. For taking the third and fourth survey, you will get a \$10.00 gift card per survey.

Neither you nor your parent will have to pay anything to join the study. If you or your parent gets a bill that you believe is related to this study, please contact the research team. The phone numbers are in the "RESEARCH CONTACTS" part of this form.

## **BENEFITS**

This project may not help you directly. However, your taking part will help reach the study goals. This study hopes to create better sex education for Native American students.

## **RISKS AND/OR DISCOMFORTS**

Risks from joining this study, as described above, are limited. Some of the questions on the questionnaire may be personal and embarrassing. You do not have to answer questions that make you uncomfortable.

## **ALTERNATIVES TO THIS PROJECT**

You have the option of not joining this study. You may freely decide to stop being in the study at any time. You should tell your parent if you want to stop being part of the study.

## **STUDY WITHDRAWAL**

It is your and your parents' choice whether or not to join this research. Also, you may choose to join now, but can change your mind and leave later if you want. In any choice you make, you will be treated the same way as usual. Saying "No" now will *not* change the services available at your program here. Your school grades will not be changed if you choose not to join. If you do not join the study, you will have other activities to do.

You should know that the PI, CDC or ACF may stop the study early. If this happens, you will be notified by mail. Also, the PI may take you out of the study. This would happen if we cannot contact you for the third survey.

## **IN CASE OF INJURY**

You should not be injured from this study. If you are harmed by being in this study, you should know that no plans have been made to provide free treatment or any other financial payment. Please let us know if you are harmed from being in this study. If you are harmed, you will be able to use any services that you need. They will be available to you as they are regularly. However, we cannot pay for your care.

## **RESEARCH CONTACTS**

If you have any questions about the study, you should contact one of the PI's of the study:

- Ross Shegog, University of Texas Health Science Center, (713) 500-9677
- Gwenda Gorman, Inter Tribal Council of Arizona, Inc., (602) 258-ITCA
- Travis Lane, Inter Tribal Council of Arizona, Inc., (602) 258-ITCA
- Cornelia Jessen, Alaska Native Tribal Health Consortium, (907) 729-3955
- Jessica Leston, Alaska Native Tribal Health Consortium, (907) 244-3888
- Stephanie Craig Rushing, Northwest Portland Area Indian Health Board, (503) 416-3290

If you have any questions or concerns about your rights as a research participant, call:

- CPHS, University of Texas Health Science Center, (713) 500-7943

You may also call the Committee if you wish to discuss problems, concerns, and questions. CPHS can give you more details about the research. They can also give details about current or past research studies and joining them. If you call CPHS, tell them the number HSC-SPH-10-0499 to identify the study.

## **SIGNATURES**

Please make sure that all of your questions are answered and that you understand the study. If you decide to join this study, a copy of this signed consent form will be given to you and your parent.

By signing below, you are saying that you understand the information given to you about the research and want to join the study.

[ ] Yes, I AGREE to take part in the study

[ ] No, I DO NOT AGREE to take part in the study

\_\_\_\_\_  
Participant Name (PRINTED)

\_\_\_\_\_  
Date / Time

\_\_\_\_\_  
SIGNATURE of Participant

\_\_\_\_\_  
Name of Person Obtaining Consent (PRINTED)

\_\_\_\_\_  
SIGNATURE of Person Obtaining Consent

\_\_\_\_\_  
Date / Time

## **CPHS STATEMENT**

This study (HSC-SPH-10-0499) has been reviewed by the Committee for the Protection of Human Subjects (CPHS) of the University Of Texas Health Science Center at Houston. For any questions about research subject's rights, or to report a research-related injury, call the CPHS at (713) 500-7943.



## **THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER - HOUSTON**

**Project Title:** Innovative Approaches to Preventing Teen Pregnancy among Underserved Populations and Affordable Care Act Tribal Personal Responsibility Education Program for Teen Pregnancy Prevention

**Principal Investigator:** Ross Shegog

**Project ID:** HSC-SPH-10-0499

### **EFFICACY TRIAL: PARENT INFORMED CONSENT**

#### **INVITATION TO JOIN:**

Your child is being invited to join in the research project named on the top of this form. We are inviting your child to join this research project because s/he is an American Indian or Alaska Native youth. This research project is designed to be helpful for Native American youth like your child.

The Principal Investigator, or PI, is Ross Shegog of the University Of Texas Health Science Center (UTHSC), School of Public Health in Houston, Texas. The PI is in charge of the research project.

#### **DESCRIPTION OF THE RESEARCH**

##### **THE PROJECT TEAM**

This program is part of a research study that UTHSC is doing with the Inter Tribal Council of Arizona, Inc., the Alaska Native Tribal Health Consortium, the Northwest Portland Area Indian Health Board, the Centers for Disease Control and Prevention (CDC) and the Administration for Children and Families (ACF). CDC and ACF are paying for this study. This research project has been reviewed by the Committee for the Protection of Human Subjects (CPHS) of UTHSC. The project went through the proper tribal and/or Indian Health Service (IHS) area approval process.

##### **PURPOSE**

The purpose of the research is to find out how well a program works for Native American youth. This computer-based program is called *It's Your Game...Keep It Real (IYG)*. IYG teaches students about sexual health. The program is designed to help students deal with events that pressure them to become sexually active. It may also help prevent pregnancy and sexually transmitted diseases (STDs) for students who become sexually active.

The project is being held in three US locations: Arizona, Alaska, and the Pacific Northwest. A total of 1,200 students are expected to join this project. Four-hundred (400) students will join at each location.

#### **PROCEDURES**

This project is divided into many parts. This part of the research is called an "Efficacy Trial."

##### **TIME**

All students will take the survey in Fall 2012, Spring 2013, Fall 2013, and Fall 2014. Your child will take part during regular hours of the school or afterschool day. Your child will be allowed to leave class.

Your child will be asked to participate in the project for a total of 24 months. Each survey will last about 45-60 minutes.

##### **PLACE**

For your convenience, this project will take place at your child's school or after-school program. If your child moves to another school or after-school program, he or she will be contacted at that school to take the survey. At each survey, we will ask your child for contact information to help find him/her for the next survey.

##### **STUDY GROUPS**

There are two study groups in this research. One is called an "intervention group" and the other is a "comparison" one. Schools and after-school programs will be randomly placed to one of these groups. During the project, your child will use a computer with headphones to take the survey. They will give him/her privacy to answer study questions. They will also help to block outside noise.



**IRB NUMBER:** HSC-SPH-10-0499  
**IRB APPROVAL DATE:** 10/12/2012

### **Intervention Group**

If your child's program is assigned to the intervention group, your child will use *IYG*. S/he will use *IYG* as part of his/her normal program activities. Your child will also complete a survey three times. These will be completed over the next two years. The survey will ask your child several questions. These questions will be about what your child knows, thinks and feels. We will ask your child's opinion about dating and sexual activity. We will also ask your child about pregnancy and infections from sex.

### **Comparison Group**

If your child's program is assigned to the comparison group, your child will not use *IYG*. S/he will use a science education program with a similar number of lessons to *IYG*. Your child will also complete a survey three times. These will be completed over the next two years. The survey will ask about your child several questions. These questions will be about what your child knows, thinks and feels. We will ask your child's opinion about dating and sexual activity. We will also ask your child about pregnancy and infections from sex.

### **STUDY RESULTS**

Results from this study will be shared with you and your child. These results will be posted on the project website.

### **CONFIDENTIALITY**

Any personal information from you or your child will be kept private as covered by law. Your child's answers to any questions will not include his/her name or any other private data. Documents about your child will only be labeled by a secret number. Personal data such as the name of your tribe will **not** be linked to the study documents. Your child's answers will be returned to the UTHSC and stored in a locked filing cabinet. Data from the computer system will be downloaded into a safe research library in the university computer system.

You should know that staff of the CPHS, CDC and ACF may review the research records to check on the study. If this happens, those staff will see your child's information. However, these staff cannot copy or keep records that have any of your personal information. Your and your child's names will not be used in any reports or publications that may result from this study.

All answers that you give will be kept private. This is so because this study has been given a Certificate of Confidentiality. This means anything you tell us will not have to be given out to anyone, even if a court orders us to do so, unless you say it's okay. But under the law, we must report suspected cases of child abuse or if you tell us you are planning to cause serious harm to yourself or others.

### **COSTS OF JOINING THE PROJECT**

If your child joins the study, s/he will be given gift cards as a thank you. For taking the first and second survey, your child will get a gift card for \$5.00 per survey. For the third and fourth survey, your child will get a \$10.00 gift card per survey.

Neither you nor your child will have to pay anything to join the project. If you get a bill that you believe is related to this research project, please contact the research team. The phone numbers are in the "RESEARCH CONTACTS" part of this form.

### **BENEFITS**

This project may not help you or your child directly. However, your child's participation will help us create better sexual health education for other Native American students.

### **RISKS AND/OR DISCOMFORTS**

Risks from joining this study, as described above, are limited. Some of the questions on the questionnaire may be personal and embarrassing. Your child does not have to answer questions that make him/her uncomfortable.

### **ALTERNATIVES TO THIS PROJECT**

You have the option of not having your child join this study. You may freely decide to stop your child from being in the study at any time.

## **STUDY WITHDRAWAL**

It is you and your child's choice whether or not to join this research. Also, you may choose for your child to join now, but may change your mind and pull your child out later. In any choice you and your child make, you and your child will still be treated the same way as usual. The choice of not joining will **not** change the services available at your child's program and will not change his/her school grades. If your child does not join the project, other activities will be given to him/her.

You should know that the PI or CDC may stop the study early. If this happens, you and your child will be notified by mail. Also, the PI may take your child out of the study. This would happen if we cannot contact your child for the third survey.

## **IN CASE OF INJURY**

If you and/or your child are harmed as a result of being in this project, we cannot provide free treatment of the injury or any other type of payment. But you and your child will be able to use any services that you need. They will be available to you and your child as they are regularly. Please contact us if you or your child is harmed by being in the study.

## **RESEARCH CONTACTS**

If you have any questions about the study, you should contact one of the PI's of the study:

- Ross Shegog, University of Texas Health Science Center, (713) 500-9677
- Gwenda Gorman, Inter Tribal Council of Arizona, Inc., (602) 258-ITCA
- Travis Lane, Inter Tribal Council of Arizona, Inc., (602) 258-ITCA
- Cornelia Jessen, Alaska Native Tribal Health Consortium, (907) 729-3955
- Jessica Leston, Alaska Native Tribal Health Consortium, (907) 244-3888
- Stephanie Craig Rushing, Northwest Portland Area Indian Health Board, (503) 416-3290

If you have any questions or concerns about your rights as a research participant, call:

- CPHS, University of Texas Health Science Center, (713) 500-7943
- You may also call the Committee if you wish to discuss problems, concerns, and questions. CPHS can give you more details about the research.
- They can also give details about current or past research studies and joining them. If you call CPHS, tell them the number HSC-SPH-10-0499 to identify the study.

## **SIGNATURES**

Please make sure that all of your questions are answered and that you understand the study. If you decide for your child to join this study, a copy of this signed consent form will be given to you and your child. By signing below, you are saying that you understand the information given to you about the research and want your child to join the study.

[ ] Yes, my child MAY take part in the study

[ ] No, my child MAY NOT take part in the study

\_\_\_\_\_  
Name of child (PRINTED)

\_\_\_\_\_  
Name of Parent or Guardian (PRINTED)

\_\_\_\_\_  
SIGNATURE of Parent or Guardian

\_\_\_\_\_  
Date / Time

\_\_\_\_\_  
Name of Person Obtaining Consent (PRINTED)

\_\_\_\_\_  
Signature of Person Obtaining Consent

\_\_\_\_\_  
Date / Time

## CPHS STATEMENT

This project (HSC-MS-10-0499) has been reviewed by the Committee for the Protection of Human Subjects (CPHS) of the University Of Texas Health Science Center at Houston. For any questions about research subjects rights, or to report a research-related injury, call the CPHS at (713) 500-7943.

## INTRODUCTION

- Q1. Proctor, please enter the subject ID: \_\_\_\_\_
- Q2. Proctor, please enter the passcode. \_\_\_\_\_

**Welcome to the survey for *IT'S YOUR GAME* FOR AMERICAN INDIAN AND ALASKA NATIVE YOUTH!**

**Thank you for participating in our study. Your participation is very important. The information you give will be used to develop better HIV, sexually transmitted infection (STI), and pregnancy prevention programs for teens.**

**Please answer the questions honestly and based on what you really think or do. There is no right or wrong answer on these questions.**

**Your teachers and your parents will not know your answers. Completing the survey is voluntary. Whether or not you answer the questions will not affect your grades at school.**

**Please feel free to ask the person who logged you onto the survey any questions you may have about this survey.**

**Thank you very much for your help!**



## DEMOGRAPHICS

- ade1. What is your gender?**
- 1 Male
  - 2 Female
  - 8 Refuse to Answer

- ade2. How old are you?**
- \_\_\_\_
- 998 Refuse to Answer

**What is your date of birth? (month/day/year)**

**What was the name of your 3<sup>rd</sup> grade teacher?**

**ade3. What is your race or ethnicity? Please choose all that apply.**

- ☐ 1 White
- ☐ 2 Black or African American
- ☐ 3 Asian or Pacific Islander
- ☐ 4 American Indian or Alaska Native
- ☐ 5 Hispanic or Latino
- ☐ 6 Other
- ☐ 7 Refuse to Answer

**The following questions ask about your family. Think about the household you live in most of the time.**

**ade5. Who lives with you in this household? Please choose all that apply.**

- ☐ Biological mother (person who gave birth to you)
- ☐ Biological father (male parent you are genetically related to)
- ☐ Stepmother
- ☐ Stepfather
- ☐ Foster mother
- ☐ Foster father
- ☐ Adoptive mother
- ☐ Adoptive father
- ☐ Parent's partner, boyfriend, or girlfriend
- ☐ Brother or sister
- ☐ Grandparent
- ☐ Aunt or Uncle
- ☐ Other relative
- ☐ Other person OR non-relative

\_\_\_ Refuse to Answer

**ade6. Do you live in another household some of the time?**

1 Yes

0 No

8 Refuse to Answer

*If ade6 is equal to 0 or ade6 is equal to "Refuse to Answer", then skip to instruction before ade8.*

**ade7. Who lives with you in this other household? Please choose all that apply.**

\_\_\_ Biological mother (person who gave birth to you)

\_\_\_ Biological father (male parent you are genetically related to)

\_\_\_ Stepmother

\_\_\_ Stepfather

\_\_\_ Foster mother

\_\_\_ Foster father

\_\_\_ Adoptive mother

\_\_\_ Adoptive father

\_\_\_ Parent's partner, boyfriend, or girlfriend

\_\_\_ Brother or sister

\_\_\_ Grandparent

\_\_\_ Aunt or Uncle

\_\_\_ Other relative

\_\_\_ Other person or non-relative

\_\_\_ Refuse to Answer

*If (ade5A is equal to 0 or ade5A is equal to "Refuse to Answer") and (ade5C is equal to 0 or ade5C is equal to "Refuse to Answer") and (ade5G is equal to 0 or ade5G is equal to "Refuse to Answer"), then skip to instruction before ade9.*

**ade8. Please mark the highest level completed in school by your mother.**

1 She did not finish high school

2 She graduated from high school

3 She attended vocational or technical school

4 She had some college

5 She graduated from college

8 Refuse to Answer

*If (ade5B is equal to 0 or ade5B is equal to "Refuse to Answer") and (ade5D is equal to 0 or ade5D is equal to "Refuse to Answer") and (ade5H is equal to 0 or ade5H is equal to "Refuse to Answer"), then skip to instruction before ade10.*

**ade9. Please mark the highest level completed in school by your father.**

- 1 He did not finish high school
- 2 He graduated from high school
- 3 He attended vocational or technical school
- 4 He had some college
- 5 He graduated from college
- 8 Refuse to Answer

*If (ade5A is equal to 0 or ade5C is equal to 1) or (ade5G is equal to 1 or ade7B is equal to 1) or (ade5D is equal to 1) or (ade5H is equal to 1), then skip to ade11.*

**ade10. Please mark the highest level completed in school by your guardian.**

- 1 He or she did not finish high school
- 2 He or she graduated from high school
- 3 He or she attended vocational or technical school
- 4 He or she had some college
- 5 He or she graduated from college
- 8 Refuse to Answer

**ade11. In the past 12 months, how often did your household not have enough money for food?**

- 1 Never
- 2 Rarely
- 3 Sometimes
- 4 Often

**ade12. In the past 12 months, how often did your household not have enough money for heat?**

- 1 Never
- 2 Rarely
- 3 Sometimes
- 4 Often

**ade13. In the past 12 months, how often did your household not have enough money for electricity?**

- 1 Never
- 2 Rarely
- 3 Sometimes
- 4 Often

**The next questions ask about school.**

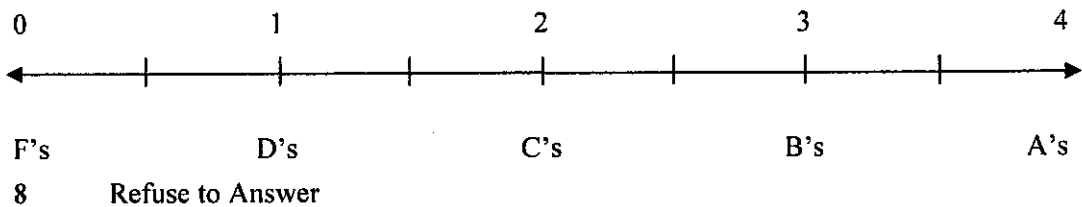
**ade14. What kind of school do you attend?**

- 0 Public school
- 1 BIA, BIE, or tribal school
- 2 Parochial school (a school that is a part of a church or another religious group)
- 3 Charter school
- 4 Other private school
- 8 Not Sure
- 8 Refuse to Answer

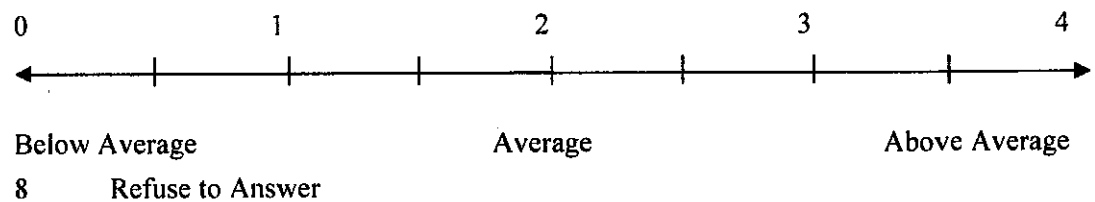
**ade15. What grade level are you in school?**

- 5th
- 06 6th
- 07 7th
- 08 8<sup>th</sup>
- 9<sup>th</sup>
- 10<sup>th</sup>
- Other (Please write which level.)
- 98 Refuse to Answer

**ade16. In general, how well do you do in school?**



**ade17. Compared with your classmates, how good are your grades in school?**



**ade18.**

**How much education do you intend to get? (Choose one)**

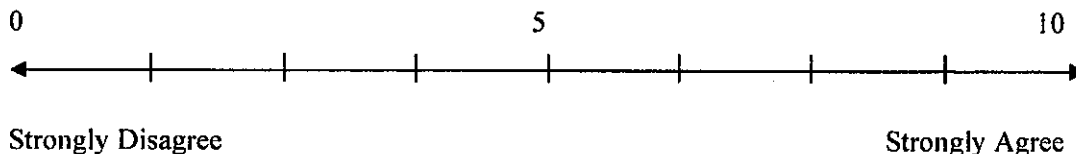
- 0 Don't plan to finish high school
- 1 Plan to finish high school
- 2 Attend a technical or vocational school after high school
- 3 Graduate from a 2-year community college program
- 4 Graduate from a 4-year college
- 5 Graduate with an advanced degree (doctor, lawyer, dentist)
- 6 Refuse to Answer

## CULTURAL IDENTIFICATION

These questions are opinions about American Indian and Alaska Native culture and how you feel about yourself as an American Indian or Alaska Native. Please choose the response that matches your opinion.

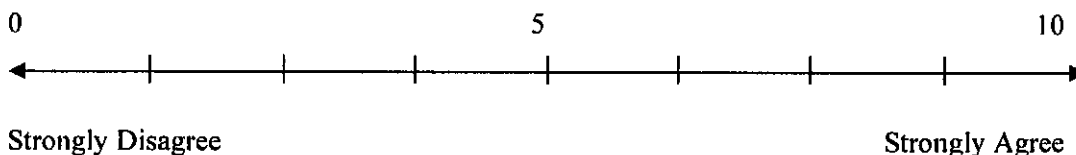
*If (ade3 is equal to 1,2,3,,5,6 or 7, then skip to aps1.*

- aci1. On a 0-10 scale where 0 is Strongly Disagree and 10 is Strongly Agree, how much do you agree with the following statement: "Being American Indian or Alaska Native is a major part of my identity."



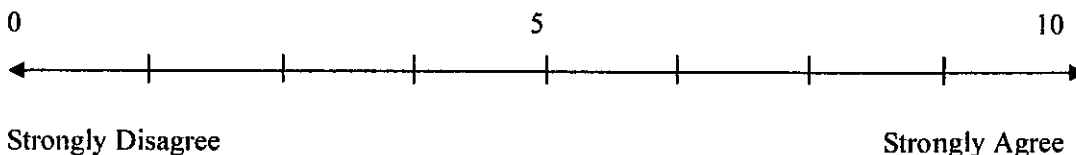
998 Refuse to Answer

- aci2. On a 0-10 scale where 0 is Strongly Disagree and 10 is Strongly Agree, how much do you agree with the following statement: "I am proud of my American Indian or Alaska Native heritage."



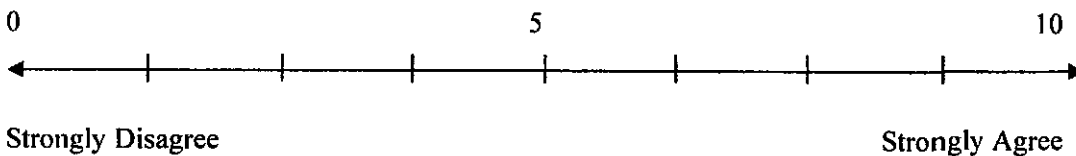
998 Refuse to Answer

- aci3. On a 0-10 scale where 0 is Strongly Disagree and 10 is Strongly Agree, how much do you agree with the following statement: "I believe that as an American Indian or Alaska Native, I have many personal strengths."



998 Refuse to Answer

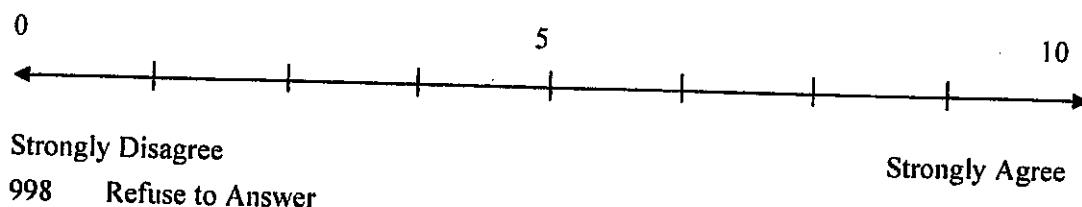
- aci4. On a 0-10 scale where 0 is Strongly Disagree and 10 is Strongly Agree, how much do you agree with the following statement: "Overall, being American Indian or Alaska Native has a lot to do with how I feel about myself."



998 Refuse to Answer

- aci5. On a 0-10 scale where 0 is Strongly Disagree and 10 is Strongly Agree, how much do you agree with the following statement: "It is important to me to have American

**Indian or Alaska Native values and practices, such as respect for elders, generosity or regularly participating in cultural activities.”**



**PRE-SEXUAL BEHAVIOR**

The following questions ask you about some things that you might have done with another person. These questions are asking about things that you did because you wanted to, not because someone made you do them. Please answer each question honestly. Remember, all of your answers will be kept private.

**aps1.** Have you ever touched another person's private parts? Private parts are the parts of the body covered by underwear or a bra. Remember, these questions are asking about things that you did because you wanted to, not because someone made you.

- 1 Yes
- 0 No
- 8 Refuse to Answer

**aps2.** Have you ever let another person touch your private parts? Private parts are the parts of the body covered by underwear or a bra. Remember, these questions are asking about things that you did because you wanted to, not because someone made you.

- 1 Yes
- 0 No
- 8 Refuse to Answer

*If aps1 and aps2 is equal to 0 or equal to "Refuse to Answer", then skip to apg1.*



## ORAL SEX

The next questions are about oral sex. By oral sex, we mean when someone puts his or her mouth on their partner's penis or vagina, or lets their partner put his or her mouth on his penis or her vagina. These questions are very personal. Remember, all of your answers are kept private.

aos1. Have you ever had oral sex?

1 Yes

0 No

8 Refuse to Answer

*If aos1 is equal to 0 or aos1 is equal to "Refuse to Answer", then skip to avs1.*

aos3. With how many different people have you had oral sex in your life?

\_\_\_  
998 Refuse to Answer

aos4. During the past three months, how many times have you had oral sex without using a condom?

\_\_\_  
998 Refuse to Answer

aos5. During the past three months, with how many people have you had oral sex?

\_\_\_  
998 Refuse to Answer

aos6. During the last three months, with how many people have you had oral sex, without using a condom?

\_\_\_  
998 Refuse to Answer

aos7. During the last three months, how many times did you drink alcohol or use drugs before having oral sex?

\_\_\_  
998 Refuse to Answer

## VAGINAL SEX

The next questions are about vaginal sex. By vaginal sex, we mean when a boy puts his penis inside a girl's vagina. Some people call this "having sex" or "doing it". These questions are very personal. Remember, all of your answers are kept private.

avs1. Have you ever had vaginal sex?

1 Yes

0 No

8 Refuse to Answer

*If avs1 is equal to 0 or avs1 is equal to "Refuse to Answer", then skip to aas1.*

avs2. With how many different people have you had vaginal sex in your life?

— — —

998 Refuse to Answer

avs3. During the last three months, how many times have you had vaginal sex?

— — —

998 Refuse to Answer

*If avs4 is equal to 0 or avs4 is equal to "Refuse to Answer", then skip to aas1.*

avs4. During the last three months, how many times have you had vaginal sex without using a condom?

— — —

998 Refuse to Answer

avs5. During the last three months, with how many people have you had vaginal sex?

— — —

998 Refuse to Answer

avs6. During the last three months, with how many people have you had vaginal sex, without using a condom?

— — —

998 Refuse to Answer

The next question is about your use of effective methods of birth control during sex.

avs7. During the last three months, have you had vaginal sex using one of the effective methods of birth control below?

Effective methods of birth control include:

- condoms;
- birth control pills;
- the shot (Depo Provera);
- the patch (Ortho Evra);
- the ring (NuvaRing);
- IUD or intrauterine device (Mirena or Paragard); or
- an implant (Implanon)

- 1 Yes  
0 No  
2 Not sure  
8 Refuse to Answer

avs7. During the last three months, have you had vaginal sex WITHOUT using an effective birth control methods, even once?

Effective methods of birth control include:

- condoms;
- birth control pills;
- the shot (Depo Provera);
- the patch (Ortho Evra);
- the ring (NuvaRing);
- IUD or intrauterine device (Mirena or Paragard); or
- an implant (Implanon)

- 1 Yes  
0 No  
2 Not sure  
8 Refuse to Answer

avs8. During the last three months, how many times did you drink alcohol or use drugs before having vaginal sex?

- — —  
998 Refuse to Answer

## PREGNANCY

*If avs1 is equal to 0 or avs1 is equal to "Refuse to Answer", then skip to abs1.*

**The next questions are about pregnancy. Remember, all of your answers are kept private.**

**apg1. To the best of your knowledge, have you ever been pregnant or gotten someone pregnant, even if no child was born?**

- 1 Yes
- 0 No
- 8 Refuse to Answer

*If apg1 is equal to 0 or apg1 is equal to "Refuse to Answer", then skip to apg3.*

**apg2. To the best of your knowledge, how many times have you been pregnant or gotten someone pregnant?**

- \_\_\_\_\_  
997 Not Sure  
998 Refuse to Answer

**apg3. How would you feel about getting pregnant (or getting someone else pregnant) right now?**

- 1 I am trying to get pregnant or get someone else pregnant.
- 2 I would not mind getting pregnant or getting someone else pregnant.
- 3 I don't know how I would feel toward pregnancy.
- 4 I would prefer to avoid getting pregnant or getting someone else pregnant, but am not taking steps to avoid it.
- 5 I am trying to avoid getting pregnant or getting someone else pregnant
- 8 Refuse to Answer

**apg4. Complete the following statement with the ending that MOST applies to you: "If I got pregnant or got someone else pregnant right now, I would..."**

- 1 ... regret it.
- 2 ...be worried.
- 3 ...be happy.
- 4 ...be proud of myself.
- 5 ...be sorry.
- 8 Refuse to Answer

## **BELIEFS ABOUT SEX**

**Please tell us what you think about sex and relationships. Remember, there is no right or wrong answer. Mark how much you agree or disagree with the following statements.**

**abs1. I believe people my age should wait until they are older to have sex.**

- 0 Strongly disagree
- 1 Disagree
- 2 Agree
- 3 Strongly agree
- 8 Refuse to Answer

**abs2. I believe that it is okay for people my age to have sex with a steady boyfriend or girlfriend.**

- 0 Strongly disagree
- 1 Disagree
- 2 Agree
- 3 Strongly agree
- 8 Refuse to Answer

**abs3. I believe that it is okay for people my age to have sex as long as they use a condom.**

- 0 Strongly disagree
- 1 Disagree
- 2 Agree
- 3 Strongly agree
- 8 Refuse to Answer

**abs4. I believe that it is okay for people my age to have sex with a friend. A friend is someone you know well, care about, and trust in a non-romantic relationship.**

- 0 Strongly disagree
- 1 Disagree
- 2 Agree
- 3 Strongly agree
- 8 Refuse to Answer

## **FRIENDS' BELIEFS ABOUT SEX**

The following questions ask you about what your friends think about sex. Even if you're not sure, mark the answer that you feel best describes what your friends think.

- afb1. Most of my friends believe that people my age should wait until they are older before they have sex.**
- 0 Strongly disagree
  - 1 Disagree
  - 2 Agree
  - 3 Strongly agree
  - 4 Not sure
  - 8 Refuse to Answer
- afb2. Most of my friends believe that it is okay for people my age to have sex with a steady boyfriend or girlfriend.**
- 0 Strongly disagree
  - 1 Disagree
  - 2 Agree
  - 3 Strongly agree
  - 4 Not sure
  - 8 Refuse to Answer
- afb3. Most of my friends believe that it is okay for people my age to have sex as long as they use a condom.**
- 0 Strongly disagree
  - 1 Disagree
  - 2 Agree
  - 3 Strongly agree
  - 4 Not sure
  - 8 Refuse to Answer
- afb4. Most of my friends believe that it is okay for people my age to have sex with a friend. Remember, a friend is someone you know well, care about, and trust in a non-romantic relationship.**
- 0 Strongly disagree
  - 1 Disagree
  - 2 Agree
  - 3 Strongly agree
  - 4 Not sure
  - 8 Refuse to Answer

## **PERCEPTION OF FRIENDS' BEHAVIOR**

**The following questions ask you about what your friends think and do.**

**apf1.      How many of your friends have had oral sex?**

- 0      None
- 1      Less than half
- 2      Half
- 3      More than half
- 4      All
- 5      Not sure
- 8      Refuse to Answer

**apf2.      How many of your friends have had vaginal sex?**

- 0      None
- 1      Less than half
- 2      Half
- 3      More than half
- 4      All
- 5      Not sure
- 8      Refuse to Answer

## REASONS FOR NOT HAVING SEX

ara1. Here are some reasons that people your age might choose not to have sex. Choose your own reasons for not having sex. Please choose all that apply.

- ☐ I do not want to get pregnant or get a girl pregnant
- ☐ I don't want to disappoint my parents.
- ☐ Having sex would interfere with my progress in school.
- ☐ My boyfriend or girlfriend doesn't want to have sex.
- ☐ I want to wait until I am married.
- ☐ Having sex now is against my personal values.
- ☐ Having sex is against my religious or cultural values
- ☐ I have not met the right person yet.
- ☐ Having sex now would interfere with my future goals.
- ☐ I have not had the chance to have sex yet.
- ☐ I would be too embarrassed to have sex
- ☐ None of the above



## **SELF-EFFICACY TO REFUSE SEX**

The next questions ask you how confident you would feel doing what is described. Imagine that you are alone with someone that you like very much. This person could be your boyfriend/girlfriend or anyone else that you like very much.

**asr1. Could you stop this person that you like from kissing you on the lips, if you did not want them to do that?**

- 1 I definitely could not
- 2 I probably could not
- 3 I probably could
- 4 I definitely could
- 8 Refuse to Answer

**asr2. Could you stop this person that you like from touching your chest or breasts, if you did not want them to do that?**

- 1 I definitely could not
- 2 I probably could not
- 3 I probably could
- 4 I definitely could
- 8 Refuse to Answer

**asr3. Could you stop this person that you like from touching your private parts below the waist, if you did not want them to do that?**

- 1 I definitely could not
- 2 I probably could not
- 3 I probably could
- 4 I definitely could
- 8 Refuse to Answer

**asr4. Could you stop this person that you like if they wanted to have oral sex with you, if you did not want to?**

- 1 I definitely could not
- 2 I probably could not
- 3 I probably could
- 4 I definitely could
- 8 Refuse to Answer

**asr5. Could you stop this person that you like if they wanted to have vaginal sex with you, if you did not want to do it?**

- 1 I definitely could not
- 2 I probably could not
- 3 I probably could
- 4 I definitely could

8 Refuse to Answer

**asr6. Could you stop yourself from having sex with this person if you had been drinking alcohol?**

1 I definitely could not

2 I probably could not

3 I probably could

4 I definitely could

8 Refuse to Answer

**asr7. Could you stop yourself from having sex if you had strong sexual feelings for someone?**

1 I definitely could not

2 I probably could not

3 I probably could

4 I definitely could

8 Refuse to Answer

## **INTENTION TO HAVE SEX**

**Think about your future. How likely are the following things to happen in your life?**

**asi1. Do you intend to have oral sex in the next year?**

- 1 Yes, definitely.
- 2 Yes, probably.
- 3 No, probably not.
- 4 No, definitely not.
- 8 Refuse to Answer

**asi2. Do you intend to have vaginal sex in the next year?**

- 1 Yes, definitely.
- 2 Yes, probably.
- 3 No, probably not.
- 4 No, definitely not.
- 8 Refuse to Answer

**asi3. Do you intend to be sexually abstinent (not have sex) from now until the end of high school?**

- 1 Yes, definitely.
- 2 Yes, probably.
- 3 No, probably not.
- 4 No, definitely not.
- 8 Refuse to Answer

**asi4. Do you intend to use a condom if you have sex in the next three months?**

- 1 Yes, definitely.
- 2 Yes, probably.
- 3 No, probably not.
- 4 No, definitely not.
- 8 Refuse to Answer

## CONDOM KNOWLEDGE

The next set of questions will ask you about what you know about condoms.

- ack1. Do condoms help a person keep from getting HIV, the virus that causes AIDS?**
- 0 No
  - 1 Yes
  - 2 Not sure
  - 8 Refuse to Answer
- ack2. Do condoms help a person keep from getting pregnant?**
- 0 No
  - 1 Yes
  - 2 Not sure
  - 8 Refuse to Answer
- ack3. Do condoms help a person keep from getting some sexually transmitted infections (STIs)?**
- 0 No
  - 1 Yes
  - 2 Not sure
  - 8 Refuse to Answer
- ack4. When a condom is placed on the penis, it should be rolled down all the way to the base of the penis.**
- 0 No
  - 1 Yes
  - 2 Not sure
  - 8 Refuse to Answer
- ack5. Condoms can be punctured if sharp objects like scissors are used to open the package.**
- 0 No
  - 1 Yes
  - 2 Not sure
  - 8 Refuse to Answer
- ack6. Vaseline can cause condoms to break.**
- 0 No
  - 1 Yes
  - 2 Not sure
  - 8 Refuse to Answer
- ack7. The best condoms are not always the ones that cost the most money.**
- 0 No
  - 1 Yes

- 2 Not sure
- 8 Refuse to Answer

**ack8. When used correctly, latex condoms provide some of the best protection against HIV and STDs.**

- 0 No
- 1 Yes
- 2 Not sure
- 8 Refuse to Answer

**ack9. Condoms have an expiration date.**

- 0 No
- 1 Yes
- 2 Not sure
- 8 Refuse to Answer

## CONDOM BELIEFS

The next set of questions will ask you to describe how you feel about condoms.

**acb1. I believe condoms should always be used if a person my age has sex.**

- 0 Strongly disagree
- 1 Disagree
- 2 Agree
- 3 Strongly agree
- 8 Refuse to Answer

**acb2. I believe condoms should always be used if a person my age has sex, even if the girl uses another effective birth control method.**

- 0 Strongly disagree
- 1 Disagree
- 2 Agree
- 3 Strongly agree
- 8 Refuse to Answer

**acb3. I believe condoms should always be used if a person my age has sex, even if the two people know each other very well.**

- 0 Strongly disagree
- 1 Disagree
- 2 Agree
- 3 Strongly agree
- 8 Refuse to Answer

## CONDOM SELF-EFFICACY

Please tell us how sure you are that you can do what is described in these questions.

- acs1.**      **Imagine that you and your boyfriend/girlfriend or partner have been having sex but have not used condoms. You really want to start using condoms. How sure are you that you could tell your boyfriend/girlfriend or partner that you want to start using condoms?**
- 1      Not sure at all
  - 2      Kind of sure
  - 3      Definitely sure
  - 8      Refuse to Answer
- acs2.**      **Imagine that you are going to have sex with someone you just met. You feel it is important to use condoms. How sure are you that you could tell that person that you want to use condoms?**
- 1      Not sure at all
  - 2      Kind of sure
  - 3      Definitely sure
  - 8      Refuse to Answer
- acs3.**      **How sure are you that you could use a condom correctly or explain to your boyfriend/girlfriend or partner how to use a condom correctly?**
- 1      Not sure at all
  - 2      Kind of sure
  - 3      Definitely sure
  - 8      Refuse to Answer
- acs4.**      **If you wanted to get a condom, how sure are you that you could go to the store and get one?**
- 1      Not sure at all
  - 2      Kind of sure
  - 3      Definitely sure
  - 8      Refuse to Answer
- acs5.**      **If you wanted to get a condom, how sure are you that you could go to the clinic and get one?**
- 1      Not sure at all
  - 2      Kind of sure
  - 3      Definitely sure
  - 8      Refuse to Answer
- acs6.**      **If you wanted to get a condom, how sure are you that you could go to your parents and get one?**
- 1      Not sure at all

- 2 Kind of sure
- 3 Definitely sure
- 8 Refuse to Answer

**acs7. If you decided to have sex, how sure are you that you could have a condom with you when you needed it?**

- 1 Not sure at all
- 2 Kind of sure
- 3 Definitely sure
- 8 Refuse to Answer



## Boyfriend/girlfriend

abf3. **Have you had a boyfriend or girlfriend in the past year?**

- 1 Yes
- 0 No
- 8 Refuse to Answer

### DATING VIOLENCE

Here are some questions about some other behaviors.

Please choose the answer that best applies to you and your boyfriend or girlfriend for the following questions.

adv1. **How often has a boyfriend or girlfriend hit, kicked, or pushed you in a mean way in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often
- 8 Refuse to Answer

adv2. **How often has a boyfriend or girlfriend threatened to hurt or beat you up in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often
- 8 Refuse to Answer

adv3. **How often has a boyfriend or girlfriend grabbed, held, or touched you in a way that you didn't like in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often
- 8 Refuse to Answer

adv4. **How often has a boyfriend or girlfriend called you names in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often
- 8 Refuse to Answer

adv5. **How often has a boyfriend or girlfriend put you down (or made you feel bad about yourself) in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often

- 3 Usually
- 8 Refuse to Answer

**adv6. How often has a boyfriend or girlfriend spread nasty rumors about you in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Usually
- 8 Refuse to Answer

**The next questions are about things that you have done toward a boyfriend or girlfriend in the past year.**

**adv7. How often have you hit, kicked or pushed a boyfriend or girlfriend in a mean way in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Usually
- 8 Refuse to Answer

**adv8. How often have you threatened to hurt or beat up a boyfriend or girlfriend in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Usually
- 8 Refuse to Answer

**adv9. How often have you called a boyfriend or girlfriend names in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Usually
- 8 Refuse to Answer

**adv10. How often have you grabbed, held, or touched a boyfriend or girlfriend in a way that they didn't like in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Usually
- 8 Refuse to Answer

**adv11. How often have you put down a boyfriend or girlfriend in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Usually
- 8 Refuse to Answer

**adv12. How often have you spread nasty rumors about a boyfriend or girlfriend in the past year?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Usually
- 8 Refuse to Answer

## PERCEPTIONS OF PARENTAL BELIEFS

The following questions ask you about what your parents or guardians think about sex. Even if you're not sure, mark the answer that you feel best describes what your parents or guardians think. Answer these questions whether or not you have done any of the behaviors they ask about.

*If (ade5A is equal to 0 or ade5A is equal to "Refuse to Answer") and (ade5C is equal to 0 or ade5C is equal to "Refuse to Answer") and (ade5G is equal to 0 or ade5G is equal to "Refuse to Answer"), then skip to instruction before apb3.*

*If (ade7A is equal to 0 or ade7A is equal to "Refuse to Answer") and (ade7C is equal to 0 or ade7C is equal to "Refuse to Answer") and (ade7G is equal to 0 or ade7G is equal to "Refuse to Answer"), then skip to instruction before apb3.*

**apb1. How would your mother or female guardian feel about you having sex at this time in your life?**

- 0 Strongly disapprove
- 1 Disapprove
- 2 Approve
- 3 Strongly approve
- 8 Refuse to Answer
- 9 Not sure or Does not apply to me

**apb2. How would your mother or female guardian feel about you having a baby at this time in your life?**

- 0 Strongly disapprove
- 1 Disapprove
- 2 Approve
- 3 Strongly approve
- 8 Refuse to Answer
- 9 Not sure or Does not apply to me

*If (ade5B is equal to 0 or ade5B is equal to "Refuse to Answer") and (ade5D is equal to 0 or ade5D is equal to "Refuse to Answer") and (ade5H is equal to 0 or ade5H is equal to "Refuse to Answer"), then skip to instruction before apm1.*

*If (ade7B is equal to 0 or ade7B is equal to "Refuse to Answer") and (ade7D is equal to 0 or ade7D is equal to "Refuse to Answer") and (ade7H is equal to 0 or ade7H is equal to "Refuse to Answer"), then skip to instruction before apm1.*

**apb3. How would your father or male guardian feel about you having sex at this time in your life?**

- 0 Strongly disapprove
- 1 Disapprove
- 2 Approve
- 3 Strongly approve

- 8 Refuse to Answer
- 9 Not sure or Does not apply to me

**apb4.**

**How would your father or male guardian feel about you having a baby at this time in your life?**

- 0 Strongly disapprove
- 1 Disapprove
- 2 Approve
- 3 Strongly approve
- 8 Refuse to Answer
- 9 Not sure or Does not apply to me

## **PARENTAL MONITORING**

**Think about a parent, guardian or adult that you respect and feel like you can trust and talk to. The next questions ask about how much your parent or a trusted adult knows about what you do.**

- apm1. How much does this person know about who your friends really are?**
- 0 They don't know
  - 1 They know a little
  - 2 They know a moderate amount
  - 3 They know a lot
  - 8 Refuse to Answer
- apm2. How much does this person know about where you are most afternoons after school?**
- 0 They don't know
  - 1 They know a little
  - 2 They know a moderate amount
  - 3 They know a lot
  - 8 Refuse to Answer
- apm3. How much does this person know about how you spend your money?**
- 0 They don't know
  - 1 They know a little
  - 2 They know a moderate amount
  - 3 They know a lot
  - 8 Refuse to Answer
- apm4. How much does this person know about where you go at night?**
- 0 They don't know
  - 1 They know a little
  - 2 They know a moderate amount
  - 3 They know a lot
  - 8 Refuse to Answer
- apm5. How much does this person know about how you spend your free time?**
- 0 They don't know
  - 1 They know a little
  - 2 They know a moderate amount
  - 3 They know a lot
  - 8 Refuse to Answer

## **PARENTAL COMMUNICATION**

**Next, you will be asked whether you and your parent(s) or guardian(s) have ever talked about different things. Some of the questions are very personal. Remember, your answers will be kept private.**

**apc1. How many times has your parent ever talked to you about how things are going with school work or your grades?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Most of the time
- 8 Refuse to Answer

**apc2. How many times has your parent ever talked to you about a personal problem that you were having?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Most of the time
- 8 Refuse to Answer

**apc3. How many times has your parent ever talked to you about how to have a healthy romantic relationship?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Most of the time
- 8 Refuse to Answer

**apc4. How many times has your parent ever talked to you about strategies for safe dating?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Most of the time
- 8 Refuse to Answer

**apc5. How many times has your parent ever talked to you about how to resist pressure to have sex?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Most of the time
- 8 Refuse to Answer

**apc6. How many times has your parent ever talked to you about avoiding drugs and alcohol?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Most of the time
- 8 Refuse to Answer

**apc7. How many times has your parent ever talked to you about preventing pregnancy or birth?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Most of the time
- 8 Refuse to Answer

**apc8. How many times has your parent ever talked to you about avoiding sexually transmitted infections or STIs, HIV or AIDS?**

- 0 Never
- 1 Sometimes
- 2 Often
- 3 Most of the time
- 8 Refuse to Answer



## **RISKY SITUATIONS**

The following questions ask you to think about how many times you have been somewhere or around something that could lead to having sex in the past three months. Please answer each question honestly. Remember, all of your answers will be kept private.

**ars1. In the past three months, how many times were you in a situation where alcohol was available to you?**

- 0 Never
- 1 1 or 2 times
- 2 3 to 5 times
- 3 6 or more times
- 8 Refuse to Answer

**ars2. In the past three months, how many times were you in a situation where drugs were available to you?**

- 0 Never
- 1 1 or 2 times
- 2 3 to 5 times
- 3 6 or more times
- 8 Refuse to Answer

**ars3. In the past three months, how many times did you go to someone's house when an adult was not present?**

- 0 Never
- 1 1 or 2 times
- 2 3 to 5 times
- 3 6 or more times
- 8 Refuse to Answer

The next questions ask about someone you really like. This person could be your boyfriend or girlfriend or anyone else that you like very much.

**ars4. In the past three months, how many times did you invite someone you really like to your home when an adult was not home?**

- 0 Never
- 1 1 or 2 times
- 2 3 to 5 times
- 3 6 or more times
- 8 Refuse to Answer

**ars5. In the past three months, how many times were you alone with someone you really like?**

- 0 Never
- 1 1 or 2 times
- 2 3 to 5 times
- 3 6 or more times
- 8 Refuse to Answer

**ars6. In the past three months, how many times were you alone kissing and touching someone you really like?**

- 0 Never
- 1 1 or 2 times
- 2 3 to 5 times
- 3 6 or more times
- 8 Refuse to Answer

**ars7. In the past three months, how many times did you lay down alone with someone you really like (for example on a couch or bed)?**

- 0 Never
- 1 1 or 2 times
- 2 3 to 5 times
- 3 6 or more times
- 8 Refuse to Answer

## SEXUALLY TRANSMITTED INFECTIONS

*If (aos1 is equal to 0 or aos1 is equal to "Refuse to Answer") and (avs1 is equal to 0 or avs1 is equal to "Refuse to Answer") and (aas1 is equal to 0 or aas1 is equal to "Refuse to Answer"), then skip to ahk1.*

**The next questions will ask you about sexually transmitted infections or STIs, such as herpes, Chlamydia, gonorrhea and HIV. Remember, there is no right or wrong answer and your answers will be kept private.**

**asd1. Have you ever been tested for STIs (not including HIV)?**

- 1 Yes
- 0 No
- 8 Refuse to Answer

*If asd1 is equal to 0 or asd1 is equal to "Refuse to Answer", then skip to asd4.*

**asd2. Where have you been tested for STIs (not including HIV)? Please choose all that apply.**

- ☐ Tribal health clinic, Indian Health Service (IHS), or Native hospital
- ☐ Non-tribal health clinic
- ☐ School
- ☐ Other location not listed above: \_\_\_\_\_
- ☐ None of the above
- ☐ Refuse to Answer

**asd3. How many times in your life have you been tested for STIs (not including HIV)?**

- 1 Once
- 2 Twice
- 3 Three times
- 4 Four or more times
- 8 Refuse to Answer

**asd4. Have you ever been tested for HIV?**

- 1 Yes
- 0 No
- 8 Refuse to Answer

*If asd4 is equal to 0 or asd4 is equal to "Refuse to Answer", then skip to asd7.*

**asd5. Where have you been tested for HIV? Please choose all that apply.**

- ☐ Tribal health clinic, Indian Health Service (IHS), or Native hospital
- ☐ Non-tribal health clinic
- ☐ School

- ☐ Other location not listed above: \_\_\_\_\_
- ☐ None of the above
- ☐ Refuse to Answer

**asd6. How many times in your life have you been tested for HIV?**

- 1 Once
- 2 Twice
- 3 Three times
- 4 Four or more times
- 8 Refuse to Answer

**asd7. Have you ever been told by a doctor or other health professional that you had an STI?**

- 1 Yes
- 0 No
- 8 Refuse to Answer

*If asd7 is equal to 0 or asd7 is equal to "Refuse to Answer", then skip to ahk1.*

**asd8. What did you have? Please choose all that apply.**

- ☐ Chlamydia
- ☐ Genital herpes
- ☐ Genital Human Papillomavirus (HPV) or genital warts
- ☐ Gonorrhea
- ☐ HIV
- ☐ Syphilis
- ☐ Trichomoniasis
- ☐ Pubic lice
- ☐ Scabies
- ☐ Other
- ☐ I don't remember what it was
- ☐ Refuse to Answer

## **HIV/STI KNOWLEDGE**

The next questions will ask you what you know about HIV and other sexually transmitted infections, or STIs.

**ahk1. Mark whether you think the following are common signs of having an STI (not including HIV). Please choose all that apply.**

- ☐ Throwing up or vomiting
- ☐ Discharge, liquid, or pus from penis or vagina
- ☐ Headache
- ☐ A blister or sore on the penis or vagina
- ☐ Pain or burning when urinating (going pee)
- ☐ Irritation or itching on the penis or vagina
- ☐ No symptoms
- ☐ Refuse to Answer

For the next questions, read each statement carefully and then mark if you think it is True, False or if you are not sure.

**ahk2. You cannot get an STI from having oral sex.**

- 0 False
- 1 True
- 2 Not sure
- 8 Refuse to Answer

**ahk3. One of the best ways to not get HIV or another STI is to not have sex.**

- 0 False
- 1 True
- 2 Not sure
- 8 Refuse to Answer

**ahk4. Some STIs put you at higher risk of getting infected with HIV.**

- 0 False
- 1 True
- 2 Not sure
- 8 Refuse to Answer

**ahk5. You can tell if a person has HIV or AIDS just by looking at them.**

- 0 False
- 1 True
- 2 Not sure
- 8 Refuse to Answer

## ALCOHOL

The next questions ask about drinking alcohol. This includes drinking beer, wine or wine coolers, sweetened alcohol drinks (like lemonade with alcohol), and liquor (like rum, gin, vodka, whiskey, or malt liquor).

**aal1. Have you ever had more than a few sips of beer, wine, sweetened alcohol drinks, or liquor? Don't count the times you drank a few sips of wine for religious purposes.**

- 1 Yes
- 0 No
- 8 Refuse to Answer

*If aal1 is equal to 0 or aal1 is equal to "Refuse to Answer", then skip to adu1.*

**aal2. How old were you when you had your first drink of alcohol (other than a few sips)**

- 1 8 years or younger
- 2 9 or 10 years old
- 3 11 or 12 years old
- 4 13 or 14 years old
- 5 15 or 16 years old
- 6 17 years or older
- 8 Refuse to Answer

**aal3. During the past 30 days, on how many days did you have at least one drink of beer, wine, alcoholic drinks, or liquor?**

- 0 0 days
- 1 1 or 2 days
- 2 3 to 5 days
- 3 6 to 9 days
- 4 10 to 19 days
- 5 20 to 29 days
- 6 All 30 days
- 8 Refuse to Answer

*If aal3 is equal to 0 or aal3 is equal to "Refuse to Answer", then skip to adu1.*

**aal4. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?**

- 0 0 days
- 1 1 or 2 days
- 2 3 to 5 days
- 3 6 to 9 days
- 4 10 to 19 days

- 5 20 to 29 days
- 6 All 30 days
- 8 Refuse to Answer

## DRUGS

**adu1.** Have you ever used the following drugs not prescribed for you by a doctor, even once? Please choose all that apply.

- ☐ Marijuana, mary jane, grass, pot or weed
- ☐ Inhalants, like liquids, sprays, gases or whip-its; also called huffing
- ☐ Cocaine, crack cocaine, snow, blow, cloud 9, or powdered cocaine
- ☐ Heroin, H, dope, smack, junk or China White
- ☐ Ecstasy, X, XTC, E, beans, rolls or MDMA
- ☐ Ritalin, Dexedrine, or Adderall, not prescribed for you by a doctor
- ☐ LSD, PCP, mushrooms (shrooms), mescaline or angel dust
- ☐ Codeine, not prescribed for you by a doctor
- ☐ Relaxation pills, like Valium or Xanax, not prescribed for you by a doctor
- ☐ Steroids, not prescribed for you by a doctor
- ☐ Rohypnol, GHB, roofies or date-rape drug
- ☐ Ketamine or special K
- ☐ Coricidin or triple c's
- ☐ Speed, crystal meth, crystal, crank, glass, or ice
- ☐ OxyContin, Percocet, oxycontin, oxycodone, hillbilly heroin or oxy
- ☐ Fry or dip
- ☐ Viagra
- ☐ Seroquel, Susie Q, quell, Q, squirrel
- ☐ Peyote, buttons, mescalito, or cacti
- ☐ Salvia (Sally-D)
- ☐ Nutmeg, not for cooking or baking
- ☐ Another drug not listed above
- ☐ I've never done drugs
- ☐ Refuse to Answer

*If adu1A is equal to 0 or adu1A is equal to "Refuse to Answer", then skip to instruction before adu3.*

**adu2.** In the past 30 days, how many times have you used marijuana, mary jane, grass, weed, or pot? If you have not used this drug in the past 30 days, please answer 0.

998 Refuse to Answer

*If adu1B is equal to 0 or adu1B is equal to "Refuse to Answer", then skip to instruction before adu4.*

**adu3.** In the past 30 days, how many times have you huffed or used inhalants, like liquids, sprays, gases, or whip-its? If you have not used this drug in the past 30 days, please answer 0.



998 Refuse to Answer

*If adu1C is equal to 0 or adu1C is equal to "Refuse to Answer", then skip to instruction before adu5.*

**adu4. In the past 30 days, how many times have you used cocaine, crack cocaine, snow, blow, Cloud 9, or powdered cocaine? If you have not used this drug in the past 30 days, please answer 0.**

998 Refuse to Answer

*If adu1D is equal to 0 or adu1D is equal to "Refuse to Answer", then skip to instruction before adu6.*

## UTILIZATION OF SERVICES

aus1. In the past 12 months which of the following services have you used?

Please choose all that apply.

- ☐ General health or medical services (doctor or a clinic)
- ☐ Family planning or reproductive health services (e.g., to get contraception)
- ☐ HIV or STI testing services
- ☐ Substance use treatment or counseling services
- ☐ Mental health services
- ☐ Some other place? Specify \_\_\_\_\_

## COMPUTER EXPERIENCE

**acp1. During regular weekdays (Monday, Tuesday, Wednesday, Thursday, or Friday), how many hours each day do you use a computer? (Choose only one answer)**

- 0 I don't use a computer during regular weekdays
- 1 1 hour or less a day
- 2 More than 1 hour but less than 2 hours per day
- 3 More than 2 hours but less than 4 hours per day
- 4 More than 4 hours but less than 6 hours per day
- 5 6 or more hours per day
- 6 Refuse to Answer

**acp2. During the weekend (Saturday or Sunday), how many hours each day do you use a computer? (Choose only one answer)**

- 0 I don't use a computer during the weekend
- 1 1 hour or less a day
- 2 More than 1 hour but less than 2 hours per day
- 3 More than 2 hours but less than 4 hours per day
- 4 More than 4 hours but less than 6 hours per day
- 5 6 or more hours per day
- 6 Refuse to Answer

## COMPUTER ATTITUDES

The next questions ask about how you feel about using computers for learning.

**aca1. Time passes quickly when using a computer to study.**

- 1 Yes
- 0 No
- 2 Sometimes
- 8 Refuse to Answer

**aca2. I learn quickly while studying with computers.**

- 1 Yes
- 0 No
- 2 Sometimes
- 8 Refuse to Answer

**aca3. I feel comfortable using a computer while studying.**

- 1 Yes
- 0 No
- 2 Sometimes
- 8 Refuse to Answer

**aca4. Learning with computers increases my success.**

- 1 Yes
- 0 No
- 2 Sometimes
- 8 Refuse to Answer

**aca5. Learning from computers increases my confidence.**

- 1 Yes
- 0 No
- 2 Sometimes
- 8 Refuse to Answer

**aca6. Computers make me eager to study more.**

- 1 Yes
- 0 No
- 2 Sometimes
- 8 Refuse to Answer

**aca7. At first, learning with computers seems enjoyable, but later I am bored.**

- 1 Yes

- 0 No
- 2 Sometimes
- 8 Refuse to Answer

**aca8. Instruction with computers is very enjoyable.**

- 1 Yes
- 0 No
- 2 Sometimes
- 8 Refuse to Answer

**aca9. I would like to learn all my school courses with computers.**

- 1 Yes
- 0 No
- 2 Sometimes
- 8 Refuse to Answer

**aca10. I learn easier with colorful graphics and animation on the computer.**

- 1 Yes
- 0 No
- 2 Sometimes
- 8 Refuse to Answer

## OTHER PROGRAM

**aop1.** During the past 3 months, have you participated in any programs where you talked about not having sex or the importance of using condoms and other birth control if you do have sex?

- 1 Yes
- 0 No
- 8 Refuse to Answer

*If aop1 is equal to 0 or aop1 is equal to "Refuse to Answer", then skip to aop3.*

**aop2.** Where have you participated in a program about not having sex or using condoms and other birth control if you do have sex? Please choose all that apply. (Check all that apply)

- ☐ At school during school hours
- ☐ At an after-school program
- ☐ At a community center
- ☐ At a church or other religious organization
- ☐ At a health clinic
- ☐ During a coming of age ceremony
- ☐ At some other place. **Where?** \_\_\_\_\_
- ☐ Not Sure
- ☐ Refuse to Answer

**You have completed the survey! Please let the person who logged you onto the survey know that you are finished.**