## GOOD MEDICINE PROGRAM update for February 2018:

- In the month of January 2018, GMP staff members have been gathering information for the first quarter reporting time period. We are also preparing for Mariam Azin the grant evaluator to complete her yearly site visit, which will be on February 6-7, 2018.
- The next schedule Youth Mental Health First Aid training will be February 19-20, 2018, located at the Browning Elementary School in room 125. We have trained 42 of the 55 individuals required for the grant year.
- On January 24, 2018, a few of the Good Medicine team members facilitated the Question Persuade Refer (QPR) suicide prevention training to the Sophomore class. We would like to thank the teachers and administrators for allowing us to come in to their school and deliver a hard topic. Throughout the QPR training we had lots of great conversation with students about what they can do to help a family members, friends, peers, and/or community member struggling with mental health concerns.
- The Good Medicine Program staff members are busy with individual services, providing group education in each building and giving supports to families. The Youth Mental Health Specialist will continue to work with students, families, and creating identified groups and gathering referrals for students in all buildings.
- We will be purchasing the Second Step curriculum for K-6<sup>th</sup> grade. The Good Medicine Program staff members and school counselors will be encouraged to use the materials for social emotional learning activities in the classroom or in groups.
- Dr. Karla Bird is working on becoming familiar with the CONNECT-Browning Electronic Referral System, in the hopes that she will soon be recruiting, presenting and training agencies and individuals in the community to use the program.
- The Good Medicine Program budget will be amended in order to pay for two to three more PAX Good Behavior Game trainings for staff, Head Start staff, and future educators.
- The dates for the Signs of Suicide prevention training have been scheduled for 6<sup>th</sup> to 12<sup>th</sup> grade.
  Parent opt out letters will go out in February 2018 to all parents.
  6<sup>th</sup> grade will be February 22, 2018,
  7<sup>th</sup> & 8<sup>th</sup> will be March 15, 2018,
  Freshman will be March 19, 2018,
  Sophomores will be March 12, 2018,
  Juniors will be March 5, 2018,
  Seniors will be March 6, 2018.
- The Good Medicine Program will be continuing to partnership with outside community agencies to better serve and advocate for our youth.