Oregon Student Wellness Survey for Grade 6-8



- 1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- 3. All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- 4. Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply."

How old are you?		7. Are you enroll	ed in any of the following	ng tribes?			
☐ 10 years old	○ 13 years old	◯l am not en	rolled in a tribe				
O11 years old	○ 14 years old	○Burns Paiut	○Burns Paiute Tribe				
12 years old	○15 years old	○ Coquille Inc	dian Tribe				
		○Cow Creek	Band of Umpqua Tribe of	of Indians			
Uassa da sans Idani	15-2	○ Confederate	ed Tribes of Grand Rond	е			
. How do you iden	iry?	○Klamath Tri	bes				
Female	Transgender	○ Confederate	ed Tribes of the Umatilla	Indian Reservation			
○ Male	Other		 Confederated Tribes of the Coos, Lower Umpqua, and Siuslaw Indians 				
In what are do are	2	Confederate	ed Tribes of Siletz Indian	S			
. In what grade are	you?	○ Confederate	ed Tribes of Warm Spring	gs			
○6th	9th	Other					
O7th	 Ungraded or other grade 						
○ 8th		8. Would you say mental health	y that in general your er is	motional and			
. What is your race	? (Please mark all that apply.)	Opoor	Ogood O	excellent			
	n or Alaska Native	Ofair	Overy good	CACCHETT			
OAsian	II of Alaska Hadvo	Ciali	Very good				
OBlack or Africa	American	NA.					
	n or Other Pacific Islander	9. Would you say	y that in general your pl	hysical			
OWhite	IT OF Other I dolle Islander	health is					
OOther	Turning Transfer and Transfer a	Opoor	Ogood O	excellent			
	Mark Market	Ofair	Overy good	OXOOHOTIC			
i. Are you Hispanic	or Latino/Latina?						
○Yes		10. Have you cha	anged schools (includir	ng changing from			
ONo		elementary to	o middle and middle to	high school) in the			
C140		past year?					
i. What is the langu	age you use most often at home?	○Yes	O No				
○ English							
Russian		-	mes have you changed	homes since			
○ Spanish		kindergarten	?				
OVietnamese	100	○Never	○5 or 6 tim	ies			
OA tribal langua	ne	O1 or 2 times					
O Another langua		○3 or 4 times					
		12. Putting them last year?	all together, what were	e your grades like			
			Mostly C's Mostly D's	OMostly F's			

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13. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?	During the past 30 days, on how many days did you
○ None ○1 day ○2 days	26. not go to school because you felt you would be unsafe at school or on your way to or
3 days	from school?
O4 to 5 days	27. carry a gun as a weapon on school property?
O6 to 10 days	28. carry a weapon (other than a gun) such as
◯11 days or more	a knife or club on school property?
14. How do you like school?	
○I like school very much	During the past 12 months,
○I like school	how many times
○I neither like nor dislike school	18, 18, 18, 18, 18, 18, 18, 18, 18, 18,
ol dislike school	29. were you in a physical fight?
OI dislike school very much	30. were you in a physical fight
	on school property?
45 11 4 4 1 4 1 4 1 4 1 4	31. did you bully someone (such as
15. How important do you think the things you are	hitting, kicking, pushing, saying
learning in school are going to be for your later life?	mean things, spreading rumors, or
◯Very important	making sexual comments that
Quite important	bothered them)?
Fairly important	32. have you been suspended from
OSlightly important	school?
ONot at all important	33. has someone threatened you with a
Onot at an important	weapon such as a gun, knife, or club
13111	on school property?
16. How often do you feel that the schoolwork you are assigned is meaningful and important? 17. Thinking back over the past school year, how often did you try to do your best work in school?	34. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property? Yes No
How much do you agree with the following statements about school? 18. I have lots of chances to be part of class discussions or activities. 19. There are lots of chances for students in my	Harassment can include threatening, bullying, name-calling or obscenities, offensive notes or graffiti, unwanted touching, and being pushed around or hit. In the last 30 days, how many times have you been harassed at school, on a school bus, or going to and from school
school to get involved in sports, clubs, and other	and nom someon
school activities outside of class.	35. because of your race or ethnic origin.
20. I respect most of my teachers.	36. because someone said you were gay,
21. My teachers notice when I am doing a good job	lesbian, bisexual, or transgender.
and let me know about it.	37. because of who your friends are.
22. I can talk to my teachers openly and freely	38. because of how you look (weight, clothes,
	acne, or other physical characteristics).
about my concerns. 23. In my school, teachers treat students with	39. because you received unwanted sexual
III	
respect.	comments or attention.
24. Most students at my school help each other	40. for other reasons.
when they are hurt or upset.	41. through email, social media sites (Facebook,
25. In my school, students that work hard to get	Twitter, YouTube, etc.), chat rooms, instant
good grades are picked on by other students.	messaging, web sites, texting, or phone?

How often have you Conce or twice per week Once or twice per month Once or twice per year Never 42. seen another student bully others by hitting,	Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. 53. Please mark ALL the different types of betting that you have done, if any, during the last 30 days:
kicking, punching, or otherwise hurting them	Ol did not gamble during the last 30 days
in school or on the school bus? 43. heard another student bully others by saying mean things, teasing, or calling other students names in your school or on the school bus? 44. heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?	 Playing lottery tickets/Powerball/Megabucks Playing dice or coin flips Playing cards (poker, etc.) Betting on a sports team Betting on games of personal skill (bowling, video games, dares, etc.) Gambling on the Internet for free or with money
All of the time Most of the time	○ Playing Bingo for money○ Other
how much of the time have you A good bit of the time Some of the time None of the time 45. been a happy person? 46. been a very nervous person? 47. felt calm and peaceful?	54. During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money? OYes No OI don't bet for money
48. felt downhearted and blue? 49. felt so down in the dumps that nothing could cheer you up?	55. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?
50. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? Yes No	○ Yes ○ No ○ I don't bet for money 56. Have you ever lied to anyone about betting/gambling?
51. During the past 12 months, did you ever seriously consider attempting suicide? Yes No	57. Have you ever bet/gambled more than you wanted to? 58. Have your parents ever talked to you about the risks of betting/gambling? 59. Have your teachers ever talked to you about the
 52. During the past 12 months, how many times did you actually attempt suicide? 0 times 1 time 2 or 3 times 4 or 5 times 6 or more times 	risks of betting/gambling?

The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor "shots" such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

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55.63 K. K. /						7		
During the past 30 days, on					(3)		1	
how many days did you	8	8	3	8		(3)	8	1
60. have at least one drink of alc	ophol2							
	have 5 or more drinks of alcohol in a							2
	row, that is, within a couple of hours?							
row, triat is, within a couple to	nours?	9	0	0	0	0	0	0
During the past 30 days, on ho	ow many		П		П			
days do you think most stude	nts in your	Н			П			н
school			П		П			
62, had at least one drink of alco	shol2		П		П			
(your best estimate)	onor:							
63. had 5 or more drinks of alco	hol in a	\subseteq	=	$\overline{}$	$\overline{}$	\vdash	2	$^{\circ}$
row, that is, within a couple of	10000000		П					
(your best estimate)	n nours:							
(your best estimate)		9	\cup	\cup	\cup	\cup	\cup	O
	111	1	1	2	1			
64 During the past 30 days, how	u manu	/	6	3	8			
 During the past 30 days, how times did you ride in a vehicl 		0	1			20		
		1	3					
by a parent or other adult wh	io nad		1	7	_		_	
been drinking alcohol? 65. During the past 30 days, how				\circ	$\frac{\circ}{\circ}$	2	0	0
THE REAL PROPERTY OF A SECTION	C			П				N
did most students in your scl								Α
vehicle driven by a parent or								
adult who had been drinking	aiconoi?			0	\circ	0	0	\circ
During the past 30 days, on		1	0	3		1		
how many days did you	(%)	6	S	3				
	Cal	9				Par	Par	
66. smoke cigarettes?	4	7	7	3			7	
67. use other tobacco products s	uah aa	\circ	의	9	$\overline{}$	0	0	\circ
snuf, dip or chewing tobacco	5.601.51A0401						П	44
Copenhagen, Marlboro Snus								
Coperinagen, Manboro Shus					()			0
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69 During the past 20 days be			- I		_	_	0	
68. During the past 30 days, ho		es	dic	y y	ou		O	
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/5	. when you had more	100	3/8	30	3/3	3/3		30/8	150			
	than a sip or two of beer,	0			X	\			×	60/		
	wine, or hard liquor (for			170		111		in		-0	ı	
	example, vodka, whiskey,	1		=	1			110		10	ı	
_	or gin) for the first time?	0	0	0	0	0	0	0	0	0		
76	. when you first began	11	-5	П	1			W				
	drinking alcoholic beverages	,4	- 1	7		M		n		40	ı	
	regularly, that is at least	10	03	2.		п		c		co		
	once or twice a month?	0	0	0	0	0	0	0	0	0		
77.	when you smoked a whole	10		M	St	N.					1	
	cigarette for the first time?	0	0	0	0	0	0	0	0	0		
78.	the first time you used	11				N		h			1	
	tobacco products other than	В									ı	
	cigarettes such as snuff,						- 1	N		N.		
	chewing tobacco, and					19			Ϋ́	6		
	smoking tobacco from a					-		ĸ			ı	
	pipe?	0	0	0	0	0	0	0	0	0		
79.	when you tried marijuana										1	
	for the first time?	0	0	0	0	0	0	0	0	0		
80.	when you tried synthetic		_								1	
	marijuana (also called K2,	1										
	Spice, etc.) for the first time?	0	0	0	0	0	0	0	0	0		
					_				_		J	
		_			_	_	_	_				
н	ow much do you think peop	le			/	1	1	Y	1			
	ow much do you think peop sk harming themselves	le			/	1	1	100	1	4		
ri	sk harming themselves				1	1	1	No.	loso:	Gree	1	
ri					\	1	No	100 (S) (S)	(2) (2)	Groots.	275	1
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90. Which of the following illicit drugs did you us the past 30 days? Please mark all that apply.	se during
Ol did not use illicit drugs during the past 30 day	/S
MarijuanaAny form of cocaine including powder, crack o	r freehase
Ecstasy (also called MDMA)	i ileebase
Heroin or other opiates or narcotics	
OLSD or other hallucinogens or psychedelics	
Methamphetamines (also called speed, crysta	
crank or ice)	',
Steroid pills or shots without a doctor's prescri	ption
Control pino or anon minor or an area pino pino pino or an area pino pino pino pino pino pino pino pino	
Don't know	w or can't say
During the past 12 months	No
	Yes
91. do you recall hearing, reading, or watching an	
advertisement about prevention of substance	
abuse?	000
92. have you had a special class about drugs or	
alcohol in school?	000
93. have you talked with at least one of your parents	
about the dangers of tobacco, alcohol, or drug u	se?
By parents we mean your biological parents,	
adoptive parents, stepparents, or adult guardian	s,
whether or not they live with you.	000
Don't kr	
DOLLKI	now/Can't sav
How do you feel about	now/Can't say
Someone your age Strongly D	isapprove
someone your age Strongly D	lsapprove pprove
someone your age Somewhat Disa Neither Approve nor Disappi	lsapprove pprove
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104. smoke marijuana?

105. use prescription drugs not prescribed to you?

How true are the following statements?

statements?	a chick
No.	18 18 18 18 18 18 18 18 18 18 18 18 18 1
106. I can do most things if I try.	0000
107. I can work out my problems.	0000
108. I volunteer to help others in my community.	0000
109. There is at least one teacher or other adult in	
my school that really cares about me.	0000
110. My parents ask if I've gotten my homework	
done.	0000
111. My parents would catch me if I skipped school.	0000
112. When I am not at home, one of my parents	
knows where I am and whom I am with.	0000
113. My family has clear rules about alcohol and	
drug use.	0000

The next questions ask about certain experiences you may have or had in your life, which might have made you feel uncomfortable or sad in your surroundings.

	100	/
114. Were your parents ever separated or		
divorced after you were born?	0	0
115. Have you ever lived with a household member		
who is/was depressed or mentally ill?	0	0
Have you ever lived with someone who: 116. is/was a problem drinker or alcoholic?	0	0

Have you ever felt that:

117. uses/used street drugs?

118. you did not have enough to eat?		
119. you had to wear dirty clothes?	00	
120, you had no one to protect you?		Ī