

#### Activities Director/Dean of Students Report

October 20, 2022

#### News/Notes

• I am very excited to submit my first AD/Dean of Students Report. Being Ranger Alumni I am very excited to have this opportunity and it's not one that I am taking lightly. I want to thank everyone who has helped me during this transition. Everyone has made me feel welcome, so many have been very supportive and eager to help out.

# **Athletics Updates**

# Football

 October has been a great month for the C-I Football team. Homecoming week saw the Rangers win 43-0 over Hinckley-Finlayson and they followed that with another win the following Friday 42-16 over Greenway/Nashwauk-Keewatin. Last week they played International Falls with a Home Playoff Game on the line and won 47-30. The Rangers will Host a Home Playoff Game this Saturday, October 29th.

# Volleyball

 Volleyball has had a very busy October playing 5 matches and in two tournaments. Overall they have gone 1-8 in those matches and the Upsala Tournament was played last Thursday after this report was submitted. They start Section play this week.

# **Cross Country**

• The Cross Country team started October at the McGregor Invite with a 2nd place for the Girls and two Top 5 individual performances. Later that week they narrowly won the Ranger Invite over Pillager by 1 point and had 4 girls place in the Top 10 overall. At the same meet the boys had two individuals place in the Top 10, the meet was held at Emily Greens. Last week was the MidState Conference Championships in Long Prairie, the Girls Team placed 5th overall and had one individual place in the Top 20 while the Boys had two place in the Top 20 overall. The Section Championships are Thursday, October 27th in Duluth.

#### Tennis

• The Tennis team finished up their season last week at the Individual Section 7A Tournament and unfortunately no one advanced to the State Tournament but valuable experience was gained for next year. They won their 1st Round match in the Section 7A Team Tournament 7-0 over Duluth Marshall but fell to the #1 seed Pine City 6-1 in the Semifinal Round. Congratulations to Coach Silgen and her staff on a very successful season.

#### **Upcoming Events**

- The Football Team is hosting the Section 7AA Semifinal game this Saturday, October 29th at 2pm.
- We are once again hosting the Section 5A Volleyball Semifinals and Final Matches on November 3rd and 5th in the Galovich Gym.
- Winter Sports are getting ready to start in the very near future and Registrations continue to come in daily.

# For updated scores and schedules visit: ci-rangers.org

Respectfully submitted,

Cley Twigg Activities Director/Dean of Students

