I. NOTICE OF REQUEST FOR PROPOSALS FOR SCHOOL CHILD NUTRITION MANAGEMENT SERVICES

This is a

REQUEST FOR PROPOSAL

by

Three Rivers School District

in the administration of one or more USDA Child Nutrition Programs hereafter called the Local Education Agency (LEA)

TO OPERATE AND MANAGE THE SCHOOL CHILD NUTRITION FOR SAID LOCAL EDUCATION AGENCY FOR THE SCHOOL YEAR 2012-2013 RENEWABLE FOR FOUR ONE-YEAR TERMS

PROPOSALS WILL BE RECEIVED BY LEA UNTIL 2:00 p.m., PST, November 4, 2011 PROPOSALS WILL BE CONSIDERED AND A CONTRACT EXECUTED PURSUANT TO THE PROPOSED TIMELINE IN SECTION II, PART B BELOW.

PROPOSALS AND SUPPORTING DOCUMENTATION AS DESCRIBED IN THIS **REQUEST FOR PROPOSALS** (RFP) ARE TO BE DELIVERED TO:

Deborah Breckner Human Resources Director Three Rivers School District 8550 New Hope Road Grants Pass, OR 97527 541-862-3111

II. TERMS AND CONDITIONS FOR REQUEST FOR PROPOSALS FOR SCHOOL FOOD SERVICE MANAGEMENT CONTRACT

A. INTRODUCTION

Pursuant to state and federal law, an individual school, school district or local educational agency (hereafter called the LEA) participating in the National School Lunch Program or School Breakfast Program may contract with a Food Service Management Company (FSMC) to operate eligible school Child Nutrition Programs, and to provide meals for the Summer Food Service Program and Child and Adult Care Food Program. The administration of all USDA Child Nutrition Programs is the responsibility of the Oregon Department of Education (hereafter called the Department). All terms and conditions of procurement and contracting are subject to Oregon Administrative Rule 581, Division 51, as applicable.

This RFP is intended to provide FSMCs with the opportunity to present their qualifications and approach clearly and succinctly, while providing the LEA with comparable information from each proposer.

The successful FSMCs will be required to enter into the Oregon Department of Education standard form agreement titled "LEA-FSM Contract"

B. TIMELINE

Proposed Schedule:

RFP Release: September 23, 2011 Site Visit: October 7, 2011 November 4, 2011 Proposals Due: Proposals Scored: November 9, 2011 Notification of Apparent Successful Proposer: November 10, 2011 Post-Selection Review Period Ends: November 18, 2011 Respond to Post-Selection Review comments: November 28, 2011 Board Approval of Selected Proposer: December 1, 2011 State Agency Approval January 30, 2011 Contract Signed and Executed By: June 1, 2012 Submit signed contract to the Department: 10 days from date of signature

The LEA or the Department may, if necessary, revise these dates.

C. GENERAL PROPOSAL INFORMATION

The LEA reserves the right, in its sole discretion:

- (1) to amend the RFP;
- (2) to extend the deadline for submitting proposals;
- (3) to decide whether a proposal does or does not substantially comply with the requirements of this RFP;
- (4) to waive any minor irregularity, informality, or nonconformance with this RFP;
- (5) to obtain or provide references to other public agencies, upon request, regarding the proposer's contract performance; and
- (6) at any time prior to the contract execution (including after announcement of the apparent awardee):
 - (a) to reject any proposal that fails to substantially comply with all prescribed RFP requirements and procedures, and
 - (b) to reject all proposals received and cancel this RFP upon a finding by the LEA that there is good cause therefore and that such cancellation would be in the best interests of the LEA.

ALL PROPOSERS WHO SUBMIT A RESPONSE TO THIS RFP UNDERSTAND AND AGREE THAT THE DEPARTMENT AND THE LEA ARE NOT OBLIGATED THEREBY TO AWARD A CONTRACT TO ANY PROPOSER. NEITHER THE DEPARTMENT NOR THE LEA HAS ANY

FINANCIAL OBLIGATION TO ANY PROPOSER. IN ADDITION, EACH PROPOSER UNDERSTANDS AND AGREES THAT NEITHER THE DEPARTMENT NOR THE LEA SHALL BE RESPONSIBLE FOR ANY EXPENSES AND COSTS INCURRED IN SUBMITTING A RESPONSE TO THIS RFP. EACH PROPOSER WHO RESPONDS TO THIS RFP DOES SO SOLELY AT THE PROPOSER'S COST AND EXPENSE.

D. WRITTEN QUESTIONS AND ADDENDA

Questions regarding the information contained in this Request for Proposal must be submitted to **Deborah Breckner**, **Three Rivers School District**, not later than 2:00 p.m. PST, November 4, 2011. All questions must be submitted in writing or sent to **deborah.breckner@threerivers.k12.or.us** and received by the specified date and time. No oral questions will be accepted.

If any part of this RFP is amended, addenda will be provided to all proposers who received the initial RFP. Once the proposal due date has passed, addenda will be provided to all proposers who submitted a proposal.

Failure to acknowledge all addenda may result in declaration of your RFP as nonresponsive.

E. SUBMISSION OF PROPOSALS

The following items explain the format requirements for proposal preparation and submission. The LEA reserves the right to eliminate from consideration any FSMC proposal received, which does not follow this format.

- Applications must be submitted in the name of the legal entity registered with the State of Oregon, Corporations Division, to do business in the State of Oregon or an independent contractor.
- Application should have a title page which list all contact information.
- At least one proposal must bear an original signature signed in ink and dated by the applicants/s or a representative legally authorized by the applicant/s.
- Notice is hereby given that the Three Rivers School District in Three Rivers, Oregon will receive sealed RFP's until November 4, 2011, 2:00 PM at the District Office, 8550 New Hope Road, Grants Pass, Oregon 97527. Three (3) copies of the RFP must be clearly marked with "RFP Child Nutrition Management" with the date and time for opening.
- No oral, telephonic, electronic or facsimile proposals will be accepted.

F. ACCEPTANCE OF CONTRACTUAL REQUIREMENTS

Proposer must include in the proposer's cover letter a statement accepting all terms and conditions included herein.

G. PRICE

Prices, costs, and expenses quoted in submitted proposals shall include all costs for services provided under the contract. LEA retains the right to negotiate price and terms with top ranked offerors. Any unspecified costs shall be borne by the contractor. OAR 581-051-0570.

H. PUBLIC RECORDS

This RFP and one copy of each proposal received in response to it, together with copies of all documents pertaining to the award of a contract, shall be kept by the LEA and made part of a file or record, which shall be open to public inspection. If a proposal contains any information that is considered a trade secret under ORS 192.501(2), each sheet of such information shall be marked with the following caption:

"This data constitutes a trade secret under ORS 192.501(2), and shall not be disclosed except in accordance with the Oregon Public Records Law, ORS Chapter 192."

Sheets identified as containing trade secret information shall not contain non-trade secret material. A violation of this requirement shall result in the entire sheet being subject to public disclosure. LEA shall have no liability of the disclosure of trade secret material and especially so when the material is not properly marked or separated from non trade secret material.

I. <u>INVESTIGATION OF REFERENCES</u>

The LEA reserves the right to investigate the references and past performance of any proposer with respect to its successful completion of similar projects, compliance with contractual obligations and specifications, and lawful payments of suppliers, contractors, and workers. The LEA may postpone the award or execution of the contract after the announcement of the apparent successful proposer in order to complete the investigation. The LEA reserves the right to reject any or all proposals at any time prior to the execution of a contract.

- Proposers must include a listing of all Districts in the State of Oregon where they currently provide Child Nutrition management services. Listing must include a district contact name, email address and phone number.
- Proposers must include a listing of all lost or discontinued District accounts in the state of Oregon within the last five (5) years.

J. PROPOSAL BOND

A proposal deposit shall be in the form of a certified check or surety bond issued by a bonding company authorized to do business in Oregon and shall be made payable to the Three Rivers School District in the amount of \$50,000.

K. RECYCLED PRODUCTS

Proposers shall use recycled products to the maximum extent economically feasible in the efficient performance of the contract work set forth in this document.

L. INTERGOVERNMENTAL COOPERATIVE AGREEMENT

Pursuant to ORS 279A and the Three Rivers School District procurement rules, other public agencies shall have the ability to purchase the awarded goods and services from the awarded Contractor(s) under terms and conditions of the resultant contract.

Any such purchases shall be between the Contractor and the participating public agency and shall not impact the Contactor's obligation to Three Rivers School District. Any estimated purchase volumes listed herein do not include other public agencies and Three Rivers School District makes no guarantee as to their participation.

Any bidder, by written notification included with their solicitation response, may decline to extend the prices and terms of this solicitation to any and/or all other public agencies.

M. PROPOSAL MEETING AND SITE VISIT

The pre-proposal meeting and site tour of 3 representative sites (1 Elementary, 1 Junior High and 1 High school) will begin at 1:30pm PST on October 7, 2011 at The Three Rivers School District Office, 8550 New Hope Road, Grants Pass, OR 97527. The scheduled proposal meeting and site visit is a proposer's only opportunity to visit the sites. Attendance at proposal meeting and site tours shall be limited to two (2) outside representatives from each proposer. Questions should not be directed to any child nutrition employees during the site tour. Photographs inside of the districts schools will not be allowed. All questions should be submitted in writing to the LEA contact listed below. Information provided as a result of proposer questions at the meeting will be distributed as addenda.

All contact with the LEA concerning this RFP MUST be cleared through the following LEA contact:

Deborah Breckner Human Resources Director Three Rivers School District 8550 New Hope Road Grants Pass, OR 97527 541-862-311

At no time shall any individual employed by a prospective proposers company or affiliate (other than the onsite FSMC management team and their employees in the normal course of business), contact employees of the LEA, including, but not limited to school board members, building principals, school staff and district office administration staff. Failure to adhere to this requirement so may result in the proposer being disqualified from the selection process for being "nonresponsive":

N. PROPOSAL EVALUATION PLAN

Proposals will be thoroughly reviewed and subjected to an impartial evaluation. Award will be made by the District on the basis of the proposal which, in the District's sole and absolute judgment, will best serve the interests of the District.

Each proposal will be evaluated according to the quality of each of the items shown below, utilizing a 200 - point scale.

CRITERIA FO	OR EVALUATION	POINTS
a.	Nutrition and Wellness Programs	20
<i>b</i> .	Proposed Food Programs	15
<i>c</i> .	Employee Training & Development Plan	20
d.	Community Involvement and Communications Plan	15
e.	Proposed Resident Director	<i>30</i>
f.	Depth of Management and Support Resources	15
g.	Procurement and Sustainability	10
h.	Child Nutrition Experience with other Districts &	20
	Three Rivers School District	
i.	Financial Pro Forma	<i>50</i>
j.	Site Visit Attendance	<u>05</u>
	Maximum Points	200

An administrative recommendation regarding the award of the Contract will be made to the School Board. The final decision regarding award of the Contact will be made by the School Board.

O. RESERVATIONS

The Board of Directors of Three Rivers School District herein expressly reserves the following rights:

- 1) To negotiate separately with any source whatsoever in any manner necessary to serve the best interest of the District. The District does not intend to award a contract solely on the basis of any response made to this request for proposal or in any way to pay for information solicited or obtained. The information obtained will be used in determining what seems to best serve the interest of the District.
- (2) To consider the competency and responsibility of bidders and of their proposed subcontractors in making the award.

- (3) To make the award based on its best judgment as to which contractor will provide a program which best meets the Districts expectations of a program employing the highest standards of quality, nutritional standards, palatability and menu variety.
- (4) To make such changes or corrections in plans, specifications, or quantities as it may deem necessary or desirable prior to the proposal opening. Contractors will be notified of such changes in writing by addenda mailed to the address on file in the District Purchasing Department.

P. CONTRACT:

The successful proposer shall enter into a contract with the LEA, which embodies the preceding specifications. The contract will be drafted by the LEA using the ODE template contract as revised to reflect negotiations and subject to final approval by the LEA.

The contract will be effective July 1, 2012 through June 30, 2013 with 4 annual renewals.

Q. POST-SELECTION REVIEW

Competing proposers shall be notified in writing of the selection of the apparent successful proposer and shall be given five (5) calendar days to review the RFP file and evaluation report at the LEA office. Any questions or concerns about the selection process must be in writing and must be delivered to:

Deborah Breckner Human Resources Director Three Rivers School District 8550 New Hope Road Grants Pass, OR 97527 541-862-3111

The LEA will promptly respond to proposer questions or concerns. The decisions of the LEA are final.

III. REQUIRED MATERIALS CONSTITUTING A RESPONSIVE PROPOSAL

A. MANDATORY ITEMS

THE FOLLOWING ITEMS 1 - 5 ARE TO BE SUBMITTED WITH ALL PROPOSALS. PROPOSALS NOT CONTAINING ALL APPLICABLE ITEMS WILL BE REJECTED.

- 1. Cover Letter. The Proposer must submit a cover letter, which contains a brief explanation of the features of the proposal. The Proposer must include the email address, telephone and facsimile numbers of an authorized representative of the FSMC. The cover letter should acknowledge receipt of any amendments or modifications to the RFP
- 2. Completed Certificate of Independent Price Determination (Attachment A)
- 3. Certificate of Suspension and Debarment if applicable (Attachment B)
- 4. Certification of Clean Air and Water if applicable (Attachment C)
- 5. Certification Regarding Lobbying if applicable (Attachment D)
- **6. Buy American Provision** -The LEA and the FSMC shall purchase, to the maximum extent practicable, domestic agricultural commodities or products substantially processed in the United States. "Substantially" means the final processed product contains over 51% domestically grown agricultural commodities. This provision applies to all food purchases paid from the nonprofit school food services account.

7. Financial Terms

Complete as to all price terms, methods of determining costs, rebates, methods of allocating expenses, methods of determining meal equivalents, and all formulas for computing fixed price per meal rate. The FSMC shall determine a per meal price as if all food was purchased (no commodities available). To the extent relevant in determining financial terms, the FSMC shall use the exact information provided in **Attachment F.**

For fixed price per meal purposes, each reimbursable lunch shall be considered one (1) meal/meal equivalent, each reimbursable breakfast shall be considered one-third (1/3) of a meal/meal equivalent, and one reimbursable snack shall be considered one-fourth (1/4) of a meal/meal equivalent.

For cash meal sales other than reimbursable meals the equivalent rate shall be the current school year free lunch reimbursement rate plus the commodity value. The estimated rate for 2012-13 is \$ 3.00. The number of meal equivalents is determined by dividing the total a la carte meal sales by the meal equivalent Rate

CACFP and SFSP programs meals cannot be included in the meal equivalent calculations. These programs require separate accountability.

8. Menu Cycle. The menu cycle shall be used as a standard for the purpose of determining average cost per meal. The menu must be adhered to for the first 21 days of meal service, and changes thereafter may be made upon approval of the LEA. Any changes must equal or exceed the choice selection, quality, grades, and specifications contained in the original menu cycle. For purposes of this RFP all Interested proposers are required to utilize the 21 day cycle menus for Elementary and Secondary Breakfast and Lunch as provided in **Attachment H of this RFP** in their proposal.

- 9. Schools to be served. As outlined on A-13
- 10. Other facilities to be served, As outlined on A-13
- 11. Management Services. Provide a short descriptive narrative of services provided for each of the following areas:
 - Nutrition and Wellness Programs
 - Proposed Food Programs
 - Employee Training & Development Plan
 - Community Involvement and Communications Plan
 - Proposed Resident Director
 - Depth of Management and Support Resources
 - Procurement and Sustainability
 - Child Nutrition Program Experience with Three Rivers and other Districts
- 12. <u>Program Information</u>. Interested Proposers are required to utilize the exact participation levels, meal counts, service days, meal prices, federal reimbursement rates, state reimbursement rates, equivalent meal sales information, vended meal sales information, LEA paid labor and benefit costs and district indirect costs (if applicable) as detailed in **Attachment F, Program Information**, to develop their financial proformas, which enables the District to compare proposals from the various Proposers. Interested Proposers shall use the Financial Pro Forma example as detailed in **Attachment G**. Financial proformas that do not use the exact information as provided in Attachment F, Program Information, will not be accepted. Alternate financial proformas or proposals will not be considered and may result in the proposer being disqualified from the selection process for being "nonresponsive":

IV. SCOPE OF WORK

- 1. OVERVIEW of Three Rivers School District Child Nutrition Program.
- A. <u>Scale</u>. The LEA Child Nutrition Department employs 48 persons and provides Child Nutrition to approximately 4900 children at 14 sites; 7 elementary (grades K-5) schools, 1 elementary (grades K-8) school, 3 junior high schools, 3 high schools, 2 alternative schools (7-12) and 4 vended meal program sites (Boys and Girls Club of the Rogue Valley). The Child Nutrition Department prepares approximately 740,000 reimbursable meals annually.
- B. Responsibilities. The responsibilities of the Child Nutrition Program include the following:
 - a) Preparing and serving meals and meal supplements (snacks) to students and participants in the National School Lunch and Breakfast Programs;
 - b) Preparing and serving meals and meal supplements (snacks) to students, and participants in SFSP, CACFP, Afterschool At-Risk child care or Head Start programs, if applicable;
 - c) Preparing and serving meals to staff, parent organizations, and for some scheduled events (conferences, business partnerships, etc.), whether in or out of the LEA;
 - d) Purchasing food and supplies;
 - e) Purchasing, maintaining and repairing all equipment used in the kitchen;
 - f) Maintaining all kitchen areas and working environments in a safe and sanitary condition;
 - g) Complying with all health requirements including blood pathogen training, safety, and sanitation requirements:
 - h) Maintaining full and complete financial and inventory records sufficient to meet federal and state requirements and in accordance with generally accepted accounting principals.
 - i) Determining student meal benefit eligibility from household confidential meal applications

- j) Conducting follow –up to households selected for verification
- C. <u>Financial Requirements</u>. The Child Nutrition Program will be run on a cost effective basis so as to be self-supporting.
- D. <u>Management Goals</u>. The Child Nutrition Program will provide nutritious, high-quality meals and snacks to students and participants in NSLP, SBP, SFSP and CACFP Afterschool At-Risk, Child Care Centers and Head Start programs if applicable; accommodate special diets where medically necessary, provide occasional catered food services, and improve nutrition awareness.
- E. <u>Schools and other facilities served</u>. The Child Nutrition department provides regular meal service including NSLP and SBP at 14 sites and occasional service at other sites as requested or required.

Summer Food Service Program (see data sheet for sites served). Boys and Girls Club Vended Suppers at four sites.

- F. <u>Child Nutrition Program Office and Staff</u>. The Child Nutrition Program office is located at 126 Ringuette Street, Grants Pass, OR 97527.
- G. <u>National School Lunch Program and School Breakfast Program</u>. The District currently utilizes Nutrient Standard Menu Planning and desires to continue utilizing this method. Provide meal count and menu production records as required by NSLP/SBP regulations.
- H. <u>Summer Food Service Program.</u> The LEA provides summer meals under the SFSP-Simplified Summer. The menu planning option used is the same as NSLP. Provide meal count and menu records as required by SFSP regulations. Meals may be vended only and no program administration costs shall be included in the fixed price for this program.
- I. Child and Adult Care Food Program. (LEA Afterschool At Risk Snacks/Suppers, Child Care Centers or Head Start Programs) The CACFP meal pattern is followed in the child care centers or Head Start Programs. The Afterschool At risk Snack and Supper sites use the approved NSLP menu planning option Provide meal count and menu records as required by CACFP regulations. FSMC administration of these programs is not permitted. Meals may be vended only. Program Administration costs may not be included in the fixed meal price for this program. These meals cannot be included in the meal equivalent calculations for NSLP reimbursements. Separate accountability for all CACFP programs is required.

2. DESCRIPTION OF RESPONSIBILITIES OF CONTRACTOR (FSMC):

A. <u>General</u>. The Contractor or "FSMC" (Food Service Management Company) selected pursuant to this request for proposals will provide management of the LEA Child Nutrition Department. The Child Nutrition Department must be managed so as to efficiently and effectively fulfill the responsibilities described, and so as to achieve the Management Goal and Financial requirements described in Section 1 above.

B. Use of Donated Foods

- 1) The FSMC shall credit the LEA for the value of all donated food, entitlement and bonus, received for use in meal service in the school year, including the value of donated foods in processed end products;
- 2) The FSMC shall list on the invoice for the period; the value of commodities received, and deducts the amount of value from the total owed by LEA for the NSLP meals served;

- 3) The value of commodities for entitlement and bonus is the average USDA purchase price as listed by ODE. For processed commodities it is the processing agreement value;
- 4) The FSMC shall be responsible for ordering and selecting donated foods in coordination with the LEA; the storage and management of the donated foods; procuring processed end products on behalf of the LEA; and payment of processing fees or submittal of refund requests on behalf of the LEA or remittance of funds for the value of donated foods in processed end products to the LEA in accordance with 7 CFR 250;
- 5) The FSMC will use all donated ground beef, ground pork and processed end products in the LEA's food service;
- 6) The FSMC will use all other donated foods in the LEA's food service:
- 7) The FSMC will procure processed end products on behalf of the LEA in compliance with the requirements of subpart C of 7 CFR 250 and credit the LEA for the value of donated food in the processing end product at the processing agreement value;
- 8) The FSMC will not itself enter into a processing agreement with a processor;
- 9) The FSMC will comply with the storage and inventory requirements for donated foods;
- 10) The LEA, State Agency, Comptroller General, USDA or their duly authorized representatives, may perform onsite review of the food service operation, including the review of records, to ensure compliance with requirements for the management and use of donated foods;
- 11) The FSMC must maintain the following records relating to the use of the donated foods: a) The donated food and processed end product received from or on the behalf of the LEA for use in meal service, b) Documentation that it has credited the LEA of the value of all donated food received for use in the LEA's food service in the school year, including the value of donated foods contained in processed products, c) Documentation of the FSMC's procurement of processed end products on behalf of the LEA
- 12) Extensions or renewals of the contract are contingent upon fulfillment of all contract provisions relating to donated foods.
- C. <u>Rebates.</u> All rebates, credits and discounts from the purchase of food, beverages, merchandise, commodity processing and supplies from local, regional and national suppliers and distributors must be passed through to the LEA. The estimated value of rebates, credits and discounts shall be used in formulating the fixed price per meal.
- D. <u>Capital Improvements</u>. The cost of capital improvements to the kitchen facilities shall be borne by the LEA and shall not be included in direct operating costs of the program. Title to all capital improvements shall remain in the LEA. No improvements are anticipated for the 2012-13 school year.
- E. <u>Child Nutrition Supervisor</u>. The FSMC will employ a qualified professional to manage and oversee the Child Nutrition operation and Child Nutrition employees. The FSMC shall select and appoint the Child Nutrition Supervisor with the participation and consent of the LEA.
- F. <u>Employees</u>. All non-management Child Nutrition employees shall remain employees of the LEA. The FSMC Child Nutrition Supervisor shall direct and supervise LEA's Child Nutrition employees.

The LEA retains responsibility for hiring, termination, realignment of positions, changing number of positions, interschool transfers, and other similar staffing changes affecting LEA Child Nutrition employees.

- G. <u>Reports.</u> The FSMC shall provide the LEA with monthly financial and management reports accurately reflecting the status of the Child Nutrition Program operation. Such reports shall be in a format acceptable to the LEA and in sufficient detail to allow independent verification if requested by the LEA. All problems and difficulties, which may impair the FSMC's ability to fulfill the financial and management goals described herein, shall be promptly reported to the LEA, so that the LEA may work with the FSMC toward resolution.
- H. <u>Survival of Terms</u>. In the event of a conflict between the terms of this section IV "Scope of Work" and a provision of the contract executed between the LEA and the Contractor (FSMC), the following order of precedence shall apply: Contract, RFP, FSMC proposal.
- I. <u>Local Purchases</u>. The FSMC shall purchase local products in an amount up to 5 %.
- J. <u>Staffing Changes</u>. Staffing changes may be initiated by the FSMC only with the prior consent of the LEA, which consent shall not unreasonably be withheld. In effecting staffing changes, the FSMC and the LEA shall work cooperatively in order to achieve the financial requirements and management goals set forth herein. The FSMC may not implement any staffing change, which would limit or abridge any right or privilege of any LEA employee pursuant to any applicable collective bargaining agreement. "Staffing Change" shall include any hiring, termination, realignment of positions, change in the number of positions, substantial change in conditions of employment, and other similar staffing change, affecting LEA employees.

Attachments:

Certificate of Independent Price Determination (Attachment A)

Suspension and Debarment Certification (Attachment B)

Clean Air and Water Certificate (Attachment C)

Certification Regarding Lobbying (Attachment D)

Buy American Provision (Attachment E)

Program Information – Including (Attachment F)

- Participation Counts (Including total Paid-Free-Reduced Price Meals and Snacks)
- Reimbursement Rates
- Equivalency Rates
- Meal Prices
- Vended Meal Sales Information (if appliciable)
- Service Days
- List of Schools/Sites and Serving Times
- Free and Reduced Information
- Child Nutrition Positions by location including LEA paid Labor and Benefit Costs.
- LEA Paid District Indirect Charges (if applicable)
- Financial Pro Forma (Attachment G)
- 21-Day Cycle Menu (Elementary and Secondary, if applicable) by program type (Attachment H)

CERTIFICATE OF INDEPENDENT PRICE DETERMINATION

Both the School Food Authority (LEA) and Food Service Management Company (offeror) shall execute this Certificate of Independent Price Determination.

NAME OF SCHOOL FOOD AUTHORITY

NAME OF FOOD SERVICE MANAGEMENT COMPANY

- (A) By submission of this offer, the offeror certifies, and in the case of a joint offer, each party thereto certifies as to its own organization, that in connection with this procurement:
 - (1) The prices in this offer have been arrived at independently, without consultation, communication or agreement, for the purpose of restricting competition, as to any matter relating to such prices with any other offeror or with any competitor;
 - (2) Unless otherwise required by law, the prices which have been quoted in this offer have not been knowingly disclosed by the offeror and will not knowingly be disclosed by the offeror prior to opening in the case of an advertised procurement or prior to award in the case of a negotiated procurement, directly or indirectly to any other offeror or to any competitor; and
 - (3) No attempt has been made or will be made by the offeror to induce any person or firm to submit or not to submit, an offer for the purpose of restricting competition.
- (B) Each person signing this offer on behalf of the Food Service Management Company certifies that:
 - (1) He or she is the person in the offeror's organization responsible within the organization for the decision as to the prices being offered herein and has not participated, and will not participate, in any action contrary to (A)(1) through (A)(3) above; or
 - (2) He or she is not the person in other offeror's organization responsible within the organization for the decision as to the prices being offered herein, but that he or she has been authorized in writing to act as agent for the persons responsible for such decision in certifying that such persons have not participated and will not participate, in any action contrary to (A)(1) through (A)(3) above, and as their agent does hereby so certify; and he or she has not participated, and will not participate, in any action contrary to (A)(1) through (A)(3) above.

To the best of my knowledge, this Food Service Management Company, its affiliates, subsidiaries, officers, directors and employees are not currently under investigation by any governmental agency and have not in the last three years been convicted or found liable for any act prohibited by State or Federal law in any jurisdiction, involving conspiracy or collusion with respect to bidding on any public contract, except as follows:

SIGNATURE OF FOOD SERVICE MANAGEMENT COMPANY'S AUTHORIZED REPRESENTATIVE

TITLE

DATE

In accepting this offer, the LEA certifies that no representative of the LEA has taken any action that may have jeopardized the independence of the offer referred to above.

SIGNATURE OF SCHOOL FOOD AUTHORITY'S AUTHORIZED REPRESENTATIVE

TITLE

DATE

NOTE: ACCEPTING A BIDDER'S OFFER DOES NOT CONSTITUTE AWARD OF THE CONTRACT

Attachment B

SUSPENSION AND DEBARMENT CERTIFICATION

NOTE: THIS CERTIFICATE MUST BE COMPLETED FOR ALL NEW AND RENEWAL CONTRACT YEARS WHEN THE CONTRACT EXCEEDS \$100,000.

U. S. DEPARTMENT OF AGRICULTURE

CERTIFICATION REGARDING DEBARMENT, SUSPENSION, INELIGIBILITY AND VOLUNTARY EXCLUSION -- LOWER TIER COVERED TRANSACTIONS

This certification is required by the regulations implementing Executive Order 12549, Debarment and Suspension, Title 7 CFR Part 3017, Section 3017.510, Participants' responsibilities. The regulations were published as Part IV of the January 30, 1989, <u>Federal Register</u> (pages 4722-4733). Copies of the regulations may be obtained by contacting the Department of Agriculture agency with which this transaction originated.

(BEFORE COMPLETING CERTIFICATION, READ INSTRUCTIONS ON REVERSE)

(1) The prospective lower tier participant certifies, by submission of this proposal, that neither it nor its principals is presently debarred, suspended, proposed for debarment, declared ineligible, or voluntarily excluded from participation in this transaction by any Federal department or agency.

(2) Where the prospective lower tier participant is unable to certify to any of the statements in this certification,

such prospective participant shall attach an explanation to this proposal.

Organization Name

PR/Award Number or Project Name

Organization Name	PR/Award Number or Project Name
Names(s) and Title(s) of Authorized Representative(s)	
Signature(s)	Date

Instructions for Certification

- 1. By signing and submitting this form, the prospective lower tier participant is providing the certification set out on the reverse side in accordance with these instructions.
- 2. The certification in this clause is a material representation of fact upon which reliance was placed when this transaction was entered into. If it is later determined that the prospective lower tier participant knowingly rendered an erroneous certification, in addition to other remedies available to the Federal Government, the department or agency with which this transaction originated may pursue available remedies, including suspension and/or debarment.
- 3. The prospective lower tier participant shall provide immediate written notice to the person to whom this proposal is submitted if at any time the prospective lower tier participant learns that its certification was erroneous when submitted or has become erroneous by reason of changed circumstances.
- 4. The terms "covered transaction," "debarred," "suspended," "ineligible," "lower tier covered transaction," "participant," "person," "primary covered transaction," "principal," "proposal," and "voluntarily excluded," as used in this clause, have the meanings set out in the Definitions and Coverage sections of rules implementing Executive Order 12549. You may contact the person to which this proposal is submitted for assistance in obtaining a copy of those regulations.
- 5. The prospective lower tier participant agrees by submitting this form that, should the proposed covered transaction be entered into, it shall not knowingly enter into any lower tier covered transaction with a person who is debarred, suspended, declared ineligible, or voluntarily excluded from participation in this covered transaction, unless authorized by the department or agency with which this transaction originated.
- 6. The prospective lower tier participant further agrees by submitting this form that it will include this clause titled "Certification Regarding Debarment, Suspension, Ineligibility and Voluntary Exclusion Lower Tier Covered Transactions," without modification, in all lower tier covered transactions and in all solicitations for lower tier covered transactions.
- 7. A participant in a covered transaction may rely upon a certification of a prospective participant in a lower tier covered transaction that it is not debarred, suspended, ineligible, or voluntarily excluded from the covered transaction, unless it knows that the certification is erroneous. A participant may decide the method and frequency by which it determines the eligibility of its principals. Each participant may, but is not required to, check the Nonprocurement List.
- 8. Nothing contained in the foregoing shall be construed to require establishment of a system of records in order to render in good faith the certification required by this clause. The knowledge and information of a participant are not required to exceed that which is normally possessed by a prudent person in the ordinary course of business dealings.
- 9. Except for transactions authorized under paragraph 5 of these instructions, if a participant in a covered transaction knowingly enters into a lower tier covered transaction with a person who is suspended, debarred, ineligible, or voluntarily excluded from participation in this transaction, in addition to other remedies available to the Federal Government, the department or agency with which this transaction originated may pursue available remedies, including suspension and/or debarment.

Attachment C - CLEAN AIR AND WATER CERTIFICATE

NOTE: THIS CERTIFICATE MUST BE COMPLETED FOR ALL NEW AND RENEWAL CONTRACT YEARS WHEN THE CONTRACT EXCEEDS \$100,000.

Applicable if the contract exceeds \$100,000 or the Contracting Officer has determined that the orders under an indefinite quantity contract in any one year will exceed \$100,000 or a facility to be used has been the subject of a conviction under the Clean Air Act (41 U.S.C. 1857c-8(c)(1) or the Federal Water Pollution Control Act 33 1319(d) and is listed by EPA or the contract is not otherwise exempt. Both the School Food Authority (LEA) and Food Service Management Company (offeror) shall execute this Certificate.

NAME OF FOOD SERVICE MANAGEMENT COMPANY

NAME OF SCHOOL FOOD AUTHORITY

THE FOOD SERVICE MANAGEMENT COMPANY AGREES AS FOLLOWS:

- A. To comply with all the requirements of Section 114 of the Clean Air Act, as amended (41 U.S.C. 1857, et seq., as amended by Public Law 91-604) and Section 308 of the Federal Water Pollution Control Act (33 U.S.C. 1251, et seq., as amended by Public Law 92-500), respectively, relating to inspection, monitoring, entry, reports and information as well as other requirements specified in Section 114 and Section 308 of the Air Act and the Water Act, respectively, and all regulations and guidelines issued thereunder before the award of this contract.
- B. That no portion of the work required by this prime contract will be performed in a facility listed on the Environmental Protection Agency List of Violating Facilities on the date when this contract was awarded unless and until the EPA eliminates the name of such facility or facilities from such listing.
- C. To use his/her best efforts to comply with clean air standards and clean water standards at the facilities in which the contract is being performed.
- D. To insert the substance of the provisions of this clause in any nonexempt subcontract, including this paragraph.

THE TERMS IN THIS CLAUSE HAVE THE FOLLOWING MEANINGS:

- A. The term "Air Act" means the Clean Air Act, as amended (41 U.S.C. 1957 et seq., as amended by Public Law 91-604).
- B. The term "Water Act" means Federal Water Pollution Control Act, as amended (33 U.S.C. 1251 et seq., as amended by Public Law 92-500).
- C. The term "Clean Air Standards" means any enforceable rules, regulations, guidelines, standards, limitations, orders, controls, prohibitions, or other requirements which are contained in, issued under, or otherwise adopted pursuant to the Air Act or Executive Order 11738, an applicable implementation plan as described in section 110(d) of the Clean Air Act (42 U.S.C. 1957c-5(d)), an approved implementation procedure or plan under Section 111(c) or Section 111(d), respectively, of the Air Act (42 U.S.C. 1857c-6(c) or (d)), or approved implementation procedure under Section 112(d) of the Air Act (42 U.S.C. 1857c-7(d)).

- D. The term "Clean Air Standards" means any enforceable limitation, control, condition, prohibition, standard, or other requirement which is promulgated pursuant to the Water Act or contained in a permit issued to a discharger by the Environmental Protection Agency or by a State under an approved program, as authorized by Section 402 of the Water Act (33 U.S.C. 1342) or by local government to ensure compliance with pretreatment regulations as required by Section 307 of the Water Act (33 U.S.C. 1317).
- E. The term "Compliance" means compliance with clean air or water standards. Compliance shall also mean compliance with a schedule or plan ordered or approved by a court of competent jurisdiction, the Environmental Protection Agency or an Air or Water Pollution Control Agency in accordance with the requirements of the Air Act or Water Act and regulations issued pursuant thereto.

F.	The term	"facility"	means	any	building,	plant,	installation,	structure,	mine,	vessel,	or	other	floating	craft,
	location o	or sites of	operatio	ns, c	wned, lea	sed or	supervised b	y the Food	d Servi	ce Man	age	ment (Company	у.

SIGNATURE OF FOOD SERVICE MANAGEMENT COMPANY'S AUTHORIZED REPRESENTATIVE	TITLE	DATE
SIGNATURE OF SCHOOL FOOD AUTHORITY'S AUTHORIZED REPRESENTATIVE	TITLE	DATE

Attachment D

Certification Regarding Lobbying Disclosure of Lobbying Activities

(Complete the form that is applicable)

NOTE: THIS CERTIFICATE MUST BE COMPLETED FOR ALL NEW AND RENEWAL CONTRACT YEARS WHEN THE CONTRACT EXCEEDS \$100,000.

CERTIFICATION REGARDING LOBBYING

Applicable to Grants, Subgrants, Cooperative Agreements, and Contracts Exceeding \$100,000 in Federal Funds.

Submission of this certification is a prerequisite for making or entering into this transaction and is imposed by section 1352, Title 31, U.S. Code. This certification is a material representation of fact upon which reliance was placed when this transaction was made or entered into. Any person who fails to file the required certification shall be subject to a civil penalty of not less than \$10,000 and not more than \$100,000 for each such failure.

The undersigned certifies, to the best of his or her knowledge and belief, that:

- (1) No Federal appropriated funds have been paid or will be paid by or on behalf of the undersigned, to any person for influencing or attempting to influence an officer or employee of any agency, a Member of Congress, an officer or employee of Congress, or an employee of a Member of Congress in connection with the awarding of a Federal contract, the making of a Federal grant, the making of a Federal loan, the entering into a cooperative agreement, and the extension, continuation, renewal, amendment, or modification of a Federal contract, grant, loan, or cooperative agreement.
- (2) If any funds other than Federal appropriated funds have been paid or will be paid to any person for influencing or attempting to influence an officer or employee of any agency, a Member of Congress, an officer or employee of Congress, or an employee of a Member of Congress in connection with this Federal grant or cooperative agreement, the undersigned shall complete and submit Standard Form-LLL, "Disclosure Form to Report Lobbying," in accordance with its instructions.

3) The undersigned shall require that the language of thi all covered subawards exceeding \$100,000 in Federal shall certify and disclose accordingly.	
Name/Address of Organization	
Name/Title of Submitting Official	
Signature	 Date

DISCLOSURE OF LOBBYING ACTIVITIES

Complete this form to disclose lobbying activities pursuant to 31 U.S.C. 1352 (See reverse for public burden disclosure)

1. Type of Federal Action:	2. Status of Federal Action: 3. Report Type:
a. contract b. grant c. cooperative agreement d. loan e. loan guarantee f. loan insurance	a. bid/offer/application b. initial award c. post-award For Material Change Only: Year Quarter Date of Last Report
4. Name and Address of Reporting Entity:PrimeSubawardeeTier, if known:	5. If Reporting Entity in No. 4 is Subawardee, Enter Name and Address of Prime:
Congressional District, if known:	Congressional District, if known:
6. Federal Department/Agency:	7. Federal Program Name/Description:
	CFDA Number, if applicable:
8. Federal Action Number, if known:	9. Award Amount, if known:
10a. Name and Address of Lobbying Entity: (if individual, last name, first name, middle)	10b. Individuals Performing Services (including address if different from No. 10,a.) (last name, first name, middle)
(Attach Continuation Sheet(s)	SF-LLL-A, if necessary
11. Amount of Payment (check all that apply): \$	12. Form of Payment (check all that apply):
Actual Planned	a. cash b. in-kind; specify: Nature Actual
13. Type of payment (check all that apply):	14. Brief Description of Services Performed or to be Performed and Date(s) of Service, including officer(s), employee(s), or member(s) contracted for Payment indicated in Item 11:
a. retainer b. one-time fee c. commission d. contingent fee	
e. deferred f. other; specify:	(Attach Continuation Sheet(s) SF-LLL-A, if necessary)
15. Are Continuation Sheet(s) SF-LLL-A Attached:	Yes (Number) No
16. Information requested through this form is authorized by Title 31 U.S.C. section 1352. This disclosure of lobbying	Signature:
activities is a material representation of fact upon which reliance was placed by the tier above when this transaction was made or entered into. This disclosure is required	Print Name:
pursuant to 31 U.S.C. 1352. This information will be reported to the Congress semi-annually and will be	Title:
available for public inspection. Any person who fails to file the required disclosure shall be subject to a civil penalty of not less than \$10,000 and not more than \$100,000 for each such failure.	Telephone:
Federal Use Only:	Authorized for Local Repro-duction Standard Form LLL

DISCLOSURE OF LOBBYING ACTIVITIES CONTINUATION SHEET SF-LLL-A

Reporting Entity:	Page	_of

INSTRUCTIONS FOR COMPLETION OF SF-LLL, DISCLOSURE OF LOBBYING ACTIVITIES

This disclosure form shall be completed by the reporting entity, whether subawardee or prime Federal recipient, at the initiation or receipt of a covered Federal action, or a material change to a previous filing, pursuant to title 31 U.S.C. section 1352. The filing of a form is required for each payment or agreement to make payment to any lobbying entity for influencing or attempting to influence an officer or employee of any agency, a Member of Congress, an officer or employee of Congress, or an employee of a Member of Congress in connection with a covered Federal action. Use of SF-LLL-A Continuation Sheet for additional information if the space on the form is inadequate. Complete all items that apply for both the initial filing and material change report. Refer to the implementing guidance published by the Office of Management and Budget for additional information.

- 1. Identify the type of covered Federal action for which lobbying activity is and/or has been secured to influence the outcome of a covered Federal action.
- 2. Identify the status of the covered Federal action.
- 3. Identify the appropriate classification of this report. If this is a follow-up report caused by a material change to the information previously reported, enter the year and quarter in which the change occurred. Enter the date of the last previously submitted report by this reporting entity for this covered Federal action.
- 4. Enter the full name, address, city, state and zip code of the reporting entity. Include Congressional District, if known. Check the appropriate classification of the reporting entity that designates if it is, or expects to be, a prime or subaward recipient. Identify the tier of the subawardee, e.g., the first subawardee of the prime is the 1st tier. Subawards include but are not limited to subcontracts, subgrants and contract awards under grants.
- 5. If the organization filing the report in item 4 checks "Subawardee", then enter the full name, address, city, state and zip code of the prime Federal recipient. Include Congressional District, if known.
- 6. Enter the name of the Federal agency making the award or loan commitment. Include at least one organizational level below agency name, if known. For example, Department of Transportation, United States Coast Guard.
- 7. Enter the Federal program name or description for the covered Federal action (item 1). If known, enter the full Catalog of Federal Domestic Assistance (CFDA) number for grants, cooperative agreements, loans, and loan commitments.
- Enter the most appropriate Federal identifying number available for the Federal action identified in item 1 (e.g., Request for Proposal (RFP)
 Number, Invitation for Bid (IFB) Number; grant announcement number; the contract, grant or loan award number; the application/proposal
 control number assigned by the Federal agency). Include prefixes, e.g., "RFP-DE-90-001."
- 9. For a covered Federal action where there has been an award or loan commitment by the Federal agency, enter the Federal amount of the award/loan commitment for the prime entity identified in item 4 or 5.
- 10. (a) Enter the full name, address, city, state and zip code of the lobbying entity engaged by the reporting entity identified in item 4 to influence the covered Federal action.
 - (b) Enter the full names of the individual(s) performing services, and include full address if different from 10(a). Enter Last Name, First Name, and Middle Initial (MI).
- 11. Enter the amount of compensation paid or reasonably expected to be paid by the reporting entity (item 4) to the lobbying entity (item 10). Indicate whether the payment has been made (actual) or will be made (planned). Check all that apply. If this is a material change report, enter the cumulative amount of payment made or planned to be made.
- 12. Check all that apply. If payment is made through an in-kind contribution, specify the nature and value of the in-kind payment.
- 13. Check all that apply. If other, specify nature.
- 14. Provide a specific and detailed description of the services that the lobbyist has performed, or will be expected to perform, and the date(s) of any services rendered. Include all preparatory and related activity, not just time spent in actual contact with Federal officials. Identify the Federal official(s) or employee(s) contacted or the officer(s), employee(s), or Member(s) of Congress that were contacted.
- 15. Check whether or not a SF-LLL-A Continuation Sheet(s) is attached. If yes, list number of sheets.

The certifying official shall sign and date the form; print his/her name, title, and telephone number. Public reporting burden for this collection of information is estimated to average 30 minutes per response, including time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the Office of Management and Budget. Paperwork Reduction Project (0348-00046), Washington, DC 20503.

Attachment E - BUY AMERICAN PROVISION

Changed to a point on the requirements.

Attachment F PROGRAM INFORMATION

Three Rivers School District - RFP - Food Services

All Vendors must use the following information for Pro Forma development

Financial Pro Formas that do not utilize the exact program information as provided in this attachment will not be accepted.

Participation Counts:

(Based on 2010-11 actual meal counts from Claims for Reimbursement)

Use meal counts, catering and ala carte sales below for proforma development

Participation Categories	Severe Lunch Yearly Meals	Provision Severe Lunch Yearly Meals	Severe Need Breakfast Yearly Meals	Prov. Severe Need Breakfast Yearly Meals	After- School Snacks Yearly Meals
Free All Schools	248,278	71,625	102,942	70,393	7,656
Reduced All Schools	42,752	7,811	16,138	7,289	0
Paid: Elementary	43,087	13,023	21,054	14,780	0
Paid: Middle	24,255	9,621	3,734	3,920	0
Paid: High	32,995	0	5,713	0	0
Catering	\$23,000	0	0	0	0
Ala Carte Sales	\$58,000	0	0	0	0
Summer Program	16,106	0	12,954	0	0

Reimbursement Rates: Projected rates for 2012-13 School Year

Use Reimbursement rates below for proforma development

*(rates are based on July 1, 2011 established rates and increased by 3.5% for the 2012-13 SY)

Category	Severe Need Federal Lunch	Severe Breakfast	Non Severe Need Breakfast	Summer Lunch	Summer BFast	Snacks
Free	\$2.88	\$1.86	\$1.56	\$3.30	\$1.88	\$.76
Reduced Price USDA	\$2.48	\$1.56	\$1.26	n/a	n/a	\$.38
Reduced Price ODE@	n/a	\$.30	\$.30	n/a	n/a	n/a
Paid	\$0.29	\$0.27	\$0.27	n/a	n/a	\$0.06
Commodity Rate/Lunch	\$0.225	n/a	n/a	n/a	n/a	n/a
State Reimb. Rate/Lunch	\$0.04	n/a	n/a	\$0.04	n/a	n/a

[@]ODE reimburses districts an additional \$.30cents per reduced breakfast, districts cannot charge students for a reduced price breakfast.

Equivalency Rates:

Use Equivalency below for proforma development

- Use \$3.00 on all ala carte, catering and non-reimbursable meal sales.
- Use 1 for 1 Lunch and Supper Equivalency
- Use 3 for 1 Breakfast Equivalency
- Use 4 for 1 Snack Equivalency

Meal Prices:

Use meal prices below for proforma development

Category	Lunch	Breakfast	Provision	Provision	After-School
			Lunch	Breakfast	Snacks
Free	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Reduced-Price	\$0.40	\$0.00	\$0.00	\$0.00	n/a
Paid Elem K-5	\$2.00	\$1.10	n/a	n/a	n/a
Paid Middle 7-8	\$2.25	\$1.10	n/a	n/a	n/a
Paid High 9-12	\$2.50	\$1.10	n/a	n/a	n/a
Adult	\$3.25	\$1.50	n/a	n/a	n/a

[@]ODE reimburses districts an additional \$.30cents per reduced breakfast, districts cannot charge students for a reduced price breakfast.

Service Days:

Use service days below for proforma development

School	Breakfast	Lunch	After-School Snacks
Elementary	165	165	165
Middle School	165	165	n/a
High School	165	165	n/a
Boys and Girls Club Supper	165	165	n/a
Summer Programs	48	48	n/a

Vended Meal Sales:

Use vended meal information below for proforma development

Category	Annual Meals	Price Charged	Annual Revenue
Boys and Girls Club			
Supper	48,450	\$2.35	\$113,857.50

Free and Reduced Information:

School	Enrollment	Approved Free	Approved Reduced
Applegate School	104	55	6
Evergreen Elementary	427	328	32
Fort Vannoy Elementary	302	166	23
Fruitdale Elementary	322	213	23
Jerome Prairie Elementary	200	78	29
Madrona Elementary	248	148	22
Manzanita Elementary	352	217	30
Williams Elementary	79	38	10
Merlin Alternative Center	30	21	5
Illinois Valley Alternative Center	15	8	3
Fleming Middle	399	214	34
Lincoln Savage Middle	460	245	56
Lorna Byrne Middle	273	187	19
Hidden Valley High	697	293	81
Illinois Valley High	340	254	32
North Valley High	578	291	34

Serving Times/Programs:

School Name	Enroll	Lunch	Breakfast	Grades	NSLP	SBP	SN	Method
	ment							*
Applegate School	104	11:20 – 12:20	7:45 – 8:05	K-8	Yes	Yes	No	Self
Evergreen Elementary	427	10:50 - 12:10	7:00 – 7:35	K-5	Pv2	Pv2	No	Self
Fort Vannoy Elem.	302	10:40 - 11:40	7:15 – 7:45	K-5	Yes	Yes	No	Self
Fruitdale Elementary	322	11:00 – 12:30	7:15 – 7:50	K-5	Yes	Pv2	Yes	Self
Jerome Prairie Elem.	200	10:50 – 12:00	7:15 – 7:45	K-5	Yes	Yes	No	Self
Madrona Elementary	248	10:30 - 12:00	7:10 – 7:40	K-5	Yes	Pv2	Yes	Self
Manzanita Elementary	352	11:00 – 12:25	7:15 – 7:40	K-5	Yes	Yes	Yes	Self
Williams Elementary	79	11:00 – 12:00	7:00 - 8:00	K-5	Pv2	Pv2	Yes	Self
Merlin Alternative	30	11:55 – 12:15	9:00 - 9:20	6-12	Yes	Yes	No	Self
IV Alternative Center	15	11:55 – 12:15	9:00 - 9:20	6-12	Yes	Yes	No	Self
Fleming Middle	399	11:55 – 1:12	7:55 – 8:30	6-8	Yes	Yes	No	Self
Lincoln Savage Mid.	460	11:10 – 1:35	8:00 - 8:30	6-8	Yes	Yes	No	Self
Lorna Byrne Middle	273	11:43 – 12:23	8:00 - 8:30	6-8	Pv2	Pv2	No	Self
Hidden Valley High	697	11:10 – 12:52	8:05 - 8:40	9-12	Yes	Yes	No	Self
Illinois Valley High	340	12:23 – 1:10	8:10 - 8:35	9-12	Yes	Yes	No	Self
North Valley High	578	11:10 – 12:52	8:15 – 8:33	9-12	Yes	Yes	No	Self

Summer Program

School Name	Lunch	Breakfast	Grades	SFSP	SBP	SN	Method
Evergreen Elementary	12:00-12:30	8:00-8:30	n/a	Yes	No	No	Base
Fruitdale Elementary	12:00-12:30	8:00-8:30	n/a	Yes	No	No	Base
Hidden Valley High	11:30-12:30	8:00-8:30	n/a	Yes	No	No	Satellite
Building Blocks Day	11:30-12:00	7:30-8:00	n/a	Yes	No	No	Satellite
Care							
Young Writers Camp	12:00-12:30	8:30-9:00	n/a	Yes	No	No	Satellite
NV Football Camp	12:00-12:30	8:00-8:30	n/a	Yes	No	No	Satellite
All Am. Team Camp	12:00-12:30	8:00-8:30	n/a	Yes	No	No	Satellite
NVHS Daily Doubles	12:00-12:30	8:00-8:30	n/a	Yes	No	No	Satellite
NVHS Weightlifting	1:30-2:00	n/a	n/a	Yes	No	No	Satellite
Camp							
NVHS Summer Camp	11:00-11:30	7:00-7:30	n/a	Yes	No	No	Satellite
YMCA of Grants Pass	12:00-12:30	8:00-8:30	n/a	Yes	No	No	Satellite
River of Life Church	12:00-12:30	8:00-8:30	n/a	Yes	No	No	Satellite
Boys & Girls Club of	12:00-12:30	3:00-3:30	n/a	Yes	No	No	Satellite
the Rogue Valley							
Williams Elementary	11:30-12:00	8:30-9:00	n/a	Yes	No	No	Satellite
Illinois Valley High	12:15-12:45	7:15-8:15	n/a	Yes	No	No	Satellite
EV Boys & Girls Club	11:30-12:00	3:00-3:30	n/a	Yes	No	No	Satellite
Lifelines Thrift Store	1:00-1:30	10:00-10:30	n/a	Yes	No	No	Satellite
IV Coalition	12:00-12:30	8:30-9:00	n/a	Yes	No	No	Satellite
IV Safe House	12:00-12:30	n/a	n/a	Yes	No	No	Satellite
Siskiyou Field Institute	12:00-12:30	9:00-9:30	n/a	Yes	No	No	Satellite
IV Basketball Camp	12:00-12:30	8:30-9:00	n/a	Yes	No	No	Satellite
Lorna Byrne Middle	12:15-12:45	7:45-8:15	n/a	Yes	No	No	Satellite
IVHS Football Camp	3:30 - 4:00	n/a	n/a	Yes	No	No	Satellite
IVHS Soccer	11:45-12:15	n/a	n/a	Yes	No	No	Satellite

Notes:

NSLP = Indicates participation in the National School Lunch Program.

SBP = Indicates participation in the School Breakfast Program.

SN = After School Snack program.

PV2 = Provisional Program (meals served at no charge to all students)

* Indicates method of service:

Base Kitchen -- Preparing food for self and other schools

Satellite --Receiving food from a base kitchen, finish on site.

Self-Contained -- Prepares own food on site.

Staffing Guide:

Food Service Staff are contracted for Hours below in accordance with the current CBA

Position	Hours	School	Start Time	End Time
FS Manager III	8	Evergreen	5:30 AM	2:00 PM
FS II	7	Evergreen	6:00 A.M.	1:30 PM
FSI	5	Evergreen	8:00 AM	1:30 PM
FSI	3.5	Evergreen	9:30 AM	1:30 PM
FS Manager II	7.5	Fort Vannoy	6:00 AM	2:00 PM
FS II	5	Fort Vannoy	8:00 AM	1:00 PM
FS Manager II	7.5	Fruitdale	6:00 AM	1:45 PM
FS II	4.5	Fruitdale	9:00 AM	1:30 PM
FS Manager II	6.5	Jerome Prairie	6:30 AM	1:30 PM
FS II	5	Jerome Prairie	7:30 AM	1:00 PM
FS Manager II	7.5	Madrona	6:00 AM	2:00 PM
FS II	5	Madrona	7:00 AM	12:30 PM
FS Manager III	8	Manzanita	6:00 AM	2:30 PM
FSI	5	Manzanita	8:00 AM	1:00 PM
FS Manager I	6	Williams	6:00 AM	12:30 PM
FSI	3	Applegate	10:30 AM	1:30 PM
FS Manager III	7.5	Fleming MS	6:00 AM	2:00 PM
FS II	5.5	Fleming MS	7:30 AM	2:00 PM
FSI	5	Fleming MS	8:30 AM	2:00 PM
FS Manager III	7.5	LSMS	7:30 AM	3:30 PM

FS II	5.5	LSMS	7:30 AM	1:30 PM
FS I	4.5	LSMS	9:00 AM	2:00 PM
FS I	3.5	LSMS	10:30 AM	2:00 PM
FS Manager III	8	LBMS	5:30 AM	2:00 PM
FS II	7	LBMS	6:30 AM	2:00 PM
FSI	3	LBMS	11:00 AM	2:00 PM
FS1	3	LBMS	11:00 AM	2:00 PM
FS Manager IV	8	IVHS	5:30 AM	2:00 PM
FS II	7	IVHS	6:30 AM	2:00 PM
FSI	3.25	IVHS	10:45 AM	2:00 PM
FSI	2.75	IVHS	11:15 AM	2:00 PM
FSI	2.5	IVHS	11:30 AM	2:00 PM
FS Manager IV	8	NVHS	5:15 AM	1:45 PM
FS II	7	NVHS	6:10 AM	1:40 PM
FSI	3	NVHS	10:40 AM	1:40 PM
FSI	3	NVHS	10:30 AM	1:30 PM
FSI	3	NVHS	10:40 AM	1:40 PM
FSI	3	NVHS	10:30 AM	1:30 PM
FS Manager IV	8	HVHS	6:00 AM	2:30 PM
FSII	7	HVHS	7:00 AM	2:30 PM
FSI	6	HVHS	8:00 AM	2:30 PM
FSI	3.75	HVHS	10:00 AM	1:45 PM
FSI	3.75	HVHS	10:00 AM	1:45 PM
FSI	3.75	HVHS	10:00 AM	1:45 PM
FSI	2.5	Boys + Girls Club	12:30 PM	2:00 PM
Admin Assist.	8	Office	7:00AM	3:30PM
Delivery Clerk	4.8	Office	6:30 AM	3:00 PM
FS MGR IV	8	Office	7:00 AM	3:30 PM

Total Annual Gross SFA District Paid Labor to use for Pro Forma: \$ 621,965.52 Total Annual Gross SFA District Benefits to use for Pro Forma: \$ 441,477.17

Attachment G— "FINANCIAL PRO FORMA"

Resources:	Dollars	CPM *
Local sales:		
Reimbursements:		
State		
Federal		
National School Lunch Program		
School Breakfast Program		
Child and Adult Care Program		
Summer Food Service Program		
Total Resources		
Requirements:		
Food Costs:		
Food Costs		
Total Food Costs		
Labor Costs:		
Annual District Labor, Wages, Taxes & Benefits		
Total Labor Costs		
Non-Food Expenses:		
Office		
Mileage (in-district)		
Insurance/Bonding Expenses		
Non-Food Supplies (paper/janitorial, etc)		
Equipment Repairs/Replacement		
Marketing		
District In direct Charges		
Other:		
Total Non-Food Costs		
Contract Services:		
On-Site Supervisor		
Annual Hourly Labor: Wages, Taxes & Benefits		
General & Administrative Costs		
Other:		
Total Contract Services		
Total Requirements		
Net Gain/(Loss) to District		
THE GAIR (LUSS) W DISHICL		

^{*}CPM: Cost Per Meal, include: Reimbursable Lunches calculated at 1 for 1; Reimbursable Suppers at 1 for 1; Reimbursable Breakfasts at 3 for 1; Reimbursable Snacks at 4 for 1; and Equivalent Meals (\$3.00 for 1 meal) cost per meal calculations.

Fixed Price Per Meal Proposal

Fixed Price Per Meal Proposal

SBP	
-Breakfast	\$X.XX per meal (3 breakfasts = 1 meal)
Please list total Breakfast	s served calculated at 3 breakfasts = 1 meal calculation
Total Breakfasts at 3=1	
NSLP	
-Lunch	\$X.XX per meal (1 lunch = 1 meal)
-Snack	\$X.XX per snack (4 snacks = 1 meal)
-Meal Equivalents	\$X.XX per meal based on \$3.00 rate
Please list total Lunches s	served calculated at 1 Lunch= 1 meal calculation
Total Lunches at 1=1	
Please list total Snacks se	rved calculated at 4 Snacks = 1 meal calculation
Total Snacks at 4=1	
Please list total Meal Equ	ivalents served calculated at \$3.00 in meal equivalents = 1 meal calculation
Total Meal Equivalents at	± \$3.00=1
SFSP	
-Breakfast	\$X.XX per meal (3 breakfasts = 1 meal)
-Lunch	\$X.XX per meal (1 lunch = 1 meal)
-Snack	\$X.XX per snack (4 snacks = 1 meal)
Please list total Breakfast	s served calculated at 3 breakfasts = 1 meal calculation
Total Breakfasts at 3=1	
Please list total Lunches s	served calculated at 1 Lunch= 1 meal calculation
Total Lunches at 1=1	
Please list total Snacks se	rved calculated at 4 Snacks = 1 meal calculation
Total Snacks at 4=1	
VENDED MEAL PROC	GRAM
-Breakfast	\$X.XX per meal (3 breakfasts = 1 meal)
-Lunch	\$X.XX per meal (1 lunch = 1 meal)
-Snack	\$X.XX per snack (4 snacks = 1 meal)
-Suppers	\$X.XX per meal (1 Supper = 1 meal)
	s served calculated at 3 breakfasts = 1 meal calculation
Total Breakfasts at 3=1	
· ·	served calculated at 1 Lunch= 1 meal calculation
Total Lunches at 1=1	
Please list total Snacks se	rved calculated at 4 Snacks = 1 meal calculation
Total Snacks at 4=1	
Please list total Suppers s	erved calculated at 1 Supper = 1 meal calculation
Total Meal Equivalents at	
DI	
Please list total of all mea page and as required by the	als served for determining the fixed price per meal, calculated at the rates listed on this nis RFP.
Total Meals Served for Fi	xed Price

Attachment H

<u>THREE RIVERS SCHOOL DISTRICT</u> "21-DAY CYCLE MENUS" ELEMENTARY LUNCH AND BREAKFAST

All Vendors are to use the following 21-Day Cycle Menus for Elementary Lunch and Breakfast in their response to this RFP. Vendor shall adhere to this menu for the first 21 days of service during the 2011-2012 school year.

RFP. Vende	or shall adhere to this menu	a for the first 21 days of ser	vice during the 2011-201	2 school year.
Day 1	Day 2	Day 3	Day 4	Day 5
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Soft Pancakes w/Fruit	Cottage Cheese & Fruit Cup	Scrambled Egg, Sausage in	Ham & Cheese	Toasted Waffles
Topping	w/Graham Crackers	Tortilla	on a English Muffin	w/Warmed Fruit Topping
торріпд	W/Granam Crackers	Toruna	Off a English Wullin	w/warmed Fruit Topping
Lunch:	Lunch:	Lunch:	Lunch	Lunch
Teriyaki Beef & Broccoli			Lunch:	Lunch:
	Breakfast for Lunch:	Italian Chicken over Pasta	Three Cheese Baked	Baked White Meat
over Seasoned Brown	French Toast Sticks	Freshly Baked Cheese or	Macaroni w/ Seasoned	Chicken Nuggets &
Rice	w/Warmed Fruit Topping	Pepperoni Pizza	Fresh Vegetables	Steamed Broccoli
Bean and Cheese	Baked Cheesy Breadsticks	Beef Barbecue Rib	Chicken Quesadilla	Fiesta Beans & Beef
Burrito	w/ Marinara Sauce	on Whole Grain Bun	Triangles	over Corn Tortilla Chips
with Pico de Gallo	Chicken Patty on a	Spinach Salad w/Roll	Whole Grain Chicken	BBQ Turkey Patty
Cheeseburger on	Whole Grain Bun	Ham & Cheese Sandwich on	Corndog	on a Whole Grain Bun
Whole Grain Bun	Caesar Salad w/Wheat Roll	Whole Wheat	Black Bean Salad	Classic Chef Salad
Lift Off Spinach Salad	Crispy Chicken Wrap		Roasted Turkey with Cream	Veggie Sub on Whole
w/Wheat Roll			Cheese Pinwheels	Wheat
Turkey & Cheese				
Sandwich				
on Whole Wheat				
	Dav. 7	David 0	David	Davido.
Day 6	Day 7	Day 8	Day 9	Day 10
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
French Toast Sticks	Egg & Cheese	Warm Breakfast	Yogurt Parfait	Flat Bread Fruit Pizza
	on an English Muffin	Quesadilla Triangles		
Lunch:			Lunch:	Lunch:
Baked Chicken Bites	Lunch:	Lunch:	Chicken Teriyaki	Weiner Wrap w/Green
w/ Baked Potato	Toasted Cheese Sandwich	Hot Ham & Cheese Melt	& Carrots over Seasoned	Beans
Cheese Ravioli	with Fresh Fruit Cup	w/Oven Baked Tater Tots	Brown Rice	Taco Soup w/ Corn
w/ Marinara Sauce	Two Taco Tuesday	Freshly Baked Cheese or	Bean and Cheese Burrito	Tortilla Triangles
Turkey Frank on a	Chicken Patty	Pepperoni Pizza	with Pico de Gallo	Western Burger
Whole Grain Bun	on a Whole Grain Bun	Beef Patty on Whole Grain	Tuna & Tomato Melt	on Whole Grain Bun
Caesar Salad w/Wheat	Poppin' Chicken Salad w/Roll	Bun	Hearty Garden Salad w/Roll	Mandarin Chicken Salad
Roll	Veggie Wrap	Southwestern Taco Salad	Turkey & Cheese Sandwich	American Club Sandwich
Ham & Cheese Sub	r oggio vriap	Spinach & Cheese Pinwheels	on Whole Wheat	7 monour Gras Caria Mon
		Opinadira Onecoci inwinecio	on whole which	
Day 11	Day 12	Day 13	Day 14	Day 15
Day 11	Day 12	Day 13	Day 14	Day 15
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Breakfast: Toasted Waffles	Breakfast: Cheesy English Muffin	Breakfast: Egg & Cheese	Breakfast: Warm Fruit Muffin	Breakfast: Cottage Cheese & Fruit
Breakfast: Toasted Waffles w/Warmed Fruit Topping	Breakfast: Cheesy English Muffin w/Canadian Bacon	Breakfast: Egg & Cheese Breakfast Burrito	Breakfast: Warm Fruit Muffin Lunch:	Breakfast: Cottage Cheese & Fruit Cup
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch:	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch:	Breakfast: Egg & Cheese Breakfast Burrito Lunch:	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed	Breakfast: Cottage Cheese & Fruit Cup Lunch:
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch:	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad &	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad &	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad w/Roll	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad w/Roll Turkey & Cheese	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad w/Roll Turkey & Cheese Sandwich on Whole Wheat	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad Tuna Salad Sandwich	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll Ham & Cheese Pinwheels	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers Turkey & Cheese Wrap	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole Wheat
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad w/Roll Turkey & Cheese Sandwich on Whole Wheat Day 16	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad Tuna Salad Sandwich	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll Ham & Cheese Pinwheels	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers Turkey & Cheese Wrap Day 19	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole Wheat
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad w/Roll Turkey & Cheese Sandwich on Whole Wheat Day 16 Breakfast:	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad Tuna Salad Sandwich Day 17 Breakfast:	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll Ham & Cheese Pinwheels Day 18 Breakfast:	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers Turkey & Cheese Wrap Day 19 Breakfast:	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole Wheat Day 20 Breakfast:
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad w/Roll Turkey & Cheese Sandwich on Whole Wheat Day 16 Breakfast: Soft Pancakes	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad Tuna Salad Sandwich	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll Ham & Cheese Pinwheels Day 18 Breakfast: Egg and Cheese on a Fresh	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers Turkey & Cheese Wrap Day 19 Breakfast: Egg, Sausage & Cheese	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole Wheat
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad w/Roll Turkey & Cheese Sandwich on Whole Wheat Day 16 Breakfast:	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad Tuna Salad Sandwich Day 17 Breakfast: Breakfast Pizza Bagel	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll Ham & Cheese Pinwheels Day 18 Breakfast:	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers Turkey & Cheese Wrap Day 19 Breakfast:	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole Wheat Day 20 Breakfast:
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad w/Roll Turkey & Cheese Sandwich on Whole Wheat Day 16 Breakfast: Soft Pancakes w/Warmed Fruit Topping	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad Tuna Salad Sandwich Day 17 Breakfast: Breakfast Pizza Bagel Lunch:	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll Ham & Cheese Pinwheels Day 18 Breakfast: Egg and Cheese on a Fresh Biscuit	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers Turkey & Cheese Wrap Day 19 Breakfast: Egg, Sausage & Cheese Breakfast Burrito	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole Wheat Day 20 Breakfast: Bagel w/Cream Cheese
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad w/Roll Turkey & Cheese Sandwich on Whole Wheat Day 16 Breakfast: Soft Pancakes w/Warmed Fruit Topping Lunch:	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad Tuna Salad Sandwich Day 17 Breakfast: Breakfast Pizza Bagel Lunch: Baked Cheesy Breadsticks	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll Ham & Cheese Pinwheels Day 18 Breakfast: Egg and Cheese on a Fresh Biscuit Lunch:	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers Turkey & Cheese Wrap Day 19 Breakfast: Egg, Sausage & Cheese Breakfast Burrito Lunch:	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole Wheat Day 20 Breakfast: Bagel w/Cream Cheese Lunch:
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad w/Roll Turkey & Cheese Sandwich on Whole Wheat Day 16 Breakfast: Soft Pancakes w/Warmed Fruit Topping Lunch: Baked Chicken Bites	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad Tuna Salad Sandwich Day 17 Breakfast: Breakfast Pizza Bagel Lunch: Baked Cheesy Breadsticks w/ Marinara Sauce	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll Ham & Cheese Pinwheels Day 18 Breakfast: Egg and Cheese on a Fresh Biscuit Lunch: Sweet-n-Sour Chicken &	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers Turkey & Cheese Wrap Day 19 Breakfast: Egg, Sausage & Cheese Breakfast Burrito Lunch: Pasta w Zesty Marinara or	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole Wheat Day 20 Breakfast: Bagel w/Cream Cheese Lunch: Toasted Cheese
Breakfast: Toasted Waffles w/Warmed Fruit Topping Lunch: Baked White Meat Chicken Nuggets with Tomato & Corn Salad & Roll Vegetable Yaki Soba Noodles Italian Meatball Sub Minnie Mouse Salad w/Roll Turkey & Cheese Sandwich on Whole Wheat Day 16 Breakfast: Soft Pancakes w/Warmed Fruit Topping Lunch: Baked Chicken Bites w/ Mashed Potatoes	Breakfast: Cheesy English Muffin w/Canadian Bacon Lunch: Breakfast for Lunch: Soft Pancakes w/Turkey Sausage Fiesta Bean & Cheese over Corn Tortilla Triangles Beef Barbecue Rib on Whole Grain Bun Fajita Chicken Salad Tuna Salad Sandwich Day 17 Breakfast: Breakfast Pizza Bagel Lunch: Baked Cheesy Breadsticks w/ Marinara Sauce Two Taco Tuesday	Breakfast: Egg & Cheese Breakfast Burrito Lunch: Parmesan Chicken with Breadstick & Cucumber Tomato Basil Salad Freshly Baked Cheese or Pepperoni Pizza BBQ Turkey Patty on Whole Grain Bun Spinach Salad w/Roll Ham & Cheese Pinwheels Day 18 Breakfast: Egg and Cheese on a Fresh Biscuit Lunch: Sweet-n-Sour Chicken & Broccoli over Seasoned Brown	Breakfast: Warm Fruit Muffin Lunch: Turkey Gravy w/Mashed Potatoes w/Green Beans Black Bean Quesadilla Chicken Patty on Whole Grain Bun Fruit & Yogurt Parfait w/Graham Crackers Turkey & Cheese Wrap Breakfast: Egg, Sausage & Cheese Breakfast Burrito Lunch: Pasta w Zesty Marinara or Beef Pasta w/ Zesty	Breakfast: Cottage Cheese & Fruit Cup Lunch: Chicken & Vegetable Fajita w/Spanish Rice Vegetable Fajita w/Spanish Rice Beef Patty on Whole Grain Bun Classic Chef Salad w/Roll Veggie Sub on Whole Wheat Day 20 Breakfast: Bagel w/Cream Cheese Lunch: Toasted Cheese Sandwich
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Day 21	
Breakfast: Toasted Waffles w/ Hot Fruit Topping	A variety of fresh fruits and vegetables are provided daily with every Lunch on our offering bar.
Lunch: Oven Baked Chicken Tenders w/Brown Rice	Buns are Whole Grain or Multi-Grain. Made to order Deli includes herbal and whole grain wraps daily. A variety of condiments are offered daily.
Pilaf Baked Cheese Ravioli w/Marinara Sauce	A variety Low and Non-Fat Milk are offered with all Meals.
Cheeseburger Classic Chef Salad w/Roll	Breakfast includes choice of above entrées or and assortment of non-sugared cereal daily. Also included are multiple choices of fresh and canned fruit.
Warm Bagel & Cream Cheese w/Fresh Fruit Cup	Low and Non-Fat Milk are offered with all Breakfasts

THREE RIVERS SCHOOL DISTRICT "21-DAY CYCLE MENUS" MIDDLE SCHOOL LUNCH AND BREAKFAST

All Vendors are to use the following 21-Day Cycle Menus for Junior High School Lunch and Breakfast in their response to this RFP. Vendor shall adhere to this menu for the first 21 days of service during the 2011-2012 school year.

Day 1	Day 2	Day 3	Day 4	Day 5
Teriyaki Beef & Broccoli	BBQ Pork Sandwich	Italian Chicken over Pasta	Three Cheese Baked	Baked White Meat Chicken
over Seasoned Brown	Chicken Sandwich	Chicken Burger	Macaroni w/Roll	Nuggets w/Oven Fries
Rice	Cheeseburger or Hamburger	Cheeseburger or	Chicken Burger	Chicken Burger
Chicken Sandwich	Pepperoni Pizza	Hamburger	Cheeseburger or	Cheeseburger or
Cheeseburger or	Cheese Pizza	Cheese Quesadilla	Hamburger	Hamburger
Hamburger	Hawaiian Pizza	w/Refried Beans	Chicken Taco	Pork Carnitas
Pepperoni Pizza	Bean & Beef Burrito	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Cheese Pizza	Grab n' Go	Cheese Pizza	Cheese Pizza	Cheese Pizza
Meat Lover's Pizza	Chicken Caesar Salad w/Roll	Vegetarian Pizza	Taco Pizza	Supreme Pizza
Beefy Nachos	Garden Salad w/Roll	Grab n' Go	Grab n' Go	Grab n' Go
Grab n' Go	Ham & Cheese Sub	Mandarin Chicken Salad	Chef Salad w/Roll	Ham & Cheese Sub
Chef Salad w/Roll	Tuna Sub	Garden Salad w/roll	Chicken Caesar Salad	Vegetarian Sub
Garden Salad w/Roll	i una Gub	American Combo Sub	w/Roll	Southwest Taco Salad
Turkey & Cheese Sub		Egg Salad Sandwich	Turkey & Cream Cheese	Garden Salad w/Roll
Vegetarian Wrap		Egg Salad Sandwich	Pinwheels	Galdell Salad W/Koll
vegetanan wiap			Tuna Sub	
BREAKFAST:			Turia Sub	
Assorted Cereals	BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:
Pancakes w/Fruit Topping	Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals
Egg & Cheese Muffin	Oatmeal	Breakfast Burrito	Yogurt w Graham Crackers	Waffles w/Fruit Topping
Bagel w/Cream Cheese	Breakfast Pizza			Egg & Cheese Biscuit
Yogurt w/Graham	Bagel w Cream Cheese	Sausage & Cheese English Muffin	Ham & Cheese English Muffin	Bagel w Cream Cheese
Crackers	Bager w Cream Cheese	_	_	Bager w Cream Cheese
	Dov 7	Bagel w Cream Cheese	Bagel w Cream Cheese	Day 40
Day 6	Day 7	Day 8	Day 9	Day 10
Baked Chicken Bites w/	Toasted Cheese Sandwich	Hot Ham & Cheese Melt	Chicken Teriyaki over	Wiener Wrap w/Green
Oven Potatoes	w/Soup	w/Tater Tots	Brown Rice	Beans
Chicken Sandwich	Cheeseburger or Hamburger	Chicken Burger	Chicken Burger	Chicken Burger
Cheeseburger or	Chicken Burger	Cheeseburger or	Cheeseburger or	Cheeseburger or
Hamburger	Taco Tuesday	Hamburger	Hamburger	Western Burger
Bean & Cheese Burrito	Pepperoni Pizza	Beefy Nachos	Chicken Fajitas	Pork Carnitas
Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Cheese Pizza	Hawaiian Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Meat Lover's Pizza	Grab n' Go	Vegetarian Pizza	Taco Pizza	Supreme Pizza
Grab n' Go	Chicken Caesar Salad w/Roll	Grab n" Go	Grab n' Go	Grab n' Go
Chef Salad w/Roll	Garden Salad w/Roll	Mandarin Chicken Salad	Chef Salad w/Roll	Ham & Cheese Sub
Garden Salad w/Roll	Ham & Cheese Sub	Garden Salad w/roll	Chicken Caesar Salad	Vegetarian Sub
Turkey & Cheese Sub	Tuna Sub	American Combo Sub	w/Roll	Southwest Taco Salad
Vegetarian Wrap		Egg Salad Sandwich	Turkey & Cream Cheese	Garden Salad w/Roll
			Pinwheels	
			Tuna Sub	
BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:
Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals
French Toast Sticks	Oatmeal	Breakfast Burrito	Yogurt w Graham Crackers	Pancakes w/Fruit Topping
Egg & Cheese Muffin	Breakfast Pizza	Sausage & Cheese English	Ham & Cheese English	Egg & Cheese Biscuit
Bagel w/Cream Cheese	Bagel w Cream Cheese	Muffin	Muffin	Bagel w Cream Cheese
Yogurt w/Graham		Bagel w Cream Cheese	Bagel w Cream Cheese	
Crackers				

Day 11	Day 12	Day 13	Day 14	Day 15
Baked White Meat Chicken	BBQ Rib-a-que w/Oven	Parmesan Chicken	Three Cheese & Vegetable	Turkey Gravy over Mashed
Nuggets w/Roll	Fries	Sandwich	Baked Ziti w/Roll	Potatoes & Roll
Chicken Sandwich	Chicken Sandwich	Chicken Burger	Chicken Burger	Chicken Burger
Cheeseburger or	Cheeseburger or	Cheeseburger or	Cheeseburger or	Cheeseburger or
Hamburger	Hamburger	Hamburger	Hamburger	Hamburger
Beefy Nachos	Bean & Cheese Burrito	Cheese Quesadilla	Chicken Taco	Chicken Fajitas
Pepperoni Pizza	Pepperoni Pizza	w/Refried Beans	Pepperoni Pizza	Pepperoni Pizza
Cheese Pizza	Cheese Pizza	Pepperoni Pizza	Cheese Pizza	Cheese Pizza
Meat Lover's Pizza	Hawaiian Pizza	Cheese Pizza	Taco Pizza	Supreme Pizza
Grab n' Go Chef Salad w/Roll	Grab n' Go Chicken Caesar Salad	Vegetarian Pizza Grab n" Go	Grab n' Go Chef Salad w/Roll	Grab n' Go
Garden Salad w/Roll	w/Roll	Mandarin Chicken Salad	Chicken Caesar Salad	Ham & Cheese Sub
Turkey & Cheese Sub	Garden Salad w/Roll	Garden Salad w/roll	w/Roll	Vegetarian Sub Southwest Taco Salad
Vegetarian Wrap	Ham & Cheese Sub	American Combo Sub	Turkey & Cream Cheese	Garden Salad w/Roll
vegetarian vvrap	Tuna Sub	Egg Salad Sandwich	Pinwheels Tuna Sub	Garden Garage Witten
BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:
Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals
Waffles w/Fruit Topping	Oatmeal	Breakfast Burrito	Yogurt w Graham Crackers	Pancakes w/Fruit Topping
Egg & Cheese Muffin	Breakfast Pizza	Sausage & Cheese	Ham & Cheese English	Egg & Cheese Biscuit
Yogurt & Graham Crackers	Bagel w Cream Cheese	English Muffin	Muffin	Bagel w Cream Cheese
Bagel w/Cream Cheese		Bagel w Cream Cheese	Bagel w Cream Cheese	
Day 16	Day 17	Day 18	Day 19	Day 20
Baked Chicken Bites	Grilled Turkey & Cheese	Sweet & Sour Chicken Over	Zesty Marinara w/Beef over	Chili Frito Pie w/Garden
w/Mashed Potatoes	w/Soup	Rice	Pasta w/French Bread	Vegetables
Chicken Sandwich	Chicken Sandwich	Chicken Burger	Chicken Burger	Chicken Burger
Cheeseburger or	Cheeseburger or	Cheeseburger or	Cheeseburger or	Cheeseburger or
Hamburger	Hamburger	Hamburger	Hamburger	Hamburger
Bean & Beef Burrito	Taco Tuesday	Beefy Nachos	Chicken Fajitas	Pork Carnitas
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Meat Lover's Pizza	Hawaiian Pizza	Vegetarian Pizza	Taco Pizza	Supreme Pizza
Grab n' Go	Grab n' Go	Grab n" Go	Grab n' Go	Grab n' Go
Chef Salad w/Roll	Chicken Caesar Salad	Mandarin Chicken Salad	Chef Salad w/Roll	Ham & Cheese Sub
Garden Salad w/Roll	w/Roll	Garden Salad w/roll	Chicken Caesar Salad	Vegetarian Sub
Turkey & Cheese Sub	Garden Salad w/Roll	American Combo Sub	w/Roll	Southwest Taco Salad
Vegetarian Wrap	Ham & Cheese Sub	Egg Salad Sandwich	Turkey & Cream Cheese	Garden Salad w/Roll
	Tuna Sub		Pinwheels Tuna Sub	
BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:
Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals
French Toast Sticks	Oatmeal	Breakfast Burrito	Yogurt w Graham Crackers	Pancakes w/Fruit Topping
Egg & Cheese Muffin	Breakfast Pizza	Sausage & Cheese	Ham & Cheese English	Egg & Cheese Biscuit
Yogurt & Graham Crackers	Bagel w Cream Cheese	English Muffin	Muffin	Bagel w Cream Cheese
Bagel w/Cream Cheese		Bagel w Cream Cheese	Bagel w Cream Cheese	
Day 21				1
Baked Chicken Tenders	A variety of fresh fruit	ts and vegetables are pr	ovided daily with every	Lunch on our
w/Brown Rice Pilaf	offering bar.		,	
Chicken Sandwich		n or Multi-Grain. Made to	order Deli includes ber	bal and whole grain
Cheeseburger or				Dai allu Wilole graill
Hamburger	wraps daily. A variety	y of condiments are offe	rea aany.	
Beefy Nachos				
Pepperoni Pizza Cheese Pizza	A variety Low and No	n-Fat Milk are offered wi	ıtn ali Meals.	
Meat Lover's Pizza				
Grab n' Go	Breakfast includes ch	oice of above entrées o	r cereal daily.	
Chef Salad w/Roll		Itiple choices of fresh ar		
Garden Salad w/Roll		care offered with all Bre		
Turkey & Cheese Sub	LOW AND NON-FALIVING	are onereu with all Bre	aniasis	
Vegetarian Wrap				
BREAKFAST:				
Assorted Cereals				
Toasted Waffles w/Fruit				
Topping				
Egg & Cheese Muffin Yogurt & Graham Crackers				
Bagel w/Cream Cheese				
Dayer W/CIEaiii Clieese	İ			

THREE RIVERS SCHOOL DISTRICT "21-DAY CYCLE MENUS" HIGH SCHOOL LUNCH AND BREAKFAST

All Vendors are to use the following 21-Day Cycle Menus for High School Lunch and Breakfast in their response to this RFP. Vendor shall adhere to this menu for the first 21 days of service during the 2011-2012 school year.

	shall adhere to this menu	Tor the mist 21 days or ser	vice during the 2011-20	12 school year.
Day 1	Day 2	Day 3	Day 4	Day 5
Teriyaki Beef & Broccoli	Spicy Chicken w/Yakisoba	Italian Chicken over Pasta	Three Cheese Baked	Baked White Meat Chicken
over Seasoned Brown Rice	Noodles	Chicken Burger	Macaroni w/Roll	Nuggets w/Oven Fries
Chicken Sandwich	Chicken Sandwich	Cheeseburger or	Chicken Burger	Chicken Burger
Cheeseburger or	Cheeseburger or	Hamburger	Cheeseburger or	Cheeseburger or
Hamburger	Hamburger	Pepperoni Pizza	Hamburger	Hamburger
Pepperoni Pizza	Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza	Pepperoni Pizza
Cheese Pizza	Cheese Pizza	Vegetarian Pizza	Cheese Pizza	Cheese Pizza
Meat Lover's Pizza	Hawaiian Pizza	Salsa Line	Taco Pizza	Supreme Pizza
Salsa Line	Salsa Line	Made to Order Tacos or	Salsa Line	Salsa Line
Made to Order Tacos or	Made to Order Tacos or	Nachos	Made to Order Tacos or	Made to Order Tacos or
Nachos	Nachos	Made to Order Deli	Nachos	Nachos
Made to Order Deli	Made to Order Deli	Grab n' Go	Made to Order Deli	Made to Order Deli
Grab n' Go	Grab n' Go	Mandarin Chicken Salad		
			Grab n' Go	Grab n' Go Ham & Cheese Sub
Chef Salad w/Roll	Chicken Caesar Salad	Garden Salad w/roll	Chef Salad w/Roll	
Garden Salad w/Roll	w/Roll	American Combo Sub	Chicken Caesar Salad	Vegetarian Sub
Turkey & Cheese Sub	Garden Salad w/Roll	Egg Salad Sandwich	w/Roll	Southwest Taco Salad
Vegetarian Wrap	Ham & Cheese Sub		Turkey & Cream Cheese	Garden Salad w/Roll
	Tuna Sub		Pinwheels	
			Tuna Sub	
BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:	BREAKFAST:
Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals
Biscuits and Gravy	Oatmeal	Breakfast Burrito	Yogurt w Graham Crackers	Waffles w/Fruit Topping
Egg & Cheese Muffin	Breakfast Pizza	Sausage & Cheese English	Ham & Cheese English	Egg & Cheese Biscuit
Bagel w/Cream Cheese	Bagel w Cream Cheese	Muffin	Muffin	Bagel w Cream Cheese
Yogurt w/Graham Crackers		Bagel w Cream Cheese	Bagel w Cream Cheese	, and the second
Day 6	Day 7	Day 8	Day 9	Day 10
Baked Chicken Bites w/	Teriyaki Chicken	Hot Ham & Cheese Melt	Chicken Teriyaki over	Wiener Wrap w/Green
Oven Potatoes	w/Yakisoba	w/Tater Tots	Brown Rice	Beans
Chicken Sandwich	Cheeseburger or	Chicken Burger	Chicken Burger	Chicken Burger
Cheeseburger or	Hamburger	Cheeseburger or	Cheeseburger or	Cheeseburger or
Hamburger	Chicken Burger	Hamburger	Hamburger	Western Burger
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Meat Lover's Pizza	Hawaiian Pizza	Vegetarian Pizza	Taco Pizza	Supreme Pizza
Salsa Line	Salsa Line	Salsa Line	Salsa Line	Salsa Line
Made to Order Lacos or	Made to Order Tacos or	Made to Order Tacos or	Made to Order Tacos or	Made to Order Tacos or
Made to Order Tacos or	Made to Order Tacos or	Made to Order Tacos or	Made to Order Tacos or	Made to Order Tacos or
Nachos	Nachos	Nachos	Nachos	Nachos
Nachos Made to Order Deli	Nachos Made to Order Deli	Nachos Made to Order Deli	Nachos Made to Order Deli	Nachos Made to Order Deli
Nachos Made to Order Deli Grab n' Go	Nachos Made to Order Deli Grab n' Go	Nachos Made to Order Deli Grab n" Go	Nachos Made to Order Deli Grab n' Go	Nachos Made to Order Deli Grab n' Go
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese Pinwheels	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese Pinwheels	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub Vegetarian Wrap	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub Tuna Sub	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub Egg Salad Sandwich	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese Pinwheels Tuna Sub	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad Garden Salad w/Roll
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub Vegetarian Wrap BREAKFAST:	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub Tuna Sub	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub Egg Salad Sandwich BREAKFAST:	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese Pinwheels Tuna Sub BREAKFAST:	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad Garden Salad w/Roll BREAKFAST:
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Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub Vegetarian Wrap BREAKFAST: Assorted Cereals	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub Tuna Sub BREAKFAST: Assorted Cereals	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub Egg Salad Sandwich BREAKFAST: Assorted Cereals	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese Pinwheels Tuna Sub BREAKFAST: Assorted Cereals	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad Garden Salad w/Roll BREAKFAST: Assorted Cereals
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub Vegetarian Wrap BREAKFAST: Assorted Cereals French Toast Sticks Egg & Cheese Muffin	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub Tuna Sub BREAKFAST: Assorted Cereals Oatmeal	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub Egg Salad Sandwich BREAKFAST: Assorted Cereals Breakfast Burrito	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese Pinwheels Tuna Sub BREAKFAST: Assorted Cereals Yogurt w Graham Crackers	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad Garden Salad w/Roll BREAKFAST: Assorted Cereals Pancakes w/Fruit Topping Egg & Cheese Biscuit
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub Vegetarian Wrap BREAKFAST: Assorted Cereals French Toast Sticks Egg & Cheese Muffin Bagel w/Cream Cheese	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub Tuna Sub BREAKFAST: Assorted Cereals Oatmeal Breakfast Pizza	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub Egg Salad Sandwich BREAKFAST: Assorted Cereals Breakfast Burrito Sausage & Cheese English Muffin	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese Pinwheels Tuna Sub BREAKFAST: Assorted Cereals Yogurt w Graham Crackers Ham & Cheese English Muffin	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad Garden Salad w/Roll BREAKFAST: Assorted Cereals Pancakes w/Fruit Topping
Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub Vegetarian Wrap BREAKFAST: Assorted Cereals French Toast Sticks Egg & Cheese Muffin	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub Tuna Sub BREAKFAST: Assorted Cereals Oatmeal Breakfast Pizza	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub Egg Salad Sandwich BREAKFAST: Assorted Cereals Breakfast Burrito Sausage & Cheese English	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese Pinwheels Tuna Sub BREAKFAST: Assorted Cereals Yogurt w Graham Crackers Ham & Cheese English	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad Garden Salad w/Roll BREAKFAST: Assorted Cereals Pancakes w/Fruit Topping Egg & Cheese Biscuit
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Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub Vegetarian Wrap BREAKFAST: Assorted Cereals French Toast Sticks Egg & Cheese Muffin Bagel w/Cream Cheese	Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub Tuna Sub BREAKFAST: Assorted Cereals Oatmeal Breakfast Pizza	Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub Egg Salad Sandwich BREAKFAST: Assorted Cereals Breakfast Burrito Sausage & Cheese English Muffin	Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese Pinwheels Tuna Sub BREAKFAST: Assorted Cereals Yogurt w Graham Crackers Ham & Cheese English Muffin	Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad Garden Salad w/Roll BREAKFAST: Assorted Cereals Pancakes w/Fruit Topping Egg & Cheese Biscuit

Day 11	Day 12	Day 13	Day 14	Day 15
Baked White Meat Chicken Nuggets w/Roll Chicken Sandwich Cheeseburger or Hamburger Pepperoni Pizza Cheese Pizza Meat Lover's Pizza Salsa Line Made to Order Tacos or Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub Vegetarian Wrap	Spicy Chicken with Yakisoba Noodles Chicken Sandwich Cheeseburger or Hamburger Pepperoni Pizza Cheese Pizza Hawaiian Pizza Salsa Line Made to Order Tacos or Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub Tuna Sub	Parmesan Chicken with Pasta Chicken Burger Cheeseburger or Hamburger Pepperoni Pizza Cheese Pizza Vegetarian Pizza Salsa Line Made to Order Tacos or Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub Egg Salad Sandwich	Three Cheese & Vegetable Baked Ziti w/Roll Chicken Burger Cheeseburger or Hamburger Chicken Taco Pepperoni Pizza Cheese Pizza Taco Pizza Salsa Line Made to Order Tacos or Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese Pinwheels Tuna Sub	Turkey Gravy over Mashed Potatoes & Roll Chicken Burger Cheeseburger or Hamburger Chicken Fajitas Pepperoni Pizza Cheese Pizza Supreme Pizza Salsa Line Made to Order Tacos or Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad Garden Salad w/Roll
BREAKFAST: Assorted Cereals Biscuits and Gravy Egg & Cheese Muffin Yogurt & Graham Crackers Bagel w/Cream Cheese	BREAKFAST: Assorted Cereals Oatmeal Breakfast Pizza Bagel w Cream Cheese	BREAKFAST: Assorted Cereals Breakfast Burrito Sausage & Cheese English Muffin Bagel w Cream Cheese	BREAKFAST: Assorted Cereals Yogurt w Graham Crackers Ham & Cheese English Muffin Bagel w Cream Cheese	BREAKFAST: Assorted Cereals Pancakes w/Fruit Topping Egg & Cheese Biscuit Bagel w Cream Cheese
Day 16 Baked Chicken Bites w/Mashed Potatoes Chicken Sandwich Cheeseburger or Hamburger Pepperoni Pizza Cheese Pizza Meat Lover's Pizza Salsa Line Made to Order Tacos or Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub Vegetarian Wrap	Day 17 Teriyaki Chicken over Yakisoba Noodles Chicken Sandwich Cheeseburger or Hamburger Pepperoni Pizza Cheese Pizza Hawaiian Pizza Salsa Line Made to Order Tacos or Nachos Made to Order Deli Grab n' Go Chicken Caesar Salad w/Roll Garden Salad w/Roll Ham & Cheese Sub Tuna Sub	Day 18 Sweet & Sour Chicken Over Rice Chicken Burger Cheeseburger or Hamburger Pepperoni Pizza Cheese Pizza Vegetarian Pizza Salsa Line Made to Order Tacos or Nachos Made to Order Deli Grab n" Go Mandarin Chicken Salad Garden Salad w/roll American Combo Sub Egg Salad Sandwich	Zesty Marinara w/Beef over Pasta w/French Bread Chicken Burger Cheeseburger or Hamburger Pepperoni Pizza Cheese Pizza Taco Pizza Salsa Line Made to Order Tacos or Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Chicken Caesar Salad w/Roll Turkey & Cream Cheese Pinwheels Tuna Sub	Day 20 Chili Frito Pie w/Garden Vegetables Chicken Burger Cheeseburger or Hamburger Pepperoni Pizza Cheese Pizza Supreme Pizza Salsa Line Made to Order Tacos or Nachos Made to Order Deli Grab n' Go Ham & Cheese Sub Vegetarian Sub Southwest Taco Salad Garden Salad w/Roll
BREAKFAST: Assorted Cereals French Toast Sticks Egg & Cheese Muffin Yogurt & Graham Crackers Bagel w/Cream Cheese	BREAKFAST: Assorted Cereals Oatmeal Breakfast Pizza Bagel w Cream Cheese	BREAKFAST: Assorted Cereals Breakfast Burrito Sausage & Cheese English Muffin Bagel w Cream Cheese	BREAKFAST: Assorted Cereals Yogurt w Graham Crackers Ham & Cheese English Muffin Bagel w Cream Cheese	BREAKFAST: Assorted Cereals Pancakes w/Fruit Topping Egg & Cheese Biscuit Bagel w Cream Cheese

Day 21 Baked Chicken Tenders A variety of fresh fruits and vegetables are provided daily with every Lunch on our w/Brown Rice Pilaf offering bar. Chicken Sandwich Buns are Whole Grain or Multi-Grain. Made to order Deli includes herbal and whole grain Cheeseburger or wraps daily. A variety of condiments are offered daily. Hamburger Pepperoni Pizza A variety Low and Non-Fat Milk are offered with all Meals. Cheese Pizza Meat Lover's Pizza Breakfast includes choice of above entrées or cereal daily. Salsa Line Also included are multiple choices of fresh and canned fruit. Made to Order Tacos or Low and Non-Fat Milk are offered with all Breakfasts Nachos Made to Order Deli Grab n' Go Chef Salad w/Roll Garden Salad w/Roll Turkey & Cheese Sub Vegetarian Wrap **BREAKFAST:** Assorted Cereals Biscuits and Gravy Egg & Cheese Muffin Yogurt & Graham Crackers

Bagel w/Cream Cheese