

Resourceful Learners • Effective Communicators • Positive Contributors

## Post Secondary Transition Program 2023-2024

# What is a post secondary transition program?

- A program that meets the individual needs of a specific population of youth with significant special education needs after high school until age 22;
- Includes instruction (functional academics), related services, vocational/employment skills, community experiences, and daily living skills;
- It is a legal requirement under the IDEA to provide such programming to eligible students;
- We currently meet this need for our Granby students by making referrals to neighboring programs, such as Farmington Valley Transition Academy (Simsbury/Farmington Public Schools Collaborative); RISE (Windsor Locks Public Schools).

# Why should we provide our own programming?

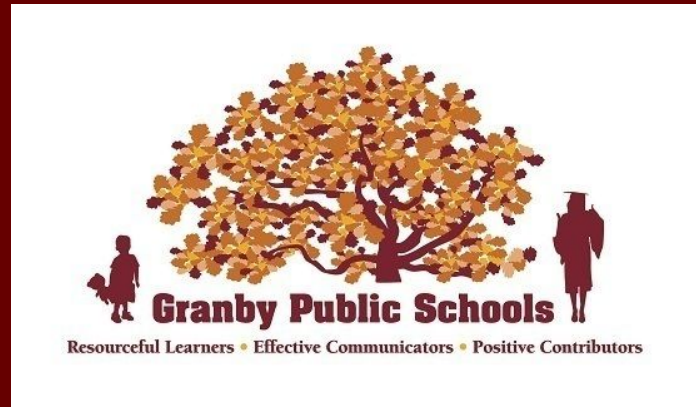
- “Transition-only services should be based in the local community to the greatest extent possible in order to prepare students for life after high school.” (*CSDE Transition Bill of Rights*)
- Support greater continuity of programming from high school to post secondary transition programming.
- There is an anticipated need for programming of this type over the next several years.

# Five Year Projection of Need

23-24	24-25	25-26	26-27	27-28
5 students	6 students	8 students	7 students	5 students

# Granby Public Schools Post Secondary Transition Program PROPOSAL





## Mission Statement

The Granby Public Schools transition program is designed to maximize student potential by focusing on student strengths, interests and preferences. The transition program will support individuals with developmental disabilities in preparation for a successful and fulfilling life after high school. Granby Public Schools will maintain partnerships with community resources, businesses and community colleges to promote local and community based experiences, positive social relationships and independent living skills.

## When

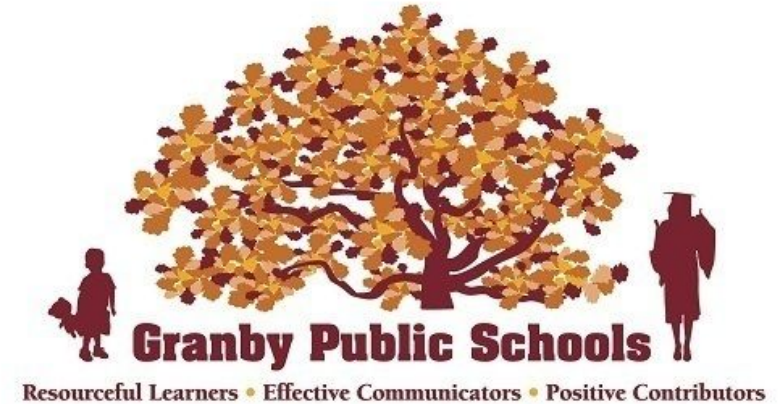
2023-2024 School Year

## Where

Farmington Valley - YCMA  
97 Salmon Brook St, Granby, CT 06035

## Staffing

Administrator: Director of Pupil Personnel Services  
Coordinator: Special Education Teacher  
Job Coaches: 2 or 3 depending on program size



## Program Goals and Outcomes

- ❖ Bring transition services back to Granby's local community to prepare students for life after high school.
- ❖ Support students with developmental disabilities in meeting their post-school goals that target their interests, preferences and strengths.
- ❖ Provide students with a local comprehensive transition program that incorporates health care, transportation, self-determination, independent living and social skills into each individual's daily schedule.
- ❖ Students will develop realistic and specific post-school outcome goal statements (PSOGS) that are measurable, based on their individualized needs and interests, and reviewed annually as part of their Individualized Education Program (IEP).
- ❖ Granby's Post Secondary Transition Program will develop partnerships with community businesses and adult-service agencies to provide students with appropriate individualized services that prepare students in their transition to adulthood.



# Curriculum and Training

## Independent Living 20%

- Health and nutrition
- Shopping (e.g., groceries, clothing, household items)
- Food preparation
- Self Advocacy
- Functional and Consumer Math Skills (e.g., budgeting, money management, bill pay)

## Community Participation 40%

- Communication Skills (e.g., answering the telephone, writing an email, texting)
- Community Safety
- Internet Safety
- Personal Goal Setting
- Community resources (e.g., agencies, appointments)

## Employment/College 40%

- Opportunities to explore a variety of work experiences.
- Opportunities to take classes at Asnuntuck Community College
- Work ethic
- Onsite job coaching and training
- Job Preparation (e.g., resumes, cover letters, application forms)
- Respectful and constructive feedback.

## Yearly Progression of Program

### Year 1 and Year 2

- Functional Skills
- Independent Living
- Personal Information
- Vocational Vocabulary
- Job Search/Resumes
- Interview practice
- Job etiquette
- Looking professional: Hygiene, grooming
- Workplace signs
- Workplace safety

### Year 3 and 4 (Until 22nd birthday)

- Self-advocacy
- Student internship
- Interviews
- Option for college immersion
- Contacting disability services
- Getting to work
- Getting paid
- Budgeting
- Leaving a workplace

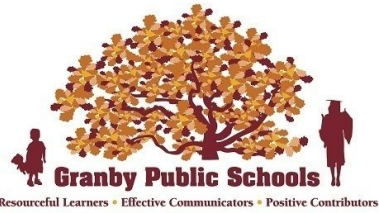
## Sample Daily Schedule - 8 AM - 2 PM

### Mondays and Fridays

8:00-8:30	Arrival Morning Meeting/Goal Setting
8:30-9:30	Health, fitness and wellness Lunch Preparation
9:30-1:00	Independent Living Skills Functional Academics Community Access
1:15-1:45	Lunch
1:45-2:00	Daily Reflection End of Day Routine

### Tuesdays, Wednesdays and Thursdays

8:00-8:30	Arrival Morning Meeting/Goal Setting
8:30-9:30	Health, fitness and wellness Lunch Preparation
9:30-1:00	Community Access Employment Experience Internship Experience
1:15-1:45	Lunch
1:45-2:00	Daily Reflection End of Day Routine



## Community and Employment Partnerships

CT Adult Service Agencies: DDS, BRS

Farmington Valley- YMCA

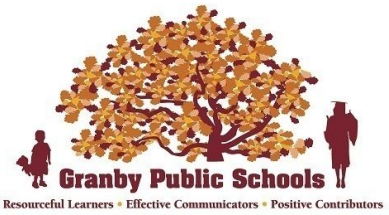
Waste not Want not Community Meal

Top Drawer Consignment Shop

Lox Stock & Bagels

Geissler's Supermarket

Asnuntuck Community College



# Questions